

## Supporting information

# Metabolite Profiling of *Helichrysum italicum* Derived Food Supplements by <sup>1</sup>H-NMR-Based Metabolomics

Antonietta Cerulli, Milena Masullo, and Sonia Piacente\*

Dipartimento di Farmacia, Università degli Studi di Salerno, Via Giovanni Paolo II n. 132, 84084 Fisciano, SA, Italy; piacente@unisa.it

\* Correspondence: piacente@unisa.it; Tel.: +39-089-969763

**Figure S1.** <sup>1</sup>H NMR Spectrum (600 MHz, CD<sub>3</sub>OD) of **A**

**Figure S2.** <sup>1</sup>H NMR Spectrum (600 MHz, CD<sub>3</sub>OD) of **B**

**Figure S3.** <sup>1</sup>H NMR Spectrum (600 MHz, CD<sub>3</sub>OD) of **C**

**Figure S4.** HSQC Spectrum (CD<sub>3</sub>OD) of **C**

**Figure S5.** HMBC Spectrum (CD<sub>3</sub>OD) of **C**

**Figure S6.** COSY Spectrum (CD<sub>3</sub>OD) of **C**

**Figure S7.** <sup>1</sup>H NMR Spectrum (600 MHz, CD<sub>3</sub>OD) of **D**

**Figure S8.** HSQC Spectrum (CD<sub>3</sub>OD) of **D**

**Figure S9.** HMBC Spectrum (CD<sub>3</sub>OD) of **D**

**Figure S10.** COSY Spectrum (CD<sub>3</sub>OD) of **D**

**Figure S11.** <sup>1</sup>H NMR Spectrum (600 MHz, CD<sub>3</sub>OD) of **E**

**Figure S12.** <sup>1</sup>H NMR Spectrum (600 MHz, CD<sub>3</sub>OD) of **F**

**Figure S13.** HSQC Spectrum (CD<sub>3</sub>OD) of **F**

**Figure S14.** HSQC Spectrum (CD<sub>3</sub>OD) of **F** region 4.5-8.5 ppm

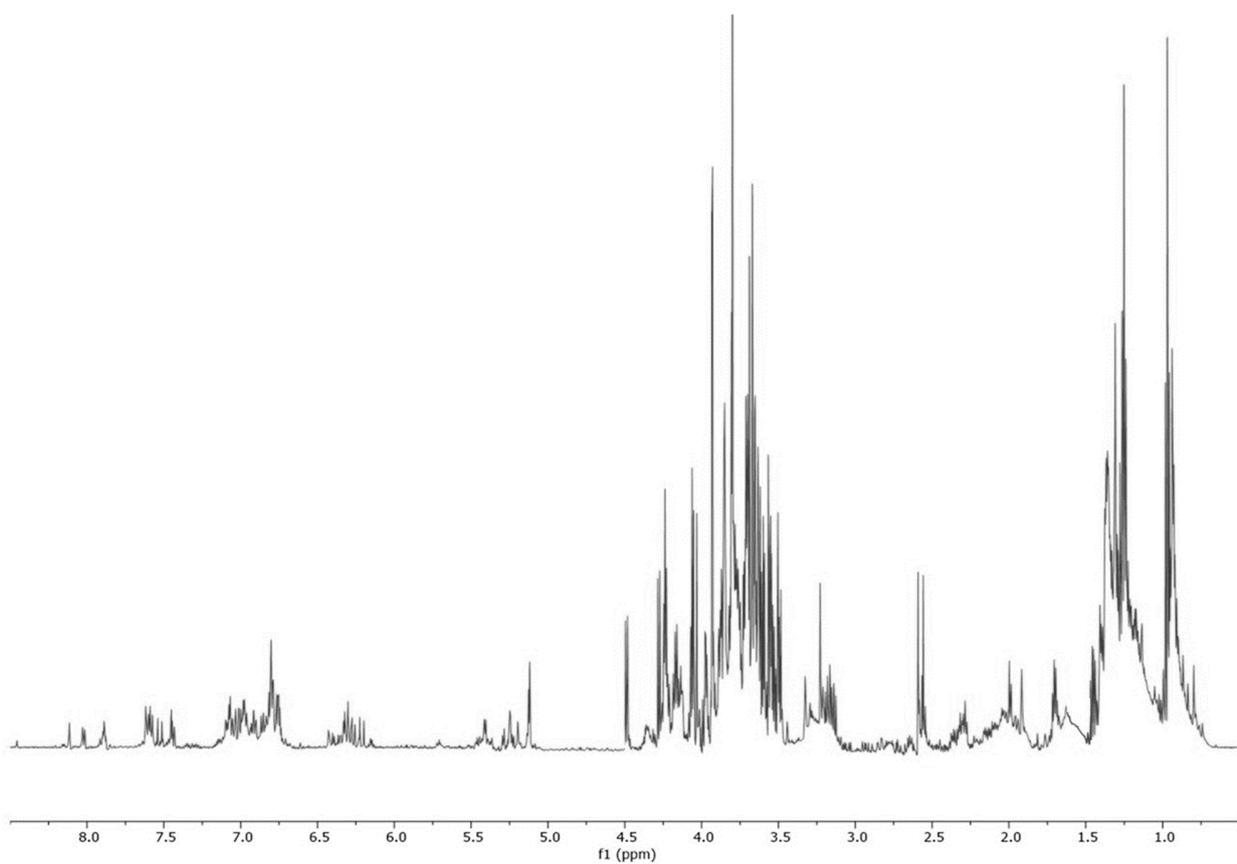
**Figure S15.** HMBC Spectrum (CD<sub>3</sub>OD) of **F**

**Figure S16.** COSY Spectrum (CD<sub>3</sub>OD) of **F**

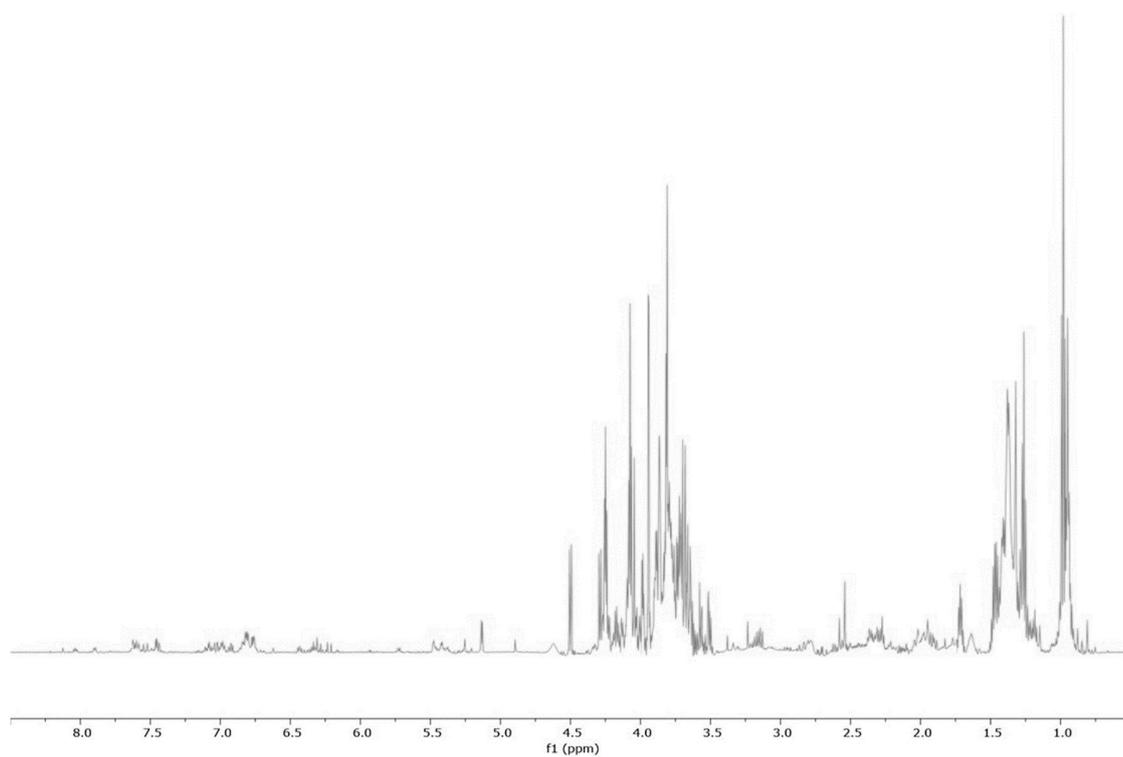
**Figure S17.** <sup>1</sup>H NMR Spectrum (600 MHz, CD<sub>3</sub>OD) of **G**

**Figure S18.** <sup>1</sup>H NMR Spectrum (600 MHz, CD<sub>3</sub>OD) of **H**

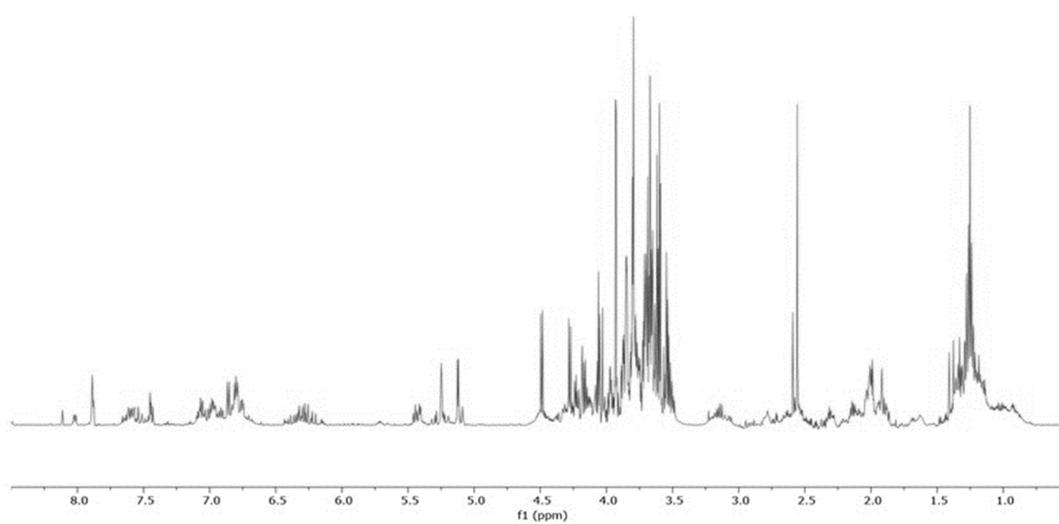
**Figure S19.** Principal Component Analysis of *H. italicum* derived food supplements obtained by targeted analysis. A) PCA single variables to the principal component 1 (PC1), B) PCA single variables to the principal component 2 (PC2)



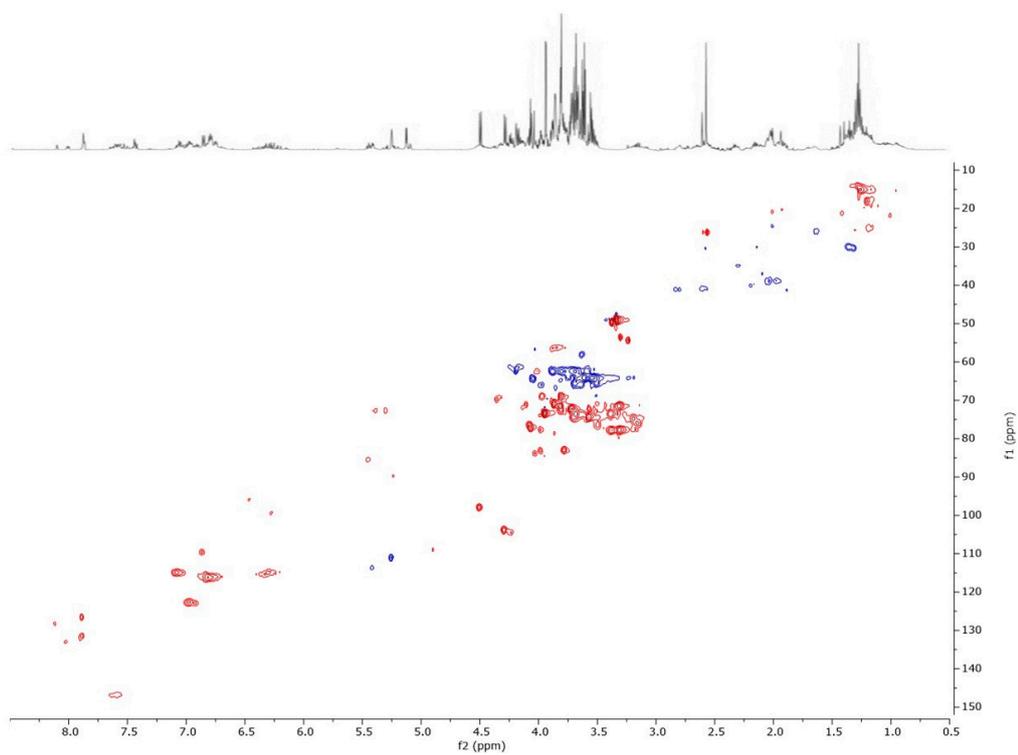
**Figure S1.**  $^1\text{H}$  NMR Spectrum (600 MHz,  $\text{CD}_3\text{OD}$ ) of **A**



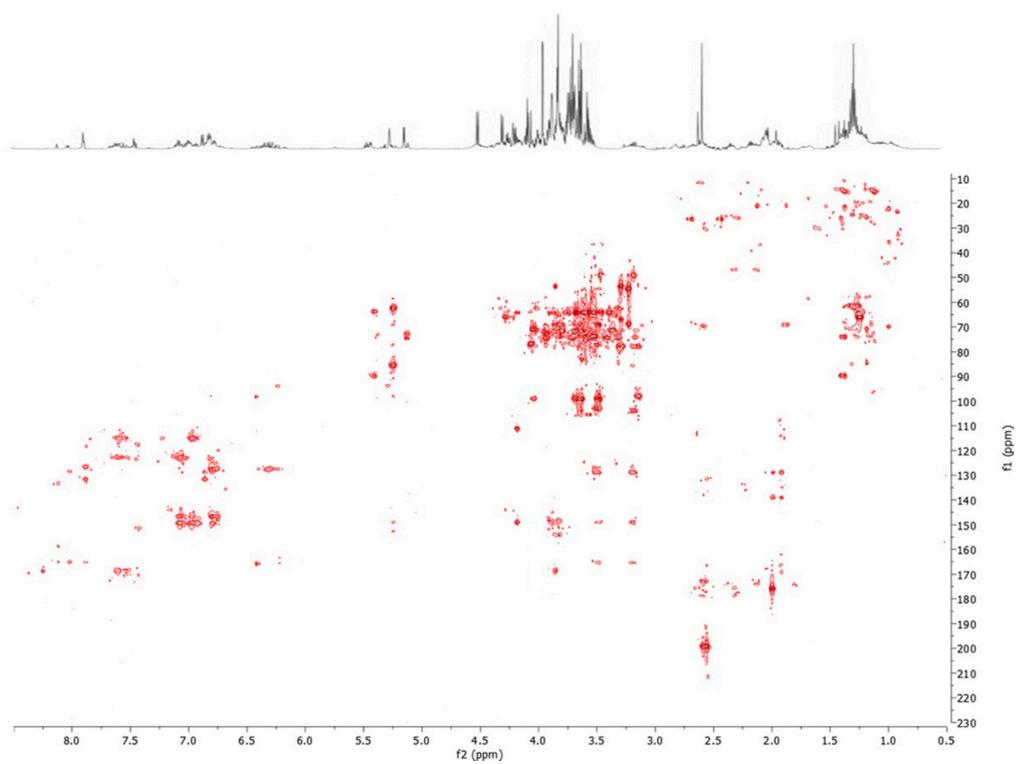
**Figure S2.** <sup>1</sup>H NMR Spectrum (600 MHz, CD<sub>3</sub>OD) of **B**



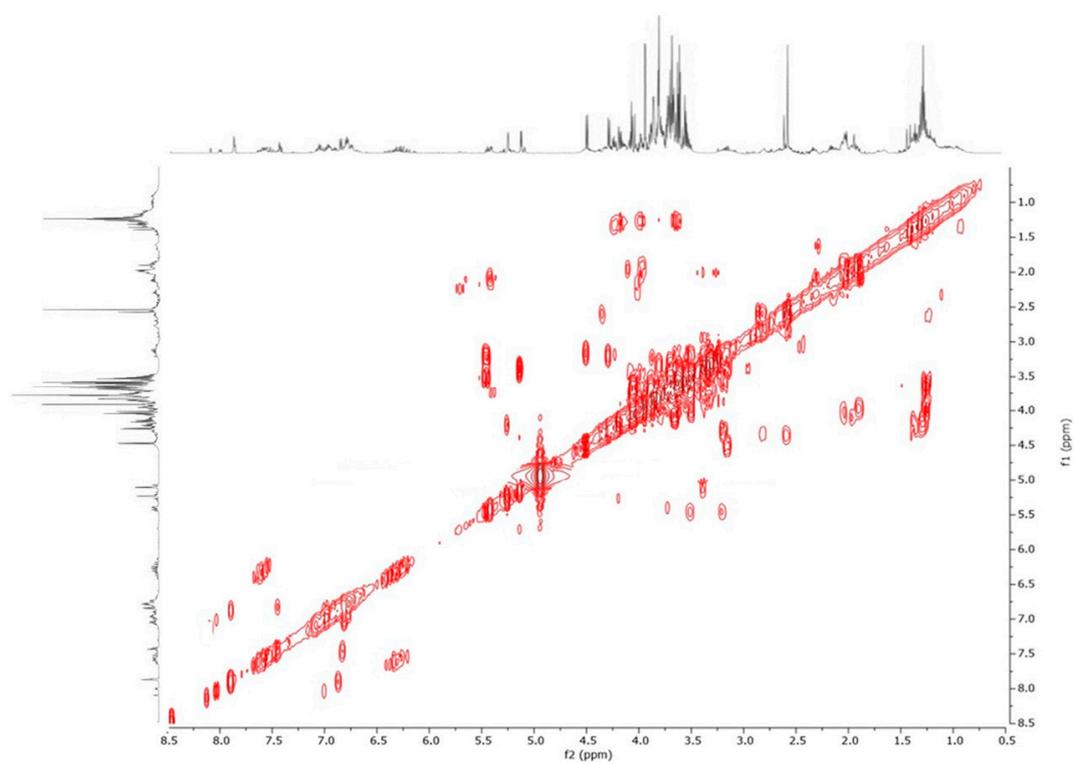
**Figure S3.** <sup>1</sup>H NMR Spectrum (600 MHz, CD<sub>3</sub>OD) of **C**



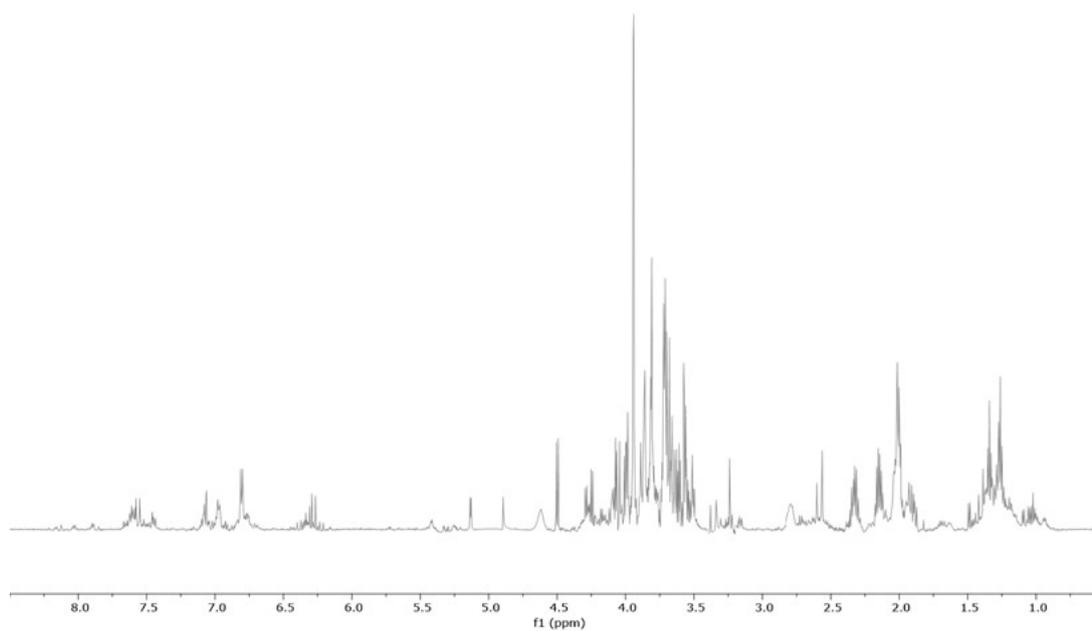
**Figure S4.** HSQC Spectrum ( $\text{CD}_3\text{OD}$ ) of **C**



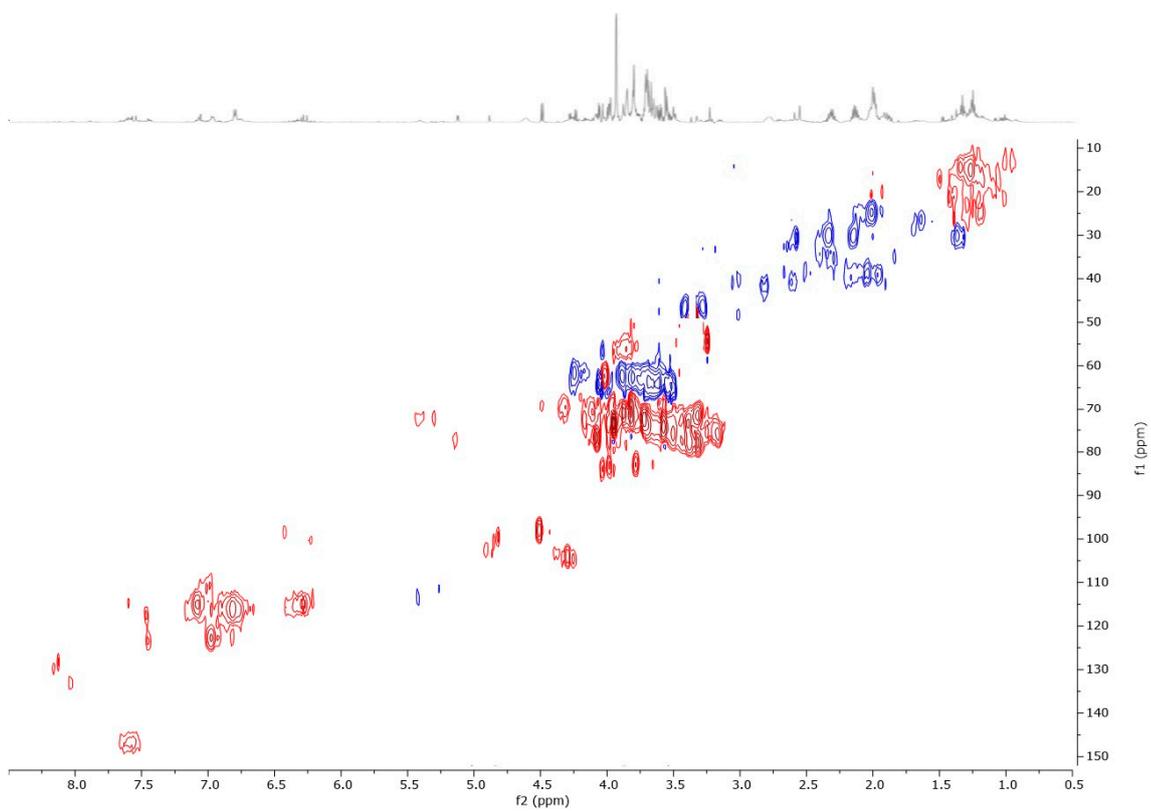
**Figure S5.** HMBC Spectrum ( $\text{CD}_3\text{OD}$ ) of **C**



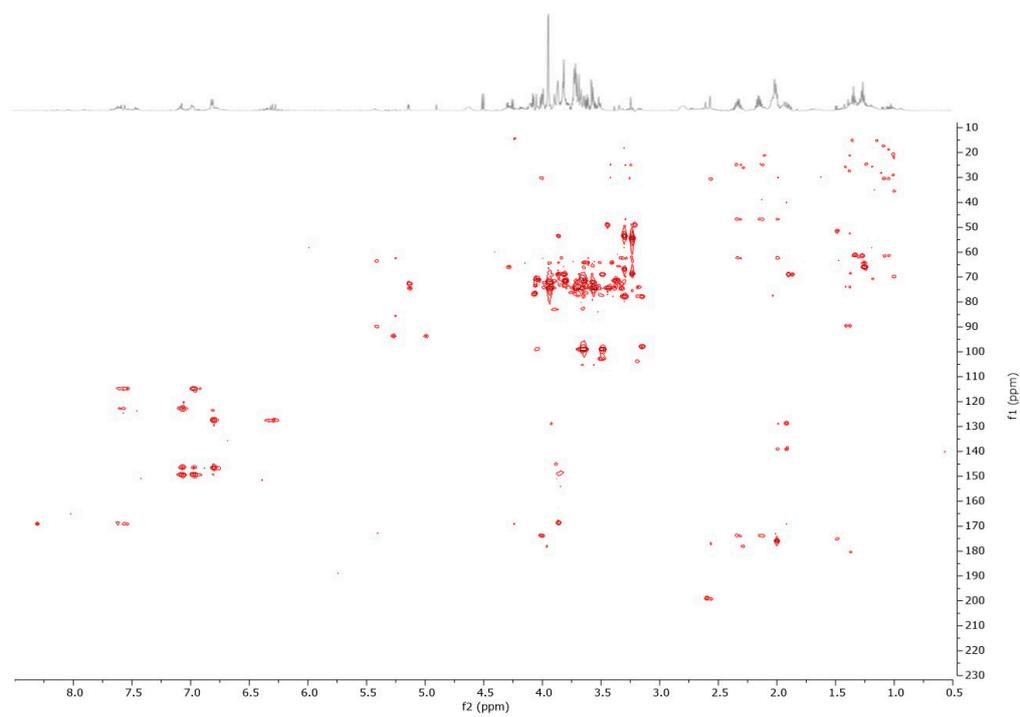
**Figure S6.** COSY Spectrum ( $\text{CD}_3\text{OD}$ ) of **C**



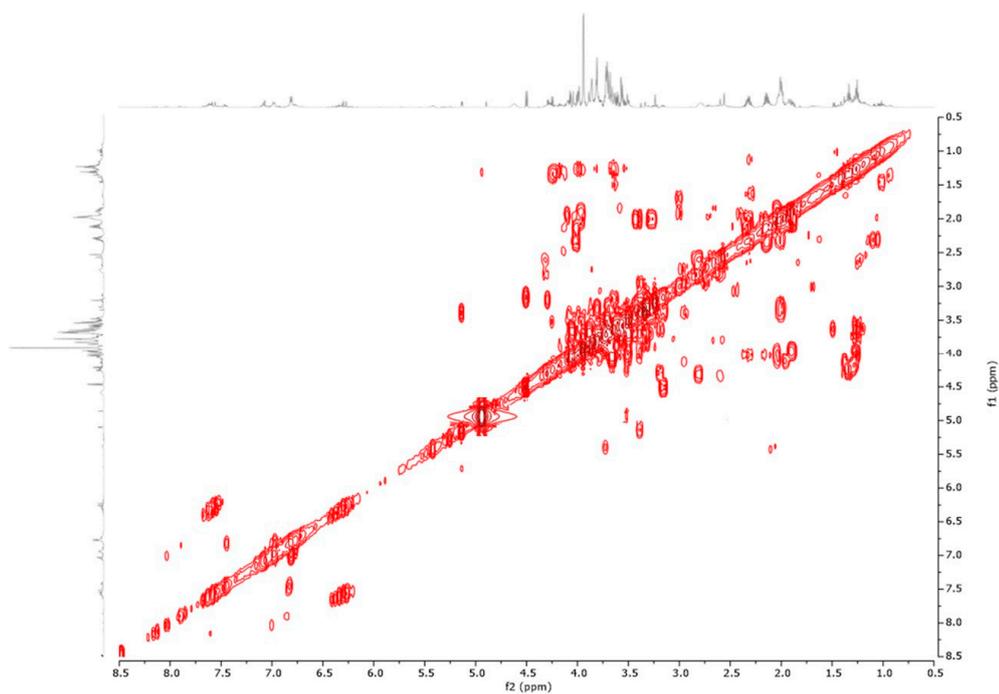
**Figure S7.**  $^1\text{H}$  NMR Spectrum (600 MHz,  $\text{CD}_3\text{OD}$ ) of **D**



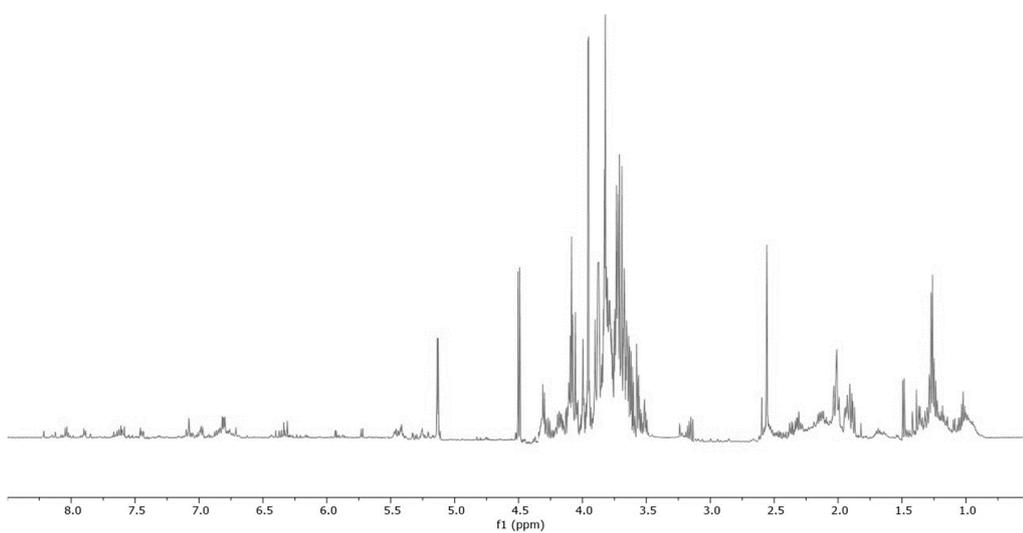
**Figure S8.** HSQC Spectrum ( $\text{CD}_3\text{OD}$ ) of **D**



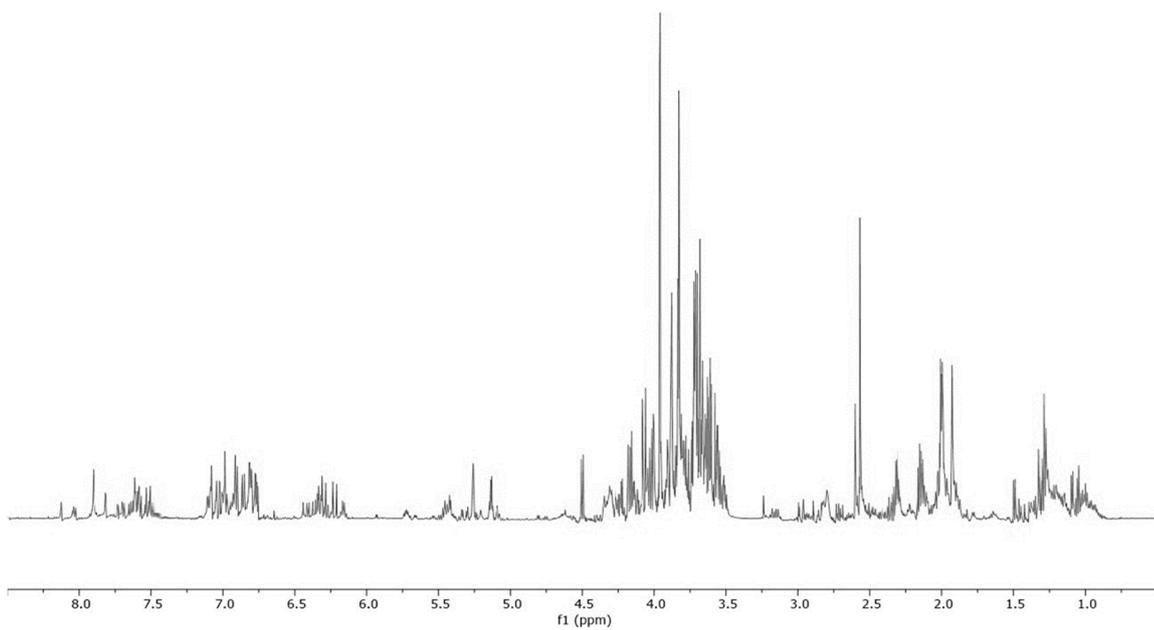
**Figure S9.** HMBC Spectrum ( $\text{CD}_3\text{OD}$ ) of **D**



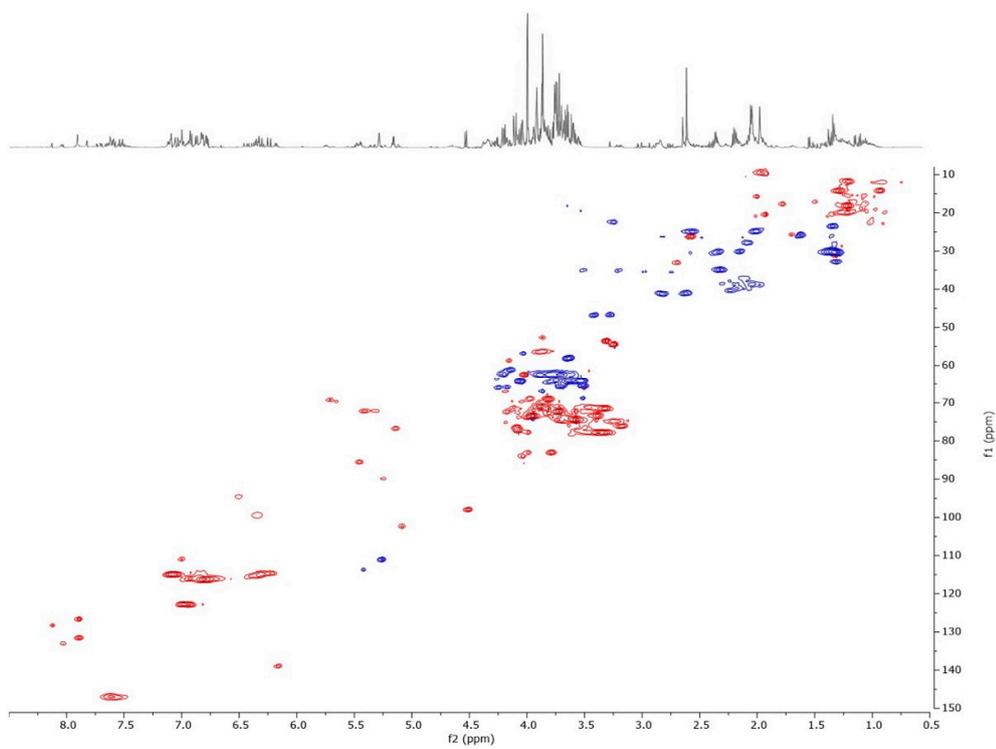
**Figure S10.** COSY Spectrum ( $\text{CD}_3\text{OD}$ ) of **D**



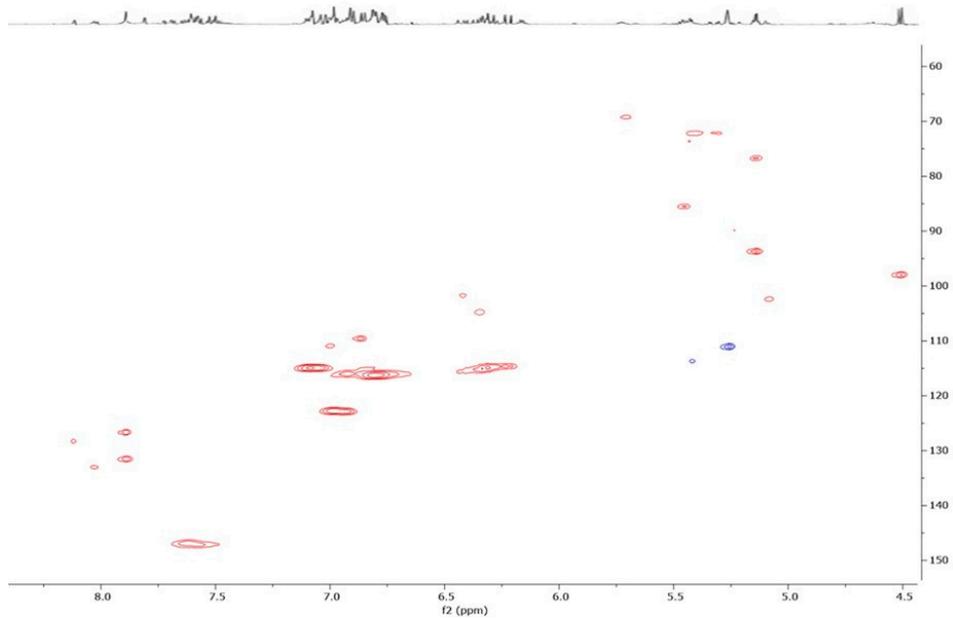
**Figure S11.**  $^1\text{H}$  NMR Spectrum (600 MHz,  $\text{CD}_3\text{OD}$ ) of **E**



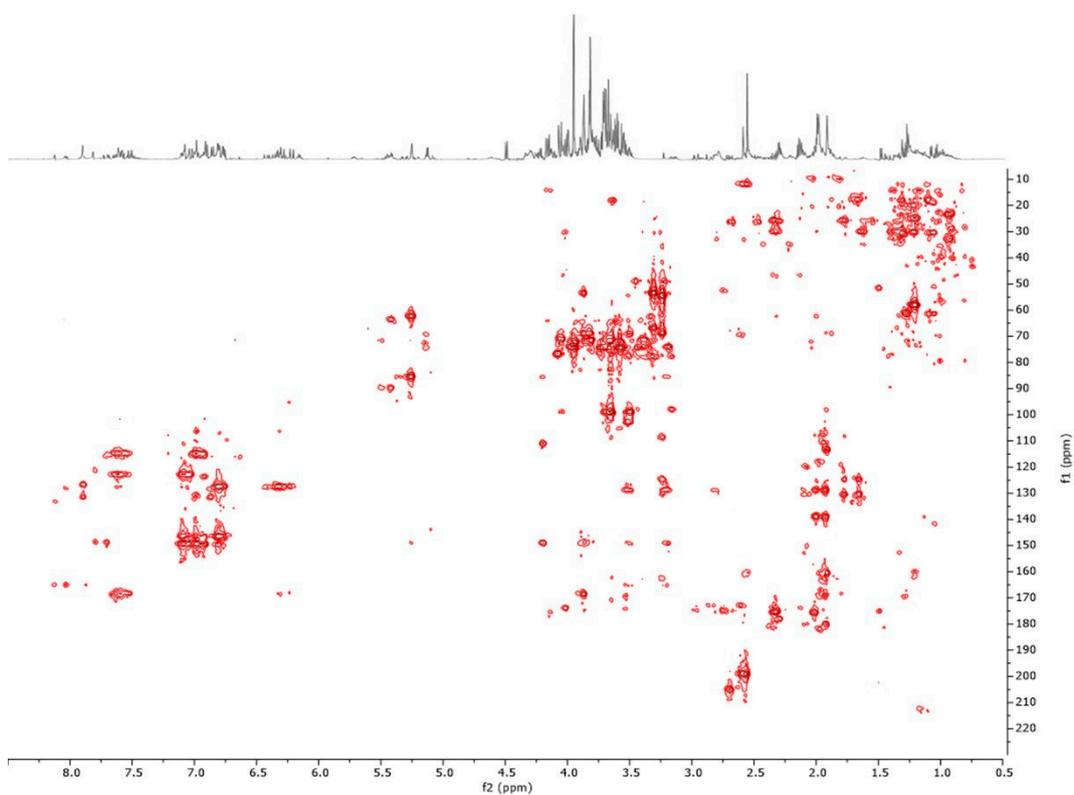
**Figure S12.**  $^1\text{H}$  NMR Spectrum (600 MHz,  $\text{CD}_3\text{OD}$ ) of **F**



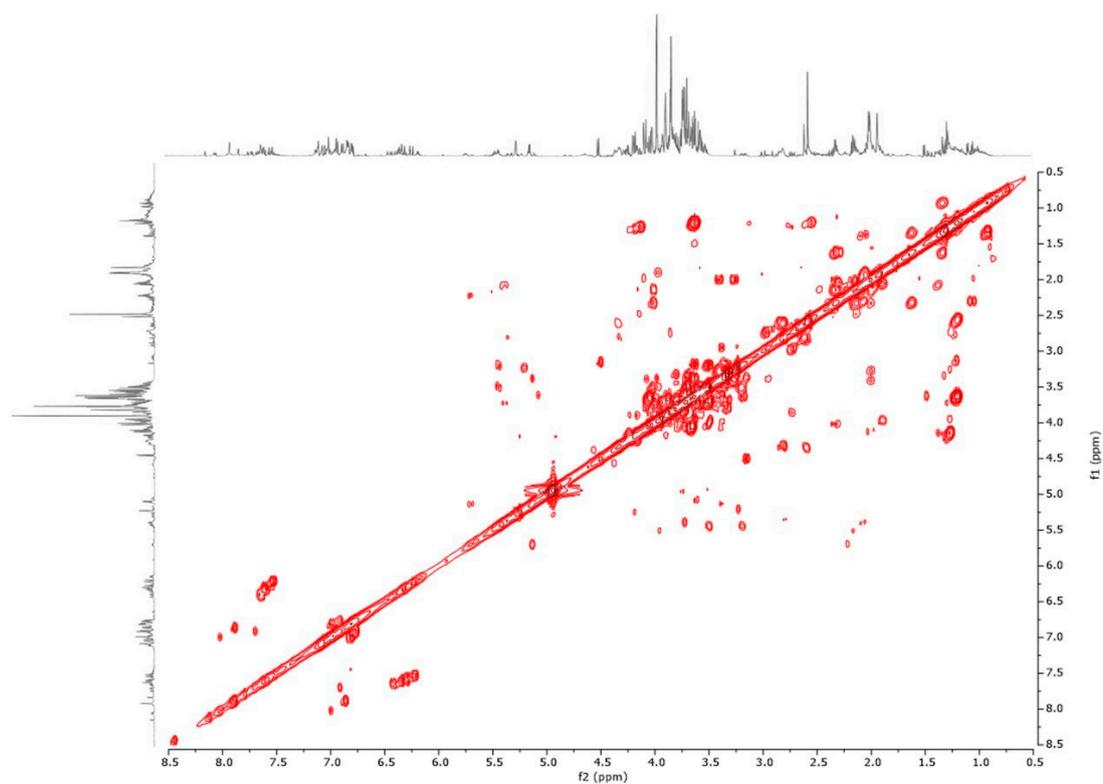
**Figure S13.** HSQC Spectrum ( $\text{CD}_3\text{OD}$ ) of **F**



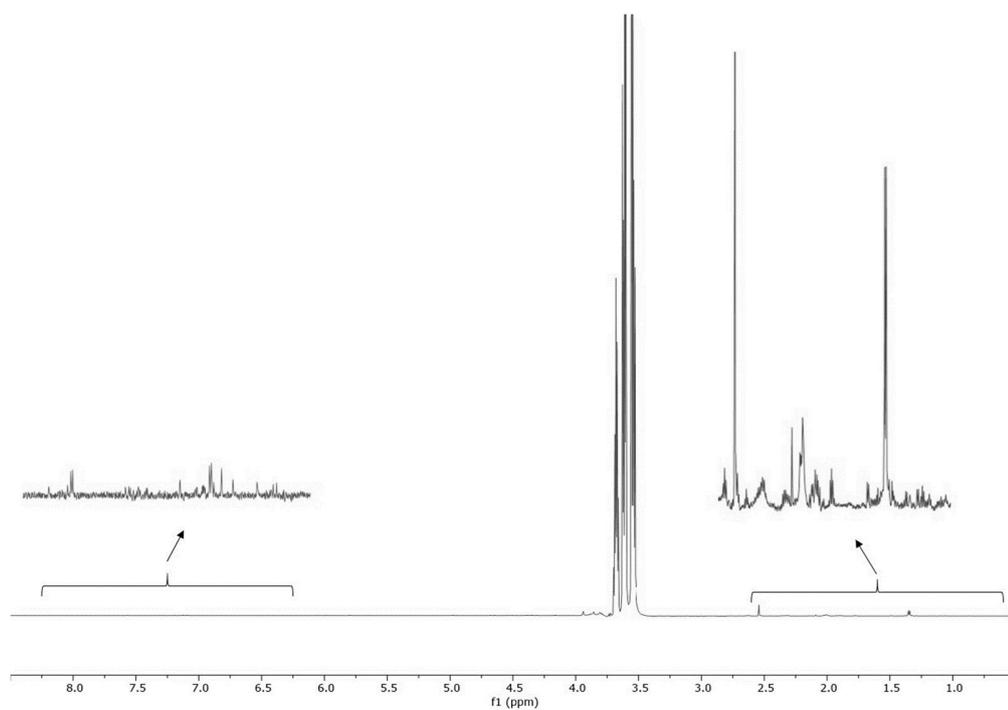
**Figure S14.** HSQC Spectrum (CD<sub>3</sub>OD) of F region 4.5-8.5 ppm



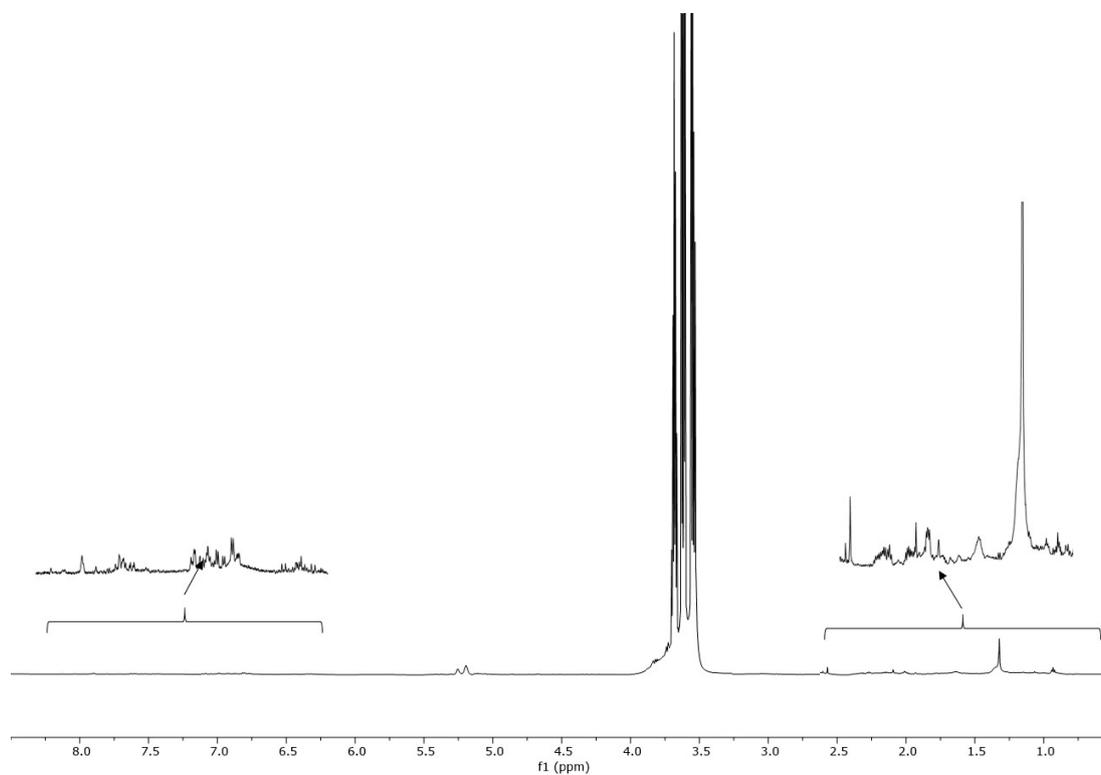
**Figure S15.** HMBC Spectrum (CD<sub>3</sub>OD) of F



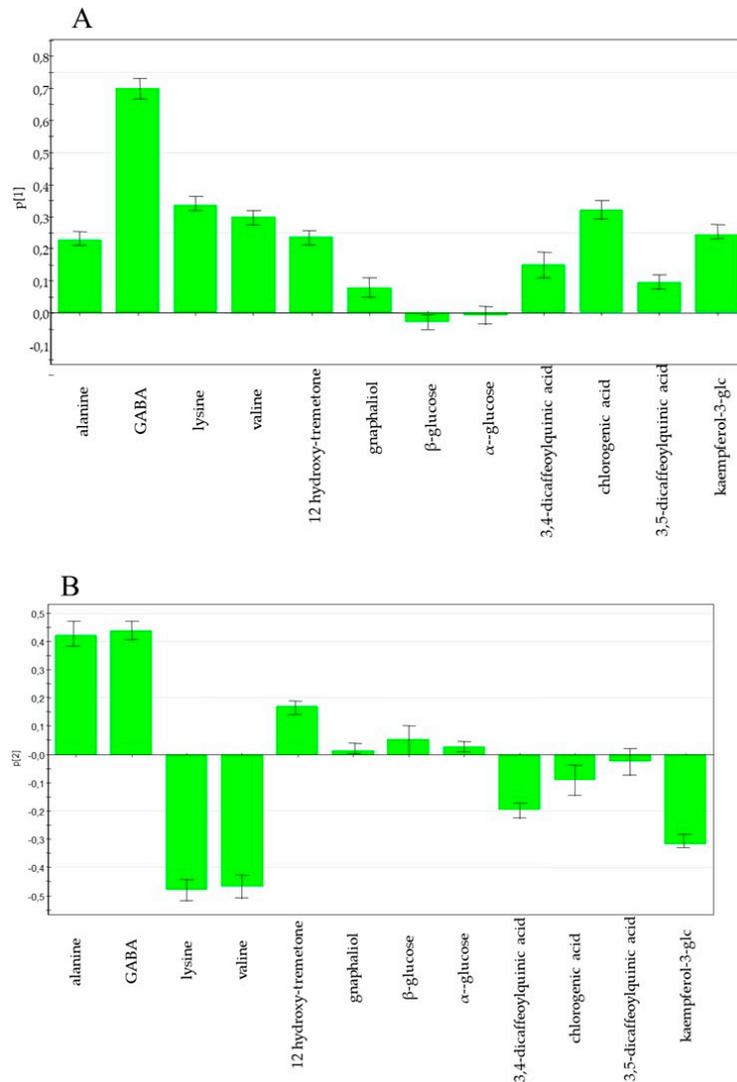
**Figure S16.** COSY Spectrum (CD<sub>3</sub>OD) of F



**Figure S17.**  $^1\text{H}$  NMR Spectrum (600 MHz,  $\text{CD}_3\text{OD}$ ) of **G**



**Figure S18.**  $^1\text{H}$  NMR Spectrum (600 MHz,  $\text{CD}_3\text{OD}$ ) of **H**



**Figure S19.** Principal Component Analysis of *H. italicum* derived food supplements obtained by targeted analysis. A) PCA single variables to the principal component 1 (PC1), B) PCA single variables to the principal component 2 (PC2)