## Supplementary Information

Table S1. Hydrogen bonds formed between the phosphorylated residues and 14-3-3 $\sigma$ protein.

| Donor | Acceptor | \%Occupancy | Distance ( $\AA \mathbf{\AA})$ | Angle $\mathbf{(}^{\circ}$ ) |
| :---: | :---: | :---: | :---: | :---: |
| Sep-O1P | Arg56-HH12-NH1 | 70.57 | $3.13 \pm 0.25$ | $141.42 \pm 13.17$ |
| Sep-O1P | Arg56-HH22-NH2 | 93.80 | $2.86 \pm 0.16$ | $160.09 \pm 11.37$ |
| Sep-O1P | Arg129-HH12-NH1 | 99.92 | $2.78 \pm 0.11$ | $164.72 \pm 7.93$ |
| Sep-O1P | Arg129-HH22-NH2 | 21.35 | $3.37 \pm 0.11$ | $129.25 \pm 4.98$ |
| Sep-O2P | Lys49-HZ1-NZ | 11.52 | $3.19 \pm 0.21$ | $140.32 \pm 13.13$ |
| Sep-O2P | Lys49-HZ2-NZ | 12.10 | $3.19 \pm 0.21$ | $139.95 \pm 12.93$ |
| Sep-O2P | Lys49-HZ3-NZ | 10.40 | $3.20 \pm 0.22$ | $140.32 \pm 13.62$ |
| Sep-O2P | Arg129-HH12-NH1 | 36.25 | $3.35 \pm 0.12$ | $131.27 \pm 5.77$ |
| Sep-O2P | Arg129-HH22-NH2 | 100.00 | $2.78 \pm 0.10$ | $166.27 \pm 7.12$ |
| Sep-O2P | Tyr130-HH-OH | 99.98 | $2.68 \pm 0.12$ | $166.08 \pm 7.28$ |
| Sep-O3P | Lys49-HZ1-NZ | 29.50 | $2.80 \pm 0.14$ | $149.35 \pm 13.42$ |
| Sep-O3P | Lys49-HZ2-NZ | 32.70 | $2.80 \pm 0.13$ | $149.85 \pm 13.52$ |
| Sep-O3P | Lys49-HZ3-NZ | 29.23 | $2.80 \pm 0.13$ | $149.89 \pm 13.89$ |
| Sep-O3P | Arg56-HH12-NH1 | 89.45 | $2.96 \pm 0.19$ | $156.27 \pm 12.81$ |
| Sep-O3P | Arg56-HH22-NH2 | 5.35 | $3.42 \pm 0.07$ | $130.61 \pm 5.57$ |
| Ter-OXT | Arg56-HH12-NH1 | 98.35 | $2.81 \pm 0.12$ | $156.62 \pm 11.78$ |
| Ter-OXT | Arg56-HH22-NH2 | 41.70 | $3.20 \pm 0.21$ | $135.19 \pm 8.74$ |
| Ter-O | Arg56-HH12-NH1 | 49.70 | $3.21 \pm 0.19$ | $139.52 \pm 9.94$ |
| Ter-O | Arg56-HH22-NH2 | 94.85 | $2.92 \pm 0.17$ | $159.57 \pm 10.33$ |
| Ter-O | Arg129-HH12-NH1 | 95.30 | $2.88 \pm 0.16$ | $153.88 \pm 10.93$ |

Figure S1. The apo-14-3-3 $\sigma$ (colored in cyan) structure superimposed with the bond $14-3-3 \sigma$ (colored in red) structure. The protein is shown in cartoon representation, and the phosphopeptide is shown in ball and stick representation. The nine helices in monomer A are labeled.


Figure S2. (a) The distances between the mass center of the helices G, H and I for both monomers as a function of MD simulation time. The slopes of the linear regression lines are $7.05 \times 10^{-7}$ and $-8.52 \times 10^{-6} \AA / \mathrm{ps}$; (b) The distances between the mass center of the helices A to D in the both monomers and the mass center of the helices G, H and I as a function of MD simulation time for bound 14-3-3 $\sigma$; as well as (c) for apo-14-3-3 $\sigma$.




Figure S3. Evolution of DSSP as a function of the MD simulation time for (a) apo-14-3-3 $\sigma$ and (b) bound 14-3-3 $\sigma$, respectively. ( 0 for none, 1 for parallel beta-sheet, 2 for anti-parallel beta-sheet, 3 for $3-10$ helix, 4 for alpha helix, 5 for Pi (3-14) helix and 6 for turn).


Figure S4. RMSDs of backbone atoms as a function of the MD simulation time. (a) is for the helices A, B, C and D; and (b) is for helices G, H and I.


Figure S5. (a) RMSDs of backbone atoms of the helices E, F and G as a function of the MD simulation time; (b) Distances tracked through MD simulation between the mass center of helices E and G.

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