## Supplementary materials

## Skeletal muscle assessment:

Tissue was obtained from the left hind leg and homogenized in RIPA buffer with a polytron. Twenty µg of protein were loaded in PAGE-SDS gel, transferred in a nitrocellulose membrane, blocked with Non-fat dry milk 5% and incubated with primary antibody GLUT4 (Genetex, GTX33221, 1:5000 dilution) IRS1 (Genetex, GTX78916, 1:5000 dilution), IRS2 (Genetex, GTX57160, 1:5000 dilution) and beta-actin (Santacruz Biotechnology, sc-8432, 1:1000 dilution) overnight. ECL Plus Western Blotting was used to transfer chemiluminescence.

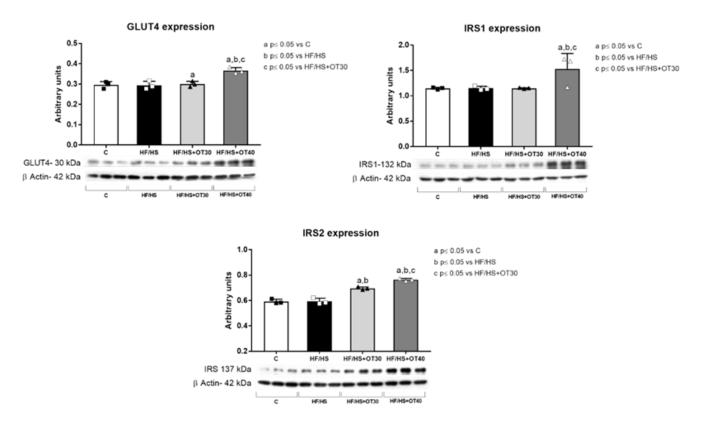
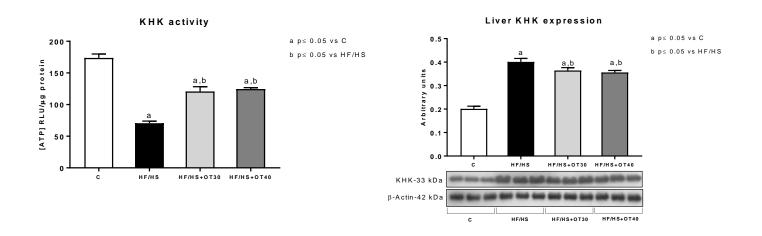


Figure S1: Expression of GLUT4, insulin receptor substrate (IRS) 1 (IRS1), and IRS2 in soleus muscle. For western blotting, three randomly selected samples per group were analyzed. Results are presented as mean  $\pm$  SD and analyzed by one-way ANOVA. Statistical significance was established as a= p<0.05 vs C, b= p<0.05 vs AD, c= p<0.05 vs OT30. Post hoc analysis was performed using the Bonferroni test.

## Liver assessment:

Tissue was obtained from the right lobe and homogenized in RIPA buffer with a polytron. Twenty µg of protein were loaded in PAGE-SDS gel, transferred in a nitrocellulose membrane, blocked with Non-fat dry milk 5%, and incubated with primary antibody KHK (Genetex, GTX109591, 1:10,000 dilution) and beta-actin (Santacruz Biotechnology, sc-8432, 1:1000 dilution) overnight. ECL Plus Western Blotting was used to transfer chemiluminescence.



**Figure. S2. Fructokinase assessment in liver tissue.** Hepatic KHK activity and KHK expression. For western blotting, three randomly selected samples per group were analyzed. Results are presented as mean  $\pm$  SD and analyzed by one-way ANOVA. Statistical significance was established as **a**= p<0.05 vs C, **b**= p<0.05 vs AD. Post hoc analysis was performed using the Bonferroni test.