

**Table S1.** Distribution of study parameters at different levels of the glomerular filtration rate (GFR) in all the individuals before the exclusion of 34 individuals from the study

Parameter	Mean±SD Number (%)	GFR (ml/min/1.73 m <sup>2</sup> )		
		60~90	≥90	p value
Overall	198 (100)	74(37.37)	124(62.63)	-
Age (years)	63.42±9.37	70.21±7.15	59.37±8.12	<0.001
Sex (male)	83 (41.92)	38 (51.35)	36(36.29)	0.052
BMI (kg/m <sup>2</sup> )	24.78±3.61	24.61±3.26	24.89±3.81	0.604
WC (cm)	80.68±9.97	81.34±9.61	80.29±10.19	0.477
HC (cm)	94.04±6.87	92.99±6.20	94.45±7.18	0.147
ABI	2.21±0.12	2.19±0.12	2.23±0.11	0.078
SBP (mmHg)	130.02±17.31	134.12±15.87	127.57±17.73	0.009
DBP (mmHg)	80.72±10.37	81.51±10.43	80.25±10.35	0.408
T2DM	28 (14.14)	14 (18.92)	14 (11.29)	0.145
HTN	70 (35.35)	37 (50.00)	33 (26.61)	0.001
IHD	22 (11.11)	12 (16.22)	10 (8.06)	0.101
FH	49 (24.74)	21 (28.37)	28 (22.58)	0.181
SMK	45 (22.73)	20 (27.03)	25 (20.16)	0.295
Pack-years	0.89±4.68	1.31±6.00	0.64±3.68	0.333
Alc	73 (36.87)	28 (37.84)	45 (36.29)	0.879
Alc. vol. (ml)	129.89±308.40	153.78±384.54	115.64±253.03	0.401
Exercise	161 (81.31)	62 (83.78)	99 (79.84)	0.573
Exe. freq. per week	3.47±3.42	3.97±3.53	3.18±3.34	0.116
CAVI	8.64±1.11	9.06±0.96	8.38±1.11	<0.001

BMI, body-mass index; WC, waist circumference; HC, hip circumference; ABI, ankle brachial index; SBP, systolic blood pressure; DBP, diastolic blood pressure; T2DM, type 2 diabetes mellitus; HTN, hypertension; IHD, ischemic heart disease; FH, a family history of heart disease; SMK, with a smoking habit; Alc, with a habit of alcohol consumption; 5 % Alc. vol., volume of alcoholic drinks (5%) consumed in a week; Exercise, with a habit of exercising; Exe. freq. per week, number of times exercising per week; CAVI, cardio-ankle vascular index; SD, standard deviation; GFR, glomerular filtration rate.