Article, supplementary material

The German food bank system and its users – a cross-sectional study

Anja Simmet^{1*}, Peter Tinnemann² and Nanette Stroebele-Benschop¹

- ¹ Institute of Nutritional Medicine, University of Hohenheim, Stuttgart, 70593, Germany; Anja.Simmet@uni-hohenheim.com; N.Stroebele@uni-hohenheim.de
- ² Institute for Social Medicine, Epidemiology, and Health Economics at the Charité University Medical Center, Berlin, 10117; peter.tinnemann@charite.de
- * Correspondence: Anja.Simmet@uni-hohenheim.com; Tel.: +49 176 22 88 9784

Table S1. Questionnaire content, developed for a representative survey among German food banks: questions, answer options, variables (selection).

Questions	Definitions / Answer options	Variables
Which standard programs does your food bank provide regularly? (several answers possible)	Distribution point: The clients of your food bank are	Number of food banks with
	regularly allowed to receive more or less predetermined	distribution points / social
	food parcels for a low fee or at no costs.	supermarkets / etc. in percent of
	Social supermarket: The clients of your food bank are	participating food banks
	regularly allowed to choose the food items they want and	
	pay for each food item a low price.	
	Delivery food bank: Your food bank regularly delivers food	
	to other social organizations or other social organizations	
	can pick up the food from your food bank. Please do not	
	mistake with delivery service for old or disabled clients!	
	Soup kitchen: Your food bank regularly provides warm	
	meals for a small fee or at no costs.	
	Children food bank: Your food bank regularly provides	
	(warm) meals to children.	
	Others (please specify)	
Please indicatethe number of distribution points of your food bank.	distribution points of your food bank. open	number (mean / standard deviation)
rease material number of distribution points of your root bank.		of distribution points
Please indicatethe number of social supermarkets of your food bank.	open	number (mean / standard deviation)
	•	of social supermarkets
How often are clients allowed to receive food from distribution point(s) / to	, , ,	Allowed usage frequency in percent
shop in the social supermarket(s) / be delivered from the delivery food bank	Twice per week	of food banks with distribution points

/ to receive a warm mealfrom the soup kitchen / to receive a mealfrom the	Once per week	/ with social supermarkets
children food bank / to receive food or a mealfrom other programs of your	Every other week	
food bank?	Once per month	
	Others (please specify)	
	Delivery service: Your food bank delivers food to home	Number of food banks providing at
	dwelling elderly or disabled clients.	least one additional food related
	Providing coffee / cake / snacks to clients during food	service in percent of participating
	distribution: Your food bank provides coffee, cake and/or	food banks.
	snacks to clients for a small fee or at no cost during food distribution.	Number of food banks providing food related service xy in percent of
	Offering recipes: Your food banks offers recipes for food	participating food banks.
	items your food bank provides.	
Which additional services related to food does your food bank provide?	Cooking courses for adults: Your food bank provides	
(several answers possible)	cooking courses for adults.	
	Cooking courses for children: Your food bank provides	
	cooking courses for children.	
	Nutrition education for adults: Your food bank provides	
	nutrition education for adults.	
	Nutrition education for children: Your food bank provides	
	nutrition education for children.	
	No food related service	
	Others (please specify)	
	Definition of users: all people who receive food or meals	
	from your food bank incl. household members.	
	Please note that users will be not counted more than once,	
	even if they may visit your food bank more than once per	
	month.	
Please indicate the number of users per month in 2017.	open	Number of users per month in 2017
Please indicatethe number of adult users per month in 2017.	open	Number of adults users per month in 2017
Please indicatethe number of child recipients per month in 2017.	open	Number of child recipients per month in 2017