

Supplementary Material

A Comparative Study of Nutritional Status, Knowledge Attitude and Practices (KAP) and Dietary Intake between International and Chinese Students in Nanjing, China

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Table S1. Description of students according to their country.

	Country	N	%
International students	India	112	16.0
	Sri Lanka	88	12.6
	Thailand	46	6.6
	USA	3	.4
	Ghana	19	2.7
	Mauritius	9	1.3
	Indonesia	13	1.9
	Others countries	18	2.6
Chinese students	China	393	56.1
	Total	701	100.0

Table S2. Responses of international and Chinese students.

KAP questions	Correct responses	Rate (%)	
		International students	Chinese students
Knowledge			
Nutritional value of food depends on its cooking pattern	T	75.5	66.6
Nutritious food means the food has high calories	F	69.4	93.9
All men and women require the same amount of calories	F	80.0	87.6
A balanced diet which is important for life contain adequate energy and nutrients required	T	89.7	86.5
If a food has a lot of proteins and lipids, there is no need to consume food with carbohydrates like rice and wheat	F	70.0	84.0
We need to use lipids even if someone is obese	T	44.8	93.7
Attitude			
I believe that unhealthy eating habits causes obesity	Agree	81.6	98.0

Table S2. Cont.

I believe that high intake of sugar-sweetened beverages leads to unhealthy weight gain	Agree	87.1	95.7
Practice			
Calculation of body mass index (BMI)	Practicing	54.2	73.4
Taking of breakfast (7day/week)	Practicing	25.5	51.5

T=true, F=false