



Article

# Change in Municipality-Level Health-Related Social Capital and Depressive Symptoms: Ecological and 5-Year Repeated Cross-Sectional Study from the JAGES

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**Table S1.** Health-related social capital (SC) 5-year change by using sampling methods.

	Complete enumeration survey ( $n = 10$ )				random sampling ( $n = 34$ )				$p$ value
	Minimum	Maximum	Mean	SD	Minimum	Maximum	Mea n	SD	
% Change in <sup>b</sup> depressive symptoms <sup>a</sup>	−9.7	−5.1	−7.7	1.4	−11.9	−2.7	−7.2	2.2	0.496
% Change in <sup>b</sup> volunteer group ( $\geq 1$ per month)	2.0	8.0	4.4	1.9	0.5	7.4	4.3	1.7	0.845
% Change in <sup>b</sup> sports group ( $\geq 1$ per month)	2.8	10.1	6.2	2.1	−1.0	10.5	6.5	2.6	0.711
% Change in <sup>b</sup> hobby group ( $\geq 1$ per month)	−1.4	3.3	0.5	1.4	−7.2	5.8	−0.2	3.1	0.445
% Change in <sup>b</sup> volunteer group ( $\geq 1$ per week)	0.5	5.9	2.1	1.6	−0.9	5.7	2.1	1.4	0.909
% Change in <sup>b</sup> sports group ( $\geq 1$ per week)	1.1	5.7	4.3	1.4	−0.8	8.0	4.7	2.1	0.572
% Change in <sup>b</sup> hobby group ( $\geq 1$ per week)	−2.3	3.0	0.2	1.8	−6.9	4.0	−0.5	2.5	0.415
% Change in <sup>b</sup> frequency of meeting friends ( $\geq 1$ per month)	−2.8	2.9	−1.0	1.6	−6.6	3.2	−1.3	2.6	0.779
% Change in <sup>b</sup> receiving emotional social support	0.1	2.2	1.2	0.6	−1.6	3.3	1.0	1.2	0.647
% Change in <sup>b</sup> providing emotional social support	0.2	3.0	1.3	0.8	−2.1	4.1	1.3	1.6	0.969
% Change in <sup>b</sup> receiving instrumental social support	−1.1	1.2	0.4	0.7	−1.4	3.7	0.9	1.1	0.168
% Change in <sup>b</sup> providing instrumental social support	−3.9	−1.0	−2.3	0.9	−6.2	1.0	−1.6	1.4	0.167

Change in <sup>c</sup> civic participation	6.3	17.1	11.1	3.9	−6.3	20.8	10.5	5.8	0.754
Change in <sup>c</sup> social cohesion	−10.8	−0.7	−6.4	2.9	−13.3	6.3	−2.0	4.8	0.015
Change in <sup>c</sup> reciprocity	0.4	6.1	2.9	1.5	−3.4	10.0	3.2	3.1	0.847

All factors were adjusted for age using

direct methods

SD: Standard deviation

<sup>a</sup> Depressive symptoms were defined as the prevalence of Geriatrics Depression

Scale ≥5 points

<sup>b</sup> Percentage of 2016

subtracted from 2010

<sup>c</sup> Value percentage of 2016 subtracted

from 2010



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