

Supplementary Materials

Interview Schedule and additional questions added during data collection

Initial interview Schedule
Can you tell me about your experiences at the Wave Project?
Can you describe to me what it was like meeting with new people at the beach?
Can you describe to me how you felt when you caught your first wave?
Can you tell me how you felt after the sessions were over?
How would you describe yourself as a person at the beach?
How, if at all, has surfing impacted on your day to day life?
Have you noticed any changes in yourself since you started surfing?
Based on your experiences how would you describe the Wave Project to someone who did not know anything about it?
Additional questions added during data collection
Can you tell me what surfing now means to you?
Can you describe to me your experiences of the atmosphere at the beach?
Can you tell me about working alongside the Wave Project volunteers?
Can you describe to me your expectations of surfing prior to starting? (Follow up: How, if at all have these changed?)
Can you expand on the emotions you feel at the beach and in the water?