Boston Public Schools: Survey about Drinking Water

Participant ID:_____

Instructions. Read each question below. Circle the response below each question that best matches your own answer. There are no right or wrong answers to these questions – we want to know what YOU think.

1. During lunch, how often do you usually drink water? Circle one.

Every day 3-4 days a 1-2 days a A few times a Once a month Never week week month or less

2. During lunch, how much water do you usually drink?

A whole bottle About a half a A whole plastic A half a plastic A few sips I don't drink water bottle or paper cup or paper cup during lunch

3. During recess, gym, or PE, how often do you usually drink water? Circle one.

Every day 3-4 days a 1-2 days a A few times a Once a month Never

week week month or less

4. During recess, gym, or PE, how much water do you usually drink?

A whole bottle About a half a A whole plastic A half a plastic A few sips I don't drink water bottle or paper cup or paper cup during recess, gym

or PE

5. Between classes at school, about how often do you usually drink water?

Every day 3-4 days a 1-2 days a A few times a Once a month Never

week week month or less

6. Between classes at school, about how much water do you usually drink?

A whole bottle About a half a A whole plastic A half a plastic A few sips I don't drink water bottle or paper cup or paper cup between classes

7. During lunch, how <u>often</u> do you usually drink a sugary drink? Sugary drinks include soda, lemonade or fruit punch, sports drinks (like Gatorade), energy drinks (like Monster or Red Bull), or sweetened iced tea or coffee (like a Frappuccino).

Every day 3-4 days a 1-2 days a A few times a Once a month Never week month or less

8. During lunch, how <u>much</u> of a sugary drink do you usually drink?

A whole bottle or can About a half a bottle or A few sips I don't drink sugary can drinks during lunch

9. Between classes at school, about how often do you usually drink a sugary drink?

Every day 3-4 days a 1-2 days a A few times a Once a month Never week month or less

10. Between classes at A whole bottle or can	bout how <u>mu</u> half a bottle		lo you usually drink? I don't drink sugary drinks between classes		
11. How easy is it to ge	et a drink o	f water at yo	our school who	en you're	thirsty? Circle one:
Very easy Somewh		nat easy Some		nat hard	Very hard
12. How crowded is it r	near the wa	iter fountain	or cooler you	ı use mo	st often at school? Circle one:
Very crowded – I always have to wait in line		A little crowded – I sometimes have to wait in line		mes	Not at all crowded – I never have to wait in line
13. Think about the water fountain or cooler you use most often at school. How does the water from this fountain or cooler taste?					
Very good G	ood	OK		Bad	Very bad
14. Think about the water fountain or cooler you use most often at school again. How clean is it?					
Very clean C	lean	Som	newhat clean	Dirty	Very dirty
15. Do you think your friends like to drink water at school?					
Yes		No			Don't know
16. Do you think your family wants you to drink water at school?					
Yes		No			Don't know
17. Do you think your teachers want you to drink water at school?					
Yes		No			Don't know
18. Think about yesterday. Did you have a headache at any point during the day?					
Yes		No			Don't know
19. Think about yesterday. Did you find it hard to concentrate at any point during the day?					
Yes No		No	o Do		Don't know
20. Think about yesterday. Did you feel very thirsty at any point during the day?					
Yes No		No	Don't		Don't know
21. Think about yesterday. Did your stomach hurt at any point during the day?					
Yes		No			Don't know