## Frequency of brushing

How many times do you brush a day? Please choose one of the following options.

0
1 time
2 times
3 times
4 times or more

## **Duration of brushing**

How long do you brush each time? Please choose one from the following options.

less than 1 min
1min
2 – 3 min
4 – 5 min
6 min or more