Table S1. Occupations and education levels across the Karasek quadrants.

| Variables                                     | Job-Demand-Control model<br>of Karasek |             |            |         | p-value |
|---|--|-------------|------------|---------|---------|
|   | Active                                 | High-strain | Low-strain | Passive |         |
| Education level                               |  |             |            |         |         |
| General Certificate of<br>Secondary Education | 0.0%                                   | 4.6%        | 0.0%       | 0.0%    |         |
| A-level                                       | 3.4%                                   | 0.0%        | 2.7%       | 20.0%   |         |
| Higher National Diploma                       | 5.7%                                   | 9.1%        | 5.4%       | 26.7%   | .0002   |
| Bachelor degree                               | 8.0%                                   | 18.2%       | 16.2%      | 20.0%   |         |
| Master degree                                 | 83.0%                                  | 68.2%       | 75.7%      | 33.3%   |         |
| <b>Occupational group</b> , n (%)             |  |             |            |         |         |
| Merchants – Business                          | 5.7%                                   | 0.0%        | 2.7%       | 0.0%    | .050    |
| Employees                                     | 8.0%                                   | 36.4%       | 13.5%      | 40.0%   |         |
| Intermediate profession                       | 6.8%                                   | 9.1%        | 2.7%       | 6.7%    |         |
| Inactive employment                           | 3.4%                                   | 0.0%        | 13.5%      | 13.3%   |         |
| Manager- Intellectual profession              | 76.1%                                  | 54.6%       | 65.6%      | 40.0%   |         |



