

**Table S1.** Ethnopharmaceuticals for skin diseases and cosmetics in Siauliai district, Lithuania

Family	Botanical name	Local plant name	Used for skin diseases - L Used in cosmetics - K	Frequency of citations	Part used	Method of preparation	Therapeutic and cosmetic uses	EMA evaluation
<i>Arecaceae</i>	<i>Cocos nucifera</i> L.	Kokosas	K	10	Fruits	Oil	For dry hair For dry skin	
<i>Acoraceae</i>	<i>Acorus calamus</i> L.	Ajaras	KL	15	Roots Leaves	Decoction Powder	From hair loss For dry hair Wounds healing	
<i>Amaryllidaceae</i>	<i>Allium cepa</i> L.	Cibulis, Cibule	L	25		Application on the skin	From insect bites For abscesses	
<i>Apiaceae</i>	<i>Daucus carota</i> L.	Muorkva	L	10	Roots	Compress	For burns Wounds healing	
<i>Apiaceae</i>	<i>Petroselinum crispum</i> (Mill.) Fuss	Petruška	KL	9	Leaves Roots	Juice Decoction	From bee and mosquito bites For sunburns	
<i>Apiaceae</i>	<i>Angelica archangelica</i> L.	Švengaršvė	L	1	Roots	Decoction	For the treatment of acne and eczema	

<i>Araliaceae</i>	<i>Hedera helix</i> L.	Lipiki	L	2	Leaves	Decoction	For burns	EMA/HMPC/228356/2012 <i>Hederae helix folium</i> ; Cough and cold
<i>Asphodelaceae</i>	<i>Aloe vera</i> Mill.	Alijošius Elijuošius	KL	35	Leaves	Juice	Wound healing For frosbite shun- votes For dry skin	EMA/807482/2016 <i>Aloe vera folium</i> ; For short-term use in cases of occasional constipation
<i>Asteraceae</i>	<i>Matricaria recutita</i> L.	Ramuliukai Ramunėlis	KL	15	Flowers	Compress	Wounds healing From swollen eyes	EMA/490629/2015 <i>Matricariae flos</i> ; Gastrointestinal disorders; Cough and cold; Mouth and throat disorders; Skin disorders & minor wounds
<i>Asteraceae</i>	<i>Artemisia dracunculus</i> L.	Kėtis	L	1	Aerial parts	Decoction	From snake bites	
<i>Asteraceae</i>	<i>Bidens tripartita</i> L.	Šuniulai	L	3	Aerial parts	Decoction Compress	Wounds healing From rashes	
<i>Asteraceae</i>	<i>Arctium lappa</i> L.	Kibišas	L	17	Roots	Decoction	Seborians From insect bites From the incisions, From the burns From the bruises	EMA/HMPC/509409/2019 <i>Arctii radix</i> ; Urinary tract and genital disorders; Loss of appetite; Skin disorders and minor wounds
<i>Asteraceae</i>	<i>Arnica montana</i> L.	Arnikas	L	21	Flowers	Tincture	Wounds healing From the bruises	EMA/654173/2016

								<i>Arnicae flos</i> ; Skin disorders and minor wounds
<i>Asteraceae</i>	<i>Echinaceae purpurea</i> (L.) Moench	Ežiuoli	L	6	Aerial parts	Juice	Wounds healing	EMA/481797/2015 <i>Echinaceae purpureae herba</i> ; Skin disorders and minor wounds; <i>Echinaceae purpureae radix</i> ; Cough and cold; Skin disorders and minor wounds
<i>Asteraceae</i>	<i>Taraxacum officinale</i> (L.) Weber ex F.H.Wigg.	Pienė	L	4	Leaves	Application on the skin	From a bee bite	EMA/HMPC/579636/2008 <i>Taraxaci folium</i> ;  Urinary tract and genital disorders; Taraxaci radix cum herba; Gastrointestinal disorders; Loss of appetite; Urinary tract and gynecology disorders
<i>Asteraceae</i>	<i>Tagetes erecta</i> L.	Sekrečiukai	KL	2	Flowers	Excerpt	Wounds healing From skin fungus To reduce sweating	
<i>Asteraceae</i>	<i>Artemisia vulgaris</i> L.	Metėle	L	2	Stem	Juice	Wounds healing	

<i>Asteraceae</i>	<i>Inula helenium</i> L.	Debesyla	L	3	Roots	Decoction	For the treatment eczema and her- pes To reduce itching	
<i>Asteraceae</i>	<i>Centaurea cyanus</i> L.	Vasilka	K	3	Flowers	Compress	For balckened , bruised eyes For inflammation of the eyelids To reduce wrin- kles	EMA/HMPC/228356/2 012 <i>Centaurii herba</i> ;Gas- tointestinal disor- ders;Loss of appetite
<i>Asteraceae</i>	<i>Tussilago farfara</i> L.	Žalpusnis	L	7	Leaves Flowers	Decoction	To treat shun- votes and ab- scesses To treat rose For beaten places For the treatment of ulcerated skin	
<i>Asteraceae</i>	– <i>Calendula offic- inalis</i> L.	Naudatka	L	15	Flowers	Decoction Compress	To treat eczema and dermatitis To reduce rashes	EMA/HMPC/228356/2 012 <i>Calendulae officinalis flos</i> ; Skin disorders and mi- nor wounds;Mouth and throat disorders
<i>Asteraceae</i>	<i>Achilea mille- folium</i> L.	Kruvinžolė	L	1	Flowers	Compress	For bruises, wounds, chest tears	EMA/HMPC/228356/2 012

								<i>Millefolii flos</i> ; Loss of appetite; Gastrointestinal disorders; Skin disorders and minor wounds; Urinary tract and genital disorders  <i>Millefolii herba</i> ; Loss of appetite; Gastrointestinal disorders; Skin disorders and minor wounds; Urinary tract and genital disorders
<i>Betulaceae</i>	<i>Betula pendula</i> Roth	Svyruoklis	K	4	Bark Buds Leaves	Juice Infusion	From freckles To reduce acne and blackheads For dry skin	EMA/HMPC/228356/2012  <i>Betulae folium</i> ; Urinary tract and genital disorders
<i>Boraginaceae</i>	<i>Symphytum officinale</i> L.	Taukius	L	5	Roots Leaves	Compress Decoction	Wounds healing For beaten places	EMA/HMPC/333915/2015  <i>Symphyti radix</i> ; Pain and inflammation
<i>Brassicaceae</i>	<i>Brassica oleracea</i> L.	Kopūsts	L	20	Leaves	Sultys	To reduce redness of the face To extract heat	
<i>Brassicaceae</i>	<i>Brassica napus</i> L.	Rapsas	L	3	Leaves	Decoction	To treat eczema and acne	
<i>Brassicaceae</i>	<i>Armoracia rusticana</i> P.Gaertn., B.Mey. & Scherb	Kriens	K	5	Roots	Puree Compress Kaukē	For pigmented spots From pimples	

							From wrinkles	
<i>Caprifoliaceae</i>	<i>Viburnum opulus</i> L.	Putins	L	2	Fruits	Juice Tincture	From rashes For purulent skin	
<i>Caryophyllaceae</i>	<i>Saponaria officinalis</i> L.	Muilažolē Muilini	K	2	Flowers	Juice	To remove dirt For dry skin	
<i>Commelinaceae</i>	<i>Calissia fragnans</i> (Lindl.) Woodson.	Auksinis ūsas	KL	1	Leaves Shoot Stem	Juice Ointment Oil	For skin dermatitis From burns From frostbite From the bruises From scars	
<i>Crassulaceae</i>	<i>Kalanchoe angustifolia</i> A. Rich.	Paleistuvē	L	3	Leaves	Juice	Wounds healing	
<i>Cucurbitaceae</i> –	<i>Bryonia dioica</i> Jacq.	Brienē	L	1	Roots	Compress	From the shocks	
<i>Eleagnaceae</i>	<i>Hippophae rhamnoides</i> L.	Šaltakšnis	L	16	Fruits	Oil	From burns	
<i>Equisetophyta</i>	<i>Equisetum arvense</i> L.	Driežgegužē Dirvinē eglikē	L	2	Aerial parts	Extract Decoction	From abraded blisters Wounds healing	EMA/HMPC/278091/2015 <i>Equiseti herba</i> ; Urinary tract and genital disorders; For supportive treatment of superficial wounds.
<i>Ericaceae</i>	<i>Ledum palustre</i> L.	Velnio šluota	L	5	Aerial parts	Decoction	From insect bites From swelling Wounds healing	

<i>Ericaceae</i>	<i>Rhododendrum ter-mopsum</i> L.	Rododen-dras	L	1	Aerial parts	Decoction	For the treatment of warts	
<i>Fabaceae</i>	<i>Trigonella foe-num -graecum</i> L.	Uožragi	L	2	Seeds	Decoction	Wounds healing	EMA/HMPC/146221/2010  <i>Foenugraeci se-men</i> ; Skin disorders and minor wounds; Loss of appetite
<i>Fabaceae</i>	<i>Anthyllis vul-neraria</i> L.	Perluotis	L	1	Flowers	Juice	Wounds healing	
<i>Fabaceae</i>	<i>Pisum sativum</i> L.	Žirneliai	L	5	Seeds	Compress	For abscesses To treat shun-votes	
<i>Urticaceae</i>	<i>Urtica dioica</i> L.	Dilgelikė	KL	1	Aerial parts	Decoction	For dry skin Wounds healing For dry hair	EMA/HMPC/228356/2012 <i>Urticae herba</i> Urinary tract and genital disorders Pain and inflammation Skin disorders and minor wounds
<i>Hydran-geaceae</i>	<i>Philadelphus seri-canthus</i> Koehne	Jazminas	K	2	Flowers	Oil	For dry skin	
<i>Hypericaceae</i>	<i>Hypericum perfo-ratum</i> L.	Joniukas Marijos žolikė Brandažolė	KL	6	Aerial parts	Oil	Wounds healing For tears in the fingers	EMA/HMPC/101304/2008

								<i>Hyperici herba</i> ; Mental stress and mood disorders; Skin disorders and minor wounds; Gastrointestinal disorders
<i>Lamiaceae</i>	<i>Glechoma heter- acea</i> L.	Laukžolē	KL	2	Aerial parts	Compress	From the ab- scesses For split skin For scratched skin	
<i>Lamiaceae</i>	<i>Origanum vul- gare</i> L.	Raudonēlēs	KL	4	Aerial parts	Decoction	Wounds healing To treat shun- votes Oily face and scalp rinse	
<i>Lycopodiaceae</i>	<i>Lycopodium clavatum</i> L.	Šarkažolē	KL	5	Spores	Ointment	For dry skin For rashes	
<i>Linaceae</i>	<i>Linum usitatissi- mum</i> L.	Linelis	K	2	Seeds	Oil	Dried elbows	EMA/492394/2015 Corr. <i>Lini semen</i> ; Gastroin- testinal disorders
<i>Malvaceae</i>	<i>Tilia cordata</i> Mill.	Liepžiedžiai	KL	4	Bark	Application on the skin Compress	From scratches From burns For swollen eyes For the treatment of roses	
<i>Melanthiaceae</i>	<i>Veratrum lobeli- anum</i> Bernh.	Čemeryčia	K	10	Rhi- zomes with roots	Juice	From lice	



<i>Onagraceae</i>	<i>Oenothera biennis</i> L.	Nakviša	L	11	Seeds	Oil	To treat eczema, dermatitis From rashes	EMA/422144/2018  <i>Oenotherae biennis oleum</i> ; Skin disorders and minor wounds
<i>Papaveraceae</i>	<i>Chelidonium majus</i> L.	Kapažolē Karpžolē	L	35	Stem Aerial parts	Juice Decoction	For the treatment of warts For psoriasis	
<i>Papaveraceae</i>	<i>Papaver somniferum</i> L.	Agona Agūna Aguoneli	L	2	Seeds	Oil	Wounds healing	
<i>Plantaginaceae</i>	<i>Plantago major</i> L.	Trauklapis Gyslapis	L	40	Leaves	Application on the skin	Wounds healing	
<i>Poaceae</i>	<i>Elymus repens</i> (L.) Gould	Varputē	L	2	Roots	Decoction	Wounds healing To remove furuncles From rashes	
<i>Rhamnaceae</i>	<i>Frangula alnus</i> Mill.	Skirpstē	L	1	Fruits	Oil	For burns	EMA/HMPC/726261/2016 <i>Frangulae cortex</i> ; Constipation
<i>Rosaceae</i>	<i>Alchemilla vulgaris</i> L.	Raskila	L	3	Leaves	Juice	From insect bites Wounds healing From abrasions	
<i>Rosaceae</i>	<i>Sorbus aucuparia</i> L.	Šermukšlē	L	5	Fruits	Juice	For the treatment of warts	
<i>Rosaceae</i>	<i>Rosa arvensis</i> L.	Šunrožē	L	10	Flowers	Oil	To treat eczema and dermatitis	EMA/HMPC/137299/2013  <i>Rosae flos</i> ; Mouth and throat disorders; Skin

								disorders & minor wounds
<i>Rosaceae</i>	<i>Potentilla anserina</i> L.	Žąsiažolė Sidabriukai	L	3	Aerial parts	Decoction	For rinsing wounds	
<i>Rosaceae</i>	<i>Rosa majalis</i> Herm.	Erškėtis	L	4	Seeds	Oil	For the treatment of skin cracks, abrasions, bed-sores, non – healing ulcers	
<i>Rosaceae</i>	<i>Filipendula ulmaria</i> L.	Vingiuorykštė	KL	3	Flowers	Decoction Powder	For rinsing wounds For the treatment of furuncles To treat eczema Powder is spreaded on the scattered area	EMA/HMPC/228356/2012 <i>Filipendulae ulmariae flos</i> ; Cough and cold; Pain and inflammation; <i>Filipendulae ulmariae herba</i> ; cough and cold; Pain and inflammation
<i>Rosaceae</i>	<i>Agrimonia eupatoria</i> L.	Dirvuoli	L	2	Aerial parts	Decoction	Wounds healing	
<i>Rosaceae</i>	<i>Rosa canina</i> Siev.	Erškėtis	K	6	Flowers	Decoction	Skin rejuvenation and softening	EMA/HMPC/137299/2013 <i>Rosae flos</i> ; Mouth and throat disorders; Skin disorders & minor wounds
<i>Rutaceae</i>	<i>Citrus bergamia</i> Risso	Bergamuotė	KL	2	Fruit's Peel	Oil	To remove scars	

							For the treatment of skin fungus	
<i>Scrophulariaceae</i>	<i>Verbascum thapsiforme</i> Schrad.	Devynvaisti	L	2	Flowers	Decoction	To treat eczema	EMA/HMPC/228356/2012 <i>Verbasci flos</i> ; Cough and cold
<i>Solanaceae</i>	<i>Solanum tuberosum</i> L.	Bulbē	KL	10	Lumps	Compress	For burns From swollen eyes	
<i>Solanaceae</i>	<i>Solanum dulcamara</i> L.	Karklavijas	L	1	Stem	Decoction	For furuncles	
<i>Violaceae</i>	<i>Viola tricolor</i> L.	Našlele	L	7	Aerial parts	Decoction	For furuncles To treat eczema For rashes	EMA/HMPC/131734/2009 <i>Violae herba cum flore</i> ; Skin disorders and minor wounds