

Review



Recent Advances in Transcritical CO₂ (R744) Heat Pump System: A Review

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Abstract: Heat pump (HP) is one of the most energy efficient tools for address heating and possibly cooling needs in buildings. Growing environmental concerns over conventional HP refrigerants, chlorofluorocarbons (CFCs), and hydrofluorocarbons (HFCs) have forced legislators and researchers to look for alternatives. As such, carbon dioxide (R744/CO₂) has come to light due to its low global warming potential (GWP) and zero ozone depleting characteristics. Even though CO₂ is environmentally benign, the performance of CO₂ HP has been of concern since its inception. To improve the performance of CO₂ HP, research has been playing a pivotal role in developing functional designs of heat exchangers, expansion devices, and compressors to suit the CO₂ transcritical cycle. Different CO₂ HP cycles coupled with auxiliary components, hybrid systems, and refrigerant mixtures along with advanced control strategies have been applied and tested. This paper presents a complete overview of the most recent developments of transcritical CO₂ HPs, their components, and applications.

Keywords: CO₂; heat pumps; transcritical cycle; COP

1. Introduction

The natural refrigerant CO_2 was one of the first refrigerants used in the mechanical refrigeration systems. Subsequently, synthetic refrigerants such as CFCs and HFCs took over due to their superior performance in heating and cooling applications. However, environmental concerns over using CFCs and HFCs have urged researchers to identify alternatives that are environmentally benign and can serve as an effective replacement to the conventionally used working fluids in the heat pumps (HPs) [1]. Additionally, the fluorocarbons are to be phased out, according to the Montreal Protocol [2]. Although there exist several natural refrigerants, not many meet the technical and safety requirements. For example, ammonia (R717, ASHRAE safety class B2) is toxic and flammable and, therefore, not suitable for several applications [3]. On the other hand, water (R718, ASHRAE safety class A1) is non-toxic [3]. However, due to its low density and low working pressure, it cannot serve as an ideal candidate for vapor compression refrigeration cycles [4]. Another drawback of water is that it has a very low heating coefficient of performance (COP) and is not cost-effective [5]. Table 1 represents a comparison of the properties of CO₂ with some of the most commonly used refrigerants.

Among natural refrigerants, CO_2 (ASHRAE safety class A1) is one of the few that is non-toxic and non-flammable [3] and can be released to the environment without the need to be recovered from any dismissed equipment. CO_2 has very low GWP (i.e., 1) compared to other commercially available refrigerants. Moreover, CO_2 has no regulatory liability since it has zero ozone depletion potential (ODP). The abundance of CO_2 in the environment (0.04% of the atmospheric air) makes it cost-effective. Chemically, CO_2 is an inert gas, and, according to ASHRAE 15 & 34 and ISO 5149 safety standards, CO_2 is a safe refrigerant [3]. Therefore, there are minimal leakage concerns.

Properties	R744	R22	R134A	R410A
ODP/GWP	0/1	0.05/1700	0/1300	0/1900
Flammability/toxicity	N/N	N/N	N/N	N/N
Molecular mass (kg/kmol)	44.0	86.5	102.0	72.6
Critical pressure (MPa)	7.38	4.97	4.07	4.79
Critical temperature (°C)	31.1	96.0	101.1	70.2
Refrigeration capacity (kJ/m ³)	22545	4356	2868	6763

Table 1. Basic properties of CO₂ (R744) compared with other refrigerants [6].

Additionally, the CO₂ refrigerant facilitates the fabrication of lightweight HP systems for a given specific energy and pumping power due to its high fluid density and working pressure [6]. A high exothermal temperature glide in the gas cooler further enhances the heating performance of HP systems [7]. Likewise, the lower compression ratio of CO₂ compared to fluorocarbons results in higher isentropic efficiency in a CO₂ HP system [8]. Such advantages make CO₂ an excellent candidate to serve as an effective replacement to the conventional working fluids like CFCs and HFCs. However, significant challenges of using CO₂ are its low critical point (31.1 °C and 7.38 MPa) [6] and high operating pressure (8.0 to 11.0 MPa) [9], which require careful attention while designing the system components. The transcritical CO₂ driven HPs have shown to have high irreversibility caused by throttling losses and superheated vapor horns, which results in low COP [7]. Due to these downsides, CO₂ HP is not yet widely used. Despite this, research on CO₂ HP systems has continued due to its high potential. Several works have improved the system's basic components as well as auxiliary units such as internal heat exchanger (IHX). Moreover, research has shown promising improvements in CO₂ HP for residential and commercial applications.

The objective of this review is to report on various technologies or approaches applied and tested on CO_2 HPs. A comparison between conventional HP cycles with the transcritical cycles is provided to understand the applicability of CO_2 in HP applications. The supercritical and two-phase heat transfer characteristics of CO_2 in different heat exchanger (HX) configurations are briefly analyzed. Furthermore, recent modifications of each HP component and their impact on heating and cooling applications concerning different heat sources are detailed and discussed.

2. Comparison of Transcritical and Conventional Heat Pump Cycles

The transcritical cycle is thermodynamically different compared to a conventional vapor compression HP or refrigeration cycle. One of the distinct differences is in the heat rejection process. In the transcritical cycle, gas cooling takes place in the supercritical state while, in a vapor compression cycle, heat rejection takes place in the subcritical region through a phase change, which facilitates high-energy release. Consequently, the vapor compression cycle is commonly adopted in the HP and refrigeration industry. However, when CO_2 is used in such a conventional subcritical cycle, the efficiencies are extremely low and are not cost effective. During the phase change, the amount of heat rejected by CO_2 is significantly low since the heat rejection enthalpy decreases when condensation occurs near the critical point (31.1 °C, 7.38 MPa). However, if the CO_2 vapor is compressed beyond the critical pressure, it can deliver much higher heat rejection enthalpy through sensible cooling. Therefore, the transcritical system regains efficiency.

In a CO_2 transcritical HP cycle, the evaporator operates in the subcritical region while the gas cooler functions in the supercritical region. The pressure-enthalpy diagram (Figure 1) illustrates the difference between the conventional HP cycles and the transcritical HP cycles. In the transcritical cycles, heat absorption takes place below the critical temperature, and, hence, the pressure remains subcritical.

Therefore, the evaporator functions similarly to heat the absorption process in a conventional vapor compression HP system. During the heat rejection process, the refrigerant changes its phase at a constant temperature in the subcritical cycles whereas, in the transcritical cycles, the refrigerant temperature decreases continuously throughout the heat rejection process without a phase change. Although latent heat exchange is an efficient heat transfer path, the supercritical properties of CO_2 make it a viable candidate for transcritical HP systems. However, in a transcritical cycle, the pressure difference between heat absorption and heat rejection is much higher than a typical subcritical cycle, which results in significant thermodynamic losses in the expansion process. The large pressure difference makes it feasible to use expansion work recovery devices in a transcritical cycle, which can partially compensate for the throttling losses in the transcritical CO_2 cycle [10]. In the compression process, the conventional subcritical cycle operates at a pressure ratio up to eight, whereas the transcritical cycle operates at a pressure ratio up to eight, whereas the transcritical cycle operates at a pressure ratio at a pressure ratio up to system.



Figure 1. P–h diagrams: (**a**) Subcritical cycle and (**b**) Transcritical cycle. Reproduced with permission from [12]. Elsevier, 2011.

3. CO₂ Heat Pump Component Modifications

Performance of a CO_2 HP depends on the components as a whole. However, individual component design and performance has an impact on the overall performance. Although the interdependency among the components does not allow for isolated improvement of each component, efforts need to be taken to improve the design of components and evaluate their contribution to the overall HP performance.

Exergy analysis (2nd law analysis) of the CO_2 HP components can provide understanding on which a component is more sensitive for overall HP performance improvement. Yang et al. [13] employed an exergy analysis to identify the location and quantify irreversibility (exergy loss) in each component. They found that both the throttle valve and gas cooler contributed to a major irreversibility with each contributing a maximum of 38% followed by the compressor, which recorded 35% of the total cycle irreversibility. Robinson et al. [14] carried out a similar study based on 2nd law analysis and reported that the expansion valve had the highest exergy loss followed by the compressor, the gas cooler, and the evaporator.

In contrast, Sarker et al. [15] and Bai et al. [16] found that the maximum exergy loss occurred at the compressor followed by the gas cooler/the evaporator. Similarly, Ghazizade-Ahsaee et al. [17] reported that the most exergy destruction happened in the compressor and the other components had a relatively low exergy destruction rate.

Hence, the HP system's performance can be improved through appropriate component design to reduce the losses. This section details the recent advances in key components of CO_2 HP, and, subsequently, the major findings are summarized in Table 2.

Heat Pump	D oform cos	Туре с	of Study	Unique System Festures	Nature	of Study	Major Findings
Components	Kelefences	Theoretical	Experimental	- Onique System Features	Energy	Exergy	
	Yin et al. [11]	\checkmark	\checkmark	 Microchannel gas cooler 3-pass tubes 	\checkmark		 Predicted the gas cooler capacity within ± 2% error 3-pass design is the best suited for CO₂ gas cooler Multi-pass gas cooler showed higher pressure drop Multi-slab instead of multi-pass could improve the performance
	Xie et al. [14]	\checkmark	\checkmark	 Pre-evaporator IHX Gas-liquid separator Oil eliminator 		\checkmark	 ηmax = 56% at evaporating temperature of 5 °C Optimal pressure was 7.5 Mpa Optimal gas cooler temperature was 38 °C
Gas Cooler	Chen [15]	\checkmark		 Water-cooled system Microchannel HX Counter-flow tube in tube gas cooler Pinch point analysis 	\checkmark		 More accurate gas cooler design method than LMTD LMTD method overestimates gas cooler conductance The gas cooler could be oversized by 30% to 40% The pinch point effect was not significant for low mass flow ratio
	Yang et al. [18]	\checkmark	\checkmark	 Multi-twisted-tube type HX Double pipe copper HX 	\checkmark		 To increase the COP water side heat, the transfer coefficient needs to be increased Increasing the number of inner tubes could increase the outlet water temperature A gas cooler pressure drop increases sharply with the number of tubes

Table 2. Recent significant studies on CO_2 heat pump system components.

Heat Pump	D oforon coc	Туре о	f Study	Unique System Features	Nature	of Study	Major Findings
Components	Kelefences	Theoretical	Experimental	- Onique System Features -	Energy	Exergy	- Wajoi i mango
	Qi et al. [19]		\checkmark	 Tube-in-tube counter-flow gas cooler Defrosting system Optimal heat rejection pressure investigated 	\checkmark		 COPmax = 3.7 at gas cooler outlet temperature of 20 °C Optimal heat rejection pressure was largely influenced by the gas-cooler refrigerant outlet temperature COP at the optimal heat rejection pressure decreased sharply when the gas cooler refrigerant outlet temperature increased from 25 °C to 45 °C
	Yu et al. [20]	\checkmark		 Tube-in-tube counter-flow HX Water flowing in the annulus and CO₂ flowing in the tube 			 Considerable increase in the heat capacity flow rate of the CO₂ near the pseudo-critical temperature Local heat transfer rate increased along the HX length
	Yamaguchi et al. [21]	\checkmark	\checkmark	 Cross fin tube Smooth plate IHX Static simulation model Considered heat transfer performance 	\checkmark		 High model accuracy (difference < 1.5%) COPmax = 3.6 at a water inlet temperature of 8 °C The evaporator heat exchange rate decreased with rise in inlet water temperature

Heat Pump	D - (Туре с	of Study	Unique System Features	Nature	of Study	Major Findings
Components	Kererences	Theoretical	Experimental	- Onique System reatures	Energy	Exergy	- Wajoi Filiungs
	Yun et al. [22]	\checkmark	\checkmark	 Two-slabbed microchannel evaporator V-shaped MCHX Utilized finite volume method 	\checkmark		 Mean deviation from experiment was 6.8% 33% performance increase ir the microchannel evaporator compared to the round fin tube HX Performance of microchanne evaporator can be improved significantly by increasing th two-phase region
Evaporator	Elbel et al. [23]	\checkmark	\checkmark	 Flash gas bypass Flash tank Microchannel evaporator 	\checkmark		 FGB improved heat transfer 9% and COP by 7% Microchannel evaporator minimized pressure drop an improves refrigerant distribution
	Brown et al. [24]	\checkmark		 Liquid line/suction line HX Microchannel HX 	\checkmark		 R744 showed lower COP than R22 Better transport properties a isentropic compression did r compensate for thermodynar disadvantage of R744 R744 evaporator operated w fewer irreversibilities than R22 evaporator

Table 2. Cont.

Heat Pump	Deferences	Туре о	f Study	Unique System Features	Nature of Study		Major Findings
Components	References	Theoretical	Experimental	e anque system reatures	Energy	Exergy	- Wajoi i munigi
	Jiang et al. [25]		\checkmark	 Reciprocating pump Reciprocating compressor 	\checkmark		 Integrating an HX increased CDP by 0.2–0.4 MPa CDP was always higher than the critical pressure of CO₂ (7.377 MPa) The higher the outlet water temperature is, the higher the discharge pressure temperature and pressure are
Compressor	Rozhentsv and Wang [26]	\checkmark		 Semi-hermetic compressor Recuperative HX 	\checkmark		 COPmax = 4.6 at ηc = 1 COPmax = 3.5 at ηc = 0.75 Optimum discharge pressure was 85 bar Overall performance reduced by 30% for compressor efficiency decrease from 1.0 to 0.75 Effect of internal superheating on the system COP was minimal
	Hiwata et al. [27]		\checkmark	 Scroll compressor Oil-injection to compression chamber 	\checkmark		 Optimized oil-injection reduced refrigerant leakage loss in compression process Scroll compressor performed marginally better compared to the rotary compressor with an average COP ratio of 1.05

Table 2. Cont.

Heat Pump	Deferrer	Туре о	of Study	Unique System Features	Nature of Study		Major Findings
Components	Kelefences -	Theoretical	Experimental	e onque system reatures	Energy	Exergy	major i munigs
	White et al. [28]	\checkmark	\checkmark	 Reciprocating compressor Recuperator Compressor discharge pressure was controlled by the expansion valve 	\checkmark		 Optimum COPheat of the prototype was close to 3 when water was heated up to 90 °C Compressor isentropic efficiency was found to be reasonably constant at about 70% Volumetric flow rate dropped off significantly at high pressure ratios
	Yang et al. [13]	\checkmark		 Throttling valve Expander Throttling valve cycle and expander cycle 		\checkmark	 The largest exergy loss occurred in the throttling valve of about 38% COP and exergy efficiency of the expander cycle were, respectively, on average 33% and 30% higher than the throttling valve cycle
Expansion Device	Xing et al. [29]	\checkmark		 Two-stage cycle Two ejectors arranged in the low and high- pressure side Developed mathematical model 	\checkmark		 Efficient expansion work recovery system COP heat increased by 30% when compared to the baseline cycle Optimal discharge pressure was 8.5 MPa
	Boccardi et al. [30]		\checkmark	- Multi ejectors - Air to water HP		\checkmark	 Throttling losses reduced by 46% Improved the system performance up to 30%

Table 2. Cont.

Heat Pump	Deferrer	Type of Study		Unique System Festures	Nature of Study		Major Findings
Components	Kelerences -	Theoretical	Experimental	e inque system reatures	Energy	Exergy	major i munigs
	Agrawal et al. [31]	\checkmark		 Non-adiabatic capillary tube Homogeneous flow model Employed finite difference method 	\checkmark		 Heat transfer was prominent in single phase region Evaporating cooling capacity and COP were higher when the HX was placed in the supercritical region
	Yamaguchi et al. [21]	\checkmark	\checkmark	Twin-tube type HXIHX	\checkmark		 Enhanced the COP up to 3.5 Improved heat transfer rate in the gas cooler and evaporator
	Kim et al. [32]	\checkmark	\checkmark	 Counter-flow multi-tube HX Geothermal CO₂ HP 	\checkmark		- 2% to 6% increase in COP in cooling mode compared to the system without IHX
Internal Heat Exchanger	Xing et al. [29]	\checkmark		 Two-stage CO₂ HP Two ejectors IHX 	\checkmark		 COPmax = 4.3 at evaporating temperature of 0 °C 30% increase in the heating COP
	Tao et al. [33]		\checkmark	 Three-row staggered wavy fin-and-tube HX HXs had a single flow path arrangement Double-tube IHX 	\checkmark	\checkmark	 The IHX could keep the throttling loss down to 5% The throttling loss caused about 20% COP loss The cooling effect of the gas cooler directly influenced the throttling loss. The better the cooling effect, the smaller the throttling loss.

Table 2. Cont.

3.1. Gas Cooler

In a transcritical CO_2 HP, the heat rejection takes place at the supercritical temperature and pressure, and the optimum COP of the system is contingent upon the supercritical properties of CO_2 at the gas cooler [34]. A significant number of experimental and numerical studies can be found in the literature that has analyzed the supercritical CO_2 (sc CO_2) heat transfer characteristics in different types of channel geometries and arrangements. Since Cabeza et al. [35] have performed a comprehensive review of sc CO_2 heat transfer for many applications, several selected, recent studies on the sc CO_2 heat transfer mechanism in different HX configurations specifically for HP applications are presented. Additionally, different types of HX as a gas cooler and their effect on HP performance are analyzed in this section.

Liao et al. [36] experimentally analyzed the heat transfer performance of $scCO_2$ in a horizontal and inclined straight tube. The results showed that the heat transfer coefficient (HTC) was at the peak near the pseudo-critical region due to the enhanced specific heat capacity of CO_2 . Moreover, the HTC increased when the bulk temperature was higher than the critical temperature for horizontal and vertical flow. The effect of buoyancy was more prominent in large diameter tubes than in mini-tubes, which caused a reduction in the $scCO_2$ Nusselt number in a mini-channel, and, subsequently, a new Nusselt number correlation was proposed based on the experimental results. In a similar study, Dang et al. [37] suggested a modification of the Gnielinski correlation to predict the HTC of $scCO_2$ in a circular, straight tube considering the effects of mass flux, heat flux, and tube diameter on HTC. They found that an increase in mass flux enhances the $scCO_2$ HTC, but the effects of heat flux and tube diameter depend on the $scCO_2$ property variation in a radial direction. Studies on horizontally circular tube-in-tube HXs showed that the HTC of $scCO_2$ is a combination of free and forced convection because of the buoyancy effect close to the pseudo-critical vicinity [38–40].

Helically coiled tubes HX were found to enhance scCO₂ HTC compared to straight tubes HX [41,42]. In helical structures, the centrifugal and buoyancy forces affect the flow field and heat transfer. The effect of buoyancy force can be ignored if the buoyancy number (Bo) is below 5.6 \times 10^{-7} [43]. Liu et al. [44] numerically analyzed the effects of buoyancy and the centrifugal force on the HTC of scCO₂ in horizontal and inclined helically coiled tubes for Bo > 5.6×10^{-7} . The HTC vacillates significantly due to a dominating buoyancy force compared to a centrifugal force when the CO₂ bulk temperature is lower than the pseudo-critical temperature. Forooghi et al. [45] further explained the buoyancy induced supercritical heat transfer in vertical and inclined tubes. At a significantly low buoyancy number (Bo < 2.26×10^{-6}), the heat transfer deteriorates due to low near-wall turbulence, and the heat transfer starts to increase with the increase of the buoyancy effect due to a velocity gradient rise between the outer tube wall and the centerline. In addition, the scCO₂ HTC decreases with the increase in heat flux due to the reduced heat transfer capacity and thermal conductivity of CO_2 [46]. However, increasing the CO_2 mass flux in the supercritical region enhances the turbulence diffusivity and, as a result, improves the heat transfer performance and the effect of the turbulence Prandtl number on heat transfer is insignificant. Furthermore, a comparison demonstrated that the HTC in the inclined helical tube was higher than horizontally helical tubes due to the reduced centrifugal force and the dominating buoyancy force [47].

A simulation of a finned tube gas cooler indicated that the flow field characteristics and heat transfer depend on the fin configuration, and a slit fin has higher HTC than a continuous fin for both the air-side and refrigerant-side, which improves heat rejection [48]. Li et al. [49] developed a low-cost fin and micro-channel integrated gas cooler, where the fin and flat tube were integrated in a single aluminum plate to eliminate the contact resistance due to welding, which enhanced the HTC. They reported that the fin and micro-channel configuration could avoid air-side mal-distribution and had better performance at higher air velocities. Additionally, Garimella [50] and Chang et al. [34] proposed the use of near-counter-flow fin and tube type gas cooler.

Yang et al. [18] analyzed a multi-twisted-tube gas cooler where a counter-current double pipe copper HX was used as the gas cooler. In their HX configuration, the inner tubes were twisted together

and fitted inside a larger tube. The theoretical and experimental results showed that a greater number of inner tubes increases the outlet water temperature, but, at the same time, the pressure drop increases sharply. Kim et al. [32] developed a multi-tube counter-flow gas cooler consisting of parallel smaller tubes bundled together inside a larger tube for a geothermal HP. In this configuration, the CO_2 and water flow in the opposite direction to ensure maximum heat transfer.

Compactness of the gas cooler is another key focus of recent research, which can be achieved by reducing refrigerant charge and tube size, varying the air volume flow rate, and considering fin types. Marcinichen et al. [51] numerically studied these factors to reduce the size of an existing gas cooler used in a beverage vending machine. They found that the existing gas cooler was oversized by a factor of two, and a more compact design could be realized by increasing the air volumetric flow rate and replacing a plain fin with a wavy fin. In case of an undersized gas cooler, a 'pinch point' might occur due to the strong nonlinear variation of the specific heat capacity of CO_2 . A high value of pinch point indicates high thermal losses in the HX due to irreversibility. Chen et al. [52] analyzed the pinch point occurrence in a water-cooled CO₂ HP using the log mean temperature difference (LMTD) method and found that the gas cooler was undersized by 30% to 40%. Likewise, Sánchez et al. [53] developed an accurate finite element model for properly sizing a CO_2 gas cooler. Yin et al. [54] developed and studied a compact gas cooler model using a finite element approach where the micro-channel gas cooler consisted of three passes of 13, 11, and 10 tubes. They found an increasing number of passes in the gas cooler might improve the performance, but the three-pass design is the best since there is not much difference between a five-pass and a three-pass gas cooler concerning the exit CO_2 enthalpy. Additionally, the simulations showed that using a multi-slab rather than a multi-pass could further reduce the gas cooler size due to improved performance of the gas cooler. Similarly, Tsamos et al. [55] carried out an experimental study on two different configurations of fin-tube gas cooler (two-row and three-row) considering both the supercritical and subcritical pressure at the HX. They found a linear relationship between the air temperature at the inlet and the pressure while transitioning from the subcritical to the supercritical stages. A simulation of the same fin-tube gas cooler showed that 90% of the pressure drop occurred in the first 17% of the HX length from the inlet [56], and the HX size could be reduced if the air flow rate is increased.

If the refrigerant mass flow rate is lower than the optimum amount, the degree of superheat (DSH) at the evaporator outlet increases, which causes an excessive pressure-drop, and, as a result, COP decreases. Conversely, if the refrigerant mass flow rate is excessive, the specific volume of the refrigerant at the compressor inlet increases, which causes a high pressure-drop at the evaporator and a low specific enthalpy change at the gas cooler. Therefore, for the same compressor power consumption, the specific enthalpy exchange becomes less, and the system COP decreases. As such, Liu et al. [57] developed a genetic algorithm for maximizing CO_2 HP COP based on gas cooler pressure and the water flow rate. Similarly, to reduce the power consumption in real-time, Hu et al. [58] adopted an extremum seeking control (ESC) strategy considering the gas cooler pressure and outlet water temperature. A similar control strategy was developed by Peñarrocha et al. [59] to reduce the consumption by regulating the high-side pressure. by To optimize the performance of a CO_2 refrigeration system, Kim et al. [60] suggested a new control strategy. They utilized the difference between the required total HTC in the gas cooler for optimum COP and total HTC at any concurrent gas cooler pressure. When the difference between the total HTCs is zero, the maximum COP is realized. However, this control strategy requires an exact value of total HTC at the gas cooler. Other than ESC, Ge et al. [61] proposed a heat recovery optimization system for a supermarket CO₂ refrigeration system. The developed system used an opmimum gas cooler pressure to maximize heat recovery.

3.2. Evaporator

The CO₂ HP evaporator functions like conventional CFC or HFC HP evaporators except that it experiences a much higher pressure (2–7 MPa) in the subcritical region. The CO₂ evaporator operates at a reduced pressure higher than 0.36 at a saturation temperature of -10 °C whereas an R134a

evaporator works below 0.10 at a saturation temperature of 10 °C [62]. Consequently, the transport properties of CO_2 in the subcritical region (e.g., high vapor density and low vapor viscosity) are substantially different from the other refrigerants. The CO_2 flow in the evaporator is characterized by two-phase flow, and the transport properties drastically influence the nucleate boiling, the convective heat transfer, and the CO_2 pressure drop in the flow. Recent numerical and experimental studies focus on improving the efficiency of CO_2 evaporator considering the flow characteristics. To ensure the feasibility of a CO_2 HP, it is essential to design the evaporator as a compact, lightweight, and reliable system [63].

The CO_2 two-phase heat transfer in macro-channels and micro-channels depends on the refrigerant mass flux, heat flux, channel geometry, and saturation temperature [62]. In an investigation of CO_2 two-phase heat transfer and pressure characteristics in a conventional macro-channel, Yoon et al. [64] reported that CO_2 boiling HTC increased with the increase in heat flux at the low vapor quality but decreased with the increase in heat flux when the vapor quality was above a specific value. This can be explained by the inception of vapor dryout at a high vapor quality due to an increase in heat flux, low surface tension, and reduced viscosity. The pressure drop was found to increase with an increase in mass flux, while there was an opposite trend for increasing the saturation temperature. Bredesen et al. [65] and Knudsen et al. [66] found in their experimental studies that the two-phase heat transfer in large tubes could be enhanced significantly by increasing the heat flux without a considerable pressure drop.

From the perspective of the physical aspect, a microchannel and minichannel HXs as the CO_2 evaporators rather than macro HXs have been the recent research focus due to enhanced HTC, minimized leakage, and reduced refrigerant charge. Choi et al. [67] investigated CO_2 two-phase heat transfer in horizontal mini-channels and reported that CO_2 HTC increases with an increase in vapor quality. Moreover, CO_2 HTC was found to be three times higher than R143a. Based on their experimental study, they proposed a separate two-phase flow heat transfer model for CO_2 flowing in smooth mini-channels. Oh et al. [68] experimentally studied five different refrigerants in mini-channels and found that CO_2 has the highest boiling HTC. Wu et al. [69] and Yun et al. [70] further reported that the nucleate boiling is predominant at a lower vapor quality because the heat flux and saturation temperature dictate the local HTC in this region, while the convective HTC dominates due to a high vapor velocity at a higher vapor quality. The pressure drop across the mini-channel was evaluated in Reference [69] by modifying a frictional factor developed by Cheng et al. [71] to address the overprediction of a frictional pressure drop in the mist flow region.

Concerning the evaporator configuration, several types of CO_2 HXs have been studied. In a study of an electric vehicle HP system in a cold climate, Wang et al. [72] found that the micro-channel evaporator had less than 4% exergy loss in all operating conditions. Yun et al. [22] simulated a three-slabbed micro-channel evaporator using R134a and CO₂ as the working fluid and compared their performance. The numerical results showed that the overall system performance could be enhanced by increasing the two-phase flow region in the micro-channel. There was a 70% increase in the two-phase flow region when the fin spacing was manipulated from 1.5 to 2.0 mm, and such a marginal increase in the spacing not only reduced material cost but also helped to eradicate the defrosting and condensation drainage problem. Furthermore, the selection of an appropriate circuiting arrangement is found to be imperative to ensure a higher heat transfer in a CO_2 evaporator. Bendaoud et al. [73] developed a new model accounting for the thermal and hydrodynamic behavior of a fin and tube HX. The developed tool was used to study a typical CO₂ evaporator coil consisting of two circuits in a parallel counter-current configuration. The study showed that the pressure drop was very low for CO_2 compared to other refrigerants, and, as a result, the temperature glide was limited considerably. In another study, Yamaguchi et al. [21] experimentally and numerically studied a cross-fin tube HX with smooth plate fins as a CO₂ evaporator for the water heating application, and the results confirmed that the heat exchange rate in the evaporator decreased (20 to 12 kW) with a rise in inlet water temperature (8 to 44 °C). Yun et al. [22] compared a two-slabbed micro-channel evaporator and a conventional

round fin-tube HX for a CO_2 system, and they found that the micro-channel evaporator aided a 33% increase in performance compared to the round fin tube HX. This was attributed to the larger effective surface area, especially with a V-shaped (Figure 2) micro-channel HX (MCHX) yielding a higher HTC.



Figure 2. Configurations of the micro-channel heat exchanger slabs: (**a**) Double layer parallel-aligned shape and (**b**) Single layer-V shape. Reproduced with permission from [22]. Elsevier, 2007.

Moreover, the addition of a flash gas bypass (FGB) in an HP cycle can improve evaporator performance [74]. In this technique, the refrigerant passes through a throttling device and expands to the evaporator pressure. The low-pressure refrigerant then goes to a flash tank where only a saturated liquid refrigerant enters the evaporator while the vapor bypasses the evaporator. Thus, the pressure drop in the evaporator can be minimized and, thereby, the flow distribution can be improved. Elbel et al. [23] showed that using FGB for a CO₂ micro-channel evaporator could improve heat transfer and COP by 9% and 7%, respectively. However, a lack of complete separation in the flash tank can have a detrimental effect on the system performance [75].

3.3. Compressor

Compressor converts the low-pressure refrigerant to the required high-pressure condition. To attain the CO_2 supercritical pressure at the gas cooler, a CO_2 HP operates at a much higher compressor discharge pressure (CDP) (90–130 bar) compared to CFC/HFC HPs (10–40 bar). Such high CDP in a CO_2 HP can result in a significant mechanical loss as well as oil leakage. Different compression mechanisms (e.g., reciprocating, rotary, and scroll) have been studied in terms of the compressor's performance and reliability.

Jiang et al. [25] studied a reciprocating compressor manufactured by the Dorin Company to analyze the impact of different compression cycles with and without IHX. The results confirmed that the CDP, which was affected by the gas cooler outlet temperature, was always higher than the critical pressure of CO₂ (7.377 MPa), irrespective of the IHX use. However, an IHX between the gas cooler and the compressor resulted in a CDP increase of 0.2 to 0.4 MPa. Additionally, the Mitsubishi Company recently developed a commercial CO₂ compressor with a single rotary mechanism exclusively targeting residential HP applications [76]. The design mainly focused on the reduction of a leakage path and the optimization of oil supply to the compressor. The study showed that the system performance improved (COP = 4.5) by minimizing the radial clearance and optimizing the oil supply (0.1% of oil exhalation) to the compression chamber. In another study, Hiwata et al. [27] carried out a detailed study on a single-stage scroll compressor and compared its performance with their in-house built, two-stage rotary compressor. They reported that the scroll compressor performed with an average COP ratio of 1.05, which is marginally better when compared to the rotary compressor. Such an increase in compression efficiency was achieved by adjusting the oil-injection rate in the compression chamber. Shimoji et al. [77] developed a prototype CO₂ scroll compressor for air conditioning based on R410A compressors and analyzed its basic quantitative losses through a simplified model. They found the volumetric and overall adiabatic efficiency reduced by 17% and 16%, respectively, while dropping rotational speed from 3600 to 1800 RPM.

In terms of system configuration, the hermetic and semi-hermetic types are the recent research focus. In a study of a semi-hermetic compressor integrated with a recuperative HX. Rozhentsev and Wang [26] reported that the HP performance was sensitive to even a marginal change in compressor efficiency and CDP (Figure 3). For example, at an optimum discharge pressure (85 bar), when the compressor efficiency decreased from 1 to 0.75, the overall HP performance reduced by 30% from the maximum COP of 4.5. However, they found the internal superheating had a minimal impact on the HP COP. Cavallini et al. [78] optimized a two-stage transcritical cycle using a semi-hermetic reciprocating compressor coupled with an intercooler. They reported the split-cycle with an integrated suction line HX could increase the COP up to 25% compared to a baseline two-stage cycle. Zhang et al. [79] experimentally compared the performance of a rolling piston hermetic configuration in single and two-stage compressors. They found that the volumetric efficiency of the single-stage compressor was higher than that of two-stage at compression ratios below 2.8, but the two-stage showed a higher volumetric efficiency at a compression ratio of 2.8 or higher. The isentropic efficiency had the same trend as volumetric efficiency. However, the DSH had a minimal effect on both volumetric and isentropic efficiencies for both configurations.



Figure 3. Effect of discharge pressure on the system COP. Reproduced with permission from [26]. Elsevier, 2001.

Recent studies have shown that, from a thermodynamics point of view, it is favorable to use a two-stage compressor in a transcritical CO_2 HP due to a high working pressure. Cecchinato et al. [80] found a 70% increase in energy efficiency could be achieved using a two-stage double-throttling system compared to a simple single-stage single-throttling system for a severe evaporating temperature of -30 °C. Moreover, the two-stage system with an injection throttling outperformed the system with an IHX in term of COP and heating capacity. Similarly, for water heating applications, Pitarch et al. [81] reported that the COP of the two-stage system was 11% higher than the single stage system. A commercially developed two-stage compressor for residential CO₂ HP water heaters equipped with an intermediate gas-injection mechanism between the first and second stages helped to reduce the vapor mixture losses [76]. It was found that such a two-stage configuration improved the compressor performance by 15% and 30% for compression ratios of 3 and 4, respectively. In another study, Cho et al. [82] found that, in a two-stage refrigeration cycle, integration of gas injection could increase the cooling COP by up to 17% compared to a non-injection cycle. Similar to the two-stage design, Xing et al. [29] combined a high-pressure compressor and a low-pressure compressor using an IHX, and the simulation showed that the new design could attain 10% to 30% higher COP compared to a baseline system at a given evaporating temperature of -15 °C. Based on six different configurations of two-stage CO₂ refrigeration systems, Liu et al. [83] found that the gas cooler outlet temperature and the low-stage compressor significantly affect the system performance.

Recently, the BoostHEAT Company introduced a new and original concept of a thermal compressor for transcritical CO_2 HP. Unlike the rotary or scroll compressors where the mechanical power generates the pressure increase of working fluid, in the new design, a heater provides thermal energy to warm up the working fluid of the compressor and then to increase its pressure. The uniqueness of the system is that the same working fluid can be used in both the thermal engine and the HP to enhance thermal efficiency. To analyze the thermal performance of the compressor, Ibsaine et al. [84] formulated a mathematical model and recommended that a two-stage thermal compressor is preferred in CO_2 HP applications.

3.4. Expansion Device

The prime functions of the expansion device in a CO_2 HP are to distribute CO_2 to the evaporator as well as to maintain a pressure difference between the evaporator and the gas cooler. Most of the recent investigations focused on different kinds of expansion device designs (e.g., ejectors, expansion valves) and their configurations in terms of the numerical modeling, geometrical structure, and system performance enhancement.

Theoretical and experimental investigations suggest that an ejector in place of an expansion valve can improve transcritical cycle performance [85–87]. The refrigerant inside the ejector is characterized by two-phase and compressible flow. A homogeneous equilibrium model (HEM) and homogeneous relaxation model (HRM) are the two widely used numerical models for the ejector flow [88]. HEM considers liquid and vapor phases are in a homogeneous equilibrium whereas HRM uses the empirical correlation of the relaxation time. Lucas et al. [89] and Palacz et al. [90] employed HEM to predict the two-phase flow inside an ejector. The HEM accuracy decreases with a decline in a motive nozzle temperature and increases in deviation from the saturation line, which demands a more complex HRM mode. Angielczyk et al. [91] studied HRM for a supersonic flow through the convergent-divergent nozzle of a CO₂ ejector and validated their model using three different nozzle diameters. They developed a widely excepted correlation for relaxation time considering the critical flow parameters, vapor quality, and temperature profile. Through a comparison study, Palacz et al. [92] found that HRM could predict the flow characteristics better than HEM (overall a 5% increase in accuracy). In addition, Zheng et al. [93] and He et al. [94] proposed dynamic numerical models, which are useful in predicting the dynamic system response in different operating conditions to optimize the ejector expansion performance.

In a CO_2 transcritical cycle, expansion or throttling losses result in a low system performance. Such throttling losses can be overcome by adopting multi-ejector systems (connected in parallel or in a different combination). A study on a two-ejector system has shown that throttling losses could be substantially reduced, and the heating COP could be increased by about 10% to 30% compared to the basic two-stage cycle with a flash tank [29]. Furthermore, Boccardi et al. [30] experimentally studied the benefit of integrating a multi-ejector in a transcritical CO₂ cycle for heating applications. They found that the optimal multi-ejector configuration could reduce the throttling losses by 46%, and, thereby, improve the system performance by up to 30%. Bai et al. [95] utilized two cascaded ejectors in a dual temperature transcritical CO_2 system, which outperformed the basic system without the ejector. Additionally, the exergy efficiency and COP of the cascaded ejector system increased up to 25% and 28%, respectively, when compared to a single ejector system due to a higher pressure lift and better pre-compression. In another study, Bodys et al. [96] introduced swirl motions at the inlet of the motive and suction nozzle of fixed ejectors of a CO₂ multi-ejector system. Swirl motion enhances the momentum exchange in the mixing section of the ejector and, thus, increases the contact time between the primary and secondary flow stream. They found that the system performed better due to the swirl motion at the inlet of the motive nozzle, but the swirl motion at the suction nozzle did not have any impact on the performance. Figure 4 shows the variation in ejector efficiency with swirl RPM.





Figure 4. The ejector efficiencies for the unit with different diameters (mm) and rotational speeds (RPM) at the inlet duct of the motive nozzle. Reproduced with permission from [96]. Elsevier, 2016.

In addition, the adjustable ejector configuration was found to enhance the system COP up to 30% compared to the fix-geometry ejector [97]. This was attributed to the fact that the adjustable ejector can provide a flexible control over the mass flow rate, which is the key to performance improvement. Lie et al. [98] performed a study to analyze the performance of an adjustable ejector for a simultaneous heating and cooling application. They found that an optimum heating and cooling performance can be achieved by regulating the ejectors' internal geometries. Xu et al. [99] made an effort to optimize the high-side pressure through an adjustable ejector (Figure 5), which uses a stepper motor moving a needle forward and backward to adjust the nozzle throat area. The study showed that such an ejector could regulate the throttling area for an optimal high-side pressure. The optimized pressure has a positive effect on the system performance and outweighs the low ejector efficiency. Additionally, Xu et al. [99] developed a control strategy to maximize the COP by correlating the CO2 pressure and temperature at the gas cooler exit. A multi-variable adjustable ejector controller [100] and an on-line quasi-cascade controller [101] are among the other control systems for optimizing the performance of adjustable ejectors. For the later one, the nozzle throat area varies with the compressor speed and CO_2 mass flow rate, so that a correlation for the optimum nozzle throat area can be derived for a gas cooler pressure based on the dynamic system response.



Figure 5. 3-D model of the adjustable ejector. Reproduced with permission from [99]. Elsevier, 2012.

Among many types of expansion devices, the electronic expansion valve (EEV) and capillary tubes have been studied for CO_2 HPs. Zhang et al. [102] experimentally studied the effect of the refrigerant charge amount and EEV opening on the performance of a CO_2 HP water heater. The EEV opening of 40% was found to be optimal for their system. Increasing the EEV opening from its optimal value to 60% decreased the heating capacity up to 30% due to an increase in the refrigerant charge and supercritical pressure, but the undercharged condition had a more severe consequence on the performance than an overcharged condition. Baek et al. [9] investigated the control methods of the gas cooler pressure in a CO_2 HP using an EEV. The EEV integrated CO_2 HP showed enhanced COP due to optimized pressure in the gas cooler. Besides EEV, capillary tubes are preferred as an expansion device particularly in small vapor compression refrigeration and air conditioning systems due to their simplicity, low initial cost, and low starting torque of compressor. However, flow characteristics inside the capillary tube under adiabatic condition are complex. Song et al. [103] found that the CO_2 HP using a capillary tube is promising with its COP close to (above 80% of) that of a system using an EEV. In addition, in another study of CO₂ HP, Madsen et al. [104] found that the use of an adiabatic capillary tube was better than a fixed high-pressure expansion valve but inferior to an adjustable expansion valve. The study recommended the use of a capillary tube in transcritical CO_2 HP when the system is relatively small. Other than capillary tube, Hu et al. [105] studied and developed an improved design of a two-rolling piston expander for CO₂ systems using sealing techniques to minimize the leakage.

3.5. An Auxiliary Component: Internal Heat Exchanger

As discussed in Section 3.3, studies have confirmed that single-stage compression is less efficient than the two-stage system. More commonly, an IHX has been installed to ensure better and efficient operation of the compression system [106]. Use of an IHX reduces the possibility of damaging the compressor when the liquid refrigerant exits from the evaporator and promotes the superheating of the vapor entering the compressor.

Xian et al. [29] modeled a high-performance two-stage CO_2 HP using two ejectors and incorporated an IHX to the model. The researchers found that it could attain a 30% increase in the heating COP than a baseline two-stage HP at a standard operating temperature of -15 °C. Likewise, Kim et al. [32] developed a steady-state model to analyze the thermodynamic performance of an IHX in a geothermal CO_2 HP, where a counter-flow multi-tube HX with several tubes encompassed in a larger tube was used as the IHX. They found that the system with IHX could achieve up to 6% increase in COP compared to the system without IHX at the 20% EEV opening. The proposed simulation program can serve as a useful tool for a thermodynamic performance analysis when optimizing complex system variables and establishing efficient operating conditions in CO₂ geothermal HP systems. Similarly, Yamaguchi et al. [21] formulated a static mathematical model to study a CO_2 HP with a twin-tube type HX as the IHX. They found that the addition of the IHX could enhance the COP up to 3.5 and had a positive influence on the heat transfer in both the gas cooler and evaporator. In a comparative study, Jiang et al. [25] utilized a double pipe copper HX as the IHX in which the high-pressure CO_2 flew in the inner pipe and the low-pressure CO_2 flew in between the inner and outer pipe. The experimental results demonstrated that, for a gas cooler temperature of 15 °C, the system with IHX had 6.5% to 11.5% higher COP than that of without IHX.

Shariatzadeh et al. [107] analyzed four different transcritical refrigeration cycles with and without IHX along with an expander and throttling device. They found the COP of the expander cycle is always higher than the throttling cycle due to the optimized gas cooler pressure and reduced exergy loss in the expander cycle. However, when the system worked in the expander cycle, use of an IHX reduces the average COP from 2.8 to 2.5 due exergy efficiency loss in the gas cooler, but, in case of the throttling cycle, integration of IHX reduces exergy loss and, as a result, increases the COP from 1.9 to 2.0. Zhang et al. [108] carried out a similar study and found that, when IHX is used in an expansion valve cycle, the system performance could increase by 17%. On the contrary, if IHX is used in an ejector cycle, the system performance degrades by 16%. This is attributed to a decrease in ejector isentropic efficiency with the integration of IHX.

In addition, the effects of IHX on system parameters rather than efficiency were studied. From an experimental investigation, Sánchez et al. [109] reported that the integration of IHX increases the compressor suction temperature, which reduces mass flow rate, and, as a result, specific compression work increases. However, this increase is very insignificant. Moreover, superheating induced by IHX increases the discharge temperature, and this effect is high at a low evaporating temperature. Pérez-García et al. [110] found the effectiveness of the IHX largely depends on the gas cooler outlet CO_2 temperature, and the increased energy efficiency with the IHX is due to the subcooling of CO_2 . However, the mechanical subcooling system without an IHX can also improve the energy efficiency [111]. Furthermore, Ituna-Yudonago et al. [112] analyzed the effect of transient thermal effectiveness of an IHX on a CO_2 system, and they reported that increasing the CO_2 temperature by 10 °C at the IHX inlet of the gas cooler side could decrease the COP of about 3% due to reduced HTC and IHX effectiveness.

4. CO₂ Heat Pump Systems

The resurrection of CO_2 as the working fluid in vapor compression cycles started in the early 1990s due to phasing out of ozone-depleting refrigerants. In 1993, Lorentzen et al. [113] developed and tested one of the first prototypes of the CO_2 automotive air conditioning system. In 2015, soft drinks manufacturing giant Coca-Cola announced to utilize CO_2 as the refrigerant in all their new vending machines as part of the global effort to phase out fluorinated refrigerants [114]. The commercialization of the CO_2 HP system started a decade ago in Japan and sales went past 2 million units in October 2009 [115]. Research and development on CO_2 air conditioning, refrigeration, and HP systems are continuing and still has scope for performance improvement.

According to the available heat sources at the evaporator side, HPs can be classified as the water source, the air source, and the ground source HP, while a hybrid HP is defined as an HP using more than one heat source. In hybrid systems, most commonly solar and geothermal energy are incorporated with the conventional heat sources to improve the system performance. In the following subsections, each type of system is discussed and detailed. Table 3 summarizes the salient features of different types of CO_2 HP systems found in the literature.

Categorization	Deferences	Туре с	of Study	Saliant Design Features	Applications	Major Findings
Categorization	Kelerences	Theoretical	Experimental	- Salient Design Features	Applications	wajoi i munigo
Water Source Heat Pump	Mayekawa [116]		\checkmark	 Boiler and water chiller in one machine Used energy from waste and renewable sources 	- Heating - Cooling	 Cut energy costs Combined COP_{max} = 8.0 Hot water temperature up to 90 °C Chilled water temperature down to -9 °C
	Liu et al. [117]		\checkmark	 Dual mode Hot and cold thermal storage 	- Heating - Cooling	 Minimized operational cost Combined COP_{max} = 5.49 at compressor frequency of 50 Hz, expansion valve opening of 330 pulses
Air Source	Hu et al. [118]		\checkmark	 Designed for cold climate Hot gas bypass defrosting 	- Heating	 No additional structural cost 35% energy was consumed for defrosting 7.6% energy was used to heat the evaporator tubes and fins 57.4% of the supplied energy was consumed to increase the internal energy of the gas cooler Hot gas bypass defrosting efficiency ranged from 30% to 40%
Heat Pump	Calabrese et al. [119]		\checkmark	 Rooftop unit IHX Recirculated air from the HP cycle 	- Heating	 Lower COP than HFC when gas cooler air temperature > 10 °C More steady operation when air temperature < 10 °C which are precluded to most HFC HPs
	Hu et al. [120]	\checkmark		- CDP was taken as input to the ESC controller	- Heating	 ESC was able to search and track both fixed and slowly varying operating conditions to optimize COP Did not require system upgrade over time

Table 3. A summary of studies conducted on CO_2 heat pump systems.

Catagorization	D. (Type of Study		Saliant Design Features	Applications	Major Findings	
Categorization	Kererences	Theoretical	Experimental	- Sallelit Design Features	Applications	wajor rinungs	
Ground Source	Kim et al. [32]	\checkmark		- IHX - Indoor and outdoor HX	- Heating - Cooling	 Performance enhancement in cooling mode (2% to 6%) with IHX compared to the basic cycle Performance slightly degraded in heating mode 	
Heat Pump	Wang et al. [121]		\checkmark	- U-tube ground HX - Expander	- Heating - Cooling	 Cost efficient COP_{max} = 5.5 and 5.9, respectively, in the summer and winter COP was higher with an expander for both heating and cooling than without an expander 	
	Faria et al. [122]	\checkmark		- Solar evaporator - Expansion valve	- Heating	 Performance degraded when the refrigerant was heated to a superheated condition Dryout occurred at vapor quantity > 0.81 	
Hybrid Solar	Li et al. [123]	\checkmark		 R134a, R744, and R22 as the working fluids Used a reheater 	- Heating - Cooling	 R744 had higher COP compared to synthetic refrigerants for the ambient temperature range from -5 to 13 °C R744 showed lower COP when the ambient temperature was above 13 °C The solar energy input ratio of R744 was changed in the range from 39% to 73% for the corresponding outdoor temperature 	

Table 3. Cont.

Catagorization	D. C.	Туре о	of Study	Saliant Design Features	Applications	ations Maior Findings	
Categorization	Kererences –	Theoretical	Experimental	- Sallelit Design Features	Applications	Wajor Filungs	
	Cho et al. [124]	\checkmark		 R744 and R22 as working fluid Solar collector Used two IHXs 	- Heating	 R744 HP had a low cost COP was 3.21–2.75 in cloudy days with 20% increase in sunny days for R744 system R744 had higher irreversibilities R744 had lower higher 2nd law efficiency compared to R22 	
	Chaichana et al. [125]	\checkmark	\checkmark	- CO ₂ and NH3 as the working fluids	- Heating	 Capital cost was low Results indicated that CO₂ was not suitable for low critical pressure and temperature CO₂ had low COP compared to NH₃ and R22 	
Uchrid Coothormal	Jin et al. [126]	\checkmark		 Air-cooled and water-cooled gas cooler Ground borehole as the heat sink in heating mode Ambient air and ground borehole as the heat sink in cooling mode 	- Heating - Cooling	 Could save 10.2% total costs for 10 years operation COP_{cool} varied from 2.2 to 4.1 COP_{heat} varied from 2.53 to 3.15 Optimal control of gas cooler pressure based on: the optimal COP value and the ratio of heat rejected to ambient air 	
Hybrid Geomernia	Jin et al. [127]		\checkmark	 Reverse transcritical cycle Reheated gas cooler Ground HX 	- Heating - Cooling	 Combined COP varied from 3.0 to 5.5 for space conditioning and hot water with the service hot water supply of 65 °C 	
	Kim et al. [128]	\checkmark		 Solar collector Used two IHX Ground HX 	- Heating	 Compressor power consumption increased from 4.5 to 5.3 The differential of pressure ratio between the inlet and the outlet of the compressor increased by 19.9% due to an increase in compressor work 	

Table 3. Cont.

4.1. Heat Sources

The air source heat pump (ASHP) has gotten attention around the world for its energy saving potential and environmental footprint. ASHP has been in use in the USA for many years but not much in regions where the ambient temperature gets below the freezing point during the winter. However, recent technology advances make ASHP viable in cold climate regions.

Hu et al. [118] experimentally studied a CO₂ driven ASHP for water heating in a cold climate in which a hot gas bypass defrosting method was utilized to overcome the frosting at low ambient temperatures. During the defrosting process, the temperature and pressure dropped sharply at the beginning but remained constant during the melting period. Additionally, the pressure drop was large in the gas cooler during the frosting process with a high CO₂ mass flow rate. The energy analysis showed that the gas cooler consumed 57.4% of the supplied energy to increase the internal energy, while 35% for the frost melting process, which is typically higher than other defrosting methods. The experimental results showed that the hot gas bypass defrosting method could only achieve efficiency as high as 40%. Furthermore, Calabrese et al. [122] conducted an experimental study on a CO₂ ASHP installed on a building rooftop to understand the effect of the inlet air temperature at the gas cooler on the heating capacity and COP. The inlet air at the gas cooler was a combination of fresh air supplied from the environment and recirculated air from the HP system. The rooftop HP was found to provide better performance in a colder climate, and the COP increased from 2.1 to 2.8 with a decrease in inlet air temperature from 20 to 6 °C.

Studies have used advanced control strategies to optimize the performance of CO₂ ASHP. As such, Hu et al. [129] proposed an extreme seeking control (ESC) method that has great promise for the efficient operation of the air source CO₂ water heater system over its entire lifespan. As a self-optimizing control strategy, the ESC method was able to search and keep the COP at an optimum level. The discharge pressure was taken as the input to the ESC while the COP of the system provided the performance feedback. Simulation results indicated that the ESC could find and slowly adopt the inputs to keep the system COP at an optimum level for water outlet temperature from 55 to 80 °C without the need for a system upgrade. Most recently, Hu et al. [58] developed another control system based on ESC to minimize power consumption and maximize COP. In this system, the ESC was based on three elements: power consumption, gas cooler outlet temperature, and high side pressure.

Water source heat pump (WSHP) is best suited where simultaneous heating and cooling is required. The operation of WSHP is much quieter along with a low carbon footprint compared to ASHP. In moderate climate conditions, WSHP can be used since the heat rejected at the cooling unit can be utilized to maintain a certain temperature at the heating unit. However, in a cold climate, the major problem associated with WSHP is the water freezing in the evaporator. Recently, Mayekawa Company from Australia [116] developed a commercial CO_2 WSHP for a hot and chilled water supply in which renewable and waste energy can be used as heat sources. The HP system could achieve a combined COP of 8.0 and provide hot water as high as 90 $^{\circ}$ C and chilled water as low as $-9 \,^{\circ}$ C. Liu et al. [117] conducted an experimental study to examine the influence of the compressor frequency on the performance of a dual mode CO_2 WSHP integrated with hot and cold thermal storage tanks. The experimental results demonstrated that a higher compressor frequency led to a higher transient heating and cooling capacity. Therefore, a better thermal stratification at the tank occurred, which, in turn, resulted in a higher COP. The expansion valve opening had a significant impact on the system performance due to its influence on the refrigerant mass flow rate. The optimum overall COP of 5.49 could be achieved at the compressor frequency of 50 Hz, the expansion valve pulse of 330 Hz, and the hot and cold-water flow rate of $0.1 \text{ m}^3/\text{h}$ and $0.2 \text{ m}^3/\text{h}$, respectively.

Development of ground source heat pump (GSHP) has been prompted by the regulations enforced to protect the environment and save energy. While installing GSHP is expensive than other HP systems, it can reduce energy consumption by 30% to 60% and the increase in expenses can be compensated through energy savings [130]. Studies have shown that the high rejection temperature of the compressor and the great temperature glide of the gas cooler in the CO₂ transcritical cycle is very suitable for heat

recovery. Moreover, GSHPs with conventional refrigerants can only provide hot water up to 60 °C, whereas a CO_2 GSHPs can supply water of 90 °C or even higher. Wang et al. [121] modeled a CO_2 GSHP cycle with a U-tube ground HX and found that it could achieve an equivalent performance as that of the conventional R134a and R22 HP cycles. Moreover, use of an expander yielded the COPs of 5.5 and 5.9 in the summer and the winter, respectively, which were higher than a baseline CO_2 GSHP system without the expander. Kim et al. [32] presented a similar steady-state simulation of a CO_2 geothermal HP using an IHX described in part 3.5.

In contrast to the common horizontal HX GSHP, Nejad et al. [120] modeled a steady-state two-phase CO₂ filled vertical borehole (Figure 6) that could be used as a direct-expansion evaporator for a ground coupled heat pump (GCHP) during the heating mode. The study analyzed the thermal performance of the borehole along with the effect of pressure, temperature, and quality of CO₂ on the performance, and compared the results with a single-phase borehole system. The simulation results indicated that the two-phase HTC of CO₂ is exceptionally conducive for greater heat extraction from the borehole. This is due to, at a relatively small variation in CO₂ temperature (0 °C to -1.8 °C), a large amount of energy is available because of the large latent heat of vaporization. However, the temperature variation in the single-phase region was significantly high (maximum of 6.3 °C), which leads to a relatively low heat extraction. This study also suggested that a transient heat transfer model along with the steady-state model is essential for understanding the dynamic behavior of the borehole since the borehole wall temperature decreases with time. Additionally, a solar assisted GSHP was simulated by Emmi et al. [131] for cold climates, and it showed that the integration of solar energy helped to recharge the ground in the long run, and thus increased the HP efficiency by 30%. Most importantly, the borehole HX's size could be reduced while ensuring the same seasonal COP.



Figure 6. Schematic presentation of a vertical geothermal borehole. Reproduced with permission from [120]. Elsevier, 2014.

4.2. Hybrid Heat Pump Systems

Interest in hybrid systems has grown over time due to the necessity of employing sustainable renewable energy sources. To meet the energy demand for residential and commercial heating/cooling as well as hot water dependent applications, researchers have not only developed novel hybrid systems but also suggested improvements for the existing system configurations.

Use of low-grade heat sources such as solar energy as an auxiliary energy source integrated with a HP to obtain net zero energy balanced (nZEB) has been considered and explored by many researchers. A solar assisted CO_2 HP is typically more energy efficient than baseline HPs. Chen et al. [132] experimentally demonstrated that a solar assisted CO_2 HP for space heating could attain an attractive COP of 13.5 and reduce the electricity consumption by 53.6% when compared to a baseline CO_2 HP under typical test conditions. In this study, a numerical model was formulated to analyze the effects of HP components on the performance, while a multi-parameter optimization was performed to minimize the electrical consumption considering the influence of storage and operation tanks.

Faria et al. [122] developed a dynamic mathematical model to investigate a CO_2 HP (Figure 7) integrated with a flat plate collector (solar evaporator) and expansion valve assembly under both the steady state and transient conditions. The model is a useful tool particularly when HP operates under various operating conditions that include solar radiation, ambient temperature, and wind speed. They reported that adjusting the expansion valve opening had a noticeable effect on the system's performance. If the CO₂ is heated to a high DSH, HP's performance drastically decreased because the DSH reduced the boiling region, which consequently increased the dry area. This resulted in a low convective coefficient value. They recommended that, for a CO₂ driven HP with a solar evaporator, the use of an EEV is essential to continuously adjust the CO_2 flow to the evaporator in order to maximize the system's performance. Unlike Faria et al.'s design [122], a U-pipe solar collector was utilized as the evaporator in Islam et al.'s work [133], which showed that the system COP could be improved by an average of 57% with a compressor speed decrease from 1500 to 900 rpm. They found that the collector efficiency was in the range of 50% to 55%. Though the initial cost of the U-pipe solar collector HP systems is relatively higher when compared to the non-focusing collectors, the system can be a better prospect in the future for thermal applications since such a system is environmentally benign.



Figure 7. Schematic representation of the experimental device. Reproduced with permission from [122]. Elsevier, 2016.

Deng et al. [134] carried out a comparative study of a novel air-cooled solar assisted CO_2 HP and an ideal vapor-compression CO_2 HP. The hybrid HP integrated a conventional CO_2 HP with a solar thermal driven absorption chiller, which was used to super-cool CO_2 in a vapor-compression loop when working fluid leaves the gas cooler. Simulation results showed that the cooling performance could improve with an increased super-cooling temperature difference. The cooling COP reached 3.8 at the super-cooling temperature difference of 7.7 °C. Additionally, the hybrid system was found to reduce the power consumption at about 19% compared to a conventional CO_2 HP without the absorption chiller. Further experimental work [134] showed that, using such a hybrid system, 58% of the total energy consumed per year in nZEB apartments could meet the demand for HVAC and domestic hot water (DHW).

Given that the thermophysical properties of a refrigerant play an important role in dictating the HP performance, CO_2 has been compared with other conventional refrigerants in hybrid solar HPs. Li et al. [123] presented a simulation on a hybrid solar assisted HP using R134a, R744, and R22 for water heating in a residential apartment. The results showed that the given ambient temperature ranged from -5 to 13 °C while R744 attained a higher COP compared to R134a and R22. However, R134a attained the maximum COP when the ambient temperature was above 13 °C, while CO₂ HP attained a low cooling efficiency under all operating conditions. Cho et al. [124] presented a similar study on a hybrid HP system using R744 and R22, and found that, during sunny days, COPs for both R744 and R22 were higher by 20% compared to cloudy days. However, concerning the second law efficiency, the R22 system had a 6.2% higher efficiency compared to the R744 due to the higher irreversibility and performance sensitivity of the R744 system. Additionally, Chaichana [125] assessed the use of natural working fluids-Carbon dioxide (R744) and Ammonia (R717) in solar boosted HPs and compared them with the HP using Chlorodifluoromethane (R22). The study concluded that choosing R744 for HP applications would not be an appropriate choice due to its low critical temperature and high working pressures, which leads to a low COP. Instead of R744, R717 was suggested as a potential natural working fluid for solar boosted HP operation due to its similar performance to R22.

4.2.2. Hybrid Geothermal

To further improve the performance of CO_2 HP and increase the energy saving potential, hybrid geothermal HP systems with a secondary heat source/sink such as solar energy, ambient air, or water has been studied. Jin et al. [126] theoretically analyzed a hybrid GCHP system, which utilized a combination of ambient air and ground boreholes as the heat sink for cooling mode, while only boreholes were engaged as the heating source during the heating mode. The system used two separate gas coolers known as the air-cooled gas cooler and the water-cooled gas cooler for the heat rejection process to take advantage of the large temperature glide. An optimal control strategy was developed for the gas cooler to minimize the annual ground thermal imbalance depending on the desired cooling COP and the heat rejected to the ambient air. The results showed that both heating and cooling performance of the CO₂ hybrid GCHP improved when compared to its baseline ASHP. Depending on the indoor temperature, the time-dependent COP_{cool} varied from 2.2 to 4.1, while the COP_{heat} varied from 2.53 to 3.15. Jin et al. [127] further extended this study using a reverse CO₂ transcritical cycle for a CO_2 hybrid HCHP system. The system was able to operate under space cooling or heating mode with a simultaneous service water heating. For instance, while operating in the cooling mode, this system could simultaneously provide both space cooling and hot water supply. Such an arrangement gives the possibility to eliminate the underground heat accumulation in a warm climate and, thereby, paves a way to enhance the system performance in the long-term operation. The results showed that the combined COP for space conditioning and hot water varied from 3.0 to 5.5 with 65 °C of the service hot water supply.

During the last decade, the hybrid geothermal-solar assisted HPs (GSAHPs) have gained researchers' attention, potentially for both space heating and hot water supply. GSAHP technology has proven to be efficient not only in the warm climate but also in the cold climatic regions. In a cold climate, the HP works mainly in a heating mode, and the ground temperature gradually decreases due to the continuous heat extraction from the ground, which deteriorates the HP performance. Emmi et al. [131] simulated a GSAHP and evaluated its performance in cold climates where the heating and cooling load profiles of buildings were not balanced. The integration of solar collector with the HP was found to enhance the efficiency by 30% with the COP ranging from 3.59 to 4.70 for different seasonal conditions. In a real application of CO_2 HP, the actual system performance and reliability depend on operating characteristics rather than only on the design conditions. Kim et al. [128] investigated the performance of a CO_2 hybrid GSAHP under different operating conditions such as operating temperature and solar

radiation. The results showed that changing the operating temperature from 40 °C to 48 °C resulted in about a 20% increase in the compressor pressure ratio, which caused an increase of the compressor power consumption from 4.5 to 5.3 kW. Additionally, with the rise in daily solar radiation from 1.0 to 20 MJ/m², the heat in the collector increased by around 50%. It was suggested to consider the operational characteristics and design parameters while designing a CO₂ GSAHP to increase system reliability and reduce energy consumption.

5. CO₂ Heat Pump Applications

 CO_2 HPs are environmentally-friendly and energy-efficient, which makes them popular for various applications such as hot water production, space heating, and dehumidifying (drying). Moreover, a single CO_2 HP unit can be utilized to serve for multiple purposes such as simultaneous heating and cooling. In this section, a comprehensive overview is presented on recent developments in CO_2 HPs for different applications.

5.1. Water Heating

Roughly one-half of the households in the USA use natural gas and one-third use electricity for space heating, which accounts for two-thirds of the utility bill in a typical US house [130]. Water heating accounts for roughly one-fifth of the energy consumption in a typical residential building in the USA [130]. Hence, water heating is the main purpose of a CO_2 HP for providing both service hot water and space heating. Based on the heat transfer performance of each component in a CO_2 HP water heater, Yamaguchi et al. [21] carried out a numerical simulation showing that the maximum attainable COP was 3.6 for a given water inlet temperature of 8 °C and an outdoor air temperature of 44 °C. The effects of the inlet water temperature and outside air temperature on the system characteristics were analyzed in the study. The study concluded that the CO_2 HP water heater instead of an electric or gas water heater can lead to a significant reduction in the primary energy consumption. In addition, a CO₂ HP water heater (HPWH) prototype [135] is being developed in Oak Ridge National Laboratory (ORNL) [136], which meets ENERGY STAR standards [137] for HPWHs at a low cost. The main design feature is that the prototype uses an optimized wrap-around gas cooler (roll flexible HX) instead of an external HX. Unlike the external HX, with a wrap around HX, no fouling can occur and there is no need for a pump to drive the flow. ORNL estimated that the CO₂ HPWH can reduce energy use by 0.8 quads a year, whereas the annual energy consumed by electric water heaters are approximately 1.38 quads.

Tammaro et al. [138] compared two air-to-water natural refrigerant HPs including one that utilized CO_2 and the other used propane as the refrigerant. The results suggested that propane offers better energy savings when used in large HP systems for sanitary hot water production in warm and average climates. However, under cold climates, both delivered a similar energy performance. Similarly, Saikawa et al. [139] carried out a thermodynamic analysis of an HP using the fluorocarbons and natural refrigerants. The theoretical study illustrated that, among all the refrigerants tested, the CO_2 HP had the highest COP and the theoretical limit was 6.0 from a technical viewpoint. They developed a prototype for residential hot water production, which could attain a COP of 3.0, and emphasized on an energy recovery in the expansion process and the efficiency improvement of the compressor and HXs to further improve the prototype's COP.

5.2. Drying

In a CO₂ HP, cooling capacity can be utilized to dehumidify the moistened air, while the heating capacity heats the cold air. Klocker et al. [140] experimentally studied a CO₂ HP dryer and compared its performance with a conventional electric resistance dryer. The results showed that the CO₂ HP dryer could reach a temperature of about 60 °C whereas the typical electric resistance dryer could reach up to 130 °C. One advantage of reaching a low temperature is that the temperature sensitive merchandises' safety can be preserved. Moreover, for the compressor with a larger heat capacity, the drying time

was shorter, and the system COP was higher due to the lower discharge pressure of the compressor. This HP dryer was found to be 65% more energy-efficient as compared to an electric resistance dryer. Schmidt et al. [141] thermodynamically compared a transcritical CO₂ dehumidification cycle with a subcritical R134a cycle for drying purposes, and found that the two cycles could be energetically equivalent if a better isentropic efficiency of compression can be achieved in the CO₂ cycle. Henceforth, the CO₂ is the effective candidate for its environmental concern.

5.3. Cold Climate Heating

HPs' heating performance diminishes with the ambient temperature decrease, and specific modifications are required for energy efficient performance in cold climates. The ASHP loses efficiency in a low outdoor temperature due to frost formation on the evaporator coil, while GSHP COP reduces in cold climates due to a soil thermal imbalance in long-term operation. The HP compressor suffers premature wear and tear in cold climates due to load imbalance at a low ambient temperature. Moreover, the required high initial cost limits the use of HPs in cold climates.

Many studies have contributed to enhancing HP performance in a cold climate. As such, Wang et al. [72] experimentally studied a CO_2 HP for cold climate operation and found that the HP could achieve a COP of 3.1 at the outdoor temperature of -20 °C (Figure 8). However, integration of a secondary loop cycle in the system increased the gas cooler outlet temperature and reduced the COP by 19% compared to a CO₂ HP without a secondary loop. Hakkaki-Fard et al. [142] found that the 80/20 R32-CO₂ zeotropic mixture could enhance the heating performance of an ASHP in cold climates by 30% compared to an R410a system. The zeotropic mixture could also reduce the flammability of R32 and the CO_2 pressure in the operation. They reported R32-CO₂ is the best-suited refrigerant mixture for the cold climate among all the mixtures tested. In another study, Hakkaki-Fard et al. [143] found a variable mixture of the R32-CO₂ refrigerant, which could save up to 23% energy in a cold climate while reducing GWP by 16%. Other than research studies, several split type systems are commercially developed to provide smooth operation in severe climate conditions. The split-system components are robust and can operate in any given climate. Such a CO2 split HP can lead to an efficiency of up to 400% [144], and it also can generate hot water up to 80 °C whereas its effective operation temperature at the evaporator can be as low as -30 °C. Although there are several commercial split-systems available in the Asian and European market (e.g., Sanyo [145]), only the Sanden's SANCO₂ split-system HPWH [146] is available in North America. Mitsubishi is also developing such a CO₂ HP system for residential applications [144].



Figure 8. Effects of indoor and outdoor air inlet temperatures on COP. Reproduced with permission from [72]. Elsevier, 2016.

5.4. Food Processing

The food processing industry consumes a major portion of energy, and the consumptions are growing rapidly. Brush et al. [147] reported that about \$1.5 billion per year is spent only by the dairy food processing industry on fuel and electricity in the U.S. while the fruit and vegetable processing industry spends around \$800 million. Liu et al. [148] studied the energy savings and economics of CO_2 and NH_3 driven HPs in the food processing industry for heating and cooling applications and reported that using CO_2 and NH_3 HPs could have an annual saving of 32% in food pasteurization, 44% in beer brewing, and 35% in fluid milk processing. Singh et al. [149] simulated a CO_2 HP that uses waste heat from an NH_3 refrigeration plant where the evaporator of the CO_2 HP was coupled with the condenser of the NH_3 -based refrigeration system. In this system, the CO_2 HP was used to preheat water up to 70 °C. The results showed that about 33.8% energy could be saved along with 45.7% CO_2 emission reduction, which leads to a relatively short payback period of 40 months.

6. Conclusions

A comprehensive review of the advances in CO_2 HP systems and their applications are presented in this paper. Unlike CFCs/HFCs, CO_2 has no regulation liability because of its insignificant GWP, and, thermodynamically, the use of CO_2 as a working fluid is a feasible option in a transcritical cycle, as shown in the comparison between the subcritical and transcritical cycles.

Research has been playing a pivotal role in developing functional designs for HXs, expansion devices, and compressors to suit the CO₂ transcritical process. Most of the recent studies focus on the lightweight and compact HX designs since the two-phase and supercritical heat transfer of CO₂ is found to be enhanced in compact HXs. In case of finned tube HXs, a slit fin showed a higher HTC for both the air-side and refrigerant-side. The use of IHX has been suggested while using an expander as the expansion device since the IHX promotes subcooling of liquid refrigerant at the expense of superheating of the vapor entering the compressor. The energy efficiency can be improved using a two-stage double-throttling system for a severe evaporating temperature of -30 °C. In addition, the adjustable ejector and EEV as an expansion device was found to enhance the system COP compared to the fix-geometry expansion devices. To reduce the vapor mixture losses, studies have been carried out using multi-stage compressor equipped with an intermediate gas-injection mechanism. The two-stage transcritical cycle using a semi-hermetic reciprocating compressor coupled with an intercooler is a very promising technology. However, future research studies should better address the irreversibility in the components especially in the expansion process. The use of adjustable and multi-stage compression need to be thoroughly investigated along with two-stage compression.

In order to further improve the performance of the CO_2 HP system, research also integrated renewable energy sources, other working fluids, and advanced control with a CO_2 system. The CO_2 GSHP cycle showed an equivalent performance as that of the conventional R134a and R22 HP cycles. Solar assisted CO_2 HP could attain an attractive COP of 13.5 and reduce the electricity consumption by 53.6% compared to a baseline CO_2 HP. The use of CO_2 in refrigerant mixtures has shown to improve the heating and cooling performance. The 60% CO_2 -propane mixture could yield similar performance to R134a. The 80/20 R32-CO₂ zeotropic mixture could enhance the heating performance of an ASHP in cold climates by 30% compared to an R410a system. In addition, advanced control strategies were proposed to optimize the CO_2 HP performance by controlling the high side pressure and gas cooler outlet temperature.

In terms of application, CO_2 HPs' applicability in a cold climate and their ability to provide the high- temperature hot water has made them one of the most promising technologies for the residential as well as industrial sectors. The CO_2 HPs operating in cold climates can achieve a COP of 3.1 for an outdoor temperature of -20 °C. The commercial CO_2 split-system can generate hot water up to 80 °C whereas its effective operating temperature can be as low as -30 °C. A CO_2 HP with simultaneous heating and cooling can achieve a combined COP of 8.0 and provide hot water as high as 90 °C and chilled water as low as -9 °C. Nevertheless, in a cold climate, CO_2 HP's COP is comparatively low. With further effort, it is expected that CO_2 HP would become a viable alternative that is acceptable worldwide for various applications with a low cost, high performance, and a positive environmental impact.

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Abbreviations

CFC	Chlorofluorocarbons
HFC	Hydrofluorocarbons
GWP	Global warming potential
COP	Coefficient of performance
ODP	Ozone depletion potential
IHX	Internal heat exchanger
HX	Heat exchanger
HTC	Heat transfer coefficient
DSH	Degree of superheat
MCHX	Microchannel heat exchanger
FGB	Flash gas bypass
CDP	Compressor discharge pressure
HEM	Homogeneous equilibrium model
EEV	Electronic expansion valve
ASHP	Air source heat pump
ESC	Extremum seeking control
WSHP	Water source heat pump
GSHP	Ground source heat pump
GCHP	Ground coupled heat pump
nZEB	Net zero energy balanced
GSAHP	Geothermal-solar assisted heat pump
HPWH	Heat pump water heater

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