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# Assessing the Ecological Carrying Capacity Based on Revised Three-Dimensional Ecological Footprint Model in Inner Mongolia, China

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Abstract: Under the concept of green development, accurately mapping ecological carrying capacity to effectively evaluate regional sustainability has already become an important issue in China. This study introduced ecological carrying capacity intensity (EC<sub>intensity</sub>) based on the revised three-dimensional ecological footprint (3DEF) model to describe the temporal-spatial patterns of three-dimensional ecological carrying capacity (EC<sub>3D</sub>) in Inner Mongolia in 2010–2016 and to explore factors affecting socioeconomic sustainable development. The results showed that ecological footprint size (EF<sub>size</sub>) differed between cities/leagues but changed little during the study period. Ecological footprint depth (EF<sub>depth</sub>) far exceeded the original value of 1.00. Ecological carrying capacity (EC) varied in cities/leagues, while EC<sub>intensity</sub> increased slowly with stronger potential for regional development. Three-dimensional ecological deficits (ED<sub>3D</sub>) of cities/leagues were divided into five categories: Hohhot, Hulunbuir and Banyannur were in larger ecological surplus; Hinggan was in slight surplus; Baotou, Chifeng, Tongliao, Ulanqab, Xilin Gol and Erdos were in slight deficit; Wuhai was in stronger deficit; and Alxa was in severely intense deficit. Woodland of cities/leagues was continuously in slight ecological surplus, while cropland and grassland had crucial impacts on deficit. There was a significant positive linear correlation between gross domestic product (GDP) and footprint, while a negative correlation was seen with deficit. These results would help coordinate resource utilization and industrial structure adjustment in Inner Mongolia.

**Keywords:** ecological footprint size; ecological footprint depth; ecological carrying capacity; ecological carrying capacity intensity; three-dimensional ecological carrying capacity; Inner Mongolia Autonomous Region

# 1. Introduction

With the acceleration of industrialization and urbanization, population expansion, resource shortage, environmental pollution and ecological destruction have become prominent in recent decades. With harsh natural conditions, fragile ecological status and frequent human activities, there are more environment problems in Northwest China, which limit the regional socioeconomic sustainable development. The ecological footprint (EF) model proposed by Wackernagel [1,2] provides an effective tool to assess regional sustainable development and has been widely applied by scholars. On the demand side, EF represents the natural capital and ecosystem service requirements of a given population in terms of biologically productive areas. The area of EF depends on the population size, material living standards, ecological productivity and technology level [2]. Correspondingly, on the

supply side, ecological carrying capacity (EC) represents the renewing ability of ecosystems to produce useful biological materials and to absorb wastes generated by humans using current management and technologies. Herein, the total area of biologically productive land that can provide this ability for a specific population is calculated as EC. EF and EC can be directly compared as they are measured in the same units. 'Ecological surplus' (ES) refers to the case where EF is lower than EC. In this case, we can export surplus resources to promote regional economic growth. Conversely, overshoot that occurs is called 'ecological deficit' (ED). Under this circumstance, sustainable development can only be maintained by importing resources or consuming local natural capital stock.

EF models have been continually modified for various purposes [3]. Net primary productivity was integrated into an EF model by Venetoulis [4] to refine EF rather than using agricultural productivity. Gernot [5] modified an EF model with the substitution of fossil energy by renewable energy carriers for assessing sustainable energy supplies. An emergy-based EF framework was proposed regarding the ability of environmental services to mitigate or eliminate impact of emissions [6]. Field surveys were carried out in rural areas based on an EF model in Reference [7]. Researchers combined an EF model with pinch analysis to devise the optimal energy mixes and quantify environmental pressures for decreasing the carbon footprint [8]. EF and EC were evaluated and predicted based on the grey model to provide effective inspiration for reducing ED in the Yangtze River urban agglomeration [9]. Monfreda [10] established national natural capital accounts based on detailed EF and EC assessments by using more comprehensive data. The current means of EF accounting could not represent resource depletion associated with resource flows [3].

Natural capital is the resource stock that yields flows of natural services and tangible natural resources to serve human needs. Ecological footprint size (EF<sub>size</sub>) and ecological footprint depth (EF<sub>depth</sub>) were introduced into the three-dimensional ecological footprint (3DEF) model by Niccolucci [11,12] to distinguish the natural capital flows and stocks. Fang et al. [13,14] introduced the 3DEF model to China and made optimizations to resolve the mutual offset problem of different land uses. They also introduced two indicators, namely capital flow occupancy rate and stock flow utilization ratio and evaluated the natural capital utilization of 11 countries. These two modified indicators were selected to represent the provincial pattern of China's natural capital use and then cluster analysis was conducted to classify provincial regions. Li et al. [15] developed an ecological footprint contribution index to evaluate the ecological security of the typical prairie in China. Du et al. [16] observed that all 13 cities in the Beijing–Tianjin–Hebei urban agglomeration showed ecological deficits and that EF<sub>depth</sub> was affected by the quantity and structure of energy consumption. Peng et al. [17] presented a multidimensional 'ecology–equity–efficiency' framework using the Gini coefficient of EFsize and variation coefficient of EFdepth to characterize the equality of capital flow consumption and capital stock occupation in Beijing. The occupation of regional natural capital flows and stocks and differences between land types in other regions were calculated and estimated based on 3DEF coupled with other prediction models [18–20]. The driving factors of  $EF_{size}$  and  $EF_{depth}$ were also revealed and the relationship between economic development and EF was explored [18,20]. The 3DEF model was found to be more accurate for depicting regional development, while economic level and energy consumption had substantial impacts on the footprint.

According to the National Footprint Accounts, humanity's EF initially surpassed the Earth's biocapacity in the early 1970s and recent results indicated 64% overconsumption in 2012 [21]. Current research showed that ED continued in past decades, causing a global overshoot and potentially leading to a depletion of the underlying natural stocks [11,22]. The EF fails to recognize factors such as consumer preferences and property rights which have a major influence on the allocation and sustainable use of resources. EF is not simply linearly correlated with economic development [18,23] and EF demonstrates robust influence on foreign direct investment. International trade blurs the responsibility for the ecological effects of production and consumption [24]. The environmental Kuznets curve displays different tendencies for developed and developing regions [25,26]. A bidirectional causality link between economic growth and EF was found to have

a U-shaped Kuznets curve for China [25]. Rashid et al. [27] evaluated the living style standards through questionnaires to calculate EF and found that urbanization in Pakistan was moving away from sustainable development. The impact of the affluence and technology on regional EF could not be ignored. The innovation activity and the degree of economic freedom would have a significant direct influence on the variability of EF [24,28], while the conventional model may overestimate ED during rapid socioeconomic development. Over the course of human history, our lifestyles and concepts have changed along with institutions and culture, while the traditional EC is productivity and carrying capacity represented in the past and present. We should take into account physical senses, psychological perceptions, socioeconomic perspectives, process risk and associated aspects alongside natural elements in working toward sustainable development [29]. Science and technology constitute a primary productive force. The regional sustainable development is coupled with potential from social capital as well as natural capital [30,31]. Thus, the actual EC is difficult to measure or evaluate. This confuses the resource consumption threshold within the planetary boundaries [32]. No studies have yet overcome this deficiency. Multiplicative-innovation synergies arise from combining greater proportions of diverse technologies and their effects have longer duration [33,34]. Therefore, we introduced

one multiplicative technological factor, namely ecological carrying capacity intensity (EC<sub>intensity</sub>), to represent the potential of regional carrying capacity more accurately. The EF and EC of the Inner Mongolia Autonomous Region (IMAR) were calculated using resource and environmental data based on an EF model. We calculated the three-dimensional ecological

and environmental data based on an EF model. We calculated the three-dimensional ecological carrying capacity ( $EC_{3D}$ ) during the period of 2010–2016 to improve the accuracy and reliability of EC. Meanwhile, the supply and demand of different land types were described, the relationship between ecological deficit and economy was analyzed and the limiting factors affecting carrying capacity were explored. The results could provide basic data support for industrial structure adjustment and ecological redline identification for regional development planning and management.

This paper is organized as follows: Section 2 describes the study area, Inner Mongolia. Section 3 introduces materials and revised methods, including data sources, the construction of the  $EC_{intensity}$  and the revised three-dimensional ecological footprint model. Section 4 presents results of the temporal–spatial patterns of the three-dimensional ecological footprint, carrying capacity and surplus/deficit in 12 cities/leagues. Analysis of factors influencing  $EF_{size}$ ,  $EF_{depth}$  and  $EC_{intensity}$  are discussed comprehensively in Section 5. Finally, conclusions and proposed future work are presented in Section 6.

#### 2. Study Area

IMAR is located in the northern frontier of China, extending from the northeast to the southwest. It has nine cities: Hohhot, Baotou, Wuhai, Chifeng, Tongliao, Erdos, Hulunbuir, Ulanqab and Banyannur; and three leagues: Hinggan, Alxa and Xilin Gol (Figure 1). The total land area is 1.183 million square kilometers, accounting for 12.3% of the country's total area. At the end of 2017, the permanent population of the whole region was 25.286 million, of which the urban population was 15.628 million. Per capita arable land, grassland, forest area and mineral resources rank among the top of regions of China and it is an important source of energy and raw materials in China. In 2017, 11,701 patents were applied for and 6271 patents were granted. The region's GDP reached 1610.32 billion yuan with an increase of 4.0% over the previous year calculated at comparable prices. The GDP contributions of the three main industries were 10.2%, 39.8% and 50.0%, respectively [35].



Figure 1. Location of study area.

## 3. Materials and Methods

## 3.1. Materials

This research used primarily socioeconomic data mainly from the Inner Mongolia Statistical Yearbook 2011–2017, Food and Agriculture Organization of the United Nations and Agrotechnical Economics Manual (Revised). The data calculated for EF herein included biological resource and energy consumption (Table 1). The biomass products were specifically agricultural products, animal products, forest products and aquatic products; energy resources included coal, oil, gasoline, natural gas, electricity and so forth. These indicators were chosen according to the actual conditions in IMAR based on the World Wide Fund for Nature or World Wildlife Fund classification criteria. The selected data covered most of the components needed for ecological footprint accounting. All biomass was calculated by production volume and energy was calculated by consumption to conform to true ecological pressure status. Thus, the import and export adjustment were not included herein.

**Table 1.** Biological and energy resource data selected for model calculation in the Inner Mongolia

 Autonomous Region (IMAR).

<b>Biological Products/Energy Consumption Items</b>	Land Categories	
Cereals, tubers, beans, oil-bearing crops, pork, poultry eggs	Cropland	
Beef, mutton, milks, sheep wool, goat wool, cashmere	Grassland	
Honey, wood, fruit	Woodland	
Aquatic products	Water area	
Coal, coke, crude oil, gasoline, kerosene, diesel oil, fuel oil, natural gas, electricity	Construction land	

The EF of all items were classified into 5 land types: cropland, grassland, woodland, water area and construction land. Cropland, grassland, woodland and water area all provide a large number of products as mentioned by the conventional ecological footprint model. Fossil energy land is used to account for the land needed for local forests to absorb carbon dioxide. However, it is not just woodland

that can absorb greenhouse emissions; in particular, prairie land is also important in this. Therefore, fossil energy land and construction land were merged into construction land as calculated below. The missing data of cities/leagues were processed and converted as follows. Cropland and grassland EF were calculated according to statistical data of each item; honey and fruit products were distributed according to the proportion of agricultural GDP in each city/league within IMAR and wood according to the proportion of forestry GDP. The aquatic products were distributed according to the proportion of each city/league was calculated as construction land EF. The energy component was directly estimated using standard coal consumption due to detailed data being inaccessible for 12 cities/leagues. Meanwhile, in order to conveniently compare results with other regions, the global average production data in 1993 extracted from the Food and Agriculture Organization of the United Nations was used as the benchmark and the energy component was based on the average calorific value of fossil energy [2,36].

Based on the integrity and accessibility of data, the yearly patent data of 12 cities/leagues were extracted from the SOOPAT website (http://www1.soopat.com/Home/IIndex), while the scientific and technological activities' personnel and research funding were taken from the Inner Mongolia Statistical Yearbook. The calculation of EC<sub>intensity</sub> was based on 1993 data in order to be conducive to model unification.

Land use data were derived from the Land Survey Results Sharing Application Service Platform (http://tddc.mlr.gov.cn/to\_Login). The data were adjusted according to the connotations of EF based on current land use classification. The cultivated land and grassland were categorized as cropland and grassland, respectively. The garden land and forest land were merged into woodland. Urban villages, industrial and mining land and transportation land were merged into construction land. Waters and water conservancy facilities were combined as water area and other land (such as swamps, sands, etc.) would not be considered.

#### 3.2. Methods

EF is herein divided into cropland, grassland, woodland, water area and construction land. Equivalence factors and yield factors are combined to align the measurement units. EC is the amount of land supplied in the study area; ES/ED is the difference when comparing EF with EC to represent the regional sustainability. The traditional EF model is shown below [1,2]:

$$EF = N \times ef = N \times \sum_{i} (ef_i \times r_i) = N \times \sum_{i} \sum_{j} \left(\frac{C_{ij}}{P_{ij}} \times r_i\right)$$
(1)

$$r_{i} = \frac{\sum_{j} (C_{ij} \times \gamma_{ij})}{S_{i}} / \frac{\sum_{i} \sum_{j} (C_{ij} \times \gamma_{ij})}{\sum_{i} S_{i}}$$
(2)

where *N* is the population (cap); *ef* is per capita EF (hm<sup>2</sup>/cap); *i* is land use type; *j* is an item produced or consumed;  $r_i$  is the equivalence factor;  $C_{ij}$  is the production or consumption of *i* and *j* in the study area (kg; m<sup>3</sup>; kW·h);  $P_{ij}$  is the production or consumption of *i* and *j* in the world (kg; m<sup>3</sup>; kW·h);  $\gamma_{ij}$  is the average calorific value of *i* and *j*; and  $S_i$  is the biological production area of *i* in the study area (hm<sup>2</sup>).

The EC is calculated as follows:

$$EC = N \times ec = N \times \sum_{i} (S_i \times r_i \times y_i)$$
(3)

$$y_i = \frac{\sum_j (C_{ij} \times \gamma_{ij})}{S_i} / \frac{\sum_j \left(C'_{ij} \times \gamma_{ij}\right)}{S'_i}$$
(4)

where *ec* is per capita EC ( $hm^2/cap$ );  $y_i$  is the yield factor of *i*;  $C'_{ij}$  is the production or consumption of *i* and *j* in the upper level area (kg;  $m^3$ ; kW·h); and  $S'_i$  is the biological production area of *i* in the upper level area ( $hm^2$ ). Note that the equivalence and yield factors of construction land are adjusted to the sum of 1/4, 1/4 and 1/2 of cropland, woodland and grassland, respectively, according to the actual occupation of the land use type.

Based on the above EF model,  $EF_{size}$  and  $EF_{depth}$  are introduced to represent natural capital flow occupancy and capital stock consumption, respectively. The formulas are as follows [11,14]:

$$EF_{size} = N \times ef_{size} = N \times \sum_{i} \min\{ef_i, ec_i\}$$
(5)

$$EF_{depth} = ef_{depth} = 1 + \frac{\sum_{i} \max\{ef_i - ec_i, 0\}}{\sum_{i} ec_i}$$
(6)

$$EF_{3D} = EF_{size} \times EF_{depth} \tag{7}$$

where  $EF_{size}$ ,  $EF_{depth}$ ,  $EF_{3D}$  are ecological footprint size (hm<sup>2</sup>), ecological footprint depth and three-dimensional ecological footprint(hm<sup>2</sup>), respectively.  $ef_{size}$ ,  $ef_{depth}$  are per capita ecological footprint size (hm<sup>2</sup>/cap) and ecological footprint depth, respectively. Smaller  $EF_{size}$  and larger  $EF_{depth}$  indicate a lower capacity for regional sustainable development.

EC calculated above is representing current productivity not involved in the potential of science and technology. We introduced a new metric, referred to as  $EC_{intensity}$ , to estimate the  $EC_{3D}$  needed to absorb the technology productivity to give more accurate prediction.

$$EC_{intensity} = \sqrt[3]{(1 + \frac{P_k}{P_0}) \times (1 + \frac{M_k}{M_0}) \times (1 + \frac{F_k}{F_0})}$$
(8)

$$EC_{3D} = EC \times EC_{intensity} \tag{9}$$

where  $EC_{intensity}$  is ecological carrying capacity intensity; *k* is the city/league of IMAR; *P<sub>k</sub>*, *M<sub>k</sub>*, *F<sub>k</sub>* are the numbers of patent applications per capita, scientific and tech researcher ratio and funds per capita ratio of R&D in the city/league (*k*), respectively; *P*<sub>0</sub>, *M*<sub>0</sub>, *F*<sub>0</sub> are the numbers of patent applications, scientific and tech researcher ratio and funds ratio of R&D in IMAR (relative to 1993 data), respectively; and *EC*<sub>3D</sub> is three-dimensional ecological carrying capacity.

$$ED_{3D} = EC_{3D} - EF_{3D}$$
(10)

where  $ED_{3D}$  is the three-dimensional ecological deficit, meaning ecological surplus if  $ED_{3D} > 0$  and ecological deficit if  $ED_{3D} < 0$ .

#### 4. Results

#### 4.1. Analysis of Ecological Footprint

## 4.1.1. Ecological Footprint Size and Composition

 $EF_{size}$  represented the capital flow occupancy (Figure 2).  $EF_{size}$  of IMAR representing the region average value showed a downward trend from 4.20 hm<sup>2</sup>/cap to 3.74 hm<sup>2</sup>/cap. The spatial differences between cities/leagues were relatively large and varied little over time, except for Hohhot and Alxa. Due to higher equivalence factors of cropland,  $EF_{size}$  in Alxa League was the highest, decreasing from 64.26 hm<sup>2</sup>/cap to 41.11 hm<sup>2</sup>/cap;  $EF_{size}$  values for Hulunbuir, Xilin Gol, Banyannur and Erdos were also higher than the average of IMAR, with different fluctuation ranges. Others that were lower than the mean value of region indicated less occupation of capital flow. Among them, Hohhot had the largest decline of 44.05%, while interannual fluctuations of Baotou, Tongliao and Ulanqab were relatively small.



**Figure 2.** Ecological footprint size (EF<sub>size</sub>) per capita of cities/leagues from 2010 to 2016 in the Inner Mongolia Autonomous Region (IMAR).

The land use type  $EF_{size}$  values were further analyzed (Figure 3). Cropland  $EF_{size}$  of IMAR constituted the highest proportion, representing 70.43–75.24%; grassland decreased from 21.63% to 16.42%; construction land showed a steady growth trend (6.79–7.98%); woodland decreased rapidly from 0.98% to 0.15%; and the water area stabilized at around 0.20%.  $EF_{size}$  had different proportions of land use in various cities/leagues. Grassland  $EF_{size}$  of Hohhot accounted for the highest proportion and reduced from 79.68% to 68.86%. The dominant land use type with respect to  $EF_{size}$  in Baotou was changed from grassland to cropland in 2014. Similarly, grassland  $EF_{size}$  of Ulanqab still dominated during the study period and it was expected to be replaced by cropland in the subsequent few years. Cropland  $EF_{size}$  in Hulunbuir, Hinggan, Tongliao, Chifeng, Erdos, Banyannur and Alxa accounted for the largest proportion, at around 90.00% and the other land use types had minimal impacts. Grassland  $EF_{size}$  of Xilin Gol accounted for the largest proportion (56.00%), followed by cropland, with an inverted U-shaped trend (33.58%). Excluding a significant proportion (55.70–58.75%) of construction land in Baotou due to its larger built-up area, the other land use types'  $EF_{size}$  varied little over time.



Figure 3. EF<sub>size</sub> composition ratio of cities/leagues from 2010 to 2016 in IMAR.

 $EF_{depth}$  indicated the degree of capital stock consumption. In the 12 cities/leagues,  $EF_{depth}$  values all exceeded the original value of 1.00 (Figure 4). During the study period, the average  $EF_{depth}$  of IMAR reached 7.00, indicating that capital flow was far from meeting the demand and that capital stock was largely occupied.  $EF_{depth}$  differed significantly between cities/leagues, with features reduced from west to east.  $EF_{depth}$  of Wuhai reached up to 71.52 and values for Alxa, Erdos, Baotou and Xilin Gol were all higher than the average of IMAR. The minimum was 2.30 in Hohhot, with more sustainable development relatively. Temporally, Wuhai held the largest  $EF_{depth}$  (50.03–81.15), with a downward trend from 2015, indicating that its stock consumption rate was decreasing while still remaining relatively high. Contrary to the trend of  $EF_{size}$ ,  $EF_{depth}$  in Erdos and Baotou exceeded the average depth of the region and stabilized in recent years.  $EF_{depth}$  of Xilin Gol was inverted with a U-shaped trend, reaching a maximum of 10.79 in 2012.  $EF_{depth}$  in Hohhot was the smallest annual growth rate (13.66%), indicating severely consumed capital stock.  $EF_{depth}$  in Hohhot was the smallest and roughly weakened over time.



Figure 4. EF<sub>depth</sub> of cities/leagues from 2010 to 2016 in IMAR.

## 4.1.3. Three-Dimensional Ecological Footprint

The  $EF_{3D}$  analysis results were further analyzed.  $EF_{3D}$  per capita of Alxa was the highest among the 12 cities/leagues, with an average value of 985.60 hm<sup>2</sup>/cap. Wuhai, Xilin Gol and Erdos surpassed the mean IMAR value of 28.03 hm<sup>2</sup>/cap. Hohhot held the smallest value of 6.07 hm<sup>2</sup>/cap, which was consistent with the spatial distribution of  $EF_{size}$ . Temporally,  $EF_{3D}$  in Alxa decreased from 965.47 hm<sup>2</sup>/cap in 2010 to 901.87 hm<sup>2</sup>/cap in 2013, then rebounded to 986.88 hm<sup>2</sup>/cap, which was determined by  $EF_{size}$  reduction and  $EF_{depth}$  increase;  $EF_{3D}$  of Wuhai and Erdos were on the rise, while the former's rate (10.26%) was much higher than the latter's (4.29%). Xilin Gol first increased and then decreased and reached the highest value of 70.32 hm<sup>2</sup>/cap in 2013. The fluctuation trend was greatly affected by  $EF_{depth}$ . The remaining eight cities/leagues' values were lower than the average  $EF_{3D}$  value of IMAR. The trend of Hulunbuir, Tongliao, Tongliao and Hinggan fluctuated similarly and tended to be flat after steady growth. Hohhot reached a peak of 7.43 hm<sup>2</sup>/cap in 2011 and rapidly dropped to 4.48 hm<sup>2</sup>/cap in 2016 and was the only city with  $EF_{3D}$  decreased due to the reduced  $EF_{size}$ .

#### 4.2. Analysis of Ecological Carrying Capacity

#### 4.2.1. Ecological Carrying Capacity

EC indicated the current carrying capacity of the existing land and the trends were obtained. The per capita EC of IMAR showed a downward trend from 4.69 hm<sup>2</sup>/cap in 2010 to 3.94 hm<sup>2</sup>/cap in 2016. The differences between cities/leagues were remarkable. Temporally, EC of each city/league except Hohhot and Alxa varied little over time. Alxa had the highest value (65.32–41.65 hm<sup>2</sup>/cap), mainly being affected by the large equivalence factors of cropland and construction land and was consistent with the EF<sub>size</sub> curve. EC of cities/leagues were similar to their EF<sub>size</sub> ranking. EC in Hohhot gradually declined from 4.24 hm<sup>2</sup>/cap to 2.17 hm<sup>2</sup>/cap, indicating that its unsustainable state was becoming more severe; Ulanqab and Baotou held the lowest EC, with downward trends. Different cities/leagues held significantly different proportions of land use types. The trend curves of the EC ratios were roughly similar to EF<sub>size</sub>, except for woodland.

## 4.2.2. Ecological Carrying Capacity Intensity

EC<sub>intensity</sub> indicated the potential carrying capacity of resources and social capital. In all 12 cities/leagues, EC<sub>intensity</sub> exceeded the basic value of 1.00, representing higher potential support (Figure 5). This showed that the social capital can help regional development to meet the higher EC. During the study period, the average EC<sub>intensity</sub> value of IMAR reached 5.20, indicating that the potential carrying capacity of IMAR was not yet fully developed. EC<sub>intensity</sub> differed significantly between cities/leagues; the values in central IMAR were higher than others. As the capital and science and education center of IMAR, EC<sub>intensity</sub> in Hohhot reached 10.54, indicating that the potential for the development of current technology had increased by more than tenfold compared to 1993 under the same conditions; the next was Erdos (5.78), being directly related to its GDP ranking and higher patent possession per capita. EC<sub>intensity</sub> of other cities/leagues without obvious variation difference were lower than the regional value. The smallest were Hinggan (2.70) and Ulanqab (2.52), with lower patent ownership, technician numbers and funding, resulting in low technological innovation capacity. With the progress of socioeconomic level, the technological level improved significantly. The overall mean EC<sub>intensity</sub> of IMAR continued to increase from 3.82 in 2010 to 6.65 in 2016. Hohhot had the highest value, rising from 7.80 to 10.54, being much higher than that of other areas with slightly slowing growth rates; EC<sub>intensity</sub> of Baotou rapidly increased from 3.42 to 7.48 and the per capita patent ownership even surpassed that of Hohhot in some years and investment in research funding had also rapidly increased, indicating great potential for regional development; EC<sub>intensity</sub> values of Tongliao, Hulunbuir and Chifeng were relatively close and had similar trend curves; the lowest values in Hinggan (2.06–3.24) and Ulanqab (1.92–3.18) showed a upward trend in line with lower per capita patent ownership and GDP.

## 4.2.3. Three-Dimensional Ecological Carrying Capacity

The EC<sub>3D</sub> results could be divided into three levels. Alxa was much higher than the others (220.05 hm<sup>2</sup>/cap), as influenced by its high EC. Hohhot, Xilin Gol, Hulunbuir, Erdos and Banyannur were distributed in the range of 20.00–40.00 hm<sup>2</sup>/cap and the remaining ones fell into the range of 5.00–10.00 hm<sup>2</sup>/cap. Excluding Hohhot, the spatial distribution of EC<sub>3D</sub> was relatively consistent with EC. Temporally, the EC<sub>3D</sub> of Hohhot reached a peak of 43.68 hm<sup>2</sup>/cap in 2015 and plummeted to 28.61 hm<sup>2</sup>/cap in 2016. Increased EC<sub>intensity</sub> did not reverse the downward trend of EC, resulting in Hohhot being the only city reduced in EC<sub>3D</sub> during the study period; Xilin Gol and Hulunbuir showed a steady growth trend with average annual growth rates of 18.40% and 8.14%, respectively. Erdos and Banyannur experienced a stepwise fluctuation and reached their maximum EC<sub>3D</sub> values in 2016. With no change during the period of 2010–2014, EC<sub>3D</sub> in Wuhai grew rapidly and surpassed Ulanqab due to increasing EC<sub>intensity</sub>.



Figure 5. Ecological carrying capacity (EC<sub>intensity</sub>) of cities/leagues from 2010 to 2016 in IMAR.

## 4.3. Three-Dimensional Ecological Deficit Analysis

 $ED_{3D}$  was further analyzed compared  $EC_{3D}$  with  $EF_{3D}$ . As shown in Figure 6, the green color represents a lower ecological deficit or surplus, while the yellow and red colors represent a higher deficit value. There was no obvious agglomeration effect on the spatial pattern. ED<sub>3D</sub> of Alxa was the highest and the average value reached 765.55 hm<sup>2</sup>/cap. Values for Wuhai, Erdos, Xilin Gol and Baotou exceeded the average value of IMAR (5.70 hm<sup>2</sup>/cap). Chifeng, Ulanqab and Tongliao stayed in deficit, while Hohhot, Banyannur, Hulunbuir and Hinggan possessed a surplus. Temporally, ED<sub>3D</sub> in IMAR decreased from 5.74 hm<sup>2</sup>/cap in 2010 to 3.65 hm<sup>2</sup>/cap, indicating that the sustainability improved but it was still in a deficient state during the study period;  $ED_{3D}$  of Alxa fell from 810.95 hm<sup>2</sup>/cap to 757.52 hm<sup>2</sup>/cap, indicating that it had a tendency to turn deficit into surplus;  $ED_{3D}$  in Wuhai showed a significant increasing trend from 47.74 hm<sup>2</sup>/cap to 86.90 hm<sup>2</sup>/cap, which should be paid more attention. Xilin Gol had a U-shaped trend reaching a maximum of 44.28 hm<sup>2</sup>/cap (2012) and decreasing to 7.89 hm<sup>2</sup>/cap (2016). Hinggan was the only area that reversed deficit into surplus during the research period (2013) and possessed continuous surplus related to abundant natural resources. The surplus of Hulunbuir changed linearly from 5.12 hm<sup>2</sup>/cap (2010) to 1.75 hm<sup>2</sup>/cap (2013) and then rapidly increased to  $12.28 \text{ hm}^2/\text{cap}$  in 2016; Hohhot's surplus was the highest, rising from 26.82  $\text{hm}^2/\text{cap}$  (2010) to 38.48  $\text{hm}^2/\text{cap}$  (2015) but fell to 24.13  $\text{hm}^2/\text{cap}$ , which was related to the very steep decline of  $EC_{3D}$  in 2016.

The land use type  $ED_{3D}$  values were further analyzed. Cropland  $ED_{3D}$  of IMAR constituted the highest proportion, representing 86.93–102.70%. The deficit of cropland in 2015–2016 was even higher than the total deficit, followed by grassland, accounting for 24.66%. The deficits of construction land and water area were small and basically unchanged. Woodland surplus was showing a downward trend (1.79–1.32 hm<sup>2</sup>/cap). The surplus/deficit of land use types between cities/leagues were quite different. All land use types in Hohhot were surplus and grassland surplus was the largest, followed by construction land and cropland.  $ED_{3D}$  of Hinggan turned deficit into surplus in 2014, while woodland held a surplus during study period. The land use types, except for woodland, of seven cities/leagues, namely Baotou, Xilin Gol, Ulanqab, Tongliao, Chifeng, Erdos and Alxa, were insufficient, as influenced by cropland and grassland deficits. Wuhai only held a surplus in 2015–2016. Construction land deficit accounting for the largest proportion (56.61–59.04%) was directly related with high urbanization rate (94.7%).



**Figure 6.** Ecological deficit (ED<sub>3D</sub>) spatial distribution in IMAR.

## 5. Discussion

## 5.1. Analysis of Factors Influencing EF<sub>size</sub>

Herein, GDP<sub>1</sub>, GDP<sub>2</sub> and GDP<sub>3</sub> respectively represent the GDP of primary, secondary and tertiary industry. Abundant resources tend to have higher  $EF_{size}$  with larger GDP<sub>1</sub>.  $EF_{size}$  of construction land, cropland and grassland in IMAR were relatively large, representing high occupancy of natural capital flows. As an important energy base and the main grain-producing area in China, energy consumption (construction land) and mutton (grassland) had large EF, indicating high resource utilization. Mutton production was important to grassland  $EF_{size}$ , reflecting a climate suitable for stockbreeding. There were slight differences in various land use types between cities/leagues. The increases of  $EF_{size}$  in Hinggan and Xilin Gol were explored; the continuously improved yield factors of cropland, being the dominant land use type, were the main factor in Hinggan. Rapid increases of built-up area in Xilin Gol contributed to an increase of construction land  $EF_{size}$ , even with downward equivalence factors, resulting in a steady increase in  $EF_{size}$ . Also, we revised the local equivalence and yield factors in various cities/leagues in order to directly improve accuracy of the results [37].

Population density (POP<sub>density</sub>) in the 12 cities/leagues can be ranked as follows: Wuhai > Hohhot > Baotou > Tongliao > Chifeng > Ulanqab > Hinggan > Banyannur > Erdos > Hulunbuir > Xilin Gol > Alxa. POP<sub>density</sub> changed little during the study period and was significantly negatively correlated with EF<sub>size</sub> in various cities/leagues, as found using SPSS 23 software. Pearson correlation coefficient was -0.294 (Table 2) and the regression equation was most suitable with the power function ( $R^2 = 0.84$ ). Areas with lower POP<sub>density</sub> correspondingly tend to have higher EF<sub>size</sub> per capita. Population concentration should be controlled to improve EF<sub>size</sub>, especially in industrial regions.

Coefficient	EF <sub>size</sub>	EF <sub>depth</sub>	EF <sub>3D</sub>	EC	<b>EC</b> <sub>intensity</sub>	EC <sub>3D</sub>	ED <sub>3D</sub>
GDP <sub>1</sub>	-0.036	-0.639 **1	-0.169	-0.026	-0.200	-0.044	0.201
GDP <sub>2</sub>	0.602 **	0.388 **	0.645 **	0.596 **	0.176	0.595 **	-0.651 **
GDP <sub>3</sub>	-0.014	0.216 * <sup>2</sup>	0.058	-0.020	0.745 **	0.106	-0.044
GDP	0.416 **	0.333 **	0.471 **	0.410 **	0.436 **	0.463 **	-0.467 **
POP <sub>density</sub>	-0.294 **	0.776 **	-0.182	-0.298 **	0.261 *	-0.255 *	0.159

Table 2. Pearson correlation coefficients between GDP/POP<sub>density</sub> and footprint, capacity and deficit.

<sup>1</sup> \*\* Significantly related at the 0.01 level (both sides). <sup>2</sup> \* Significantly related at the 0.05 level (both sides).

 $EF_{size}$  per unit of GDP could be used to characterize the demand of natural capital in the local economy. The relationship between GDP per capita and  $EF_{size}$  per capita was further explored (Table 2). It was found that  $EF_{size}$  was extremely significantly correlated with GDP, with a Pearson correlation coefficient of 0.416. There was no significant correlation with GDP<sub>1</sub> and GDP<sub>3</sub>, while there was a significant positive correlation with GDP<sub>2</sub>, with a still-higher correlation coefficient (0.602). Therefore, the structure of the second industry should be prioritized for improving energy efficiency to increase  $EF_{size}$ .

# 5.2. Analysis of Factors Influencing EF<sub>depth</sub>

Larger EF<sub>depth</sub> indicated that capital stock consumption had intensified and factors affecting the changes in various cities/leagues were explored. Construction land and cropland EF were the dominant sources for the ED. Herein, all energy consumptions were compiled to calculate construction land EF, resulting in the highest  $EF_{depth}$  far exceeding the original value (1.00). Due to high-yield production, especially of grain and lack of sufficient arable land, cropland EF<sub>depth</sub> also contributed a larger proportion of total EF<sub>depth</sub>. Among them, grain (cropland) and mutton (grassland) had higher EF, while the factors affecting the EF<sub>depth</sub> between cities/leagues were slightly different. For Wuhai, Alxa and Baotou, construction land was absolutely dominant in EF<sub>depth</sub>, while croplands had more influence in Hinggan and Tongliao. An analysis of changes in woodland EF<sub>size</sub> and EF<sub>depth</sub> during the period of 2010–2016 revealed a significantly negative correlation ( $R^2 = 0.42$ ). That indicated the achievement of protecting forest resources to improve woodland EC. Construction land EF<sub>3D</sub> and  $EF_{depth}$  changes were significantly positive, with a larger linear regression coefficient ( $R^2 = 0.62$ ), which was consistent with other studies [16,18]. Control of energy consumption can effectively relieve natural capital stock depletion. Energy reduction requires decreasing the amount of energy consumption and optimizing of the energy consumption structure. This essay used energy consumption instead of production to characterize EF in order to be more realistic, while the energy use such as through coal was transmitted to Central China and North China through trade and energy EF was still high in the total amount. Economically developed regions can make up for ED through import. It is difficult to reduce the total amounts of energy needed for social and economic development nowadays. Priority should be given to adjust the industrial structure, improve the utilization of clean energy and improve energy efficiency.

As a new industrial city, Wuhai had a higher energy consumption and its  $EF_{depth}$  was the highest. Xilin Gol and Erdos possess rich mineral resources, such as coal and natural gas; therefore; the resource exploitation is the major driving force for increasing  $EF_{depth}$ . In 2012, the renewable energy microgrid demonstration project and grid-connected photovoltaic power generation project carried out in Xilin Gol were of great significance for energy efficient utilization. The  $EF_{depth}$  was reduced since 2013, with obvious effects of energy saving and emission reduction.

The POP<sub>density</sub> was significantly positively correlated with  $EF_{depth}$ , with the Pearson correlation coefficient reaching 0.776 (Table 2) and regression equation was most suitable with a parabolic polynomial function ( $R^2 = 0.68$ ). Areas with lower or higher POP<sub>density</sub> tended to have higher  $EF_{depth}$  values. It indicated that the medium-density population was most suitable and population concentration should be controlled reasonably, which was similar with compact cities' results [38].

The relationship between per capita GDP and  $EF_{depth}$  was evaluated (Table 2). It was found that  $EF_{depth}$  was positively correlated with GDP and the Pearson correlation coefficient was 0.333.  $EF_{depth}$  was very significantly negatively correlated with the GDP<sub>1</sub>, while being positively correlated with GDP<sub>2</sub> and GDP<sub>3</sub>; Pearson correlation coefficient was 0.388 and 0.216, respectively. The linear regression equation of  $EF_{depth}$  and GDP<sub>1</sub>, GDP<sub>2</sub> and GDP<sub>3</sub> was:  $EF_{depth} = 38.183 - 45.875 * GDP_1 + 1.619 * GDP_2 - 2.211 * GDP_3$  (R<sup>2</sup> = 0.47). It showed that adjusting the industrial structure and reducing the GDP<sub>2</sub> played an important role in reducing  $EF_{depth}$ .

Lower GDP<sub>1</sub> and large GDP<sub>2</sub> indicated that natural resources are scarce and energy consumption is vigorously consumed. Among the cities/leagues, GDP<sub>2</sub> in Wuhai, Alxa, Baotou and Erdos accounted for the highest proportion, which corresponded to high  $\text{EF}_{\text{depth}}$ . Xilin Gol and Erdos have national key coal-fired power bases, reflecting relatively larger  $\text{EF}_{\text{size}}$  and lower  $\text{EF}_{\text{depth}}$ . The rapid economic growth in IMAR was largely due to the rapid development of the secondary industry. Therefore, we should continue to adjust the industrial structure, adhere to the new agricultural and animal husbandry industrialization and urbanization strategies, enlarge and strengthen the dominant industries and constantly upgrade the industrial level to enhance the vitality of economic development.

To further explore the relationship between per capita  $EF_{3D}$  and GDP, a significantly positive correlation was found, with a high Pearson correlation coefficient (0.471) and higher coefficient (0.645) for GDP<sub>2</sub>. The linear regression equation of  $EF_{3D}$  and GDP was:  $EF_{3D} = 2.939 - 59.529 * GDP_1 + 71.34*GDP_2 - 65.169 * GDP_3$  ( $R^2 = 0.58$ ). It showed that improving the primary and tertiary industries would weaken  $EF_{3D}$ . Moreover, the annual GDP<sub>2</sub> change had a significantly negative correlation with  $EF_{3D}$  change, indicating that the rapid growth of the economy contributed to a higher decline rate of  $EF_{3D}$ .

Further analysis of the relationship between  $EF_{3D}$  and GDP during the period of 2010–2016 produced inflection points similar to those in the Kuznets curve (Figure 7). It indicated that there may be an inverted N-type curve between  $EF_{3D}$  and economic development in IMAR, which was different compared with the results of Shandong [18], as proved by the ecosystem services footprint model [39].  $EF_{3D}$  and GDP were negatively correlated when per capita GDP was and GDP were negatively correlated when per capita GDP was <5.29 and >16.37 and possessed an upward trend between 5.29 and 16.37. The decrease in  $EF_{3D}$  in the former was related to energy efficiency improvement and clean energy expansion through high technology levels.  $EF_{3D}$  was continually reduced in the earlier years. When GDP reached a certain level, prospects for improvements in energy efficiency would stagnate, resulting in an increase of  $EF_{3D}$ , while the latter one was more contributed to energy transmission to other regions, such as East China, as discussed above. It should be noted that resources were still being consumed for economic prosperity and this trend could not change in the near future due to the National Energy Strategy. Although the relationship between economy and  $EF_{3D}$  should be verified further, the results still could guide population migration, formulation of industrial policies and rational development of energy in IMAR.



Figure 7. Relationship between per capita EF<sub>3D</sub> and GDP in IMAR.

## 5.3. Analysis of Factors Influencing EC<sub>intensity</sub>

Due to comprising the primary productive forces, the science and technology level has a crucial impact on EC<sub>intensity</sub> besides the natural endowments of the region. The input of human and financial resources is most closely related to the region's economy, science and education and talent policies. This paper selected the input of scientific and technical personnel and funding coupled with patent output to construct the factor. EC<sub>intensity</sub> showed an upward trend during the study period and the capital city of Hohhot had more advantages. The per capita patent ownerships of Baotou, Hohhot and Erdos were the highest, indicating that the technological output capacity was relatively stronger. The proportion of researchers in Hohhot was much higher than in other cities/leagues and the sharp rise of researchers in Xilin Gol in 2014 led to a rapid increase of EC<sub>intensity</sub>, which was directly related to talent policies. As for per capita funding, Hohhot and Baotou showed a steady rise, while Erdos showed a downward trend and the increase rate of investment was slightly lower than that of researchers. From the geographical analysis, it was found that cities/leagues with higher EC<sub>intensity</sub> had a significant industrial location effect related to the concentration of national key laboratories and high-tech zones. Meanwhile, it was related to the promotion of interregional scientific and technological activities. The innovation capability of IMAR will be stronger with implementation of the Medium and Long-Term Talent Development Plan and "Prairie Talents."

Upon further exploration of the relationship between  $EC_{intensity}$  and GDP (Table 2), it was found that  $EC_{intensity}$  was positively correlated with per capita GDP and especially with GDP<sub>3</sub>. It showed that economic prosperity had a positive effect on  $EC_{intensity}$ . Also, it reflected the promotion function of the mutual transformation of economic and technological interaction. Adjusting the industrial structure and increasing GDP<sub>3</sub> plays an important role in  $EC_{3D}$  improvement.

With continuous development and optimization of the EF model, numerous studies have been performed on the relationship between EF and economy. Studies have shown that the economy has a significant impact on  $\text{EF}_{\text{depth}}$  and that drives relationships that can be used to effectively alleviate environmental pressures arising from economic development [40,41]. However, due to the relatively limited number of years selected in the cross-sectional data, the relationship between economic development and  $\text{EF}_{\text{depth}}$  requires further verification, especially considering technological innovation and talent cultivation. The policy formulation of the industrial system toward a sustainable future should be made, taking into account the balance between  $\text{EF}_{\text{depth}}$  and  $\text{EC}_{\text{intensity}}$ .

#### 5.4. Method Comparison and Policy Suggestions

The occupancy ratios of natural capital stock and flow in the study area are identified based on the 3DEF model. The contradiction between resource consumption and supply can be more intuitively represented, which compensates for the shortcomings of the traditional two-dimensional model on human environmental impact assessment. It can reflect laterally that there is still room for improvement in EC when coupled with EC<sub>intensity</sub>. On the one hand, it emphasizes the ecosystem function integrity and quality of land use; on the other hand, it is more directly related to the human production lifestyle. In a certain sense, it corrects the shortcomings of only paying attention to the quantity of land in the traditional model. Compared with previous evaluations of the 3DEF model, developed regions [16,28,40] are more unsustainable, which is inconsistent with the actual nature of the social and economic development, while using net primary production or emergy [6,42] for calculating EF and EC still ignores the impacts of social and economic factors. The introduction of EC<sub>intensity</sub> as part of the carrying capacity plays an important role in reducing the research gap. Essentially, it is the correction of equivalence and yield factors coupling with social components. We hope to work together with scholars to identify the natural EC boundary under the framework of the social–economic–natural complex ecosystem.

Increased carrying capacity for sustainable development should stem from reducing EF<sub>depth</sub> and elevating EF<sub>size</sub> and EC<sub>intensity</sub>. EF<sub>size</sub> is significantly affected by natural endowments, EF<sub>depth</sub> is widely affected by resource consumption and EC<sub>intensity</sub> is largely affected by science and technology. Therefore, it is necessary to correspondingly reduce the energy consumption, optimize the industrial structure and improve the technological innovation ability. Numerous studies have shown that IMAR was unsustainable at the time of research. However, previous studies did not consider the human subjective initiative in social development. This study conducted an empirical study taking the potential productivity of science and technology into account. Gobi-land cultivation systems and rotational grazing systems could be sustainable management tools for IMAR [43,44]. Different farming methods produced different results, particularly in the carbon footprint, besides grain production and soil carbon storage [45]. As an example, semi-intensive pond farming is more sustainable than intensive cage farming in Lake Kariba [46]. When promoting the economy, each city/league should engage in development opportunities and optimize industrial and energy structures based on local conditions. For instance, Hulunbuir and Xilin Gol should implement the guiding concepts 'lucid waters and lush mountains are invaluable assets' based on their current natural resources in order to maintain carrying capacity.

## 6. Conclusions

Using the revised 3DEF model, we calculated the per capita  $EF_{size}$  and  $EF_{depth}$  of 12 cities/leagues in IMAR in 2010–2016 and analyzed the factors influencing these values.  $EC_{intensity}$  was introduced when calculating  $EC_{3D}$  as a potential intensity for sustainable development to avoid excessively conservative estimates. In different cities/leagues, the results indicated a state of ecological surplus/deficit; most of them held relatively high ecological pressure, even considering the potential productivity of technology.  $EF_{depth}$  and  $EC_{intensity}$  all sharply exceeded the original value of 1.00. Capital flow deficit led to heavy capital stock consumption, while technological innovation could improve potential carrying capacity. Resource overutilization continued even with the high technological level in eight cities/leagues in Midwest Inner Mongolia. The surplus/deficit was determined by population density, industrial structures and scientific and technological level besides natural endowment. Meanwhile, based on the spatial scale of the city/league, it is more appropriate to focus on the interregional trade adjustment and industrial upgrading than to evaluate a provincial administrative region separately. The revised model emphasizes the subjective initiative of human beings, which explains to some extent that the sustainability of cities is superior to rural areas, which is obviously more in line with the reality of social and economic development. The results can support decision-making regarding the distribution and regulation of urban populations, industrial layout and economic policy in regions such as IMAR.

The inventory and driving factors for  $EC_{3D}$  should be further studied. Scientific and technological activities in enterprises accounted for about half of the related industry in IMAR, as we constructed  $EC_{intensity}$  only using the government's personnel and funds. There still remains a problem regarding accessing the data in common databases which would be beneficial to apply to other regions with essential datasets. It is necessary to establish the EF inventory and more accurate results of  $EC_{3D}$  should be estimated with long-time series data. Simultaneously, spatial correlation characteristics need to be further analyzed. The global effects of material circulation, energy transmission and information exchange must be considered. It is difficult to identify the dynamic source and sink relationship of each city/league due to the inaccessibility of internal and external trade data. Generally, as the developed animal husbandry and key national energy base, IMAR plays an important 'source' role for other regions. The results are significant for the rational allocation of resources, optimization of industrial structures and promotion of socioeconomic development to achieve harmony between nature and human beings.

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## Nomenclature

Acronyms	
EF	ecological footprint
EC	ecological carrying capacity
ES	ecological surplus
ED	ecological deficit
EF <sub>size</sub>	ecological footprint size
EF <sub>depth</sub>	ecological footprint depth
EF <sub>3D</sub>	three-dimensional ecological footprint
EC <sub>intensity</sub>	ecological carrying capacity intensity
EC <sub>3D</sub>	three-dimensional ecological carrying capacity
ED <sub>3D</sub>	three-dimensional ecological deficits
GDP	Gross Domestic Product
$GDP_1$	GDP of primary industry
GDP <sub>2</sub>	GDP of secondary industry
GDP <sub>3</sub>	GDP of tertiary industry
POP <sub>density</sub>	population density
IMAR	Inner Mongolia Autonomous Region

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