

Review

# Ammonium Utilization in Microalgae: A Sustainable Method for Wastewater Treatment

Giovanna Salbitani \*  and Simona Carfagna

Dipartimento di Biologia, Università di Napoli Federico II, Via Cinthia 21, 80126 Napoli, Italy; simcarfa@unina.it

\* Correspondence: giovanna.salbitani@unina.it

**Abstract:** In plant cells, ammonium is considered the most convenient nitrogen source for cell metabolism. However, despite ammonium being the preferred N form for microalgae, at higher concentrations, it can be toxic, and can cause growth inhibition. Microalgae's tolerance to ammonium depends on the species, with various taxa showing different thresholds of tolerability and symptoms of toxicity. In the environment, ammonium at high concentrations represents a dangerous pollutant. It can affect water quality, causing numerous environmental problems, including eutrophication of downstream waters. For this reason, it is important to treat wastewater and remove nutrients before discharging it into rivers, lakes, or seas. A valid and sustainable alternative to conventional treatments could be provided by microalgae, coupling the nutrient removal from wastewater with the production of valuable biomass. This review is focused on ammonium and its importance in algal nutrition, but also on its problematic presence in aquatic systems such as wastewaters. The aim of this work is to provide recent information on the exploitation of microalgae in ammonium removal and the role of ammonium in microalgae metabolism.

**Keywords:** ammonia; ammonium assimilation; extremophiles; microalgae; wastewater



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## 1. Introduction

Microalgae are single-cell photosynthetic organisms, ranging in size from a few  $\mu\text{m}$  to a few hundred  $\mu\text{m}$ ; they are considered the greatest primary producer of any aquatic ecosystem. Although over 300,000 microalgal species exist, only around 30,000 have been studied or documented [1]. Phylogenetically, microalgae include many different groups, existing in various aquatic and terrestrial habitats, and are tolerant of a wide range of temperatures, salinities, pH values, and different light intensities. Therefore, they represent a huge group of organisms that can live in an extensive range of environments.

Recently, microalgae have attracted considerable interest worldwide due to their potential extensive applications in the renewable energy, biopharmaceutical, and nutraceutical industries [2,3]. A wide spectrum of biologically active compounds has been found in algal biomass; for example, proteins, polyunsaturated fatty acids (PUFAs), pigments, vitamins and minerals, and extracellular compounds such as oligosaccharides [4–7]. In particular, microalgae accumulate a high lipid content, normally ranging from 10% to 50% of dry weight [8,9]; but in some genera, such as *Botryococcus*, the lipid content can reach 60% to 90% of dry weight [10,11]. Due to their fast growth rate, these microorganisms can be easily cultured in closed bioreactors or open systems and achieve high biomass yields [12], and their cultivation does not compete for resources used in conventional agriculture [13]. Photosynthesis in microalgae is similar to that in higher plants, although characterized by a higher yield compared to terrestrial crops, as it is more efficient in transforming solar energy into chemical energy [14,15]. However, microalgal photosynthesis and growth can be affected by several factors, including light supply, temperature, pH, inorganic carbon availability, salinity, and nutrients [15–18]. Particularly, among nutrients, nitrogen (N) is considered one of the most critical for plant-cell growth, since it is a constituent of proteins such as peptides, enzymes, chlorophylls, and energy-transfer molecules [16,19]. In fact, N

is the second most abundant element in microalgal cells following carbon (C), ranging from 1% to 14% of their dry weight [20]. Due to nitrogen's important roles in cell metabolism, its restriction is often considered a limiting resource for microalgae, and in general for plant growth. Microalgae can utilize different nitrogen forms such as nitrate, nitrite, ammonium, or organic nitrogen (e.g., urea and amino acids). However, the favorable N-form not only differs from species to species, but the diverse N-source also can influence the biochemical composition of the algal cells in different ways [21,22]. In recent years, due to microalgae's ability to use inorganic and organic nitrogen for their growth, their use in treating wastewaters, particularly those rich in ammonium, has been studied [23]. Excess N discharge into water can lead to eutrophication phenomena in natural aquatic environments, as well as a decline in shellfish habitats and aquatic plant life [24]. The effect of using microalgae in wastewater treatments has been studied by many researchers to make N removal and the process of eliminating contaminants and pollutants more sustainable [24]. Moreover, when exploiting their metabolic flexibility to grow photo-, hetero- or mixo-trophically, microalgae represent an interesting system for treating a wide range of wastewaters [25].

Water is a very important resource for human development. It is been estimated that a shortage of 40% of water resources could occur by 2030 [26]. Therefore, the sustainable treatment of wastewater and water reutilization represent an important challenge globally. Ammonium is the one of the most common pollutants in wastewaters. Studies on ammonium-containing wastewater are not limited to its removal, but are also centered on nutrient recycling. The high resistance of some microalgae to high ammonium concentrations makes it possible to use these organisms for bioremediation and wastewater treatment. Furthermore, wastewaters from industrial processes can be characterized not only by high N concentration, but also by extreme pH and temperature; in these kinds of effluents, extremophilic microalgae, which are able to grow well in intolerably hostile or even lethal habitats, can be employed. The utilization of microalgae to remove the ammonium content in wastewater, as well as their high-value biomass production, are becoming attractive solutions.

In our review, we explore several issues related to the use of ammonium from microalgae and their sustainable utilization in wastewater treatments (WWT). In particular, the aim of this study is to review recent advancements in microalgal application for ammonium removal from wastewaters. We critically review ammonium recovery in wastewater, especially its biochemical and biological significance in microalgal cultivation. This review seeks to provide new knowledge on the role of microalgae in ammonium removal and the utilization of this nutrient in algal metabolism.

## 2. Nitrogen Sources for Microalgae and Ammonium Utilization

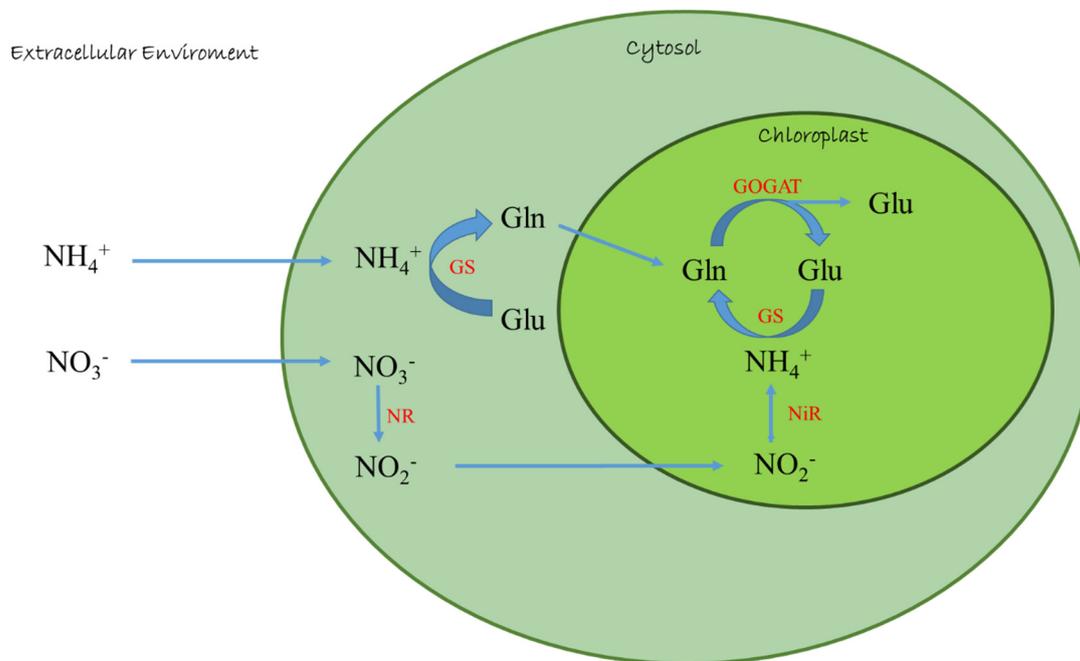
Nitrogen is an essential component in many molecules of all living matter. In the environment, N actively cycles among water, atmosphere, and soil in different concentrations and forms, such as dinitrogen gas ( $N_2$ ), ammonium ( $NH_4^+$ ), nitrate ( $NO_3^-$ ), nitrite ( $NO_2^-$ ), and organic nitrogen (e.g., urea, amino acids, and peptides) [27].

Dinitrogen gas is the most abundant form of N on Earth (~78% in the atmosphere), but it can only be used by a limited number of bacteria and archaea; therefore, it represents an inaccessible source for microalgae and plants in general. The exploitable inorganic N sources in the environment are  $NH_4^+$ ,  $NO_3^-$ , and  $NO_2^-$ , which show a diverse concentration based on different habitats [28]. In the environment, the most abundant N source for plant cells is nitrate; however, microalgae are often able to utilize different nitrogen sources based not only on its availability in the environment, but also based on what species they are. In aerated soil, nitrate concentrations can be variable (from 10 to 100 mM), but the ammonium concentration is generally quite low ( $<1 \text{ mg Kg}^{-1}$ ), because it is rapidly converted by bacteria to nitrate [29]. In some acidic and/or anaerobic environments, the ammonium can represent the dominant inorganic form of N [30]. In ocean waters, the estimated concentration of nitrate is between 7–31  $\mu\text{M}$ ; of ammonium, 0.001–0.3  $\mu\text{M}$ ; and of nitrite, about 0.006–0.1  $\mu\text{M}$  [28].

In plant cell, the assimilation of inorganic nitrogen into amino acids and proteins requires energy and organic skeletons; microalgae such as plants prefer  $\text{NH}_4^+$  because the metabolic cost to reduce ammonium to organic matter is lower than the cost for other nitrogen forms reduction [27]. By using ammonium, the microalgae avoid energy consumption due to nitrate/nitrite reduction, but also due to nitrate reductase (NR) and nitrite reductase (NiR) enzymes production [31,32]. In fact, in contrast to nitrate and ammonium, subsequent to its transport into the cell, is directly incorporated into amino acids via GS-GOGAT cycle by glutamine synthetase (GS)-glutamate synthase (GOGAT) enzymes (Figure 1), and in some green algae, also under certain conditions, via the NADP-glutamate dehydrogenase (GDH) pathway [32,33].

However, some microalgae, such as *Botryococcus braunii* and *Dunaliella tertiolecta*, prefer nitrate as an inorganic N source, showing a reduced growth in the presence of ammonium [22,34].

In addition, ammonium is crucial not only as nutrient, but also as an environmental signal for cellular response [35,36]. In fact, in *Chlorella vulgaris*, the expression level of GS was up-regulated 6.4-fold under  $10 \text{ mg L}^{-1}$  of ammonium compared to that in  $4 \text{ mg L}^{-1}$ , confirming the key role of GS in ammonium assimilation [36].



**Figure 1.** Ammonium and nitrate assimilation in microalgae. NR: Nitrate reductase; NiR: Nitrite reductase; GS: Glutamine synthetase; GOGAT: Glutamate synthase; Glu: Glutamic acid; Gln: Glutamine.

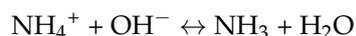
According to Kronzucker et al. [37], there is a short-term inhibition effect of  $\text{NH}_4^+$  on nitrate-uptake due to the direct consequences of ammonium on the plasma membrane; this prompt effect is apparent within minutes of  $\text{NH}_4^+$  exposure. Inhibition of nitrate uptake is a highly variable process, depending on the species, their physiological status, and on environmental conditions [38]. In fact, for some species of phytoplankton, ammonium concentrations between  $100\text{--}300 \text{ nmol L}^{-1}$  can be enough to totally suppress nitrate uptake [39], but concentrations up to  $1\text{--}2 \text{ }\mu\text{mol L}^{-1}$  are sometimes necessary for the same effect in other aquatic microorganisms [38]. It was reported that the inhibition of nitrate transport is probably due to the accumulation of a product of ammonium assimilation such as glutamine [40]. In cyanobacteria, ammonium availability results in an immediate inhibition of nitrate uptake; in particular, the bispecific nitrate/nitrite transporter NRT (ABC-type transporter NrtABCD) is repressed, as well as the NR and NiR proteins [41]. On the contrary, in *Chlamydomonas acidophila* grown in a medium containing  $\text{NH}_4^+$  as unique

source of inorganic N, the NR activity was low, but not absent; therefore,  $\text{NH}_4^+$  replete cells after N-starvation show an NR activity higher than that of  $\text{NO}_3^-$  grown cells [32].

Although the uptake of ammonium is usually fast and preferred to other forms of nitrogen, at important concentrations and prolonged exposure, it may be toxic for algal cells and cause growth inhibition [26,42]. In the follow section, the toxic effect and the tolerance to high ammonium concentration will be discussed.

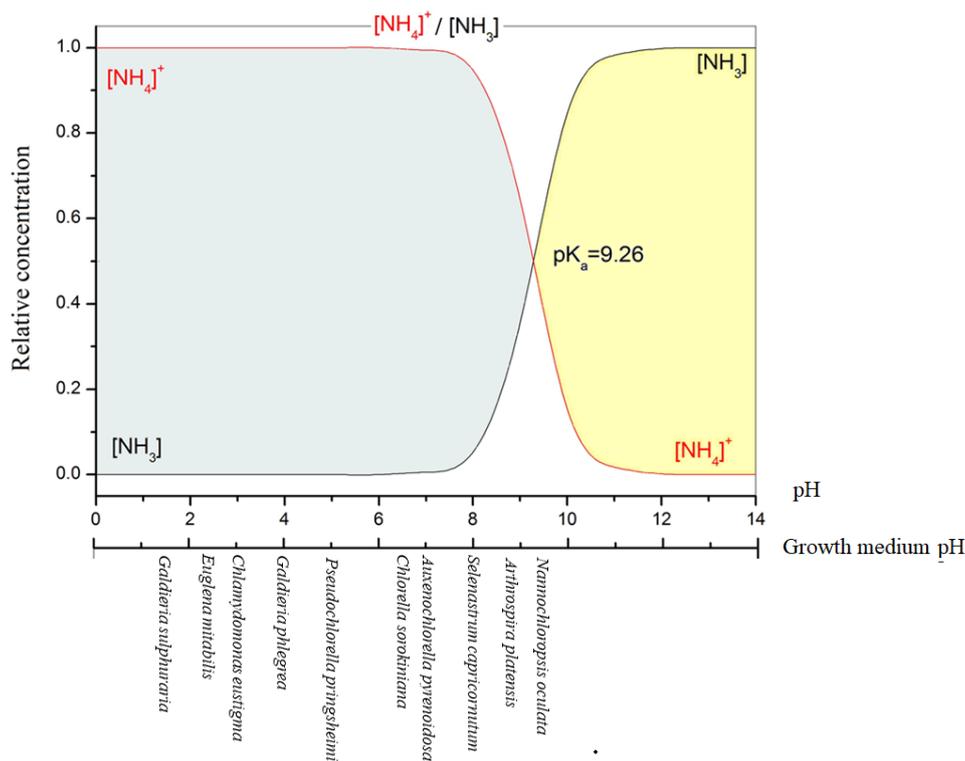
### 3. The Equilibrium Ammonium/Ammonia and Effect on Microalgae

In the environment, ammonia represents a volatile molecule with very high solubility ( $\sim 35\%$  w/w at  $25^\circ\text{C}$ ), and for this reason, it is easily found as a liquid solution. In water, the sum of  $\text{NH}_3$  and  $\text{NH}_4^+$  represents the total ammonia nitrogen (TAN) that constitutes a buffer system ammonia/ammonium, as explained by the following formula:



This equilibrium between ammonium ( $\text{NH}_4^+$ ; ionized form) and ammonia ( $\text{NH}_3$ ; unionized form) depends on some parameters; in fact, the two chemical forms are readily interchangeable depending upon the pH, temperature, and salinity of water [20,43].

Being the ion dissociation constant ( $\text{pK}_a$ ) of the  $\text{NH}_4^+/\text{NH}_3$  buffer system 9.26 at  $25^\circ\text{C}$ , when the pH of the medium is less than 9.26, hydrogen ions are incorporated into ammonia to produce ammonium ions that become the dominant species in the medium (Figure 2) [44]. Therefore, as pH rises, the ammonia concentration increases noticeably.



**Figure 2.** Influence of the pH on  $\text{NH}_4^+/\text{NH}_3$  dissociation equilibrium in water at  $25^\circ\text{C}$ , and the optimum pH growth of some microalgae.

In natural waters, ammonium is present in much greater concentrations than ammonia due to the prevalence of circum-neutral pH. In fact, it was estimated that in seawater (pH 8.00,  $20^\circ\text{C}$ ),  $\sim 90\%$  of TAN is present as ammonium ions [45]. According to Erikson [46], the ratio  $\text{NH}_4^+/\text{NH}_3$  increases 10-fold for each rise of pH unity and 2-fold for each  $10^\circ\text{C}$  rise of temperature between  $0\text{--}30^\circ\text{C}$ .

The salinity also affects the  $\text{NH}_4^+/\text{NH}_3$  equilibrium, but only with minor influence. In fact, a raise in the ionic strength of the medium cause a very small decrease in the ammonia content. An enhancement of salinity from 20 to 34‰ leads to a little diminution from 3.41 to 2.98% of ammonia [45,47].

Usually, cultivation systems of microalgae are enhanced with gaseous inorganic carbon source ( $\text{CO}_2$ ) to improve the photosynthetic activity and the biomass production. The pH of the medium and then the  $\text{NH}_4^+/\text{NH}_3$ /availability can also depend on the  $\text{CO}_2$  assimilation rate of the algae [44]. If the  $\text{CO}_2$  dissolution rate is superior to that of assimilation, the continuous  $\text{CO}_2$  insufflation leads to an  $\text{HCO}_3^-$  and  $\text{H}^+$  accumulation, resulting in the acidification of the culture medium. On the contrary, in the presence of an elevated microalgal assimilation rate, the  $\text{CO}_2$  assimilation is not enough to satisfy the cells' demand of inorganic carbon; in this case, the carbonate would be assimilated as a C-source by the cell, which makes the  $\text{K}^+/\text{Na}^+$  accumulation and the medium alkalization [44].

In an alkaline environment, the ammonia represents the main form; it can diffuse rapidly through membranes different to the ammonium that at low concentrations is taken up by AMT high affinity transporters [28]. Therefore, the ammonia represents the most toxic N form, having a direct impact on the photosynthetic apparatus of microalgae [42].

For plant cells, the  $\text{NH}_3$  results are dangerous because it is uncharged and lipid soluble, and thus passes through biological membranes more easily than the ionized form  $\text{NH}_4^+$  [48]. The toxicity of ammonia in autotrophic microalgae at first occurs through disrupting the thylakoid transmembrane proton gradient [42,49,50]. Ammonia, diffusing through cell membranes, affects not only the  $\Delta\text{pH}$  component of the thylakoid proton gradient, but also brings oxidative stress. When the  $\text{NH}_3$  increases, it crosses membranes, leading to enhanced flux through the chloroplast membrane into the thylakoid lumen [49]. Once in the thylakoid lumen,  $\text{NH}_3$  in the acidic environment is converted to  $\text{NH}_4^+$ , thereby decreasing the transmembrane proton gradient needed to power ATP to ADP conversion [49]. Moreover, according to Markou et al. [50],  $\text{NH}_4^+$  could affect the Oxygen Evolving Complex (OEC) by shifting a water ligand to the outer Mn cluster of the OEC.

Wang et al. [44] proposed a model of ammonium nitrogen competition between N assimilation and PSII damage. According to this model, when the adsorbed ammonium was transported into the chloroplast, it could be taken as an inorganic N-source and assimilated by the GS-GOGAT cycle and/or as a dangerous molecule, which primarily damages the OEC and afterward blocks electron transport from  $\text{Q}_\text{A}^-$  (primary quinone) to  $\text{Q}_\text{B}$  (secondary quinone). Therefore, the negative effects on PSII are dependent on the assimilation rate, which is further up to the GS-GOGAT cycle activity [44]. Ammonia compromises the enzymatic activity of some proteins and the lipid peroxidation in membranes, and induces a general cell-level disorder [51].

In ammonium tolerance, the GS/GOGAT activity plays an important role. In *Chlorella* strains with high performance of the GS/GOGAT cycle, the  $\text{NH}_4^+$  is rapidly converted into N-organic molecules, avoiding the ammonium accumulation and toxic effect for the cells [44].

As stated before, the microalgae tolerance to  $\text{NH}_4^+/\text{NH}_3$  varies from species to species [44,49]. In fact, while *Neochloris oleoabundans* and *Dunaliella tertiolecta* showed an inhibiting growth effect toward ammonia already at 2.3 and 3.3  $\text{mg L}^{-1}$ , respectively, *Chlorella sorokiniana* and *Nannochloropsis oculata* were largely unaffected by ammonia concentrations (0.2–16.7  $\text{mg L}^{-1}$ ) [49]. According to Zheng et al. [52], the threshold of  $\text{NH}_4^+$  toxicity in *Chlorella vulgaris* is around 110  $\text{mg L}^{-1}$ , and Collos and Harrison [45] found comparable results. At  $\text{NH}_4^+$  110  $\text{mg L}^{-1}$  *Chlorella* cells maintain high  $F_v/F_m$  values and a good photosynthetic efficiency [52]. A higher concentration of ammonium (220  $\text{mg L}^{-1}$ ) corresponds in *C. vulgaris* to a low cell viability of 61% [52].

Katayama et al. [13] demonstrated the ammonium tolerance might be acquired as a result of the acclimatization; in fact, two strains of Bacillariophyceae (*Thalassiosira weissflogii* TRG10-p and TRG10-p105) acclimated up to 180  $\text{mg L}^{-1}$   $\text{NH}_4^+$ , which significantly surpassed the tolerance levels of 65  $\text{mg L}^{-1}$  previously reported by Collos and Harrison [45].

According to Chuka-Ogwude [53], under high levels of ammonia,  $F_v/F_m$  values decreased with the rising  $\text{NH}_3\text{-N}$  concentration due to the disruption of the photosynthetic apparatus. In acclimated microalgae, cells restore their homeostasis avoiding the toxic effects of the stressor on photosystems.

The establishment of the inhibition of photosynthetic activities occurring in microalgae is of particular importance in algae-based wastewater treatment processes. The resistance or acclimation of some microalgae to high concentrations of ammonium makes it possible to use these organisms for bioremediation and for treatment of wastewater usually rich in ammonium/ammonia content.

#### 4. Wastewater and Ammonium Content

Water is the most precious resource of our planet, and according to Adam et al. [26], it could face a global shortage of 40% by 2030; for these reasons, the WWT represents a universal issue for a sustainable solution for water reutilization. Following the world's growth, the spread of wastewater production has become an important environmental problem.

Wastewaters must be treated for environmental protection before being discharged into rivers, lakes, or seas [54]. The variability of the wastewaters (e.g., scales, contaminants, pH, temperature) imposes different managements [25], but in general, wastewater may be dealt with by 1. primary treatment: It removes sedimentable solid fractions; 2. secondary treatment: It provides physical/chemical/biological processes, leading to the consumption of organic matter and oxidation of the major nutrients; 3. tertiary treatment: It allows disinfection and removes nitrogen, phosphorous, and traces of organic molecules [23].

Ammonia nitrogen represents the most common N-containing pollutants usually found in the tertiary stage of conventional wastewater treatment. The removal of macronutrients as nitrogen represents one of the principal criteria for tertiary treatment [23]. A complete and efficient tertiary process, aimed at removing TAN, but also phosphate in wastewater, is usually more expansive than primary treatment [55]. The TAN concentrations vary according to the nature of the wastewater, as shown in the Table 1. In industrial-based wastewater, the ammonium concentrations may be in the range of 5–1000  $\text{mg L}^{-1}$  [26]. Typically, activities such as food processing, rubber processing, textile and leather manufacturing, fertilizer plant, agricultural and zootechnical industries, etc., release high levels of ammonium concentration [56]. Among the high-strength ammonium wastewaters, there is the manure-free piggery wastewater, with a concentration of  $\text{NH}_4^+$  of ~220–2945  $\text{mg L}^{-1}$ , and wastewaters from coal gasification with 130–280  $\text{mg L}^{-1}$  [52,57,58]. Concentrations of  $\text{NH}_4^+/\text{NH}_3^-$  up to 100  $\text{mg L}^{-1}$  are generally derived from anaerobic digestion, when ammonium is produced by degradation of the N-matter in the feedstock, primarily in the form of proteins [59,60]. On the other hand, ammonium concentration in the municipal wastewater ranges between 10–200  $\text{mg L}^{-1}$  [26].

**Table 1.**  $\text{NH}_3\text{-NH}_4^+$  concentration ( $\text{mg L}^{-1}$ ) in different wastewater sources.

Wastewater Type	$\text{NH}_3\text{-NH}_4^+$ Concentration ( $\text{mg L}^{-1}$ )	Ref.
Municipal wastewater	27–100	[61–63]
Domestic wastewater	39–60	[64,65]
Fish processing wastewater	8–42	[66]
Piggery wastewater	220–2945	[16,52,67,68]
Wool textile mill	54	[69]
Coal gasification	130–280	[57,58]
Paper mill	11	[70]
Soybean processing	90	[71]
Olive mill	530	[70]
Winery	110	[72]
Coke production	60	[73]
Dairy effluent	49	[74,75]

Ammonium pollution affects the water quality of water bodies causing numerous environmental problems such as oxygen depletion, pH shift, cyanotoxin production, and eutrophication of downstream waters: When N level is higher than  $1.9 \text{ mg L}^{-1}$ , the water body is considered eutrophic [76,77]. In the last past decades, elevated N-nutrient contents in the water layer have seriously compromised the biodiversity of freshwater ecosystems worldwide [78]. In recent years, many sustainable technologies and methods are studied to remove the TAN from water stream, leading its content under the recommended threshold level from the World Health Organization (WHO) [56].

The TAN abatement in wastewater treatment is usually divided into different approaches: Physical (e.g., membrane separation), chemical (e.g., coagulation, solvent extraction, ion exchange), and/or biological [23,56,79]. The high effective cost and energy consumption of technologies for one-step tertiary treatment of WWT represent a problem for industries and municipalities [80]. A valid alternative to conventional treatments may be provided by microalgae, coupling the nutrient removal from wastewater with the production of valuable biomass.

### 5. Microalgae in Wastewater Treatment for Ammonium Removal

In the last decade, microalgae have become important organisms for biological purification of wastewater due their ability to utilize and/or accumulate nutrients, heavy metals, and organic and inorganic substances in their cells/bodies. The use of microalgae for WWT requires a minimum of mechanical equipment and reasonably little energy consumption for their operations [81,82]. In wastewaters, N concentration must be reduced to acceptable limits (generally  $<10\text{--}15 \text{ mg L}^{-1}$  depending on discharge point, population, and region regulation as described by regulation 91/271/CEE) before being released into the water body [83]. Many studies demonstrated that microalgae have a great potential for N removal and reported successful cultivations [13,23–25,52,80]. Green microalgae (Chlorophyceae) represent the more exploited algae in WWT (Table 2).

It was calculated that for 1-ton microalgal production, about 40–100 Kg of inorganic N-compound and 11–13 ML/Ha/year of water are required. It was also estimated that about  $2500 \text{ m}^3$  of wastewater to obtain 1-ton of microalgal biomass could be treated [80]. Therefore, at the same time, the utilization of wastewater for algal cultivation could allow the removal nutrients from effluents and reduce the use of precious freshwater. According to Yang and colleagues [84], using wastewater for microalgal cultivation would reduce ~90% of the water demand and eliminate the requirement for nutrients. Wastewater could afford most essential resources for large-scale of microalgal cultivation by providing inorganic nutrients and organic matter for mixo- or heterotrophic cultures. In autotrophic microalgae cultivation, algae can give a further possibility of integrating the nutrient removal with carbon capture:  $\text{CO}_2$  can be incorporated into biomolecules as proteins, carbohydrates, and lipids by photosynthetic reactions [55]. Therefore, phototrophic cultivations could represent a single-step solution to reduce the  $\text{CO}_2$  emission as well as the eutrophication by nitrogen [76,85].

In a culture medium, an ammonium concentration higher than  $100 \text{ mg L}^{-1}$  inhibits the photosynthesis in some microalgal species [42,45,66]. Recently, several studies have been conducted to alleviate TAN toxicity and to optimize the cell ammonium assimilation in microalgal cultures and wastewater treatment [20,42,45]. It was reported that a high concentration of TAN could be mitigated by increasing the initial culture cells concentration, modulating light intensity, and/or monitoring the pH of their medium [20,42,50,86]. In addition, microalgal growth and biomass yield are less affected by high ammonium concentration using a mixotrophic cultivation; in fact, mixotrophic cells can provide more energy for fast ammonium assimilation, reducing ammonium inhibition and increasing the microalgal biomass [42].

According to recent studies (Table 2), microalgal systems can efficiently treat many kinds of ammonium-containing-wastewaters: Domestic and urban wastewaters, livestock

wastes, agro-industrial wastewater, piggery effluent, effluent from food processing factories, and so on.

To optimize the nutrient removal, microalgae can be employed in WWT as monoculture, consortia, or combined systems. Monoculture or consortia systems refer to systems using only a single or a consortium of microalgae for nutrient removal without the support of other organisms [82]. Otherwise, combined systems use both microalgae and bacteria for an efficient removal of nutrients (such as ammonium) and organic matter [82]. An interesting symbiosis for ammonium abatement is represented by nitrifying bacteria (e.g., *Nitromonas* and *Nitrobacter*) and microalgae. Bacteria oxidizes ammonium into nitrite and then to nitrate, and from the other side, microalgae by photosynthesis supply O<sub>2</sub> for oxidation and utilize CO<sub>2</sub>, deriving from bacterial respiration, for the Calvin–Benson cycle [82,87].

Definitively, microalgae exploited in WWT represent an extensive area of research and development with enormous potential. Although many studies were conducted regarding the possibility of using microalgae as nutrient removers from wastewater, today only a few studies regard algal cultivation under continuous wastewater administration [88]. Wastewater treatment is a global issue on which much research is still ongoing. In fact, freshwater has become a limited resource in many areas of the world. Continuous cultivation of microalgae with wastewater could not only provide a continuous supply of microalgae biomass, but it would also represent a great sustainable process for recycling wastewater.

Table 2. An overview of recent WWT research on microalgae.

Class	Species	Strain	Wastewater Type	pH	NH <sub>4</sub> <sup>+</sup> -N (mg L <sup>-1</sup> )	NH <sub>4</sub> <sup>+</sup> -N Removal (%)	Removal Time (Days)	Ref.
Chlorophyceae	<i>Chlorella sorokiniana</i>	UTEX 2805	Synthetic wastewater	–	10	100	5	[89]
	<i>Chlorella sorokiniana</i>	UTEX 1230	Digested from cattle manure	–	893	75	25	[90]
	<i>Chlorella sorokiniana</i>	UTEX 2714	Digested from cattle manure	–	893	59	25	[90]
	<i>Chlorella sorokiniana</i>	CS-01	Digested from cattle manure	–	893	75	25	[90]
	<i>Chlorella sorokiniana</i>	–	Potato processing wastewater	5.8	12	>95	30	[91]
	<i>Chlorella sorokiniana</i>	–	Secondary pig manure	7.5	12	83	30	[91]
	<i>Chlorella vulgaris</i>	FACHB-30	Piggery wastewater	6.3	220	50	7	[52]
	<i>Chlorella vulgaris</i>	–	Landfill leachate	7	760	70	30	[80]
	<i>Chlorella vulgaris</i>	–	Domestic wastewater	7.3–8.4	2.7–11	80–87	1	[92]
	<i>Chlorella vulgaris</i>	LEM 07	Domestic wastewater	7.2	13	–	–	[93]
	<i>Chlorella minutissima</i>	–	Domestic wastewater	7.2	13	–	–	[93]
	<i>Chlorella zofingiensis</i>	–	Piggery wastewater	6.2	–	65–80	4	[93]
	<i>Chlamydomonas reinhardtii</i>	–	Landfill leachate	7	760	70	40	[80]
	<i>Coelastrum microporum</i>	IFA9	Municipal wastewater	7.3	–	–	–	[62]
	<i>Graesiella emersonii</i>	ATCC 13482	Synthetic wastewater	–	4–16	>99	18	[88]
	<i>Neochloris oleoabundans</i>	LEM 17	Domestic wastewater	7.2	13	–	–	[93]
	<i>Scenedesmus dimorphus</i>	UTEX 1237	Animal production operation	7	45	95	–	[94]
<i>Scenedesmus</i> sp	–	Anaerobic digestate	8	50–260	60–100	7	[95]	
<i>Scenedesmus</i> sp	–	Fertilizer Plant Wastewater	7.3	27	93	10	[96]	
Cyanidiophyceae	<i>Galdieria sulphuraria</i>	CCMEE 5587.1	Urban wastewater	1–4	15–25	63–89	6	[97]
	<i>Galdieria sulphuraria</i>	CCMEE 5587.1	Primary wastewater effluent	2.5	40	88	7	[98]
	<i>Galdieria sulphuraria</i>	074G	Food waste hydrolysates	2	500	–	–	[99]
Cyanophyceae	<i>Nostoc</i> sp.	–	Food–industry wastewater	7.6–9.8	44	–	–	[100]
	<i>Arthrospira platensis</i>	–	Food–industry wastewater	8.6–8.9	38–61	–	–	[100]
	<i>Phormidium tergestinum</i>	–	Slaughterhouse wastewater	9.2	–	–	–	[101]
	<i>Porphyridium purpureum</i>	–	Food–industry wastewater	8.6–8.9	43–58	–	–	[100]
	<i>Synechococcus nidulans</i>	LEM06	Domestic wastewater	7.2	13	–	–	[93]
	<i>Thermosynechococcus</i>	CL-1	Anoxic swine wastewater	7.2	359	50–100	0.5	[102]
	<i>Thermosynechococcus</i>	CL-1	Aerobic swine wastewater	7.5	182	30–60	0.5	[102]
Trebouxiophyceae	<i>Botryococcus braunii</i>	LEM 14	Domestic wastewater	7.2	13	–	–	[93]
	<i>Botryococcus braunii</i>	UTEX LB 572	Domestic effluent	6.4	8	62–63	60	[103]
	<i>Botryococcus braunii</i>	BL C116	Domestic effluent	6.4	8	61–65	60	[103]

## 6. Extremophilic Microalgae in WWT

Extremophile microalgae are organisms that are able to grow well in intolerably hostile or even lethal habitats, and which could represent a good solution for treatment of “extreme wastewaters”. They can grow well under extreme pH, temperatures, salinity, light intensities, nutrients available, and heavy metal concentrations. However, pH and temperature are the major constraints affecting  $\text{NH}_4^+/\text{NH}_3$  equilibrium in wastewater, and for this reason, only these two will be discussed below.

In specific cases, wastewaters from industrial processes are characterized by high TAN concentration and extreme pH ( $4.00 > \text{pH} > 8.00$ ) and/or temperature ( $10\text{ }^\circ\text{C} > C > 40\text{ }^\circ\text{C}$ ) that are not compatible with the metabolism of most microalgae species [25]. For example, water draining from the sites of mines is frequently rich in sulphate ( $100$  to  $> 5000\text{ mg dm}^{-3}$ ), and it is acid with  $\text{pH} < 4$  [104]. These kinds of wastewaters are highly polluting and toxic to most life forms; if untreated, they may devastate the streams and rivers into which they flow [104]. Acid wastewaters are usually derived from ammunition industries/labs, pharmaceutical industries, mining sites, steel industry, electroplating and phosphorous industries and, in many cases, their drainage is treated so as to be neutralized before being released into the environment [105,106]. The low pH wastewater causes numerous problems in the effluent treatment as well as in the water body in which it is discharged [105]. Furthermore, a highly acidic medium breaks down organic matter and eradicates microbial organisms able to treat the water naturally [105].

In environments with low pH, the number of algae able to survive are limited compared to a neutrophilic environment. Microalgae described to be metabolically active in highly acidic environments include some Chlorophyta, such as *Chlamydomonas acidophila* and *Dunaliella acidophila*, Chrysophyta, such as *Ochromonas* sp., and Euglenophyta, such as *Euglena mutabilis* [107]. Poliextremophiles Rhodophyta (*Cyanidium caldarium*, *Galdieria sulphuraria*, *Galdieria phlegrea*, and *Galdieria maxima*), frequently encountered in acidic waters and in geothermal areas of the world [19,107–109], can be employed in the treatment of these “extreme wastewaters”.

Red microalgae of the genus *Galdieria* (Cyanidiaceae) represent a very interesting organism, growing in cryptoendolithic habitats with pH ranging 0.50–4.00 [17,107–109]. All *Galdieria* species are able to grow in the dark (heterotrophically) or in the light (mixotrophically) by using numerous carbon sources as organic substrates, with about 50 different carbon sources such as sugars, sugar alcohols, tricarboxylic-acid-cycle intermediates, and amino acids [17,108,110]. *Galdieria* sp., being acidophilic organisms, colonize habitats with very low pH in which the more available nitrogen form is present as ammonium; for this reason, these organisms are well adapted to utilize  $\text{NH}_4^+$  as a principal source of inorganic nitrogen and to tolerate prolonged exposure to this nutrient. According to Henkanatte-Gederaet et al. [97], *Galdieria sulphuraria* is able to grow well in filtered primary-settled urban wastewater (pH 2.5), considerably reducing organic carbon (46–72%) and ammoniacal nitrogen (63–89%), and it is able to grow on primary effluents, showing a high nutrient removal rate [98].

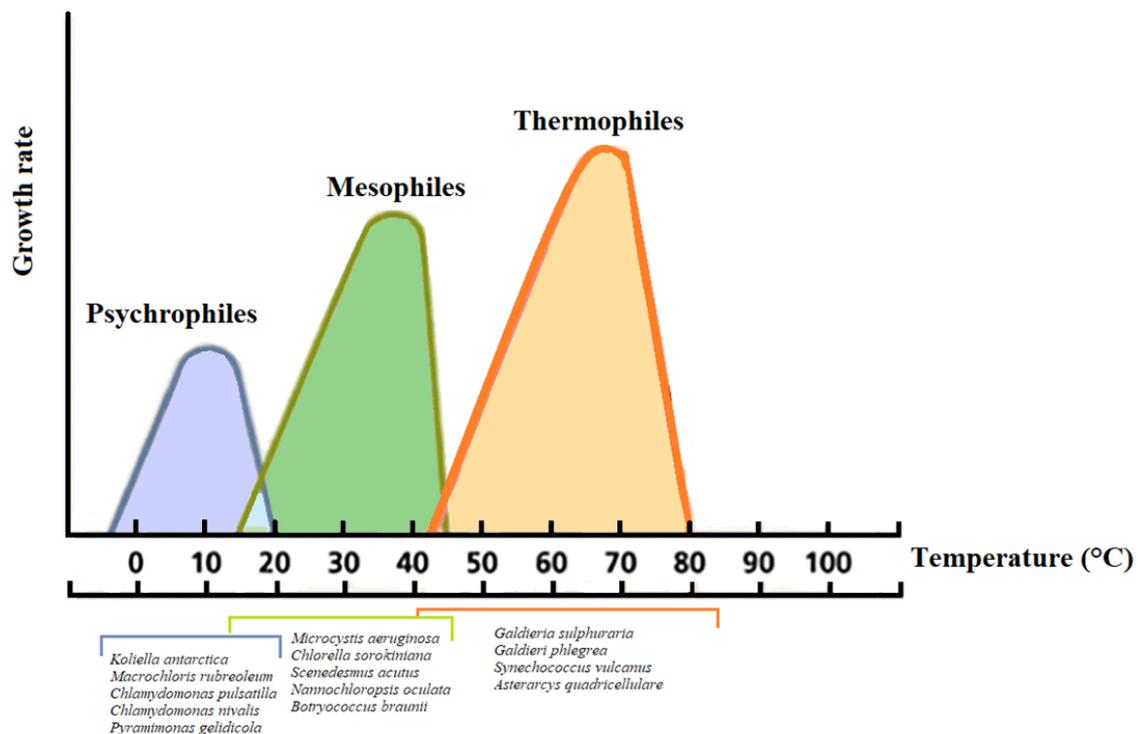
In WWT, another important parameter for  $\text{NH}_4^+/\text{NH}_3$  equilibrium is the temperature. The wastewater temperature can depend on the production process of derivation, but also on the climate of the region in which it is produced. In fact, according to Bugajski et al. [111], a significant correlation between the temperatures of wastewater with the air temperatures exists. Therefore, in the coldest and hottest regions, the wastewater is strongly influenced by seasonal and night/day temperatures.

The increase in the temperature of the wastewater causes a change in the solubility of oxygen, an acceleration of the oxygen adsorption process, the rate of bacteria activity, and of some chemical and biological processes [112,113]. In particular, the free ammonia proportion at  $25\text{ }^\circ\text{C}$  relative to the TAN is about two-fold compared with  $15\text{ }^\circ\text{C}$  [112,114]. There are three types of microalgae concerning the supporting temperature (Figure 3):

1. Mesophiles: Living at temperatures ranging between  $15\text{--}45\text{ }^\circ\text{C}$  ( $T\text{ }^\circ\text{C}$  optimum  $\sim 32.5\text{ }^\circ\text{C}$ );
2. thermophiles: Growing at temperatures ranging between  $40$  to  $75\text{ }^\circ\text{C}$ ;
3. psychrophiles:

Growing in temperatures ranging between 0 and 20 °C. Thermophiles and psychrophiles represent the extremophile organisms, which are not only able to tolerate prohibitive conditions, but require them for their metabolism [113].

In a wastewater pond in India, where the temperature ranges between 37–43 °C, two green algae, *Asterarcys quadricellulare* and *Chlorella sorokiniana*, were isolated [113]. Most of the reported strains of *Chlorella* grow in an optimum range between 25–32 °C, however, some strains, after acclimation, become thermotolerant and can tolerate temperatures of 40 °C or higher [89,113].



**Figure 3.** Relation of temperature and growth rates for representative psychrophilic, mesophilic, and thermophilic microalgae.

Another challenge is the treatment of low temperature wastewaters. In fact, a large variety of wastewaters, including domestic sewage and industrial wastewater, such as those from bottling, malting, brewery, and soft drink manufacturing plants, are characterized by low temperatures, and their heating is required, thus raising the costs of this waste treatment [115,116]. Systems based on psychrophilic microalgae able to operate at low temperatures (10–20 °C) offer the possibility to reduce the energy costs.

*Koliella antarctica* is a genus of psychrophilic unicellular green alga belonging to the class of Trebouxiophyceae [117]. *Koliella* cells can be grown in a laboratory at a temperature as low as 2 °C, but can adapt to different physical environmental parameters such as temperature (from −2 to 20 °C) and light (from 8 to 60  $\mu\text{mol photons m}^{-2} \text{s}^{-1}$ ); they represent an interesting potential biological system for treatment of low temperature wastewater, such as water from fresh fruit processing industries [25,117–119].

The extremophiles have shown to be promising for WWT, and for bioremediation. Many of industrial wastes have harsh conditions, which make extremophiles and polyextremophiles a good choice for their treatment before releasing them into the environment [120].

### 7. High-Value Molecules from Microalgae Exploited in WWT

The integration of microalgae with WWT offers promising opportunities to reduce the treatment costs, to recycle the nutrients, and to obtain sustainable useful bioproducts (proteins, pigments, lipids, carbohydrates, biofuel, etc.) [25]. The employment of appropri-

ate microalgal species in WWT allows for the hyperaccumulation of valuable bioproducts without compromising the cells' growth and their biomass increase.

The microalgae *Scenedesmus* strain SDEC8, grown in anaerobically digested effluent kitchen waste, can accumulate more biomass than *Scenedesmus* SDEC13 grown in the same culture medium [121]. This result indicates the importance of a proper choice of the algal species and of the strain for WWT aiming to biomass or biomolecules production. In fact, the ability to grow in the various wastewaters varies from species to species, and it is surely strain dependent.

Prospectively, to reduce the economic costs of biofuel from algae, wastewater has been proposed as an alternative nutrient source for microalgae cultivation [25,103]. According to Rinna et al. [103], *Botryococcus braunii* (strain LB572), grown in domestic wastewater effluent, shows not only an efficient nitrogen consumption, but also an effective intracellular lipid production and accumulation, in particular regarding saturated fatty acids. Growing algae in a low-cost medium is necessary to diminish the cost of microalgal cultivation and to make the biofuel production a more economic and environment-friendly process [122]. In *Chlorella vulgaris*, the biomass and lipid contents are appreciably higher for cells cultivated in urban wastewater than in the basal medium since the lipid productivity that results is about 1.5 times higher in cells cultivated in wastewater [122]. In contrast to biomass production and productivity, the highest lipid accumulation was reached in microalgae such as *Chlorella ellipsoidea* and *Scenedesmus* sp., cultivated in domestic secondary effluent, characterized by low N content [8,123,124]. In fact, in some species of microalgae, lipid content can reach up to 80%, usually under N-deficiency conditions [10,11]. For this reason, in wastewaters, lipid productivity can be enhanced by two-stage cultivation, where lipid content increases during the second stage characterized by N starvation [125].

The algal biomass also constitutes a valuable source of pigments, mainly chlorophylls and carotenoids, which have been correlated with several health benefits [125]. From *Phormidium autumnale*, grown under heterotrophic cultivation in slaughterhouse waste, carotenoids at industrial scale to 108-ton year are produced [125,126]. In *Thermosynechococcus* sp., grown in aerobic treated swine wastewater, satisfactory phycobiliprotein and carotenoid contents were obtained [102].

The cyanobacterium *Arthrospira platensis* and the Rhodophytes *Porphyridium* sp. and *Galdieria* sp. are the principal producers of phycobiliproteins [19,100,108]. Phycobiliproteins, in particular phycocyanin, have high commercial value as antioxidant and anti-inflammatory molecules and represent safer ingredients for food, nutraceutical, and pharmaceutical purposes [3,108,109]. The production of these pigments from microalgae cultivated in wastewater has not been significantly explored. According to Arashiro and colleagues [100], the cultivations of *Nostoc* sp., *Arthrospira platensis*, and *Porphyridium purpureum* in food-industry wastewater showed efficient treatment of the wastewater, reaching high removal of nutrients and interesting phycobiliproteins accumulation in algal biomass.

Several microalgal species, such as *Chlorella* ssp., *Arthrospira platensis*, *Scenedesmus* sp., *Botryococcus braunii*, and many others, show high nutrient removal capacity in wastewater and return valuable molecules [100,103,123,124]. The application of these strategies for microalgae utilization in WWT needs further study, but opens great possibilities in the ammonium mitigation from effluents and in sustainable biomolecules production.

## 8. Conclusions

An excess of ammonium in water bodies can lead to an eutrophication phenomenon in natural environments. For this, WWT represent an important global issue. The modern WWT technologies in use are considered efficient in processing, but they necessitate a lot of energy and do not contemplate the recycling of useful nutrients such as ammonium. Microalgae are photo-, mixo-, and heterotrophic organisms that can be used in WWT for removal of the inorganic nitrogen and of other pollutants. To improve the conventional WWT, the utilization of microalgae for nutrient removal could represent a sustainable

solution. In fact, being algae producers of biologically active compounds, their biomass obtained by WWT can be exploited as biomolecule sources.

Further research needs to focus on continuous microalgae cultivation in wastewater that could not only provide a continuous supply of biomass, but would also represent a great sustainable process for recycling wastewater.

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