Author
Year
WMD (95% CI)
% Weight
Measurement of GWG: > 24 weeks
Polley (Healthy weight) 2002 -1.00 (-4.05, 2.05) 1.67
Polley (Overweight/obese) 2002 3.50 (-0.25, 7.25) 1.20
Asbee 2009 -3.60 (-6.16, -1.04) 2.17
Guelinckx (Brochure and LS) 2010 -0.80 (-3.89, 2.29) 1.64
Huang 2011 -2.20 (-3.21, -1.19) 5.32
Hui 2011 -1.10 (-2.80, 0.60) 3.58
Luoto 2011 -0.40 (-1.48, 0.68) 5.13
Phelan (Normal weight) 2011 -0.90 (-2.19, 0.39) 4.54
Phelan (Overweight/obese) 2011 -0.40 (-2.52, 1.72) 2.78
Ruchat (Moderate intensity) 2011 -3.40 (-5.53, -1.27) 2.77
Bogaerts (Brochure and LS) 2013 -2.90 (-5.29, -0.51) 2.38
Petrella 2013 -1.60 (-4.49, 1.29) 1.82
Rauh 2013 -1.50 (-2.97, -0.03) 4.08
Hawkins 2014 -0.20 (-0.55, 0.15) 6.96
Hui (Healthy weight) 2014 -3.30 (-5.42, -1.18) 2.78
Hui (Overweight/obese) 2014 0.80 (-3.03, 4.63) 1.16
Gesell 2015 -1.30 (-4.22, 1.62) 1.79
Poston 2015 0.60 (0.10, 1.10) 6.66
Skouteris 2015 0.70 (-0.91, 2.31) 3.76
Asci 2016 0.20 (-1.83, 2.23) 2.94
Sagedal 2016 -1.40 (-2.36, -0.44) 5.46
Bruno 2017 0.40 (-1.85, 2.65) 2.58
Subtotal (I-squared = 69.8%, p = 0.000) -0.92 (-1.47, -0.36) 73.16
Measurement of GWG: 12 - 24 weeks
Althuizen 2012 0.50 (-0.48, 1.48) 5.41
Harrison 2013 -0.90 (-1.75, -0.05) 5.78
Dodd 2014 0.00 (-0.49, 0.49) 6.70
Vesco 2014 -3.40 (-5.03, -1.77) 3.73
Jing 2015 -0.50 (-1.54, 0.54) 5.23
Subtotal (I-squared = 80.1%, p = 0.000) -0.67 (-1.58, 0.23) 26.84
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Overall (I-squared = 71.0%, p = 0.000) -0.84 (-1.29, -0.39) 100.00
NOTE: Weights are from random effects analysis
-7.25
Favors intervention
0
Favors control
7.25