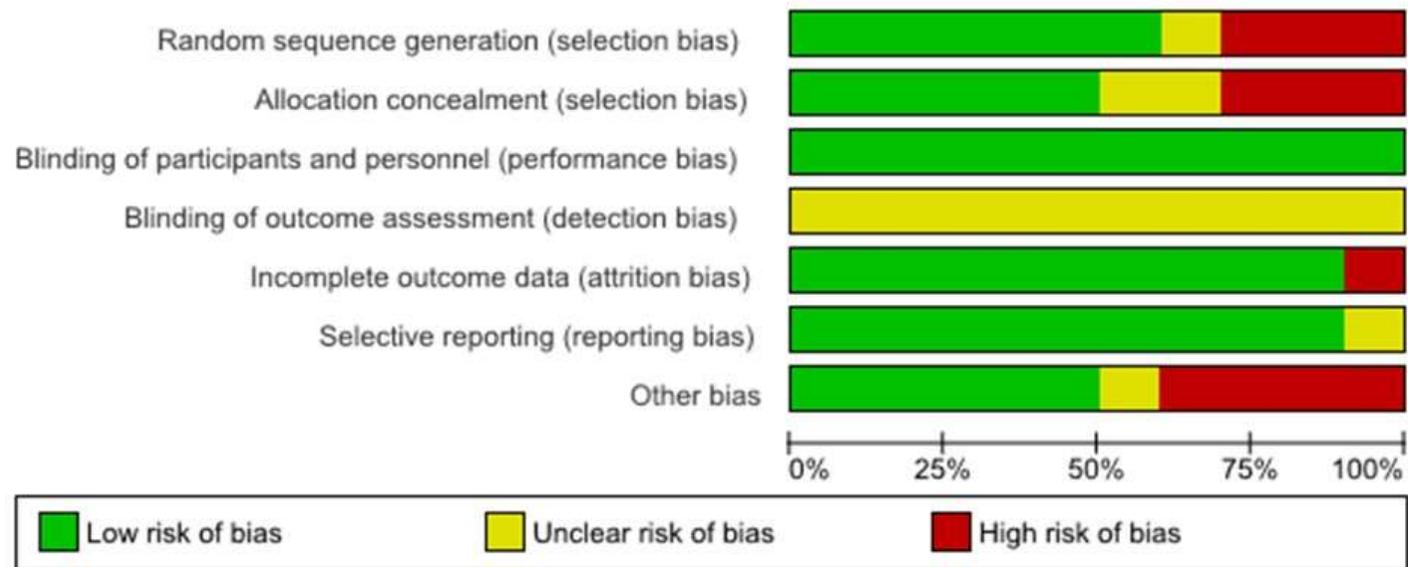


	Random sequence generation (selection bias)	Allocation concealment (selection bias)	Blinding of participants and personnel (performance bias)	Blinding of outcome assessment (detection bias)	Incomplete outcome data (attrition bias)	Selective reporting (reporting bias)	Other bias
Costa et al. (2017)	+	+	+	?	+	+	+
Davis et al. (2009)	+	?	+	?	+	+	+
Davis et al. (2011)	+	+	+	?	+	+	+
Gatto et al. (2017)	+	+	+	?	+	+	+
Kaitosaari et al. (2006)	+	+	+	?	+	+	+
Keszytüs et al. (2017)	?	+	+	?	+	+	+
Kong et al. (2013)	+	+	+	?	+	+	+
Nupponen et al. (2015)	+	?	+	?	+	+	?
Singhal et al. (2010)	+	+	+	?	+	?	+
Wadolowska et al. (2019)	+	+	+	?	+	+	+

Supplemental Figure S1. Risk of bias summary: review of author’s judgements on each risk of bias item for each included study.



**Supplemental Figure S2.** Risk of bias graph: review of author's judgements on each risk of bias item presented as percentages across the studies.