

Table S1 – Comparison of appetite rating AUCs between days 1 & 2 and days 3 & 4.

	Days 1 & 2 mm × hr (95% CI)	Days 3 & 4 mm × hr (95% CI)	Difference (95% CI)	Days (<i>p</i>)	Days × Treatment (<i>p</i>)
Fullness	158 (140, 177)	156 (137, 175)	-2.43 (-16.0, 11.1)	0.723	0.198
Hunger	156 (135, 178)	162 (141, 184)	6.23 (-8.00, 20.4)	0.385	0.662
Desire	161 (134, 188)	174 (147, 201)	13.5 (-1.82, 28.9)	0.083	0.690
Quantity	145 (122, 169)	159 (136, 182)	13.6 (-0.27, 27.5)	0.055	0.850
Meal	143 (115, 171)	158 (131, 186)	15.3 (-0.61, 31.1)	0.059	0.672
Snack	215 (182, 249)	228 (195, 261)	12.7 (-4.49, 29.9)	0.146	0.942

Difference between days calculated as 3&4 – 1&2. Means (95% CIs) and *p*-values were estimated using a linear mixed model including days, treatment, and days × treatment interactions as fixed effects, and participant as a mixed effect to control for duplicate measures of each treatment.

Figure S1. Means and 95% CIs for self-reported appetite ratings in participants (*n* = 31) on days 1 & 2 (ongoing FTT tests) and days 3 & 4 (one initial FTT test) prior to and following mouth rinse treatments over time.

Means and 95% CIs were estimated using a linear mixed model including days, time, and days × time interaction as fixed effects, and participant as a mixed effect to control for duplicate measures of each treatment. A: Fullness ratings; B: Hunger ratings; C: Desire to Eat ratings; D: Quantity of Food that could be Consumed ratings; E: Desire to Eat a Meal ratings; F: Desire to Eat a Snack ratings.







