

Supplemental Table S1. Pearson correlation among significant variables in the elder participants in North China (N=3,387).

		Age	BMI	PA	WC	TC	TG	HDL-C	LDL-C	SBP	DBP
Age	Coef.	1.000	-0.084	-0.192	0.020	-0.059	-0.052	-0.037	-0.051	0.104	-0.111
	<i>P value</i>		<.0001	<.0001	0.253	0.001	0.003	0.032	0.003	<.0001	<.0001
BMI	Coef.	-0.084	1.000	-0.073	0.679	0.127	0.246	-0.241	0.204	0.181	0.192
	<i>P value</i>	<.0001		<.0001	<.0001	<.0001	<.0001	<.0001	<.0001	<.0001	<.0001
PA	Coef.	-0.192	-0.073	1.000	-0.094	-0.037	-0.064	0.059	-0.047	-0.055	-0.039
	<i>P value</i>	<.0001	<.0001		<.0001	0.031	0.000	0.001	0.006	0.001	0.025
WC	Coef.	0.020	0.679	-0.094	1.000	0.099	0.222	-0.259	0.169	0.180	0.173
	<i>P value</i>	0.253	<.0001	<.0001		<.0001	<.0001	<.0001	<.0001	<.0001	<.0001
TC	Coef.	-0.059	0.127	-0.037	0.099	1.000	0.295	0.313	0.931	0.101	0.063
	<i>P value</i>	0.001	<.0001	0.031	<.0001		<.0001	<.0001	<.0001	<.0001	0.000
TG	Coef.	-0.052	0.246	-0.064	0.222	0.295	1.000	-0.380	0.272	0.094	0.054
	<i>P value</i>	0.003	<.0001	0.000	<.0001	<.0001		<.0001	<.0001	<.0001	0.002
HDL-C	Coef.	-0.037	-0.241	0.059	-0.259	0.313	-0.380	1.000	0.072	-0.005	-0.021
	<i>P value</i>	0.032	<.0001	0.001	<.0001	<.0001	<.0001		<.0001	0.751	0.215
LDL-C	Coef.	-0.051	0.204	-0.047	0.169	0.931	0.272	0.072	1.000	0.089	0.071
	<i>P value</i>	0.003	<.0001	0.006	<.0001	<.0001	<.0001	<.0001		<.0001	<.0001
SBP	Coef.	0.104	0.181	-0.055	0.180	0.101	0.094	-0.005	0.089	1.000	0.551
	<i>P value</i>	<.0001	<.0001	0.001	<.0001	<.0001	<.0001	0.751	<.0001		<.0001
DBP	Coef.	-0.111	0.192	-0.039	0.173	0.063	0.054	-0.021	0.071	0.551	1.000
	<i>P value</i>	<.0001	<.0001	0.025	<.0001	0.000	0.002	0.215	<.0001	<.0001	

TC: total cholesterol; TG: triglyceride; HDL-C: high-density lipoprotein cholesterol; LDL-C: low-density lipoprotein cholesterol; BMI: body mass index; WC: waist circumference; PA: physical activity of median and high intensity (minutes per week)