

Supplementary Table S1. Spearman correlation coefficients for items on the cooking skills scale

	1	2	3	4	5
All ($n = 5257$)					
1 Able to peel fruits and vegetables	1.00				
2 Able to make stir-fried meat and vegetables	0.77	1.00			
3 Able to make miso soup	0.72	0.84	1.00		
4 Able to make stewed dishes	0.60	0.71	0.72	1.00	
5 Like to cook	0.20	0.22	0.20	0.26	1.00
Mother ($n = 4768$)					
1 Able to peel fruits and vegetables	1.00				
2 Able to make stir-fried meat and vegetables	0.76	1.00			
3 Able to make miso soup	0.70	0.83	1.00		
4 Able to make stewed dishes	0.57	0.69	0.70	1.00	
5 Like to cook	0.18	0.19	0.17	0.24	1.00
Father ($n = 414$)					
1 Able to peel fruits and vegetables	1.00				
2 Able to make stir-fried meat and vegetables	0.78	1.00			
3 Able to make miso soup	0.74	0.87	1.00		
4 Able to make stewed dishes	0.61	0.72	0.77	1.00	
5 Like to cook	0.47	0.50	0.49	0.51	1.00

Boldface indicates statistical significance ($p < 0.05$).