

Supplementary

Body Composition, Dietary Intake and the Risk of Low Energy Availability in Elite-Level Competitive Rhythmic Gymnasts

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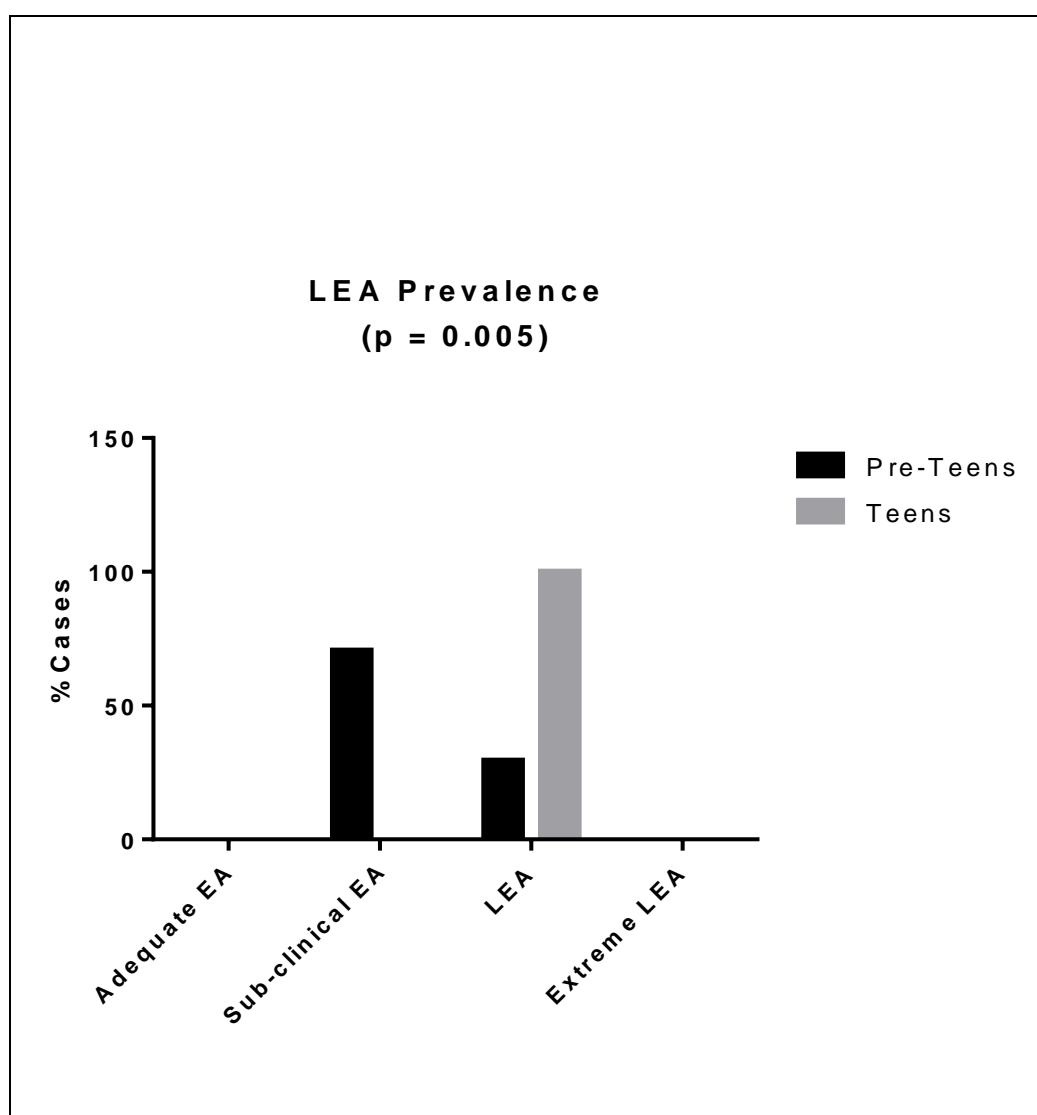


Figure S1. Low energy availability (LEA) prevalence of in each study group. Data are expressed as a percentage of cases. Adequate EA: > 45 kcal/kg FFM/day; Sub-clinical EA: 30–45 kcal/kg FFM/day; LEA: < 30 kcal/kg FFM and extreme LEA: < 10 kcal/kg FFM [13,20]. p : p -value for differences between groups by chi-square test ($p < 0.05$ being considered significant).