

Table S2 Contribution of meal types to consumption of total energy, the proportion of each meal (by energy) that is from discretionary foods/beverages, and the top three discretionary foods/beverages contributing most to total energy at each meal type, by age and gender

School grade: 5th Girls (N=599)	Boys (N=490)		8th Girls (N=574)		Boys (N=476)		11th Girls (N=577)		Boys (N=423)			
	% of total E	% of which is disc. E	% of total E	% of which is disc. E	% of total E	% of which is disc. E	% of total E	% of which is disc. E	% of total E	% of which is disc. E		
Breakfast	20.1	19	20.1	19	18.6	19	19.0	20	18.0	20	16.7	20
Mixed fat spread*	1.0		0.9		0.9		1.1		0.9		0.8	
Pies, pizza, toasted sandwiches*	0.9		0.8		0.9		0.8		0.6		0.6	
Cakes, biscuits	0.3		0.4		0.2		0.3		0.3		0.3	
Lunch	25.8	28	26.2	27	22.9	26	25.2	29	23.9	29	27.1	29
Sausages*	1.1		1.4		0.9		1.3		1.8		1.7	
Pies, pizza, toasted sandwiches*	0.8		0.9		0.8		1.1		1.1		1.0	
Sausage dishes	0.8		0.6		0.6		0.8		0.8		0.8	
Dinner	30.7	34	34.9	34	30.7	31	33.0	33	31.0	33	34.2	33
Pies, pizza, toasted sandwiches*	1.9		2.5		2.3		3.0		2.4		3.0	
Sugar-sweetened beverages	1.5		1.9		1.2		1.8		1.5		1.8	
Potato products and dishes*	1.2		1.0		1.0		1.3		1.5		1.3	
Snack/between meal	10.0	36	9.2	39	10.5	33	8.7	35	9.2	35	7.7	35
Cakes, biscuits	1.0		1.0		0.9		0.9		1.2		0.7	
Desserts, icecream	0.5		0.5		0.7		0.4		0.5		0.3	
Sweets, chocolate	0.5		0.5		0.3		0.3		0.4		0.3	
Other	12.8	84	9.2	79	16.5	84	13.2	79	15.9	79	11.7	79
Sweets, chocolate	4.8		3.1		3.2		5.6		5.1		2.8	
Cakes, biscuits	2.2		1.6		1.7		1.9		2.6		2.2	
Crisps, savoury snacks	1.7		1.1		1.0		1.3		2.0		1.6	
Beverage (mainly)	0.6	35	0.5	46	0.8	51	0.8	85	2.1	85	2.6	85
Sugar-sweetened beverages	0.1		0.2		0.01		0.4		0.6		0.7	
Sugar, syrup, honey	0.02		0.05		0.01		0.02		0.6		0.4	
Desserts, icecream	0.02		0.00		0.01		0.01		0.1		0.4	

* Food group that contains both discretionary and non-discretionary foods
E, energy
Disc, discretionary