

Supplementary Material File S1: Talking Points (Tables 1 to 4)

1. Need (Is there a need for a nutrition-related health service for childhood weight?)

Question	Prompts
Icebreaker Q: Before we get started, let's get to know each other a little bit. If everyone can share their name and something about themselves that would be great! (For eg. What brought you here today? Are you a mother, father, grandmother? Do you have kids/grandkids? How many?)	
Do you think overweight and obesity is an issue in Aboriginal & Torres Strait Islander children in your community?	<ul style="list-style-type: none"> - If yes, why do you say that? - If no, why do you say that?
Do you think families would like help and advice to talk about and address the issue?	<ul style="list-style-type: none"> - How should this advice be offered?
Would healthy foods for the Aboriginal & Torres Strait Islander community help?	<ul style="list-style-type: none"> - Why or why not?
Would you like someone to talk to you about healthy food and your child's health?	<ul style="list-style-type: none"> - Who should talk to them about this?
Are there any reasons why children/families would or wouldn't use a healthy eating service to help healthy weight in children in your community?	
What have been the barriers for children/families to using a nutrition-related health service previously?	
Other feedback on need for a new service questions:	

2. Service Design (what should the service look like?)

Question	Prompts
<p>If the service looked like this (show Model of Service Delivery), what would you think? (Eg. A local service tailored for Aboriginal & Torres Strait Islanders, that provides dietitian and exercise services, and nutrition support)</p>	<ul style="list-style-type: none"> - What do you like? Dislike? - Anything missing? Anything to remove?
<p>What do you think the service should look like?</p>	<ul style="list-style-type: none"> - Who should attend? - Should they be individual or group appointments?
<p>Who should help with a healthy food service (i.e. Health Worker, Dietitian, Exercise Physiologist, Nurse, Doctor, Spiritual Healer)?</p>	
<p>How often to you think children/families should visit the service?</p>	
<p>Where do you think the service should be located?</p>	<ul style="list-style-type: none"> - Within existing service or a new place? - Do you have any suggestions where it should be located?
<p>Other feedback on questions for what the new service should look like:</p>	

3. Content (what should be talked about?)

Question	Prompts
What areas of health do you think the clinic should focus on to support a healthy weight in children?	<ul style="list-style-type: none">- What about food and nutrition?<ul style="list-style-type: none">o Traditional foods?- Physical activity?- Screen-time?- Social and emotional wellbeing?
Other feedback on questions related to what should be talked about:	

4. Engagement (connecting with the new service)

Question	Prompts
How would you/families like to find out about a new nutrition-related health service to help with healthy weight in children in your community?	
How would you/families like trust to be built with the new service and with Health Professionals delivering the service?	
What would make you/families want to come back for further sessions at the service?	
Can you suggest a name for the service?	- What social media outlets should we use to get more input?
Other feedback on connecting with the new service questions	