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# Spatiotemporal Variations in Nitrogen and Phosphorus in a Large Man-Made Lake and Their Relationships with Human Activities

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Abstract: Nitrogen and phosphorus excessive enrichment are major causes of water eutrophication, and variations in nutrients enrichment are strongly influenced by human activities. In this study, annual average water quality from 2001 to 2018 was used to explore the spatiotemporal variations in total nitrogen (TN) and total phosphorus (TP) and their relationships with human activities. Spatially, TN and TP concentrations exhibited significant variations across the five sub-lake zones, and their values were relatively higher in the NW lake zone than the other sub-lake zones. Temporally, TN concentration exhibited weak correlations with years in the NW ( $R^2 = 0.37$ , p < 0.05) and NE ( $R^2 = 0.43$ , p < 0.05) lake zones and significant and positive correlations with years in the SW ( $R^2 = 0.62$ , p < 0.05), SE ( $R^2 = 0.79$ , p < 0.05), and C ( $R^2 = 0.84$ , p < 0.05) lake zones. TP concentration exhibited decreasing trends in all lake zones except the NW lake zone ( $R^2 = 0.37$ , p < 0.05), its value shows a relatively low level and is the restrictive factor to algal growth. The trophic state of the Lake Qiandaohu was determined as mesotrophic. Gross domestic product (GDP) and construction land exhibited strong correlations with TN and TP. Moreover, agriculture nonpoint source pollution was the largest contributor to the excessive enrichment of TN and TP, resulting in water eutrophication. In addition, aquaculture was another major source of nutrients starting in 1999. Although the managers of Lake Qiandaohu implemented a protection-oriented fishery policy, good results cannot be easily achieved with a unilateral policy concerning environmental protection. Thus, comprehensive policies may be more effective than unilateral policies.

**Keywords:** Lake Qiandaohu; total nitrogen; total phosphorus; eutrophication; spatiotemporal variation; human activities

# 1. Introduction

Freshwater is an indispensable resource and essential for most life [1]. It accounts for 2.5% of all freely available water resources on the Earth's land surface, of which only 0.3% is available in lakes, reservoirs, and rivers [2]. Throughout the last few centuries, human activities and the excess use of freshwater resources for a variety of purposes have resulted in large-scale contamination or pollution of water [3]. These negative impacts have resulted in water bodies with poor water quality, limited potential use, water eutrophication, and even the degradation of aquatic ecosystems [4–6]. For example, large-scale harmful algal blooms occurred in Lake Taihu in 2007 that directly threatened the safety of



drinking water for millions of people in Wuxi City, Jiangsu Province, China [1]. Additionally, a high eutrophication status and algal blooms in Lake Dianchi in China were observed as early as 1977 [7].

Eutrophication is defined as an increase in the rate of supply of organic matter to an ecosystem, which is usually reflected by an increase in primary production of the system [8]. Excessive enrichment of nutrients (mainly compounds of nitrogen and phosphorus) in surface waters, causing the rapid growth of algae and aquatic macrophytes, deteriorating water quality and water eutrophication [6,9–12]. Eutrophic drinking water supply reservoirs are prone to have higher treatment costs. Natural eutrophication is an extremely slow and gradual process that generally occurs over many centuries as natural disturbances cause an imbalance between nutrient inputs and outputs [13–15]. However, human activities and economic development have greatly accelerated water eutrophication. Human activities and economic development are the two main factors that cause excessive enrichment of nutrients. These influencing factors include domestic and industrial sewage, agricultural runoff, gross domestic product (GDP) (primary, secondary, and tertiary industries), over-fertilization of farmland, population growth, and urbanization [16–18]. Moreover, aquaculture is one of the increasing sources of nutrient pollution. The worldwide annual output of freshwater aquaculture production increased by 500% from 1985 to 2005, increasing from 4.56 to 27.47 million tons [19], producing between 44 and 66 kg of N waste per ton of aquaculture production [20]. Furthermore, natural landscapes such as forests and wetlands are important in the capture and cycling of nutrients. Unfortunately, approximately 3 million ha of forests or wetlands were converted into croplands per year from 1995 to 2002 throughout the world [21], which led to greater nutrient losses to the local water bodies. Furthermore, a large number of hydroelectric dams were constructed around the world for hydropower generation, flood control, agricultural irrigation, tourism, and drinking water supply [22]. However, these hydroelectric dams greatly change the hydrometeorological conditions, sediment retention, and nutrient cycling, leading to water eutrophication [22–24].

Lake Qiandaohu, as a protected drinking water source, is the largest and most important artificial freshwater lake in the Yangtze River Delta and plays a vital role in the water supply of Zhejiang Province, southeastern China [25,26]. However, local outbreaks of algal blooms over the past two decades have resulted in serious threats to water quality and ecological protection. Additionally, water resource management and planning rely heavily on the knowledge of long-term trends and spatiotemporal variation of nutrients, especially total nitrogen (TN) and total phosphorus (TP) [5]. Monitoring the temporal and spatial variation in nutrient concentrations (especially TN and TP) and analyzing their correlations with human activities are important to managing water quality and water eutrophication. Therefore, the major aims of this paper are to (1) analyze the temporal and spatial variations from 2001 to 2018; (2) understand the interactions among TN, TP, and human activities.

#### 2. Material and Methods

#### 2.1. Study Area

Lake Qiandaohu ( $29^{\circ}29'-29^{\circ}50'$  N,  $118^{\circ}36'-119^{\circ}14'$  E) is a man-made, large, deep freshwater lake that was built in 1959 (Figure 1) [27]. It covers an area of 580 km<sup>2</sup>, with an average water depth of 30.44 m (maximum water depth of 100 m), a water volume of  $178.4 \times 10^8$  m<sup>3</sup>, and a basin area of 10,450 km<sup>2</sup> when the water level is 108 m [28,29]. This area has a typical subtropical monsoon humid climate with abundant rainfall. The average annual rainfall is 1526.38 mm, most of which occurs from April to August, accounting for ~60% of the total rainfall. The average annual temperature is ~17.71 °C (the maximum temperature occurs in July and August, and the minimum temperature occurs in January or February), and the average annual sunshine duration is ~1951 h. The main rivers entering the lake include Xin'anjiang (accounting for ~60% of the total runoff), Fuqiangxi (~20%), and Wuqiangxi (~10%), their catchments are dominated by the agricultural economy. Lake Qiandaohu was artificially divided into five sub-lake zones based on its characteristics to analyze the spatiotemporal distributions of their nutrients (mainly N and P) and their interactions with human activities (Figure 1): (1) the northwest (NW) lake zone, the northeast (NE) lake zone, the central (C) lake zone, the southwest (SW) lake zone, and the southeast (SE) lake zone.



**Figure 1.** Locations of Lake Qiandaohu and the sampling sites. The numbers represent the sites as follows: 1 = Jiekou, 2 = Weipinglingchang, 3 = Xiaojinshan, 4 = Hangtoudao, 5 = Maotoujian, 6 = Baimufan, 7 = Pailingshuichang, 8 = Xiyuan, 9 = Laoshanchukou, 10 = Santandao, 11 = Maozhuyuan, 12 = Dabaqian. Sampling sites 1–3 were grouped into the northwest lake zone, sampling sites 5–6 were grouped into the southwest lake zone, sampling sites 11–12 were grouped into the southeast lake zone, and sampling sites 7–10 were grouped into the central lake zone.

### 2.2. Data Collection

Water quality data, including water temperature, pH, dissolved oxygen (DO), total nitrogen (TN), total phosphorus (TP), chlorophyll  $\alpha$  (Chl- $\alpha$ ), and Secchi disk were collected from the Environmental Protection Agency of Hangzhou, China. pH was measured by the glass electrode method. DO was determined using the iodometric method. TN was determined by spectrophotometry after digestion with alkaline potassium persulfate; TP was measured in the same manner as for PO<sub>4</sub><sup>3—</sup>P after digestion with alkaline potassium persulfate (K<sub>2</sub>S<sub>2</sub>O<sub>8</sub> + NaOH); the PO<sub>4</sub><sup>3—</sup>P concentration was determined by spectrophotometry at 700 nm using the molybdenum blue method [30]; water samples that were used to measure Chl- $\alpha$  were filtered through GF/F filters (ANPEL Laboratory Technologies Inc., Shanghai, China), then the Chl- $\alpha$  was extracted with hot ethanol (90%) at 80 °C, and Chl- $\alpha$  was spectrophotometrically analyzed at 750 and 665 nm with a correlation for phaeopigments [23,30]; Secchi disk was determined with a standard 30-cm diameter Secchi disk (Beijing Purity Instrument Co., Ltd, Beijing, China) [31,32].

#### 2.3. Data Analysis

Statistical analyses, including average value calculations, linear and nonlinear fitting, regression, and standard deviation calculations, were performed with the Statistical Program for Social Sciences (SPSS 19.0) software. The location of Lake Qiandaohu and the spatiotemporal variations in nutrient concentrations were analyzed using ArcGIS 10.1 software. The significance levels are reported as significant if p < 0.05.

#### 3. Results and Discussion

#### 3.1. Dynamic Characteristics and Long-term Trends in TN and TP

Table 1 summarizes the variability in the nutrient concentrations in the five sub-lake zones from 2001 to 2018. TN ranged from  $0.55 \pm 0.06$  mg/L to  $1.39 \pm 0.15$  mg/L, with an average of  $0.88 \pm 0.05$  mg/L. The NW lake zone had the highest average TN value ( $1.14 \pm 0.12$  mg/L), followed by the NE lake zone (0.90 mg/L). The SW lake zone had the lowest average TN value ( $0.71 \pm 0.03$  mg/L), and the C lake zone and SE lake zone were in the middle position values of  $0.85 \pm 0.07$  mg/L and  $0.80 \pm 0.04$  mg/L, respectively. The long-term trends in TN over the last 18 years (2001-2018) in the five sub-lake zones are shown in Figure 2. The red dotted line shows that the mean concentration of TN in the whole lake zone exhibited an increasing trend from 2001 to 2008, then declined to 2010, and then gradually increased from 2010 to 2018 (Figure 2). The reasons may be that the rainfall in 2008 experienced the highest rainfall between 2001 and 2010, which brought considerable sediment and nutrients, resulting in a higher TN concentration. Linear fitting results indicated TN presence of weak correlations with years in the NW lake zone ( $R^2 = 0.37$ , p < 0.05) and NE lake zone ( $R^2 = 0.43$ , p < 0.05) and significant and positive correlations with years in the SW lake zone ( $R^2 = 0.62$ , p < 0.05), SE lake zone ( $R^2 = 0.79$ , p < 0.05), C lake zone ( $R^2 = 0.84$ , p < 0.05), and the whole lake zone ( $R^2 = 0.71$ , p < 0.05) (Figure 3).

Table 1. Summary of the nutrient concentrations in the five sub-lake zones from 2001 to 2018.

Region	Statistical Factor	TN (mg/L)	TP (mg/L)	Chl- $\alpha$ (mg/m <sup>3</sup> )	Secchi Disk (m)	TN:TP	Trophic State
NW lake zone (N = 18)	Max ± SD Min ± SD Mean ± SD	$\begin{array}{c} 1.39 \pm 0.15 \\ 0.91 \pm 0.14 \\ 1.14 \pm 0.12 \end{array}$	$\begin{array}{c} 0.033 \pm 0.016 \\ 0.011 \pm 0.005 \\ 0.020 \pm 0.008 \end{array}$	$\begin{array}{c} 11.33 \pm 3.30 \\ 3.00 \pm 1.41 \\ 8.30 \pm 2.34 \end{array}$	$3.91 \pm 1.02$ $2.53 \pm 0.56$ $3.09 \pm 0.66$	$77.14 \pm 17.83$ $40.81 \pm 9.11$ $58.22 \pm 16.27$	Mesotrophic
NE lake zone (N = 18)	Max Min Mean	1.16 0.74 0.90	0.019 0.007 0.012	7.00 2.00 4.06	4.67 2.72 3.62	140.00 45.63 74.70	Oligotrophic
SW lake zone (N = 18)	Max ± SD Min ± SD Mean ± SD	$\begin{array}{c} 0.87 \pm 0.01 \\ 0.56 \pm 0.08 \\ 0.71 \pm 0.03 \end{array}$	$\begin{array}{c} 0.027 \pm 0.028 \\ 0.009 \pm 0.003 \\ 0.013 \pm 0.007 \end{array}$	$7.50 \pm 2.5$ $4.67 \pm 2.22$ $3.00 \pm 1.00$	$4.10 \pm 1.40$ $2.98 \pm 0.95$ $3.47 \pm 1.41$	$\begin{array}{c} 137.27 \pm 10.00 \\ 27.96 \pm 9.23 \\ 53.15 \pm 4.64 \end{array}$	Oligotrophic
SE lake zone (N = 18)	Max ± SD Min ± SD Mean ± SD	$\begin{array}{c} 1.06 \pm 0.16 \\ 0.55 \pm 0.06 \\ 0.80 \pm 0.04 \end{array}$	$\begin{array}{c} 0.014 \pm 0.003 \\ 0.006 \pm 0.001 \\ 0.008 \pm 0.001 \end{array}$	$6.50 \pm 0.50$ $1.00 \pm 0.00$ $3.25 \pm 0.47$	$7.43 \pm 0.27 4.44 \pm 0.24 5.94 \pm 0.27$	$\begin{array}{c} 160.91 \pm 10.00 \\ 49.55 \pm 22.50 \\ 99.66 \pm 33.16 \end{array}$	Oligotrophic
C lake zone (N = 18)	Max ± SD Min ± SD Mean ± SD	$\begin{array}{c} 1.07 \pm 0.06 \\ 0.62 \pm 0.11 \\ 0.85 \pm 0.07 \end{array}$	$\begin{array}{c} 0.014 \pm 0.005 \\ 0.008 \pm 0.001 \\ 0.010 \pm 0.002 \end{array}$	$7.75 \pm 2.68$ $2.33 \pm 0.47$ $5.00 \pm 1.39$	$5.95 \pm 1.14$ $3.99 \pm 0.35$ $4.88 \pm 0.85$	$\begin{array}{c} 128.93 \pm 21.17 \\ 45.09 \pm 23.31 \\ 86.92 \pm 35.81 \end{array}$	Mesotrophic
Whole lake zone (N = 90)	Max ± SD Min ± SD Mean ± SD	$\begin{array}{c} 1.39 \pm 0.15 \\ 0.55 \pm 0.06 \\ 0.88 \pm 0.05 \end{array}$	$\begin{array}{c} 0.033 \pm 0.016 \\ 0.006 \pm 0.001 \\ 0.013 \pm 0.004 \end{array}$	$7.45 \pm 3.42$ $2.83 \pm 1.00$ $5.05 \pm 1.61$	$5.04 \pm 1.01$ $3.78 \pm 0.57$ $4.20 \pm 0.79$	$\begin{array}{c} 160.91 \pm 10.00 \\ 27.93 \pm 9.23 \\ 74.34 \pm 17.94 \end{array}$	Mesotrophic

Note: Max = maximum, Min = minimum, SD = standard deviation.



**Figure 2.** Long-term trends in total nitrogen (TN) among the five sub-lake zones from 2001 to 2018. Note: Red dotted line indicates the trend of mean TN concentration in the whole lake area.



Figure 3. Linear fitting of TN among the five sub-lake zones and the whole lake zone.

TP varied from  $0.006 \pm 0.001$  mg/L to  $0.033 \pm 0.016$  mg/L, with a mean value of  $0.013 \pm 0.004$  mg/L in the five lake zones from 2001 to 2018. The NW lake zone had the highest mean value of  $0.033 \pm 0.016$  mg/L, and similar results were found for the other sub-lake zones, with values of 0.012 mg/L in the NE lake zone,  $0.013 \pm 0.007$  mg/L in the SW lake zone,  $0.008 \pm 0.001$  mg/L in the SE lake zone, and  $0.010 \pm 0.002$  mg/L in the C lake zone. The maximum value of TP was found to be five times that of the minimum. The long-term trends in TP over the last 18 years (2001–2018) among the five sub-lake zones are shown in Figure 4. The mean TP showed a fluctuating but rising trend from 2001 to 2018 and exhibited significant variations among the five sub-lake zones. The linear fitting results show that the long-term trends in TP differ from those of TN. The TP showed a weak correlation with years ( $R^2 = 0.37$ , p < 0.05) in the NW lake zone and no correlations in the NE, C, SW lake zones (p > 0.05). Although TP in the SE lake zone showed a significant negative correlation with years ( $R^2 = 0.59$ , p < 0.05), it showed an increasing trend from 2001 to 2009, then declined and tended to stabilize in 2010 and beyond (Figure 5).



Figure 4. Long-term trends in total phosphorus (TP) among the five sub-lake zones from 2001 to 2018.

The reservoir trophic state was determined based on Vollenweider and Kerekes [33] and the Organization Economic Cooperation and Development (OECE) [34] limits for TN, TP, Chl- $\alpha$ , and Secchi disk. The trophic state was determined as mesotrophic in the NW, C lake zones (Table 1), the reasons may be that the Xin'anjiang River input a large number of nutrients and declined the Secchi disk through the resuspension of sediment. The trophic state was determined as oligotrophic in the NE, SW, and SE lake zones (Table 1), the reasons may be that the SE, NE lake zones are located in the Wuqiangxi River Basin and Fuqiangxi River Basin, respectively, with good vegetation coverage, small population, and agricultural lands areas. Although the whole lake zone is still a mesotrophic system and exhibits good water quality compared to other China reservoirs, such as Lake Dianchi [7] and Lake Taihu [1], the TN concentration indicated a eutrophic or hypertrophic.

The TN:TP ratio is a widely used indicator of which nutrients limit phytoplankton growth in freshwater ecosystems. When TN:TP < 22 by weight in the freshwater environments, P may be present in excess and N often limits algal growth; otherwise, P is often the limiting factor [6,35]. Understanding which nutrients limit algal growth help managers decide what control measures should be implemented to reduce eutrophication. In Lake Qiandaohu, the TN:TP ratio varied from  $27.93 \pm 9.23$  to  $160.91 \pm 10.00$ , with an average of  $74.34 \pm 17.94$  in the five sub-lake zones (Table 1), which indicates that P limits phytoplankton growth.



Figure 5. Linear fitting of TP among the five lake zones and the whole lake zone.

#### 3.2. Spatiotemporal Variation Characteristics of TN

The spatial characteristics of TN in Lake Qiandaohu from 2001 to 2018 are shown in Figure 6. In comparison to other freshwater lakes in China, such as Lake Taihu and Lake Dianchi [7,36–39], TN in Lake Qiandaohu remained relatively low for many years. In terms of the spatial-temporal distribution, strong spatiotemporal variability in TN was observed throughout the lake. The long-term trends first increased from 0.50–1.16 mg/L in 2001 to 0.74–1.52 mg/L in 2008, then decreased to 0.58–1.13 mg/L in 2012, and finally increased to 0.74–1.45 mg/L in 2018, which suggests that we need to be alert to a sharp rise in TN. The NW lake zone had the highest TN values, increasing by 25% from 1.16 mg/L in 2001 to 1.45 mg/L in 2018, followed by the SE, C, and SE lake zones, whereas the lowest TN values were observed in the SW lake zone. Overall, the TN values showed an upward trend and strong spatiotemporal variability in the five sub-lake zones.



Figure 6. Spatial distributions of TN in Lake Qiandaohu from 2001 to 2018. Note: a refers to the year.

# 3.3. Spatiotemporal Variation Characteristics of TP

The method used to analyze the spatiotemporal variation in TP is similar to that used for TN. Clear spatial variation among the five sub-lake zones can be seen in Figure 7. First, the spatial pattern of

TP from the NW lake zone to the C and SE lake zones shows a significant downward gradient. Based on the monitoring data from 2001 to 2018, the average TP values (± standard deviation) in the NW lake zone ranged from  $0.011 \pm 0.005$  mg/L to  $0.033 \pm 0.016$  mg/L, with an average value of  $0.020 \pm 0.008$  mg/L. In the C lake zone, the average TP value (± standard deviation) ranged from  $0.008 \pm 0.001$  mg/L to  $0.014 \pm 0.005$  mg/L, with an average value of  $0.010 \pm 0.002$  mg/L. In the SE lake zone, the average TP value (± standard deviation) ranged from  $0.008 \pm 0.001$  mg/L to  $0.014 \pm 0.005$  mg/L, with an average value of  $0.010 \pm 0.002$  mg/L. In the SE lake zone, the average TP value (± standard deviation) ranged from  $0.006 \pm 0.001$  mg/L to  $0.014 \pm 0.003$  mg/L, with an average value of  $0.008 \pm 0.001$  mg/L. The lowest average TP value was observed in the SW lake zone, with a value of  $0.013 \pm 0.007$  mg/L. Temporally, the average TP values in the NW and SE lake zones showed a significant positive (R<sup>2</sup> = 0.37, *p* < 0.05) and significantly negative correlation (R<sup>2</sup> = 0.59, *p* < 0.05), respectively, whereas no significant changes were observed in the other lake zones (Figure 5). However, TP in the NE, SW, SE, and C lake zones decreased, which led to an increase in the TN:TP ratio.



Figure 7. Spatial distributions of TP in Lake Qiandaohu from 2001 to 2018. Note: a refers to the year.

# 3.4. Effects of Human Activities on TN and TP

Previous studies on nutrients in lakes have indicated that human activities, including economic development, sewage discharge, urbanization and excessive use of chemical fertilizers, contribute to water eutrophication [7,40]. The gross domestic product (GDP), including primary industry (agriculture),

secondary industry (industry), and tertiary industry (services), was used to analyze the contribution of human activities to water eutrophication. As shown in Figure 8, TN exhibited a higher correlation with primary and tertiary industries than with secondary industry; the correlation coefficient of TN with primary, secondary, and tertiary industries can reach 0.66, 0.59, and 0.69, respectively. TP exhibited a strong correlation with the primary industry ( $R^2 = 0.63$ , p < 0.05); however, it showed a weak correlation with secondary and tertiary industries (Figure 8).



**Figure 8.** Correlations among TN, TP, and gross domestic product (GDP) from 2001 to 2018. TN = 0.010 × GDP + 0.65,  $R^2 = 0.66$ , p < 0.05 for primary industry; TN = 0.0037 × GDP + 0.70,  $R^2 = 0.59$ , p < 0.05 for secondary industry; TN = 0.0025 × GDP + 0.74,  $R^2 = 0.69$ , p < 0.05 for tertiary industry; TP = -2.58 × 10<sup>-4</sup> × GDP + 0.0031,  $R^2 = 0.63$ , p < 0.05 for primary industry; TP = 7.80 × 10<sup>-5</sup> × GDP + 0.0054,  $R^2 = 0.17$ , p > 0.05 for secondary industry; and TP = -3.74 × 10<sup>-5</sup> × GDP + 0.0076,  $R^2 = 0.071$ , p < 0.05 for tertiary industry.

Agricultural pollution is a vital factor influencing water eutrophication. Due to the natural solubility of nitrates, agriculture sewage contains a large amount of N. It is estimated that sewage contributes 33% of the riverine environment in China [41]. However, phosphorus is a relatively immobile element and may be carried to streams through soil erosion and surface runoff from excessively fertilized agricultural fields. Phosphorus generally enters the aquatic ecosystem adhered to soil particles and is strongly influenced by watershed land use and the concentration of P in watershed soil [8]. In water bodies, phosphorus can occur in many forms, and all forms of phosphorus are not directly available to plants. Previous studies have revealed that surface water bodies near agricultural land, cities, and fertilizer units are prone to P enrichment, which promotes excessive algal blooms [42–44]. Agricultural (including livestock agriculture) sources of nonpoint source pollution have the largest impact on water pollution in Lake Qiandaohu because such pollution is more extensive and difficult to control [29,37,44]. Therefore, the rapid growth and intensification of crop and animal farming in the Lake Qiandaohu basin have created an imbalance in N and P inputs and outputs, which has led to regional surpluses in N and P inputs.

Urbanization or construction land area changes may be necessary for economic development. However, these changes usually lead to environmental degradation, such as excessive enrichment of nutrients in water bodies [7,45]. TN and TP showed a strong positive correlation with the construction land area, with a correlation coefficient reaching 0.91 and 0.75 (p < 0.05), respectively (Figure 9). The reasons may be that urbanization has changed the structure and nature of land use, damaged water and soil resources, exacerbated soil loss, and sediment carried a large amount of nutrients into the water body, leading to the accumulation of TN and TP. Moreover, large amounts of chemical fertilizers applied to croplands to maintain the growth of agricultural yield end up entering the freshwater system, causing degradation of water quality and eutrophication of lakes, rivers, and groundwater [7]. Additionally, under some conditions,

up to 50% of the N fertilizers applied to the soil can be lost to the atmosphere by volatilization [46]. A portion of the volatilized ammonia is deposited in waterways through atmospheric deposition.



**Figure 9.** Correlations among construction land, TN, and TP. The correlation coefficient between TN and construction land is 0.91, p < 0.05, and the correlation coefficient between TP and construction land is 0.75, p < 0.05.

Aquaculture is another growing source of TN and TP pollution in Lake Qiandaohu. Aquaculture operations produce between 44 and 66 kg of TN waste per ton of fish [20], which results in 440–660 tons of TN waste (according to the Chun'an County statistical yearbook of 2017, the county's annual output is more than 10,000 tons of fresh fish). Fortunately, the managers of Lake Qiandaohu have introduced nearly 1000 tons of silver and bighead carp, which mainly feed on phytoplankton, to control water eutrophication. As a result, the biomass of silver and bighead carp has increased from 500 tons in 1999 to 800 tons in 2010, a total increase of 60% [25]. This effective management practice has changed the nutrient levels in Lake Qiandaohu, especially by lowering the P levels because P is the limiting factor for phytoplankton growth.

#### 4. Conclusions

The trophic state of the Lake Qiandaohu was determined as mesotrophic based on TN, TP, Chl- $\alpha$ , and Secchi disk. Spatially, TN and TP concentrations exhibited significant variations across the five sub-lake zones, and their values were relatively higher in the NW lake zone than the other sub-lake zones. Temporally, TN concentration exhibited weak correlations with years in the NW (R<sup>2</sup> = 0.37, p < 0.05) and NE (R<sup>2</sup> = 0.43, p < 0.05) lake zones and significant and positive correlations with years in the SW (R<sup>2</sup> = 0.62, p < 0.05), SE (R<sup>2</sup> = 0.79, p < 0.05), and C (R<sup>2</sup> = 0.84, p < 0.05) lake zones. TP concentration exhibited is all lake zones except the NW lake zone (R<sup>2</sup> = 0.37, p < 0.05).

The contribution of human activities, including GDP, urbanization, agriculture nonpoint source, and aquaculture to the excessive enrichment of nutrients in water bodies was drastic. The nitrogen pollution shows a high level, while phosphorus exhibits a relatively low level and is the restrictive factor to algal growth in the Lake Qiandaohu. Consequently, more attention needs to be paid to phosphorus reduction for eutrophication management.

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