

Table S1. Summary of bias findings using the QUIPS tool							
Author	Study participation	Study attrition	Prognostic factor measurement	Outcome measurement	Study confounding	Statistical analysis and reporting	Overall risk of bias
Baumann (2014)	Low	Moderate	Low	Low	Moderate	Low	Low
Benitez (2012)	Low	High	Moderate	Low	Moderate	Low	Moderate
Grunwald (2014)	Low	Low	Low	Low	Moderate	Low	Low
Sabanayagam (2011)	Low	Low	Low	Low	Low	Low	Low
Wong (2003)	Low	High	Low	Low	Low	Low	Moderate
Yau (2011)	Low	Unknown	Low	Low	Low	Low	Low
Yip (2015)	Low	Low	Low	Moderate	High	Low	Moderate
Yip (2017)	Low	High	Low	Low	Low	Low	Moderate
Awualarbi (2011)	Low	High	Low	Low	Low	Low	Moderate
Bao (2015)	Low	Unknown	Low	Moderate	Moderate	Low	Moderate
Baumann (2009)	Moderate	Unknown	High	Low	High	High	High
Benitez-Aguirre (2018)	Low	Low	Low	Low	High	Low	Moderate
Broe (2014)	Low	Moderate	Moderate	Low	Low	Low	Low
Broe (2014)	Low	Moderate	Low	Low	Low	Low	Low
Cankurtaran (2019)	Low	Unknown	Low	Low	High	Low	Moderate
Edwards (2005)	Low	Moderate	Low	Low	Low	Low	Low
Garcia-Ortiz (2012)	Low	Unknown	Low	High	High	Low	High
Garrido (2019)	High	Unknown	Low	Low	High	Low	High
Grauslund (2009)	Low	Low	Low	Low	Low	Low	Low

Grauslund (2010)	Low	Low	Low	Low	Low	Low	Low
Grunwald (2019)	Low	High	Low	Low	Low	Low	Low
Gu (2015)	Low	Moderate	Low	Low	Moderate	Low	Low
Hwang (2016)	Low	Unknown	Low	Low	Low	Low	Low
Keel (2017)	Low	Unknown	Low	Low	Low	Low	Low
Klein (2010)	Low	Unknown	Low	Low	Moderate	Moderate	Moderate
Liew (2011)	Low	Unknown	Low	Low	High	Moderate	High
Lim (2013)	Low	Unknown	Low	Low	Low	Low	Low
Mckay (2018)	Low	Unknown	Moderate	Unknown	Moderate	Low	High
Mottl (2012)	Low	Low	Low	Low	Low	Low	Low
Ooi (2011)	Low	Low	Low	Low	High	Moderate	Moderate
Phan (2016)	High	Unknown	High	High	High	High	High
Rasmusse n (2017)	Moderate	Low	Low	Moderate	Moderate	Low	Moderate
Sabanayag am (2008)	Low	Unknown	Low	Low	Low	Low	Low
Sabanayag am (2009)	Low	Unknown	Low	Low	Low	Low	Low
Sasongko (2012)	Low	Unknown	Low	Low	Moderate	Low	Low
Sng (2010)	Low	Unknown	Low	Low	Low	Low	Low
Tamadon (2015)	Moderate	Unknown	High	High	High	High	High
Vadala (2018)	Moderate	Unknown	Low	Low	High	High	High
Wong (2004)	Low	High	Low	Low	Low	Low	Low
Zhang (2014)	Low	Unknown	Low	Low	Low	Low	Low
Ha M (2019)	Low	Low	Low	Unknown	High	High	High
Lee (2014)	Low	Low	Low	Unknown	Moderate	Low	Low