

## Horse owner questionnaire

**1. What is your gender?**

- Female
- Male
- Non-binary
- Do not want to say

**2. How old are you?**

- <18 years
- 18-23 years
- 24-35 years
- 36-50 years
- 51-64 years
- >65 years

**3. Where do you live?**

- Norrland (North Sweden)
- Svealand (Middle Sweden)
- Götaland (South Sweden)

**4. Do you live in a town or a rural area?**

- Town
- Rural area

**5. What is your educational background?**

- Grundskola (elementary, 9 years)
- Gymnasieskola (high school, 3 years)
- Eftergymnasial (university or other, after 12 years)
- Do not want to say

**6. For how long have you owned a horse (or had full responsibility for a horse)?**

- 0-5 years
- 6-10 years
- 11-20 years
- >21 years

**7. For what discipline(s) do you use your horse?**

- Jumping
- Dressage
- Eventing





**A questionnaire study on the use of complementary and alternative veterinary medicine for horses in Sweden** by K. Gilberg, A. Bergh, S. Sternberg-Lewerin *Animals*

Chiropractic	<input type="checkbox"/>					
Craniosacral therapy	<input type="checkbox"/>					
Laser therapy	<input type="checkbox"/>					
LED light therapy	<input type="checkbox"/>					
Magnetic field therapy	<input type="checkbox"/>					
Massage	<input type="checkbox"/>					
Naprapathy	<input type="checkbox"/>					
Osteopathy	<input type="checkbox"/>					
Stretching	<input type="checkbox"/>					
Therapeutic ultrasound	<input type="checkbox"/>					
Ointment	<input type="checkbox"/>					
Cooling mud	<input type="checkbox"/>					
Ceramic fabric	<input type="checkbox"/>					

**Do you use any other CAVM-method to prevent disease/injury that was not listed above? If yes, please state what method and how often used.**

---

---

---

**13. Has your horse experienced any negative side effects from CAVM treatments used?**

- Yes  
 No  
 Comment \_\_\_\_\_

**14. If your horse has been treated with CAVM, what made you contact the CAVM therapist?**

- Recommended by a friend  
 Referral by a veterinarian  
 Advertisement  
 Have not contacted any therapist  
 Other \_\_\_\_\_

**15. What method do you think has a good effect for treatment of the following injuries? (Multiple alternatives can be chosen)**

**Lameness**

- Acupuncture  
 Electrotherapy/muscle stimulation/TENS NMES  
 Healing  
 Homeopathy

**A questionnaire study on the use of complementary and alternative veterinary medicine for horses in Sweden** by K. Gilberg, A. Bergh, S. Sternberg-Lewerin *Animals*

- Hair analysis
- Iris diagnostics
- Kinesiology
- Chiropractic
- Craniosacral therapy
- Laser therapy
- LED light therapy
- Magnetic/magnetic field therapy
- Massage
- Naprapathy
- Osteopathy
- Stretching
- Therapeutic ultrasound
- Ointment
- Cooling mud
- Ceramic fabric
- None of the above
- Other \_\_\_\_\_

**Back problems**

- Acupuncture
- Electrotherapy/muscle stimulation/TENS NMES
- Healing
- Homeopathy
- Hair analysis
- Iris diagnostics
- Kinesiology
- Chiropractic
- Craniosacral therapy
- Laser therapy
- LED light therapy
- Magnetic/magnetic field therapy
- Massage
- Naprapathy
- Osteopathy
- Stretching
- Therapeutic ultrasound

**A questionnaire study on the use of complementary and alternative veterinary medicine for horses in Sweden** by K. Gilberg, A. Bergh, S. Sternberg-Lewerin *Animals*

- Ointment
- Cooling mud
- Ceramic fabric
- None of the above
- Other \_\_\_\_\_

**Colic**

- Acupuncture
- Electrotherapy/muscle stimulation/TENS NMES
- Healing
- Homeopathy
- Hair analysis
- Iris diagnostics
- Kinesiology
- Chiropractic
- Craniosacral therapy
- Laser therapy
- LED light therapy
- Magnetic/magnetic field therapy
- Massage
- Naprapathy
- Osteopathy
- Stretching
- Therapeutic ultrasound
- Ointment
- Cooling mud
- Ceramic fabric
- None of the above
- Other \_\_\_\_\_

**Skin problems**

- Acupuncture
- Electrotherapy/muscle stimulation/TENS NMES
- Healing
- Homeopathy
- Hair analysis
- Iris diagnostics
- Kinesiology

**A questionnaire study on the use of complementary and alternative veterinary medicine for horses in Sweden** by K. Gilberg, A. Bergh, S. Sternberg-Lewerin *Animals*

- Chiropractic
- Craniosacral therapy
- Laser therapy
- LED light therapy
- Magnetic/magnetic field therapy
- Massage
- Naprapathy
- Osteopathy
- Stretching
- Therapeutic ultrasound
- Ointment
- Cooling mud
- Ceramic fabric
- None of the above
- Other \_\_\_\_\_

**Respiratory problems**

- Acupuncture
- Electrotherapy/muscle stimulation/TENS NMES
- Healing
- Homeopathy
- Hair analysis
- Iris diagnostics
- Kinesiology
- Chiropractic
- Craniosacral therapy
- Laser therapy
- LED light therapy
- Magnetic/magnetic field therapy
- Massage
- Naprapathy
- Osteopathy
- Stretching
- Therapeutic ultrasound
- Ointment
- Cooling mud
- Ceramic fabric

**A questionnaire study on the use of complementary and alternative veterinary medicine for horses in Sweden** by K. Gilberg, A. Bergh, S. Sternberg-Lewerin *Animals*

- None of the above
- Other \_\_\_\_\_

**Weight loss**

- Acupuncture
- Electrotherapy/muscle stimulation/TENS NMES
- Healing
- Homeopathy
- Hair analysis
- Iris diagnostics
- Kinesiology
- Chiropractic
- Craniosacral therapy
- Laser therapy
- LED light therapy
- Magnetic/magnetic field therapy
- Massage
- Naprapathy
- Osteopathy
- Stretching
- Therapeutic ultrasound
- Ointment
- Cooling mud
- Ceramic fabric
- None of the above
- Other \_\_\_\_\_

**Oral cavity problems**

- Acupuncture
- Electrotherapy/muscle stimulation/TENS NMES
- Healing
- Homeopathy
- Hair analysis
- Iris diagnostics
- Kinesiology
- Chiropractic
- Craniosacral therapy
- Laser therapy

**A questionnaire study on the use of complementary and alternative veterinary medicine for horses in Sweden** by K. Gilberg, A. Bergh, S. Sternberg-Lewerin *Animals*

- LED light therapy
- Magnetic/magnetic field therapy
- Massage
- Naprapathy
- Osteopathy
- Stretching
- Therapeutic ultrasound
- Ointment
- Cooling mud
- Ceramic fabric
- None of the above
- Other \_\_\_\_\_

**Behavioural problems**

- Acupuncture
- Electrotherapy/muscle stimulation/TENS NMES
- Healing
- Homeopathy
- Hair analysis
- Iris diagnostics
- Kinesiology
- Chiropractic
- Craniosacral therapy
- Laser therapy
- LED light therapy
- Magnetic/magnetic field therapy
- Massage
- Naprapathy
- Osteopathy
- Stretching
- Therapeutic ultrasound
- Ointment
- Cooling mud
- Ceramic fabric
- None of the above
- Other \_\_\_\_\_

**16. If your horse has been treated by any of the previously mentioned methods, for what reason did you choose that method or therapist? Select for each statement how well it matches you and your horse.**

	Fully agree	Partly agree	Neither	Partly disagree	Disagree
I am well received by the therapist	<input type="checkbox"/>				
The treatment helps my horse	<input type="checkbox"/>				
There is scientific evidence that the treatment works	<input type="checkbox"/>				
In my experience the treatment works for horses	<input type="checkbox"/>				
The therapist has time and I can get an appointment quickly	<input type="checkbox"/>				
The therapist chose the method that best suited my horse's needs	<input type="checkbox"/>				

**17. If your horse has been by a veterinarian for disease/injury, for what reason did you choose to contact the veterinarian? Select for each statement how well it matches you and your horse.**

	Fully agree	Partly agree	Neither	Partly disagree	Disagree
I am well received by the veterinarian	<input type="checkbox"/>				
The treatment helps my horse	<input type="checkbox"/>				
There is scientific evidence that the treatment works	<input type="checkbox"/>				
In my experience the	<input type="checkbox"/>				

treatment  
works for horses  
The veterinarian  
has time and I  
can get an  
appointment  
quickly

**Any other reasons for choosing CAVM treatment?**

---

---

---

**Any other reasons for consulting a veterinarian?**

---

---

---

**18. How much have you spent on preventive treatments (those listed in previous questions) for your horse in the last year?**

- 0-1 000 SEK
- 1 001-5 000 SEK
- 5 001-10 000 SEK
- >10 000 SEK

**19. How much have you spent on products for treatment/prevention for your horse's health in the last year?**

- 0-1 000 SEK
- 1 001-5 000 SEK
- 5 001-10 000 SEK
- >10 000 SEK

**20. How much have you spent on CAVM treatments (those listed in previous questions) for treatment of disease or injury in your horse in the last year?**

- 0-1 000 kr
- 1 001-5 000
- 5 001-10 000
- mer än 10 000

**21. Does your insurance company pay for treatments by non-veterinarians, e.g. those listed in previous questions?**

- Yes
- Yes, on veterinary referral
- No
- Don't know

**22. Is it important when you choose insurance company that the previously mentioned methods are compensated?**

- Yes
- No
- Haven't thought about it

**23. In what way do you think CAVM treatment of animals should be regulated to improve animal welfare and avoid potential incorrect treatments? (Multiple alternatives can be selected)**

- Things are fine, nothing needs changing
- A veterinary consultation should be mandatory before CAVM treatment, to avoid incorrect treatment
- The therapist should be required to refer to a veterinarian if needed
- The veterinarian should be required to refer to a CAVM therapist if needed
- A requirement for record keeping should be introduced, to increase patient safety and facilitate follow-up
- Basic knowledge of animal medicine should be included in all CAVM education
- Protected professional titles should be introduced for CAVM therapists, so that animal owners know who has what qualifications
- Own suggestion \_\_\_\_\_

**Thank you for responding to the questionnaire! If you have any additional comments, please feel free to write them here**

---

---

## Questionnaire to horse veterinarians

**1. What is your gender?**

- Female
- Male
- Non-binary
- Do not want to say

**2. How old are you?**

- <18 years
- 18-23 years
- 24-35 years
- 36-50 years
- 51-64 years
- >65 years

**3. Where do you live?**

**A questionnaire study on the use of complementary and alternative veterinary medicine for horses in Sweden** by K. Gilberg, A. Bergh, S. Sternberg-Lewerin *Animals*

- Norrland (North Sweden)
- Svealand (Middle Sweden)
- Götaland (South Sweden)

**4. Do you work in a town or a rural area?**

- Town
- Rural area

**5. For how long have you been a veterinary practitioner?**

- <5 years
- 6-10 years
- 11-20 years
- 21-30 years
- >31 years

**6. In which country did you receive your veterinary education?**

- Sweden
- Other Nordic country
- Other European country
- Outside Europe

**7. Did your veterinary curriculum include CAVM (complementary and alternative veterinary medicine)?**

- Yes
- No
- Cannot remember

**8. Have you received postgraduate training in CAVM?**

- No
- Yes, in what subject: \_\_\_\_\_

**9. How many equine patients do you see per week with locomotor problems?**

- <10
- 11-29
- >30

**10. What are your equine patients commonly used for? (Multiple alternatives can be selected)**

- Dressage
- Jumping
- Eventing
- Trotting

**A questionnaire study on the use of complementary and alternative veterinary medicine for horses in Sweden** by K. Gilberg, A. Bergh, S. Sternberg-Lewerin *Animals*

- Racing
- Leisure
- Driving
- Icelandic
- Other

**11. Do you use any CAVM method professionally? (Multiple alternatives can be selected)**

- Acupuncture
- Electrotherapy (e.g. TENS)
- Homeopathy
- Kinesiology
- Chiropractic
- Laser therapy
- LED light therapy
- Magnetic/magnetic field therapy
- Massage
- Naprapathy
- Osteopathy
- Stretching
- Therapeutic ultrasound
- Water treadmill
- Ointment
- Cooling mud
- Ceramic fabric
- No
- Other \_\_\_\_\_

**12. Do you use any CAVM method privately (in your own horse)? (Multiple alternatives can be selected)**

- Acupuncture
- Electrotherapy (e.g. TENS)
- Homeopathy
- Kinesiology
- Chiropractic
- Laser therapy
- LED light therapy
- Magnetic/magnetic field therapy
- Massage

**A questionnaire study on the use of complementary and alternative veterinary medicine for horses in Sweden** by K. Gilberg, A. Bergh, S. Sternberg-Lewerin *Animals*

- Naprapathy
- Osteopathy
- Stretching
- Therapeutic ultrasound
- Water treadmill
- Ointment
- Cooling mud
- Ceramic fabric
- No
- I don't own a horse
- Other \_\_\_\_\_

**13. If you use or recommend any CAVM method, for what reason do you choose that method? Select for each statement how well it agrees with your opinion.**

	Fully agree	Partly agree	Neither	Partly disagree	Disagree
There is scientific evidence that the treatment works	<input type="checkbox"/>				
The method lacks scientific evidence but there is clinical experience	<input type="checkbox"/>				
I am often asked by clients to provide the treatment	<input type="checkbox"/>				
It has economic benefits	<input type="checkbox"/>				
I want my practice to include a broad selection of methods	<input type="checkbox"/>				
It doesn't hurt to try	<input type="checkbox"/>				

**14. For what indication(s) do you use/recommend any of the following methods? (Multiple alternatives can be selected)**

**Tendon injury**

**A questionnaire study on the use of complementary and alternative veterinary medicine for horses in Sweden** by K. Gilberg, A. Bergh, S. Sternberg-Lewerin *Animals*

- Acupuncture
- Electrotherapy e.g. TENS
- Chiropractic
- Laser therapy
- LED light therapy
- Magnetic/magnetic field therapy
- Massage
- Naprapathy
- Osteopathy
- Stretching
- Therapeutic ultrasound
- Water treadmill
- None of the above
- Other \_\_\_\_\_

**Muscle injury**

- Acupuncture
- Electrotherapy e.g. TENS
- Chiropractic
- Laser therapy
- LED light therapy
- Magnetic/magnetic field therapy
- Massage
- Naprapathy
- Osteopathy
- Stretching
- Therapeutic ultrasound
- Water treadmill
- None of the above
- Other \_\_\_\_\_

**Skeletal injury**

- Acupuncture
- Electrotherapy e.g. TENS
- Chiropractic
- Laser therapy
- LED light therapy
- Magnetic/magnetic field therapy

**A questionnaire study on the use of complementary and alternative veterinary medicine for horses in Sweden** by K. Gilberg, A. Bergh, S. Sternberg-Lewerin *Animals*

- Massage
- Naprapathy
- Osteopathy
- Stretching
- Therapeutic ultrasound
- Water treadmill
- None of the above
- Other \_\_\_\_\_

**Ligament injury**

- Acupuncture
- Electrotherapy e.g. TENS
- Chiropractic
- Laser therapy
- LED light therapy
- Magnetic/magnetic field therapy
- Massage
- Naprapathy
- Osteopathy
- Stretching
- Therapeutic ultrasound
- Water treadmill
- None of the above
- Other \_\_\_\_\_

**Arthritis**

- Acupuncture
- Electrotherapy e.g. TENS
- Chiropractic
- Laser therapy
- LED light therapy
- Magnetic/magnetic field therapy
- Massage
- Naprapathy
- Osteopathy
- Stretching
- Therapeutic ultrasound
- Water treadmill

- None of the above
- Other \_\_\_\_\_

**Neural injury**

- Acupuncture
- Electrotherapy e.g. TENS
- Chiropractic
- Laser therapy
- LED light therapy
- Magnetic/magnetic field therapy
- Massage
- Naprapathy
- Osteopathy
- Stretching
- Therapeutic ultrasound
- Water treadmill
- None of the above
- Other \_\_\_\_\_

**Back problems**

- Acupuncture
- Electrotherapy e.g. TENS
- Chiropractic
- Laser therapy
- LED light therapy
- Magnetic/magnetic field therapy
- Massage
- Naprapathy
- Osteopathy
- Stretching
- Therapeutic ultrasound
- Water treadmill
- None of the above
- Other \_\_\_\_\_

**15. Do you receive clients that have been recommended by a CAVM therapist to consult a veterinarian?**

- Never happens
- <5 times/year

**A questionnaire study on the use of complementary and alternative veterinary medicine for horses in Sweden** by K. Gilberg, A. Bergh, S. Sternberg-Lewerin *Animals*

- 6-20 times/year
- 21-40 times/year
- >40 times/year

**16. Do you refer your patients to a CAVM therapist?**

- Never done
- Yes – how often and to what type of therapist? \_\_\_\_\_

**17. Do you know the level of education to the therapist(s) you refer to?**

- No
- Yes \_\_\_\_\_

**18. If you refer to CAVM therapists, how do you follow up the treatment?**

- Book an appointment with me or a colleague
- Contact the therapist
- Don't follow up the treatment
- Other \_\_\_\_\_

**19. In what way do you think CAVM treatment of animals should be regulated to improve animal welfare and avoid potential incorrect treatments? (Multiple alternatives can be selected)**

- Things are fine, nothing needs changing
- A veterinary consultation should be mandatory before CAVM treatment, to avoid incorrect treatment
- The therapist should be required to refer to a veterinarian if needed
- The veterinarian should be required to refer to a CAVM therapist if needed
- A requirement for record keeping should be introduced, to increase patient safety and facilitate follow-up
- Basic knowledge of animal medicine should be included in all CAVM education
- Protected professional titles should be introduced for CAVM therapists, so that animal owners know who has what qualifications
- Own suggestion \_\_\_\_\_

**Thank you for responding to the questionnaire! If you have any additional comments, please feel free to write them here**

\_\_\_\_\_

\_\_\_\_\_

## CAVM therapist questionnaire

**1. What is your gender?**

**A questionnaire study on the use of complementary and alternative veterinary medicine for horses in Sweden** by K. Gilberg, A. Bergh, S. Sternberg-Lewerin *Animals*

- Female
- Male
- Non-binary
- Do not want to say

**2. How old are you?**

- <18 years
- 18-23 years
- 24-35 years
- 36-50 years
- 51-64 years
- >65 years

**3. Where do you live?**

- Norrland (North Sweden)
- Svealand (Middle Sweden)
- Götaland (South Sweden)

**4. Do you work in a town or a rural area?**

- Town
- Rural area

**5. Which patients do you treat?**

	Often (several times/week)	Sometimes	Rarely	Never
People	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Horses	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Dogs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Cats	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Other animals	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**6. What CAVM method(s) do you use for treatment of animals? (CAVM = complementary and alternative veterinary medicine). More than one alternative can be selected.**

- Acupressure
- Acupuncture
- Anthroposofic medicine
- Aroma therapy
- Auriculotherapy
- Aquatherapy/hydrotherapy
- Bio Harmony
- Bioresonance therapy

**A questionnaire study on the use of complementary and alternative veterinary medicine for horses in Sweden** by K. Gilberg, A. Bergh, S. Sternberg-Lewerin *Animals*

- Chiropractic
- Colloidal silver
- Craniosacral therapy
- Crystal therapy
- Distance healing
- DMSO (dimethyl sulfoxide)
- Electrotherapy (NMES, TENS)
- Gold injection
- Healing
- Herbal medicine
- Homeopathy
- Water therapy
- Infrasound
- Ion therapy
- Iontoforesis
- Iris diagnostics
- Kinesiology
- Laser therapy
- LED light therapy
- Hirudotherapy (leeches)
- Light therapy
- Ointment
- Magnetic therapy
- Manipulation
- Massage
- Mesotherapy
- Mobilisation
- Moxibustion
- Mud treatment
- Myofascial release
- Naprapathy
- Neural therapy
- Osteopathy
- Reflexology
- Shock wave treatment
- Sound treatment
- Stretching

**A questionnaire study on the use of complementary and alternative veterinary medicine for horses in Sweden** by K. Gilberg, A. Bergh, S. Sternberg-Lewerin *Animals*

- Swimming
- Therapeutic exercise
- Traditional Chinese medicine
- Trigger point therapy
- Therapeutic ultrasound
- Vacuum therapy
- Vibration therapy
- Vitamin- and mineral therapy
- Water treadmill
- Zone therapy
- Other \_\_\_\_\_

**7. Is treatment of animals your main source of income?**

- Yes
- No

**8. Have you received training in the method(s) you use? (More than one alternative can be selected)**

- Separate courses provided by a private actor
- Educational programme provided by a private actor
- Separate university-level courses
- University-level programme
- No formal training, have taught myself
- No formal training, have been taught by a friend
- Other

**9. Have you finished your training or are you studying now?**

- Currently studying
- Finished training

**10. Where did you receive your education?**

- Sweden
- Abroad
- If you like, please describe: \_\_\_\_\_

**11. For how long have you been practising the methods mentioned above? If you use more than one method, respond for the method you have practised for the longest time.**

- <5 years
- 6-10 years
- 11-30 years

>30 years

**12. How do you recruit your patients?**

- Via veterinarians
- Via other CAVM therapists
- Directly via the animal owner

**13. What is the nature of your collaboration with veterinarians?**

- No collaboration
- Refer/recommend my patients to a veterinarian when needed
- Get referrals/recommendations from veterinarian(s) when needed

**14. How do you follow up the treatment of a patient that you have referred to a veterinarian?**

- Book an appointment for follow up with me or a non-veterinary colleague
- Contact with the veterinarian
- Do not follow up treatment
- Other \_\_\_\_\_

**15. Please select for each of the following statements how well it matches your opinion**

	Fully agree	Partly agree	Neither	Partly disagree	Disagree
There is scientific evidence that my method(s) work for animals	<input type="checkbox"/>				
There isn't scientific evidence, but experience shows that that my method(s) work for animals	<input type="checkbox"/>				
There is scientific evidence that my method(s) work for humans, and hence they should work for animals	<input type="checkbox"/>				

I rarely observe any negative side effects from my method(s)

I inform the client about the potential risk of negative side effects from my method(s)

**16. In what way do you think CAVM treatment of animals should be regulated to improve animal welfare and avoid potential incorrect treatments? (Multiple alternatives can be selected)**

- Things are fine, nothing needs changing
- A veterinary consultation should be mandatory before CAVM treatment, to avoid incorrect treatment
- The therapist should be required to refer to a veterinarian if needed
- The veterinarian should be required to refer to a CAVM therapist if needed
- A requirement for record keeping should be introduced, to increase patient safety and facilitate follow-up
- Basic knowledge of animal medicine should be included in all CAVM education
- Protected professional titles should be introduced for CAVM therapists, so that animal owners know who has what qualifications
- Own suggestion \_\_\_\_\_

**Thank you for responding to the questionnaire! If you have any additional comments, please feel free to write them here**

---

---