



Article Mixed, Augmented and Virtual, Reality Applied to the Teaching of Mathematics for Architects

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Abstract: This paper examines the possibilities of Mixed Reality, the combination of two emerging technologies—Augmented Reality and Virtual Reality—in university education. For this purpose, an object was elaborated in Mixed Reality that underwent the evaluation of 44 first-year students from the degree in architecture who were enrolled in the subject "Mathematical Foundations for Architecture." The instrument utilized was based on the TAM model, which analyzes the degree of acceptance of the technology used. The analysis of the responses provided by students supported the 23 hypotheses formulated in this study. It was found that MR significantly influences the perceived usefulness and ease of use. The results imply that MR utilization has positive effects on the mathematical teaching-learning processes in architecture from the students' perception of their mastery of technology. It becomes necessary to offer support to those university teachers who promote the use of active MR-based methodologies in classrooms.

Keywords: augmented reality; Virtual Reality; teaching

1. Mixed Reality Applied to Training

Amongst the so-called emerging technologies that have recently been coming closer to the educational field, with true potential for training, "Augmented Reality" (AR) and "Virtual Reality" (VR) [1,2] stand out. They offer different possibilities for their implementation in training: fostering mobile, ubiquitous learning; removing unnecessary information that may prevent the observation of the significant one; enriching the information about reality to make its understanding easier; favoring the perception of the most relevant elements, offering faithfulness in the representation of objects; creating multimedia training scenarios, establishing active and interactive environments for learning; increasing students' motivation; looking at objects from various points of view; adding value to the information supplied to students; and allowing the latter to become immersed in a totally controlled special training context.

Despite this long list of possibilities associated with AR and VR, no unanimous consensus exists on their definition, which has to do with the rapid developments that have taken place within the context of these technologies. Different paths can be followed to distinguish AR from VR; one of them possibly being to place both of them along the reality-virtuality continuum, where AR would stand closer to the real context, while VR would be at one of the ends, with "Augmented Virtual Reality" or "Mixed Reality"—which brings together elements from AR and VR—positioned halfway between them. It is likewise possible to contrast AR and VR, and therefore we can say that, in AR, reality combines with informative elements located in technological devices so that a new reality can be attained, whereas VR places the subject within an immersive technological context that detaches the former from reality [3]. What AR pursues is to mix reality with the virtual sphere, or expressed differently, it enables the user to interact with the physical and digital worlds;



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Copyright: © 2021 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). instead, VR paves the way for users to access an alternative immersion world simulated by the computer in which different types of sensorial experiences take place and where subjects have the chance to interact with the environment as if they were inside it.

In turn, the *Tecnológico de Monterrey* [4] recently performed a study that included a comparison between Augmented Reality (AR) (addition of virtual information to physical elements), Virtual Reality (VR) (immersion in a digital world), Mixed Reality (MR) (combination of AR and VR) and the Internet of Things (IoT) (objects with sensors or chips that interact in the real world) (Table 1).

Table 1. Comparison	n between Augmer	ted Reality (AR)	, Virtual Reality	(VR), Mixed	Reality (MR) and	d the Internet o	of
Things (IoT).							

Criterion	AR	VR	MR	ΙοΤ
User's interaction with natural reality	High The real world is an environment in which interaction occurs from the digital information that is added therein.	Low Users isolate themselves from reality using a device to become immersed in a sensorial universe.	Medium The real world serves as a stage which projects the Virtual Reality in which the user is immersed by means of a device.	Low The user is a consumer of the information or performance of by things.
Level of immersion in a digital experience	Medium It depends on the digital density which is added to reality.	High It implies a full immersion in a completely digitized parallel reality	High The real world is replaced by a sensorial experience immersed in a virtual world.	Low The user performs in a real environment, albeit having the chance to connect with the objects in the cloud.
Emblematic device	Apps in AR-equipped Smartphones	Sensorial headphones	Lenses which project digital information on a real environment	Refrigerator able to provide information about the expiry date of food or to suggest recipes
Representative enterprise in technology development	Google	Facebook	Microsoft	Cisco
Development stage	Right in the middle of an expansive exploration period	In a readjustment period, after the initial bubble	Right in the middle of an experimental revolution	Immediate commercial boom

What we are trying to highlight is that AR and VR propose different ways to interact with reality; whereas VR takes the subject to an unreal world and has as its aim for the subject to become immersed in it, AR adds information to the real world. When we talk about MR, both interaction options are found inside an object, which is the case at hand.

Although educational experiences have been developed with AR to a greater extent than VR, amongst other reasons because the former does not require special devices to interact with objects, a diversity of experiences are actually beginning to appear, which combine them both so that they can be applied to different scientific fields: engineering and architecture [5]; language learning [6]; education sciences [7]; chemistry [8]; natural sciences [9]; biology [10]; geography [11]; medicine [12–14]; emergency protocol learning [15]; or physical activities [16].

Despite the scarcity of research studies devoted to the implementation of AR and VR in mathematics and in mathematical thinking, those carried out have turned out to be useful in a variety of ways: to prove their effectiveness for competence acquisition, as well as to improve performance and the attitudes towards mathematics learning [17] and to favor the acquisition of mathematical knowledge for students with limitations in that area [18]. From this perspective, Poot, Martin-Gonzalez and Menéndez-Dominguez [19]

stressed their effectiveness when it comes to helping upper secondary education students to assimilate the contents related to Euclidean vectors and vector calculation [20], creating environments in AR where students are led to specific interfaces that make it easier for them to perform calculations and represent them graphically. Studies have likewise been carried out at various levels in geometry that serve to attest their effectiveness [21]. At the same time, evidence also exists for their usefulness for the development of visual-spatial ability [22] and for the acquisition of mathematical functions [23].

Such significant aspects have acquired relevance thanks to the possibilities in terms of freedom that these technologies offer from different spatial perspectives and interaction levels, since students can control the pace of their own learning and because of the chances that they provide for the three-dimensional graphic representation of geometric objects [24]. Furthermore, studies have shown that learners display a high level of acceptance regarding these technologies in addition to being greatly motivated when working with them [25,26], which results in students being more engaged with the contents that they must learn [27].

In short, these are technologies that provide the field of mathematics and its diverse areas with highly faithful representations alongside the possibility for the subject to interact with the object, even more so when AR and VR combine, which offers the student multiple perspectives. In this regard, our study has aimed to identify the factors that have an impact on the use of MR by university students through the utilization of the Technology Acceptance Model (TAM). To that end, we will firstly define the specific objectives sought with this study, subsequently offering a detailed description of the method used that will include the hypotheses posed. The results obtained will then be analyzed and presented so that we can finally discuss and draw conclusions about the most important findings based on those results.

2. Research Carried Out

2.1. Research Objectives

The objectives set in this research are:

- (a) Ascertaining the degree of technological acceptance that the use of Mixed Reality (MR), Augmented Reality (AR) and Virtual Reality (VR) arouses amongst university architecture students in mathematics teaching.
- (b) Checking whether significant differences exist according to students' gender in their perception of technical mastery regarding audiovisual resources, computer resources and the Internet.
- (c) Analyzing the extent to which students' gender influenced their perceptions about MR as a training tool that could be used to teach architecture mathematics.
- (d) Verifying whether the degree of technological acceptance depends on the technical mastery expressed regarding audiovisual resources, computer resources and the Internet.

2.2. Information Collection Tools

The instrument used to gather information consisted of two parts: one meant to analyze the degree of acceptance that technology aroused amongst students; and another one that enabled students to evaluate the objects in MR with which they interacted.

In order to examine the degree of acceptance of MR, a decision was made to utilize the tool devised by Davis [28]—"Technology Acceptance Model"—TAM—which collects information from five dimensions: perceived usefulness (PU); perceived ease of use (PEU); perceived enjoyment (PE); attitude towards its use (AU); and intention to use it (IU). The theory about the degree of acceptance of a technology suggests that the potential predisposition for the use of any technology largely depends on the attitude towards it, which is in turn determined by the "perceived ease of use," the "perceived usefulness" and the "perceived enjoyment" (Figure 1). The instrument included 14 Likert-type items (4 for PU, 3 for PEU, 3 for PE, 2 for AU, and 2 for IU), with seven response options ranging from "Extremely unlikely/I disagree" (1) to "Extremely likely/I agree" (7). The TAM model



appeared to be quite consolidated in its application to AR when it was analyzed using the Structural Equation Model [29].

Figure 1. TAM model developed by Davis [28].

These variables may be simultaneously influenced by a series of external predictor variables, amongst which usually appear: type of user, gender, age, experience in the utilization of technology, level of education, professional qualification, or personal proneness towards innovation [30–32].

The Technology Acceptance Model has proved effective to ascertain people's attitudes towards specific technologies, such as the future intention to utilize it, and has been applied to a variety of technologies: Augmented Reality [33,34], mobile devices used for online training [35], b-learning [36], engineering [37] or virtual training platforms [38].

The following predictor variables were identified for our research: gender; students' perception about the quality of the MR object; and students' perception about the technical mastery of audiovisual, computer and internet resources. This allowed us to build the model shown in Figure 2 below.



Figure 2. Model based on the TAM developed by Davis [28] formulated for our research. (Translation: Gender//Quality//Internet technical mastery//Audiovisual technical mastery//Computer technical mastery; Perception about ease of use//Perceived self-efficacy//Perception about success; Attitude by use//Intention to use).

This model enabled us to pose the following hypotheses for their statistical contrast:

H1-H2-H3: The technical mastery of computers that the student claims to have impacts positively on the perception of success in relation to the use of MR, on the perceived self-efficacy regarding MR utilization, and on the perception of MR's ease of use.

H4-H5-H6: The technical mastery of audiovisual resources that the student claims to have impacts positively on the perception of success in relation to the use of MR, on the perceived self-efficacy regarding MR utilization, and on the perception of MR's ease of use.

H7-H8-H9: The technical mastery of the Internet that the student claims to have impacts positively on the perception of success in relation to the use of MR, on the perceived self-efficacy regarding MR utilization, and on the perception of MR's ease of use.

H10-H11-H12: The quality of the system produced in MR has a positive effect on the perception of success in relation to the use of MR, on the perceived self-efficacy regarding MR utilization, and on the perception of MR's ease of use.

H13-H14-H15: The student's gender has a positive effect on the perception of success in relation to the use of MR, on the perceived self-efficacy regarding MR utilization, and on the perception of MR's ease of use.

H16: The student's perceived self-efficacy with regard to MR has a positive effect on the perception of success in relation to the use of MR.

H17: The student's perceived self-efficacy with regard to MR has a positive effect on the perception of MR's ease of use.

H18: The student's perception about MR's ease of use has a positive effect on the perception of success in relation to the use of MR.

H19: The student's perceived self-efficacy with regard to MR has a positive effect on the attitude towards MR utilization.

H20: The student's perception about MR's ease of use has a positive effect on the attitude towards MR utilization.

H21: The attitude towards MR utilization has a positive effect on the intention to use MR.

H22: The student's perception of success with MR has a positive effect on the intention to use MR and on the attitude towards MR utilization.

H23: The student's perception about MR's ease of use has a positive effect on the intention to use MR.

As for the way to evaluate the objects produced in MR, a decision was made to resort to a method already used to assess learning objects in an AR format [13,39,40]. With a Likert-type structure, it was made up of 11 items with six response options going from "Very positive/I strongly agree" [6] to "Very negative/I strongly disagree" (MN-1), which sought to collect information about two dimensions: technical and aesthetic aspects of the object produced in AR and VR (4 items); and user-friendliness (7 items).

The reliability index was obtained for both tools using Cronbach's Alpha, a procedure recommended for such instruments by O'Dwyer & Bernauer [41], reaching the values of 0.912 for that of TAM, and 0.943 for the one utilized to evaluate the objects. These values suggest high reliability levels in both tools.

2.3. The Sample

The work was developed with 44 students (23 males—52.27% and 21 females—47.73%) enrolled in the subject "Mathematical Foundations for Architecture," belonging to the first year of the Degree in Architecture taught at the "*Escuela Técnica Superior de Arquitectura* (Higher Technical School of Architecture)" at the University of Seville.

Table 2 shows the mean values and the standard deviations reached by learners, according to their gender, in the different technical mastery areas with respect to which they were asked to assign themselves a score.

Technical Mastery Area	Gender	Mean	S.D.
Audiovidual macaumaa	Male	7.26	1.764
Audiovisual resources	Female	6.90	2.095
Commuter more	Male	7.48	1.855
Computer resources	Female	7.00	1.449
x	Male	8.35	1.434
Internet	Female	7.62	1.717

Table 2. Means and standard deviations.

Note that the sample used in our research was non-probabilistic and of a convenience or causal nature [42], and relies on easy access by researchers to the subjects who took part in the study.

2.4. The Material Produced

The material produced in MR is called "*Visualmat. Percepción del Espacio arquitectónico*" (Visualmat. Perception of Architectural Space) and addresses how architectural space is perceived through a methodology based on analyzing the visibility graph and on interpreting some relative properties associated with the geometry of isovists. By means of MR, we intend students to be able to access the spaces illustrating the examples to which several figures refer. The building selected is the Chapel of the University of Seville, since the simplicity of its ground plan makes it possible to easily describe some of the indicators explained.

The analysis of ground plan visibility begins from the point of view of a visitor entering the temple. The visibility graph is carried out using 3750 uniformly distributed locations (Figure 3).



Figure 3. Isovists in 2D and 3D and real image of the chapel from that area.

The material produced incorporates AR and VR objects (Figure 4).



Figure 4. Augmented and Virtual Reality versions of the object: "Visualmat. Percepción del Espacio arquitectónico".

Attached to the material, we prepared a guide for students in which they were provided with explanations of the goals sought with the object produced in MR, the instructions to visualize figures with AR and VR, and descriptive information about the project (Figure 5). Both the guide and the object's characteristics can be found on-and downloaded from-the following web address http://ra.sav.us.es/index.php?option=com_ content&view=article&id=156:visualmat&catid=27&Itemid=123, accessed on 30 July 2021. The software programs listed in Table 3 were utilized for its production.

AUGMENTED REALITY				
SOFTWARE	WHAT IT IS USED FOR			
Zappar	Application launcher			
Sketahfab	3D launcher			
Android studio	Java development environment. Apk export for Android.			
Autocard	Image design-3D retouching			
Google sketah Up	3D retouching			
Adobe Photoshop Creation of equirectangular images. Graphics				
VIRTUAL REALITY				
Sketahfa 3D launcher				
Google Sketachfa 3D launcher				
Krpano	Making reality via a video image website			
Google VR	Making reality via a video image website			

Table 3. Software programs used to produce the MR object.



Figure 5. Images of the accompanying guide.

An experimental session was carried out with that material that consisted of different parts: description and presentation of the material for students, specification of the sites from where they had to download the corresponding app together with the instructions for use, description of the educational purposes sought with the object devised, interactions of students with the object, and completion of the evaluation instruments utilized.

3. Results Achieved

Here we show the mean scores and standard deviations obtained with both tools, starting with those reached with the TAM instrument. So that a correct interpretation is made, readers must bear in mind that the answer scale ranged between 1 (extremely unlikely/I disagree) and 7 (extremely likely/I agree). (Table 4).

Table 4. Means and standard deviations obtained with TAM.

		R
	m	s.d.
(1) Perceived usefulness (PU)		
1.1. The use of this system could enhance my learning in the classroom. (PU1)	6.30	1.17
1.2. The use of this system during classes would make it easier for me to understand certain concepts. (PU2).	6.65	0.65
1.3. I think the system is useful when one is learning. (PU3)	6.38	1.16
1.4. The use of this system would improve my learning.	6.40	1.14
(2) Perceive ease of use (PEU)		
2.1. In my opinion, the system is user-friendly. (PEU1)	5.23	1.16
2.2. Learning to use and operate the system was not a problem for me. (PEU2)	5.18	1.61
2.3. I found the explanations about how to use and operate the system clear and understandable. (PEU3)	5.72	1.41
(3) Perceived enjoyment (PE)		
3.1. Utilizing the system was fun for me (PE1)	6.82	0.39
3.2. I enjoyed myself using the system (PE2)	6.58	0.81
3.3. In my view, the system allows you to learn while playing. (PE3)	6.63	0.70
(4) Attitude towards its use (AU)		
4.1. Using the system makes learning become more interesting. (AU1)	6.62	0.55
4.2. In my opinion, using the system in the classroom is a good idea. (AU2)	6.31	0.89
(5) Intention to use it (IU)		
5.1. I would like to use these systems in the future if I had the chance. (IU1)	6.65	0.71
5.2. I would like to use the system to learn both about the topics that were presented to me and about others (IU3).	6.63	0.62
Perceived usefulness (PU)	6.43	1.03
Perceived ease of use (PEU)		1.39
Perceived enjoyment (PE)		0.63
Attitude towards use (AU)		0.72
Intention to use (IU)		0.72
TAM GLOBAL VALUES		0.89

The analysis of the preceding table allows us to focus on two aspects: the degree of acceptance of MR technology can be regarded as very high and additionally quite uniform amongst all students, as shown by the low standard deviation values obtained. The high average value reached in the dimension "intention to use it" (6.64) also deserves to be stressed.

And concerning students' assessment of the object produced, the means and standard deviations appear in Table 5; in this case, the scale provided for answers went from 1 (Very negative/I strongly disagree) to 6 (very positive/I strongly agree).

Table 5. Means and standard deviations obtained with the tool used to evaluate the object produced.

	Μ	R
	m	s.d.
1. Technical and aesthetic aspects		
1.1. The operation of the resource that we have presented to you is:	5.20	0.80
1.2. On the whole, you consider the aesthetics of the resource produced:	5.08	1.02
1.3. In general, you would describe the technical functioning of the resource as:	5.14	0.88
1.4. Broadly speaking, how would you assess the presentation of information on the screen?	5.29	0.95
2. Ease of use		
2.1. How would you describe the user-friendliness and handling of the resource that we have presented to you?	5.03	0.94
2.2. How would you describe the extent to which it is easy to understand the technical functioning of the resource that we have presented to you?	5.32	0.91
2.3. How would you assess the overall design of the AR-resource produced?	5.06	1.05
2.4. How would you assess the overall design of the resource that we have presented to you?	4.71	1.37
2.5. How would you assess the flexibility in the utilization of the material that we have presented to you?	5.19	1.06
2.7. Using the resource produced was fun for you:	5.96	0.51
TECHNICAL ASPECTS	5.18	0.91
EASE OF USE	5.21	0.97
TOOL TOTAL	5.20	0.94

Once again, the average scores achieved, both in the tool total (5.20) and in its different items, suggest a good assessment of the object, not only in technical terms (5.18) but also regarding its user-friendliness (5.21).

After showing the means and standard deviations, we will now go on to contrast the various hypotheses, the first ones being those that are formulated as follows:

Null hypothesis (H0): No significant differences exist between students' gender and their technical mastery regarding audiovisual, computer and Internet resources with a 0.05 alpha risk of being wrong.

Alternative hypothesis (H1): Significant differences do exist between students' gender and their technical mastery regarding audiovisual, computer and Internet resources with a 0.05 alpha risk of being wrong.

For this purpose, we will use Student's statistical test for independent samples, although Levene's test will be initially applied to analyze variance equality. Table 6 shows the t-values reached and their significance for 42 degrees of freedom.

The values obtained do not permit us to reject any of the null hypotheses posed with a $p \leq 0.05$ alpha risk of being wrong, which consequently leads us to conclude that no differences exist between students depending on gender when it comes to their technical mastery either of audiovisual means or of computer and internet resources.

Technical Mastery Area	Levene's	Test Sig.	Т	Sig.
Audiovisual resources	1.458	234	612	544
Computer resources	1.536	222	946	349
Internet resources	105	748	1.533	133

Table 6. Student's t for the gender variable and the technical mastery of different resources.

The next step will consist in examining the hypotheses formulated where some of the variables collected in the TAM come into play. With this aim, attention will be firstly paid to H13-H14-H15, destined to ascertain whether students' gender has a positive impact on the perception of success in relation to the use of MR, on the perceived self-efficacy regarding MR utilization, and on the perception of MR in terms of its ease of use. To that end, H0 will refer to the non-existence of differences at $p \le 0.05$, applying Student's t for independent samples once again, and reaching the values collected in Table 7. Note that we apply Levene's test once more, even though the resulting t-values and the significance level are already going to be shown here.

Table 7. Student's t for the gender variable and the TAM dimensions "Perceived Usefulness," "Perceived Ease of Use," and "Perceived enjoyment".

Dimension	Т	Sig.
Perceived usefulness	1.428	1605
Perceived ease of use	0.792	4820
Perceived enjoyment	0.899	3737

Once again, it becomes necessary to point out that none of the null hypotheses posed at a $p \le 0.05$ level are rejected and, therefore, that students' gender determines the perceived usefulness, the perceived ease of use and the perceived enjoyment of MR.

The time now comes to examine the other hypotheses formulated. Note that, in this case, Pearson's correlation will serve to establish the independence or relationship between two variables and the intensity of such relationship. Its application resulted in the values contained in Table 8.

Table 8. Pearson's correlations between different dimensions. (note: ****** = significant at 0.01, moderate or high).

	Perceived Mastery	Perceived Ease of Use	Perceived Usefulness	Attitude Towards Use
Audiovisual mastery	217	019	427 **	
Computer mastery	106	006	407 **	
Internet mastery	108	015	472 **	
Quality	501 **	463 **	499 **	
Perceived enjoyment		609 **	732 **	798 **
Perceived ease of use			569 **	563 **
Perceived usefulness				721 **
Intention to use it	789 **		673 **	792 **

The values attained allow us to draw a number of conclusions:

Students' perception about their technical mastery of audiovisual, computer and internet resources positively and significantly affects the perceived usefulness of MR.

The quality of the system produced in MR has a positive effect on the perceived enjoyment of MR, on its perceived ease of use, and on the perception regarding MR's usefulness. The perceived enjoyment of MR positively and significantly affects the perceived ease of use, the perceived usefulness, and the attitude towards the utilization of the system in MR.

The perceived ease of use associated with MR positively and significantly affects the perceived usefulness and the attitude towards the utilization of the system in MR.

The perceived usefulness of MR positively and significantly influences the attitude towards the utilization of the system in MR.

The intention to use MR positively and significantly affects the perceived enjoyment, the perceived usefulness, and the attitude towards the utilization of the system in MR.

The need simultaneously arises to highlight three aspects: the relationships found were all significant at $p \le 0.01$; thus, when one of the related variables increases, so does the other in the same direction, and when one decreases, the other does too; relationships can be considered moderate or high since correlations between 0.41 and 0.70 can be regarded as moderate, whereas those between 0.71 and 0.90 are seen as high.

We finally attempted to check whether relationships existed between the perception that students had about the technical mastery of the various resources (Table 9).

Table 9. Correlations between the different technological mastery areas. (note: ** = significant at 0.01).

	COMPUTER R.	INTERNET R.
A/V RESOURCES	639 **	456 **
COMPUTER RESOURCES		574 **

The results obtained provide significant relationships—and with a moderate trend between the different technological mastery areas; students subsequently showed a digital competence trend in the various audiovisual, computer and internet resources.

4. Discussions

Our findings suggest that MR can be incorporated into university teaching; remember that the experience was carried out within a real classroom environment, and in our specific case, focused on the teaching of mathematics within architecture studies. This becomes visible through two highly significant features: the degree of acceptance aroused by technology amongst students; and the positive assessment made. With regard to this, the results follow along the lines of those that have been found lately with this type of "reality" [13,39,40,43], although it is true that we have obtained more with objects in AR format. As specific examples, we can mention [44], who have worked in FI-AR Learning, a web platform for the development of educational contents in AR. In the case of [45], they have created an AR prototype known as Master of Time meant to help first-year architecture students learn the main principles of landscape. Similarly, [46] implemented a mobile application with AR technology called NitLabEduca for the study of the spinal cord using an interactive exploration of rotating 3D models.

In regard to contributions referred to MR utilization in higher education, our study complements previous research works on that field. Thus, by way of example, [47] worked with learning material on solar panels for engineering and came to the conclusion that "some benefits can be gained from using Virtual and Mixed Realities for education" (p. 795). Our findings likewise suggest that MR can enrich learning—among architecture students in this case. The level of satisfaction shown by learners is considered an important aspect, as pointed out by [47]. Thus, the results derived from our study revealed a high degree of satisfaction when it comes to MR use. All of this reinforces similar previous findings related to satisfaction with MR-based methodologies as a means to improve learning. An example thereof is the investigation undertaken by [48], who designed MR learning experiences in clinical practical training as a complement to theoretical training. Likewise, [49] proposed an original hands-free interaction method through multimodal gestures supported on deep learning in MR environments.

At the same time, the results obtained ensure not only the way in which the object "Visualmat" was produced but also how the objects combined in AR and VR; furthermore, the experience suggests the need to prepare a guide that can help students, immerse them in the educational experience and facilitate their interaction with technology. Therefore, the production of technology does not suffice, a use-and-guidance handbook is required too; this conclusion has also been confirmed by other works, including the research study authored by [50]. They compared an AR-based teaching-learning process guided by videos and written explanations with an unguided one. The average values were better in the measurements made within the group of guided users.

However, the interest awakened should not lead us to forget some aspects such as the need to have not only classrooms with advanced technology available in university centers so that technology can be easily incorporated but also production centers able to build materials adapted to students' curricular needs; likewise, the need exists for training and an economic investment with the aim of guaranteeing success when implementing technology in classrooms [51]. As for the devices required for its observation, some are familiar to university students, e.g., tablets and Smartphones [52]. Concerning goggles, we will soon witness the appearance of new more affordable devices in the market, and without the need to incorporate mobile devices, since observation will take place via Bluetooth.

Moreover, as it also happened in other works [29], the technology acceptance model designed by Davis [28] has proved effective in knowing the degree of acceptance of MR technology, and provided a reference to know the future intention to use any technology. Our work supports other previous studies where the TAM model proved effective to assess technological acceptance in addition to comparing results by gender [53], to measure the level of personalization perceived [35] or the intention [54]. It is additionally worth highlighting the proposal made by [55] from their study based on an empirical methodology referred to as the so-called "technological niche". This makes it possible to introduce the digital technology perspective, alongside other no less important issues such as sustainability or Industry 4.0.

The two diagnostic tools utilized showed high levels of reliability, which was in tune with the findings of other studies [13,43,56,57]. It is also worth highlighting that their simplicity and the ease with which they can be administered facilitates their incorporation into experimental sessions focused on the use and validation of MR objects.

This work has attested to the disappearance of the digital divide between men and women; gender is no longer a significant variable when it comes to explaining differences in the use of technologies and the interaction with them [58–61]. We need to highlight in this regard the concurrence with [62], where the scores of men and women revealed that the experience implemented—with a guidance aim, in this case—did not differ to a great extent between genders.

5. Conclusions

The impact of this article includes an empirical inquiry into the pedagogical advantages brought by MR within the university context. More precisely, this resource was applied to the mathematical training linked to architecture, which served to investigate the acceptance of this digital technology by students. Since this resource is not easily available or accessible in the market, few research works have been dedicated to it so far. This circumstance increases the interest of our research because we are dealing with new technologies whose educational use is bound to become widespread in the coming years [54].

The results obtained suggest that MR, as well as AR and VR—which combine in it—are suitable and motivating technologies for learning, which permits promotion of new methodological possibilities. Moreover, the applications of these technologies may also adapt to a variety of teaching modes, both face-to-face and non-face-to-face ones [63]. This proposal turns out to be interesting in the latter case, especially in situations like the current one where the pandemic provoked by Covid-19 prevents normal development of face-to-face education. The utilization of MR can become a powerful resource for online

teaching, since it provides a way to break the rigid separation between the physical and virtual spheres. The generation of new hybrid learning environments undoubtedly arises as an inspiring element to shape more practical, immersive and active approaches to teaching and learning. In short, MR will most probably favor the emergence of new learning methods that can enable us to define twenty-first-century education.

Our last reflections will focus on possible lines of research for the future, amongst which stand out: systematic reviews [64,65], replicating the research work with other students enrolled in architecture studies, even from other universities, complementing the information collection tools with a test to analyze academic performance, as well as the significance of learning styles for the interaction with the object produced in MR, and extending the production of objects to other areas of knowledge.

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