



# Article Monte-Carlo-Based Estimation of the X-ray Energy Spectrum for CT Artifact Reduction

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Abstract: Beam hardening and scattering effects can seriously degrade image quality in polychromatic X-ray CT imaging. In recent years, polychromatic image reconstruction techniques and scatter estimation using Monte Carlo simulation have been developed to compensate for beam hardening and scattering CT artifacts, respectively. Both techniques require knowledge of the X-ray tube energy spectrum. In this work, Monte Carlo simulations were used to calculate the X-ray energy spectrum of FleXCT, a novel prototype industrial micro-CT scanner, enabling beam hardening and scatter reduction for CT experiments. Both source and detector were completely modeled by Monte Carlo simulation. In order to validate the energy spectra obtained via Monte Carlo simulation, they were compared with energy spectra obtained via a second method. Here, energy spectra were calculated from empirical measurements using a step wedge sample, in combination with the Maximum Likelihood Expectation Maximization (MLEM) method. Good correlation was achieved between both approaches, confirming the correct modeling of the FleXCT system by Monte Carlo simulation. After validation of the modeled FleXCT system through comparing the X-ray spectra for different tube voltages inside the detector, we calculated the X-ray spectrum of the FleXCT X-ray tube, independent of the flat panel detector response, which is a prerequisite for beam hardening and scattering CT artifacts.

**Keywords:** X-ray energy spectrum; Expectation Maximization; Monte Carlo simulation; imaging system; FleXCT

## 1. Introduction

Interest in modeling and/or characterizing an X-ray energy spectrum of a modern X-ray instrument highly depends on its specific application. For X-ray micro-CT applications, information on the X-ray energy spectrum can be used to compensate for artifacts that arise due to interaction of photons with the object being scanned, such as beam hardening [1] or scatter artifacts [2,3]. Aside from that, knowledge on the X-ray tube spectrum can also be used to mitigate artifacts that arise due to flat-field correction [4] or to discriminate between different materials present within the object [5]. Moreover, the spectrum of the X-ray source is a mandatory input in several cases: (1) for polychromatic CT reconstructions [6,7], (2) when a physical simulator is used to replicate a CT-system in order to study a particular aspect related to interactions of photons with the object [8,9] and (3) for X-ray dose estimation [10].

Since the invention of the first modern X-ray tube in 1916 [11], the estimation of the spectral composition of the emitted X-ray radiation has been investigated and addressed in many ways. The difficulty in measuring the generated radiation mainly arises from the common usage of energy-integrating detectors and lack of information about the energy response of the detector. Energy-resolving detectors, such as cadmium telluride [12] and cadmium zinc telluride [13], require a fine control of environmental conditions and



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**Copyright:** © 2021 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). cannot be directly utilized since they suffer from charge trapping, charge sharing and/or limited count rate, resulting in pile-up effects [14]. Overall, precise direct experimental measurement of the X-ray spectrum is challenging and requires special equipment, which is only available in some laboratories. In addition, the X-ray spectrum measured by this method includes the detector energy response, which is not suitable for applications such as CT artifact reduction techniques.

Monte Carlo simulation can be used as a valuable alternative for direct experimental measurement to estimate the X-ray spectrum of an X-ray imaging system inside the detector, provided that the simulation model is validated. In addition, using Monte Carlo simulation, it is also possible to calculate the emitted X-ray energy spectrum in front of the tube, independent of the detector energy response. In recent years, a large number of researchers have used Monte Carlo simulation for calculating X-ray energy spectra [15–18], but to our knowledge, studies that validate the simulation results with empirical data remain scarce. The main objective of this study is proposing a validated Monte Carlo based approach to calculate the required X-ray energy spectrum for beam hardening and scattering CT artifact reduction using polychromatic reconstruction algorithms [6,19] and scatter pattern estimation methods [20,21], respectively.

# 2. Materials and Methods

In Section 2.1, FleXCT [22], a novel prototype industrial micro-CT scanner, is modeled by Monte Carlo simulation. In order to validate the obtained X-ray energy spectra, an experimental technique using Maximum Likelihood Expectation Maximization (MLEM) was implemented (Section 2.2). When using the MLEM method, only the estimation of the X-ray spectrum inside the detector is possible; therefore, as a first step, X-ray spectra for different tube voltages were calculated inside the detector. After validation of the modeled FleXCT system (Section 3), the X-ray spectrum was calculated in front of the FleXCT's X-ray tube, independent of the flat panel detector response (Sections 2.1.2 and 3). The proposed approach is explained in detail in the following sections.

### 2.1. Monte Carlo Simulation

## 2.1.1. Calculation of X-ray Spectrum Inside the Flat Panel Detector

Monte Carlo simulation is a powerful tool for modeling X-ray/gamma radiation based imaging and measuring systems [23–30]. In this work, the X-ray tube and flat panel detector of the FleXCT system were modeled using Monte Carlo N-Particle (MCNP) code, version X [31]. The FleXCT system covers a wide energy range (20–230 kV), which allows analyzing a wide variety of samples from low absorbing materials (e.g., biological samples, polymers) to dense materials (e.g., stone, rock, metals) [22]. Its X-ray tube (X-ray WorX GmbH, Germany) is a reflection-based type and consists of an electron source (cathode), a tiled Tungsten target (anode) and a 1 mm beryllium window, as depicted in Figure 1. The incident angle between the electron beam and the anode is 43°.

The flat panel detector was modeled as a 3-layered rectangular uniform plate (see Figure 1). The simulated flat panel detector consists of a carbon layer (750  $\mu$ m thickness), a polyethylene layer (250  $\mu$ m thickness) and a gadolinium oxysulfide (GadOx, Gd<sub>2</sub>O<sub>2</sub>S:Tb) scintillator layer. The simulated GadOx scintillator layer has a thickness of 250  $\mu$ m and a density of 4.8 g/cm<sup>3</sup> (58% GadOx powder with a density of 7.34 g/cm<sup>3</sup> and 42% epoxy glue with a density of 1.23 g/cm<sup>3</sup>). The incident X-ray radiation interacts with the GadOx scintillator layer and is converted into visible light; the carbon and polyethylene layers are used to protect the scintillator layer of the flat panel detector against visible light and mechanical damage. A silicon layer was included in the model to consider the backscattering photons from the electronics behind the detector. The X-ray energy spectrum was calculated inside the GadOx scintillator layer in an area in the center of the beam using photon energy deposition pulse height tally (\*F8:P) and energy bin (E8) cards using the MCNP code. All simulations were performed with low statistical error (less than 0.01) using the STOP card in the input file of MCNP code. The calculated X-ray spectra inside the flat panel detector



obtained by simulations in this section were compared with the empirically measured X-ray data using the MLEM method, which is detailed in Section 2.2.

**Figure 1.** Schematic view of the simulation model of the FleXCT scanner, showing the geometry of the reflection type X-ray tube and different material layers present in the flat panel X-ray detector.

## 2.1.2. Calculation of the Emitted X-ray Spectrum

For beam hardening and scattering artifact reduction methods, it is required that the X-ray energy spectrum be independent from the flat panel energy response. Therefore, after validation of the modeled FleXCT system including the X-ray tube and flat panel (see Section 3, "Results and Discussion"), the X-ray tube of the FleXCT scanner was simulated and the emitted X-ray energy spectrum was calculated in front of the target just after the beryllium window, using a point detector (tally type F5). The model used for calculating the tube spectrum for 2 different cases is shown in Figure 2: (1) for tube voltage of 230 kV and without any external filter (see Figure 2a), and (2) for tube voltage of 230 kV and with a 1 mm copper filter (see Figure 2b).



**Figure 2.** Schematic view of the simulated FleXCT scanner's X-ray tube for calculating X-ray spectrum independent of the detector response for 2 different cases: (**a**) without additional filter, (**b**) with a 1 mm copper filter.

## 2.2. Maximum Likelihood Expectation Maximization Method (MLEM)

# 2.2.1. Theory and Mathematical Calculations

To validate the Monte Carlo simulation results, the MLEM method was used. MLEM is a mathematical optimization method that can be applied to the reconstruction of the X-ray energy spectrum inside the flat panel detector from transmission measurements of the X-ray radiation through an object with known shape and material composition [32–35]. The object usually used for this purpose is a so-called "step wedge" phantom, which is composed of a uniform material with different steps, each with a different thickness. Such a sample allows us to write down a discrete system of linear integral equations on the X-ray absorption through the object. When solved, it provides the unknown energy bins that compose the original X-ray spectrum of the source.

The polychromatic X-ray image formation can be described as follows:

$$I(x, L_r, \epsilon) = I_0 \int_{\epsilon_{min}}^{\epsilon_{max}} D(\epsilon) S(\epsilon) exp\left(-\int_{L_r} \mu(x, \epsilon) dx\right) d\epsilon$$
(1)

with  $I(x, L_r, \epsilon)$  the measured X-ray photon intensity at a detector pixel r,  $L_r$  the path length from the source to that detector pixel,  $I_0$  the total measured X-ray intensity without a sample,  $\epsilon$  the energy of the X-rays,  $D(\epsilon)$  the detector response function,  $S(\epsilon)$  the normalized source spectrum,  $\mu(x, \epsilon)$  the attenuation coefficient at location x and energy  $\epsilon$ . By discretizing the spectrum and defining  $W(\epsilon) = I_0 D(\epsilon) S(\epsilon)$ , one obtains:

$$p(x, L_r) = \sum_{e=1}^{E} w(e) exp\left(-\int_{L_r} \mu(x, e) dx\right)$$
(2)

where *e* is number of energy bin. Since the composition and dimensions of the step wedge are known, we can create a simulated polychromatic projection of the step wedge,  $\tilde{p}$ , using this model for any estimated spectrum  $\tilde{w}$ . If the step wedge has *N* total steps and we denote the thickness of the *n*<sup>th</sup> step as *l*<sub>n</sub>, then we have:

$$p_n = \sum_{e=1}^{E} w(e) exp(-l_n \mu(e))$$
(3)

with  $p_n$  the measurement through the  $n^{th}$  step, assuming parallel beam projections, and  $\mu(\epsilon)$  the attenuation coefficient of the material of the step wedge at energy e. When defining  $A_{en}$  as:

$$A_{en} = exp\left(-l_n \,\mu(e)\right) \tag{4}$$

the following linear system of equations needs to be solved for the unknown spectrum w:

$$p_n = \sum_{e=1}^{E} w(e) A_{en} \tag{5}$$

The matrix *A* can be precalculated based on the available data on material and phantom dimensions. The MLEM method is then applied to solve the linear system. This method has a multiplicative update step which guarantees positivity of all coefficients [32]. The  $k^{th}$  iteration step of the MLEM method is then provided by:

$$w^{k}(e) = w^{k-1}(e) \frac{\sum_{n} A_{en} \frac{p_{n}}{\sum_{e'} A_{e'n} w^{k-1}(e')}}{\sum_{n} A_{en}}$$
(6)

Note that this method cannot fit to characteristic lines, since the update step cannot introduce discontinuities, and, as such, these have to already be present in the initial guess ( $w^0$ ).

## 2.2.2. Experiments

In order to provide the required data for the MLEM method, an experimental setup was established to scan a polyvinyl chloride (PVC) step wedge using FelXCT, a micro tomography imaging system. It is worth mentioning that X-ray micro tomography imaging systems have been widely used for a variety of applications [19,36–38]. A geometric sketch of the step wedge is shown in Figure 3.



Figure 3. Schematic view of the polyvinyl chloride (PVC) step wedge.

Since the FleXCT scanner produces an X-ray cone beam and the MLEM method assumes that the X-rays pass the sample in a parallel way, the experimental setup should be arranged in such a way that it optimally fulfils the MLEM method prerequisites. The FleXCT X-ray scanner instrument has 10 motorized axes to move the sample, detector and X-ray tube with respect to each other, allowing not only conventional radiography or CT, but a wide range of other scanning geometries (e.g., laminography, dynamic zooming, helical CT, 4DCT) [19]. This versatility of the instrument could be optimally used to approach parallel beam conditions. To accomplish this, the flat panel detector was placed at a distance of 1 m from the X-ray source, after which the PVC step wedge was put as close as possible to the detector (see Figure 4). In the next step, the axis center of the X-ray cone beam and center of the detector was aligned with the center of each step wedge separately, after which a radiograph was taken for each tube voltage (60–200 kV, 96 scans). In order to reduce the radiograph noise, 10 replicates were made for each radiograph, resulting in a total measuring time of 500 ms per step. After scanning all 12 steps for each tube voltage, the step wedge was removed, after which both flat and dark field projections were taken. After flat field and dark field correction, a region of interest (ROI) was defined in the center of each step (approx.  $1 \times 1 \text{ mm}^2$ ), of which the mean value was used in the MLEM calculations. Figure 5 shows normalized projections of the step wedge for the center of the beam set in the center of step wedge no. 11 for tube voltages of 60, 100 and 180 kV.

#### 2.2.3. Initial Guess

As mentioned in Section 2.2.1, the MLEM method does not consider the X-ray tube characteristic peaks, nor the detector response function discontinuities. Typically, a general X-ray energy spectrum which already includes characteristic lines is therefore inserted in MLEM calculations as an initial guess. To generate such an initial guess, an X-ray spectrum that only includes the characteristic peaks of the tungsten anode (W-K $\alpha$  = 59.3 keV, W-K $\beta$ 1 = 67.2 keV, W-K $\beta$ 2 = 69.1 keV, W-L $\alpha$ 1 = 8.3 keV) was generated for each tube voltage using the electronic version of the Institute of Physics and Engineering in Medicine (IPEM) [39]. The generated X-ray spectrum obtained by using the electronic version of IPEM (report no. 78) for a tube voltage of 100 kV is shown in Figure 6.



Figure 4. Experimental setup for acquiring 2D radiographs of a PVC step wedge at different tube voltages.



**Figure 5.** Normalized projections of the PVC step wedge when the center of the beam was set in the center of step number 11: (**a**) 60 kV, (**b**) 100 kV, (**c**) 180 kV.



**Figure 6.** X-ray energy spectrum of a tungsten X-ray tube at 100 kV reported by the Institute of Physics and Engineering in Medicine (IPEM) (report no. 78).

In the second phase, the energy absorption response function of the GadOx scintillator was calculated by using several individual Monte Carlo simulations. A mono-energetic photon beam was simulated in front of the GadOx scintillator layer (see Section 2.1.1 for scintillator parameters), after which, energy deposition in the scintillator was registered for each energy interval. The energy deposition in the scintillator versus the energy of the incident photon beam, the so-called energy absorption response function, is shown in Figure 7. The discontinuity around 50 kV is caused by the gadolinium (Gd) K-edge. The product of the general X-ray spectrum (obtained by IPEM report number 78) for each tube voltage multiplied with the normalized absorption response function of the GadOx scintillator, was then used as an initial guess for the MLEM calculations.



Figure 7. Normalized energy absorption response function of GadOx (1–230 keV).

## 3. Results and Discussion

The normalized X-ray energy spectra obtained both from Monte Carlo simulation and MLEM methods for different tube voltages (in the range of 60–200 kV) are shown in Figure 8, from which good agreement between both methods can be observed.

In order to better evaluate the agreement between the obtained results, the root mean square error (RMSE) between the spectra obtained from Monte Carlo simulation and MLEM method was calculated for each tube voltage using the following equation:

$$RMSE = \left[\frac{\sum_{i=1}^{N} \left(S_i(Monte \ Carlo) - S_i(MLEM)\right)^2}{N}\right]^{0.5}$$
(7)

where  $S_i(Monte Carlo)$  and  $S_i(MLEM)$  represent the intensity in each 1 keV energy bin in the spectrum obtained by Monte Carlo simulation and the MLEM method, respectively. N represents the total number of 1 keV energy bins in each spectrum, for example, N = 160represents the spectrum obtained for a tube voltage of 160 kV. The RMSE versus tube voltage is provided in Figure 9. As can be observed from Figure 9, by increasing the tube voltage, the RMSE decreases up to a tube voltage of 100 kV and remains almost constant up to 160 kV. After 160 kV, the RMSE increases again. The reason for the higher RMSE for lower tube voltages is that the majority of low energy photons are absorbed in the initial, thicker steps (mainly steps no. 1–3), and only a small portion of high energy photons passes through the remaining steps. A lower number of transmitted photons leads to a lower signal-to-noise ratio for pixel values belonging to thick steps, which consequently causes a higher error in MLEM calculations. The reason the RMSE for higher tube voltages is relatively high is that when the tube voltage is increased, the ratio of high energy photons is increased as well. These high energy photons, in turn, cause lower contrast in pixel values belonging to the thin steps (especially for step no. 11 and step no. 12), which consequently leads to a higher RMSE for MLEM calculations.



Figure 8. Cont.



**Figure 8.** Comparison of obtained X-ray energy spectra from both Monte Carlo and Maximum Likelihood Expectation Maximization (MLEM) methods for tube voltages in the range of (**a**) 60 kV, (**b**) 80 kV, (**c**) 100 kV, (**d**) 120 kV, (**e**) 140 kV, (**f**) 160 kV, (**g**) 180 kV and (**h**) 200 kV.



**Figure 9.** The results of root mean square error (RMSE) between the spectra obtained from Monte Carlo simulation and the MLEM method versus tube voltage of the X-ray tube.

As described in Section 2.1.2, after validating the simulation geometry of the FleXCT system, the required X-ray energy spectrum (in front of the X-ray tube and independent of the flat panel detector response) for beam hardening and scattering CT artifact reduction applications was calculated. As an example, the energy spectrum of exiting X-ray radiations from the FleXCT X-ray tube was calculated for tube voltage of 230 kV for two different cases: (1) no additional filter, (2) 1 mm copper filter (the results are shown in Figure 10). The intensity values in Y-axis of Figure 10 are per one particle source (in fact, MCNP code calculates scores per one source particle). A copper filter is typically used to pre-harden the X-ray emission spectrum to prevent cupping effects in CT scans. By comparing both spectra, we see that a 1 mm copper filter completely absorbs photons below 40 keV, whereas the intensity of photons in the energy range of 40–130 keV is heavily reduced. The emission spectra above 130 keV remain almost unchanged for both cases. Although in this research, the X-ray energy spectrum independent of detector response was calculated for the tube voltage of 230 kV only, using the proposed approach, it is also possible to calculate the X-ray spectrum for every desired tube voltage as well as every external filter with different materials and thicknesses.



**Figure 10.** The energy X-ray tube spectra of the FleXCT system calculated via Monte Carlo via simulation for a tube voltage of 230 kV. (1) Beryllium window only, no additional filter, (2) Beryllium window and 1 mm copper filter.

As an example, the calculated X-ray energy spectrum shown in Figure 10 was applied to beam hardening artifact reduction of a printed steel cylinder (2.5 mm radius and 19 mm height), scanned with the FleXCT scanner using a tube voltage of 230 kV and a 1 mm thick copper filter. A slice of the steel cylinder, reconstructed by the traditional Simultaneous Iterative Reconstruction Technique (SIRT) and Polychromatic SIRT (PSIRT) [19], is shown in Figure 11. All methods were implemented in MATLAB, making use of the ASTRA toolbox to handle forward and backward projections on the GPU [40]. As can be seen from this figure, by employing PSIRT, beam hardening effects have been almost completely compensated.



**Figure 11.** (**a**) A slice of the steel cylinder reconstructed by the Simultaneous Iterative Reconstruction Technique (SIRT). (**b**) A slice of the steel cylinder reconstructed by Polychromatic SIRT (PSIRT). (**c**) Gray value intensity line profile along the central horizontal line of the reconstructed slices using SIRT and PSIRT.

# 4. Conclusions

In this study, a validated Monte Carlo simulation-based approach was proposed to calculate the X-ray energy spectrum of a flexible X-ray scanner for CT artifact reduction applications. Firstly, both the X-ray tube and flat panel detector of the FleXCT scanner were completely modeled, after which the X-ray spectrum was calculated inside the flat panel detector for different tube voltages. In order to validate the modeled system by Monte Carlo simulation, the MLEM method was implemented to estimate the spectrum of the X-ray source based on empirical transmission data. To provide the required data for the MLEM method, a PVC step wedge was scanned (tube voltage between 60 and 200 kV). In order to mimic a parallel X-ray beam, the step wedge was positioned as close as possible to the detector and the flat panel detector further downstream, optimally exploiting the flexibility of the FleXCT system. Within each step wedge, a region of interest was cropped,

after which its mean value was used for the MLEM calculations. The product of the X-ray spectrum for each tube voltage with the normalized absorption response function of a GadOx scintillator (obtained by Monte Carlo simulation) was used as an initial guess for the MLEM calculations. A good correlation between results of the Monte Carlo simulation and the MLEM method (RMSE value of 0.0046) confirmed the correct modeling of the FleXCT system by the Monte Carlo simulation technique. After validating the simulation geometry of the FleXCT system, the required X-ray energy spectrum was calculated in front of the X-ray tube, which is a prerequisite for beam hardening and scattering CT artifact reduction applications. As a proof of principle, the FleXCT X-ray energy spectrum was calculated for a tube voltage of 230 kV and then applied to beam hardening artifact reduction of a printed steel cylinder.

The proposed method can be applied to every medical and industrial X-ray imaging system as a trustable method for calculating the X-ray energy spectrum.

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