

**Supplemental Table S1.** Scores of sex impacted on sleep disorders.

	Mean	S.D.	Mann-Whitney U	<i>p</i> Value
<i>SYNGAP1</i> -ID male	50.4	8.5	376	0.07
<i>SYNGAP1</i> -ID female	53.8	6.6		
PMD male	48.3	10.5	264.5	0.81
PMD female	46.8	8.1		
Siblings male	38.6	6.1	339.5	0.11
Siblings female	41.9	8.0		