

Article

Saffron Processing Wastes as a Bioresource of High-Value Added Compounds: Development of a Green Extraction Process for Polyphenol Recovery Using a Natural Deep Eutectic Solvent

Achillia Lakka¹, Spyros Grigorakis², Ioanna Karageorgou¹, Georgia Batra¹, Olga Kaltsa¹, Eleni Bozinou¹, Stavros Lalas¹ and Dimitris P. Makris^{1,*}

- ¹ School of Agricultural Sciences, University of Thessaly, N. Temponera Street, 43100 Karditsa, Greece; ACHLAKKA@uth.gr (A.L.); ikarageorgou@uth.gr (I.K.); gbatra@uth.gr (G.B.); okaltsa@uth.gr (O.K.); empozinou@uth.gr (E.B.); slalas@uth.gr (S.L.)
- ² Food Quality & Chemistry of Natural Products, Mediterranean Agronomic Institute of Chania (M.A.I.Ch.), International Centre for Advanced Mediterranean Agronomic Studies (CIHEAM), P.O. Box 85, 73100 Chania, Greece; grigorakis@maich.gr
- * Correspondence: dimitrismakris@uth.gr; Tel.: +30-24410-64792

Received: 31 October 2019; Accepted: 22 November 2019; Published: 25 November 2019



Abstract: The current investigation was undertaken to examine saffron processing waste (SPW) as a bioresource, which could be valorized to produce extracts rich in antioxidant polyphenols, using a green, natural deep eutectic solvent (DES). Initially, there was an appraisal of the molar ratio of hydrogen bond donor/hydrogen bond acceptor in order to come up with the most efficient DES composed of L-lactic acid/glycine (5:1). The following step was the optimization of the extraction process using response surface methodology. The optimal conditions thus determined were a DES concentration of 55% (*w*/*v*), a liquid-to-solid ratio of 60 mL g⁻¹, and a stirring speed of 800 rounds per minute. Under these conditions, the extraction yield in total polyphenols achieved was 132.43 ± 10.63 mg gallic acid equivalents per g of dry mass. The temperature assay performed within a range of 23 to 80 °C, suggested that extracts displayed maximum yield and antioxidant activity at 50–60 °C. Liquid chromatography-mass spectrometry analysis of the SPW extract obtained under optimal conditions showed that the predominant flavonol was kaempferol 3-*O*-sophoroside and the major anthocyanin delphinidin 3,5-di-*O*-glucoside. The results indicated that SPW extraction with the DES used is a green and efficient methodology and may afford extracts rich flavonols and anthocyanins, which are considered to be powerful antioxidants.

Keywords: anthocyanins; antioxidants; deep eutectic solvents; extraction; polyphenols; saffron

1. Introduction

In recent years, the agri-food sector has been acknowledged as a major contributor to the global environmental burden. Processing of plants (fruit, vegetables, tubers etc.) for the production of plant food commodities is considered to be a major concern, since a vast amount of waste material may be generated [1]. Plant processing waste is residual biomass rich in moisture and microbial loads and can be a direct risk associated with environmental pollution. On the other hand, an ever-increasing number of current studies on plant food processing residues suggests the presence of a wide range of bioactive compounds in different waste fractions. These bioactive substances are primarily secondary plant metabolites, belonging to polyphenols, carotenoids, essential oils, resins, etc. Therefore, plant food



processing waste and residues are highly regarded as very promising sources of bioactive compounds, with applications in food technology, pharmaceuticals, and cosmetics [2,3].

To date, the development of methodologies for high-performance and time-effective extraction of polyphenols from plant matrices is a challenge, because of the inherent limitations of conventional extraction methods. The valorization of polyphenols as bioactive ingredients at various commercial levels has shifted research to low-cost, eco-friendly, and efficient extraction techniques, based on a green philosophy [4]. A basic concept of such an approach would be the use of novel, green solvents, which would be devoid of the disadvantages that characterize the conventional, volatile, petroleum-based solvents. In this view, the emerging liquids known as deep eutectic solvents (DES) would appear to be solid ground for the implementation of green processes for the production of polyphenol-enriched extracts.

DES are novel materials, which can be synthesized using natural substances, such as sugars, polyols, organic acids and their salts, amino acids, etc. [5]. They are usually composed of a hydrogen bond donor (HBD) and a hydrogen bond acceptor (HBA). The ongoing research on these solvents has provided substantial evidence that they can be highly effective in polyphenol extraction, surpassing the potency of conventional solvents, such as methanol. On the other hand, DES are not volatile, their production does not depend on fossil sources, and they have very attractive characteristics, including tunability of composition (and thus regulation of their properties), lack of toxicity, recyclability, and low cost. It is not surprising, therefore, that over the past five years, numerous DES have been synthesized and tested for their potency to extract polyphenolic compounds [6,7].

The plant *Crocus sativus* (Iridaceae), known widely as saffron, is a perennial herb that has been acknowledged since antiquity for its culinary uses and medicinal properties [8]. The most precious part of the plant is the stigmas, which are collected and dried to produce the world's most expensive spice. Following screening and separation, the rest of the flower, composed essentially of the tepals (undifferentiated petals and sepals), is rejected as a residual material. However, emerging evidence has showed that saffron petals contain an array of bioactive polyphenols, including a series of flavonol glycosides and anthocyanin pigments. Several of these constituents were reported to possess multiple beneficial bioactivities [9], and on this evidence, a few extraction methodologies were developed, with the aim of producing polyphenol-containing extracts from saffron processing waste (SPW) [10–13].

However, to the best of the authors' knowledge, the use of DES has never been reported for SPW extraction. The present investigation describes the development of a green extraction methodology for the effective recovery of SPW polyphenols, using a DES composed of L-lactic acid (HBD) and glycine (HBA). The study included the synthesis of the most efficient system by screening a range of HBD:HBA molar ratios and then the optimization by deploying response surface methodology and a temperature assay. The polyphenolic composition of the optimally obtained extract was assessed by performing liquid chromatography, mass spectrometry analyses.

2. Materials and Methods

2.1. Chemicals

Glycine (99.5%) was from Applichem (Darmstadt, Germany). Iron chloride hexahydrate was from Merck (Darmstadt, Germany). Rutin (quercetin 3-O-rutinoside) hydrate, kaempferol 3-O-glucoside, 2,4,6-tris(2-pyridyl)-s-triazine (TPTZ), 2,2-diphenylpicrylhydrazyl (DPPH) and Folin-Ciocalteu reagent were from Sigma-Aldrich (St. Louis, MO, USA). L-Lactic acid, sodium carbonate anhydrous (99%), ascorbic acid (99.5%), and sodium acetate trihydrate and aluminium chloride anhydrous (98%) were from Penta (Praha, Czechia). Gallic acid hydrate was from Panreac (Barcelona, Spain). Pelargonin (pelargonidin 3,5-di-O-glucoside) chloride was from Extrasynthese (Genay, France).

Saffron (*Crocus sativus* L.) processing waste (SPW), composed essentially of saffron tepals, was collected immediately after manual processing of saffron flowers from a processing plant located in Kozani (West Macedonia, Greece). The plant material was transferred to the laboratory within 24 h and dried at 55 °C for 48 h in a laboratory oven (Binder BD56, Bohemia, NY, USA). Dried SPW was pulverized in a ball-mill to give powders with approximate average particle diameter of 0.317 mm, and stored in air-tight vessels at -18 °C until used.

2.3. DES Synthesis

Synthesis of the DES used in this study was based on a previous protocol [14]. Exact weights of L-lactic acid (HBD) and glycine (HBA) were transferred into a round-bottom glass flask and heated moderately (75–80 °C) for approximately 120 min until the formation of a perfectly transparent liquid. Heating was provided by an oil bath placed on a thermostat-equipped hotplate (Witeg, Wertheim, Germany). The liquid was allowed to acquire room temperature and stored in a sealed vial, in the dark. Inspection for appearance of crystals that would indicate instability was performed at regular intervals over six weeks.

2.4. Batch Stirred-Tank Extraction

Exact mass of 0.570 g of dried plant material was introduced into a 50-mL round-bottom flask with 20 mL of solvent to give a liquid-to-solid ratio ($R_{L/S}$) of 35 mL g⁻¹. The flask was immersed into oil bath and heated by means of a thermostat-equipped hotplate. Extractions were carried out for 150 min, at 50 °C, under magnetic stirring set at 500 rpm. All DES were tested as 70% (w/v) aqueous mixtures. Extractions with deionised water, 60% (v/v) aqueous ethanol and 60% (v/v) aqueous methanol were used as control. After the extraction, samples were centrifuged at 10,000× g for 10 min and the supernatant was used for all analyses.

2.5. Extraction Optimization with Response Surface Methodology (RSM)

The scope of RSM was the implementation of a mathematical model to predict polyphenol extraction performance from SPW using the most efficient DES synthesized. The mode chosen was a Box-Behnken experimental design with three central points. Key extraction variables including the concentration of DES in aqueous mixtures (C_{DES}), the liquid-to-solid ratio ($R_{L/S}$) and the stirring speed (S_S) [15] were taken into account and termed X_1 , X_2 , and X_3 , respectively (Table 1). Yield in total polyphenols (Y_{TP}) was the screening response and the three independent variables were coded between -1 (lower limit) and 1 (upper limit). Codification was performed with the following equation [16]:

$$X_{i} = \left(\frac{z_{i} - z_{1}^{0}}{\Delta z_{i}}\right) \times \beta_{d}.$$
(1)

Independent Variables	Code Units	Coded Variable Level		
I	coue entis	-1	-1	-1
$C_{\rm DES}$ (%, w/v)	X ₁	55	70	85
$R_{L/S}$ (mL g ⁻¹)	X ₂	20	40	60
S _S (rpm)	X ₃	200	500	800

Table 1. Codified and actual values of the independent variables considered for the experimental design.

 Δz_i is the distance between the real value at the central design point and the real value in the upper or lower limit of a variable; β_d is the major coded limit value in the matrix for each variable, and z^0 is the real value at the central point. The equation (mathematical model) obtained by fitting the

function to the experimental data was evaluated by ANOVA. Visual model representation was done by 3D surface response plots.

2.6. Total Polyphenol Determination

An established methodology was used [17]. Samples were diluted 1:50 with 0.5% aqueous formic acid prior to determinations. A volume of 0.1 mL of diluted sample was transferred into a 1.5-mL Eppendorf tube and mixed with 0.1 mL Folin–Ciocalteu reagent. The mixture was allowed to react for 2 min and then 0.8 mL of sodium carbonate (5% w/v) was added, followed by 20-min incubation at 40 °C, in a water bath. After incubation, the absorbance at 740 nm was read and total polyphenol concentration ($C_{\rm TP}$) was determined from a calibration curve constructed with gallic acid (10–80 mg L⁻¹). Extraction yield in total polyphenols was expressed as mg gallic acid equivalents (GAE) per g dry mass (dm).

2.7. Total Flavonoid Determination

For total flavonoids, a previously published protocol was employed [18]. Volume of 0.1 mL of appropriately diluted sample was combined with 0.86 mL 35% (v/v) aqueous ethanol and 0.04 mL of reagent consisted of 5% (w/v) AlCl₃ and 0.5 M CH₃COONa. After 30 min at room temperature the absorbance was obtained at 415 nm. Total flavonoid concentration (C_{TFn}) was calculated from a calibration curve using rutin as standard (15–300 mg L⁻¹). Yield in total flavonoids (Y_{TFn}) was estimated as mg rutin equivalents (RtE) per g dm.

2.8. Determination of the Antiradical Activity (A_{AR})

The determination was based on the stable radical probe DPPH using a stoichiometric assay [19]. All samples were diluted 1:50 with methanol just before the analysis, and 0.025 mL of sample was mixed with 0.975 mL DPPH (100 μ M in methanol) at room temperature. Absorbance readings at 515 nm were performed at *t* = 0 min (immediately after mixing) and at *t* = 30 min. The A_{AR} of the extract was then computed as follows:

$$A_{AR} = \frac{C_{DPPH}}{C_{TP}} \times (1 - \frac{A_{515(f)}}{A_{515(i)}}) \times Y_{TP}.$$
 (2)

 C_{DPPH} and C_{TP} are the DPPH concentration (μ M) and total polyphenol concentration (mg L⁻¹) in the reaction mixture, respectively. A_{515(f)} corresponds to A₅₁₅ at t = 30 min and A_{515(i)} to A₅₁₅ at t = 0. Y_{TP} is the extraction yield (mg g⁻¹) in TP of each of the extracts tested. A_{AR} was calculated as μ mol DPPH g⁻¹ dm.

2.9. Determination of the Reducing Power (P_R)

The ferric-reducing power assay was performed as previously described [19]. Before the analysis, samples were diluted 1:50. Then, 0.05 mL of the sample was incubated with 0.05 mL FeCl₃ (4 mM in 0.05 M HCl) at 37 °C in a water bath for 30 min. Following incubation, 0.9 mL of TPTZ solution (1 mM in 0.05 M HCl) was added, and the mixture was allowed to stand at room temperature for further 5 min. The absorbance was obtained at 620 nm and P_R was reported as µmol ascorbic acid equivalents (AAE) g⁻¹ dm using an ascorbic acid calibration curve (50–300 µM).

2.10. Liquid Chromatography Diode Array Mass Spectrometry (LC-DAD-MS)

A modification of a method reported elsewhere was used [20]. The apparatus was a Finnigan (San Jose, CA, USA) MAT Spectra System P4000 pump, a UV6000LP diode array detector, and a Finnigan AQA mass spectrometer. Analyses were performed with a Fortis RP-18 column, 150 mm \times 2.1 mm, 3 µm, at 40 °C, with a 10-µL injection loop. Acquisition of mass spectra at 20 and 70 eV was performed with electrospray ionization (ESI) in positive ion mode, using the following settings: probe temperature

was 250 °C, source voltage at 25 V, detector voltage at 450 V, and capillary voltage at 4 kV. The eluents were (A) 2% acetic acid and (B) methanol and the flow rate was 0.3 mL min⁻¹. Elution was carried out as follows: 0–30 min, 0–100% methanol; 30–40 min, 100% methanol.

2.11. High-Performance Liquid Chromatography Diode Array (HPLC-DAD)

The analysis was carried out on a Shimadzu CBM-20A liquid chromatograph (Shimadzu Europa GmbH, Duisburg, Germany) equipped with an SIL-20AC auto sampler and a CTO-20AC column oven. Detection was carried out using a Shimadzu SPD-M20A detector. The system was interfaced by Shimadzu LC solution software. Chromatography was carried out on a Phenomenex Luna C18(2) column (100 Å, 5 µm, 4.6 × 250 mm) (Phenomenex, Inc., Torrance, CA, USA). Columns were maintained at a temperature of 40 °C. Eluents were (A) 0.5% aqueous formic acid and (B) 0.5% formic acid in MeCN/water (6:4), and the flow rate was 1 mL min⁻¹. A 20 µL sample was injected into the high-performance liquid chromatography (HPLC). Following is the elution program used: 100% A to 60% A in 40 min, 60% A to 50% A in 10 min, 50% A to 30% A in 10 min, and then isocratic elution for another 10 min. The column was washed with 100% MeCN and re-equilibrated with 100% eluent A before the next injection. Quantification was performed with calibration curves (0–50 µg mL⁻¹) constructed with kaempferol 3-*O*-glucoside (R² = 0.9999), rutin (R² = 0.9990), and pelargonin (R² = 0.9999).

2.12. Statistical Analysis

Extractions were repeated at least twice, and all determinations were carried out in triplicate. Values presented are means \pm standard deviation (sd). Linear regression analysis was used to establish linear correlations, at least at a 95% significance level (p < 0.05), using SigmaPlotTM 12.5 (Systat Software Inc., San Jose, CA, USA). The design of experiment, response surface methodology and all associated statistics were performed with JMPTM Pro 13 (SAS, Cary, NC, USA).

3. Results and Discussion

3.1. DES Synthesis and the Effect of HBD:HBA Molar Ratio $(R_{mol}^{D/A})$

The first report on L-lactic acid (LA) and glycine (Gly) combination pointed out that stable DES may be formed at $R_{mol}^{D/A} > 3$ [21]. In latter studies, DES composed of LA and Gly exhibited stability at $R_{mol}^{D/A} \ge 5$, and it was also demonstrated that $R_{mol}^{D/A}$ may significantly affect DES efficiency in extracting phenolics [22]. On such a basis, synthesis and screening of a series of LA-Gly DES with $R_{mol}^{D/A}$ ranging from five to 13, was the first stage in the development of an efficient solvent. All DES synthesized were tested for polyphenol recovery as 70% (*w*/*v*) aqueous mixtures. Screening results are depicted in Figure 1. The DES LA-Gly (5:1) was proven to be the highest-performing system, providing significantly increased Y_{TP} (*p* < 0.05). This finding evidenced the potency of LA-Gly (5:1) for polyphenol recovery, and on this ground, this DES was chosen for all further processes.



Figure 1. Screening of HBD:HBA ratio for the selection of the most efficient deep eutectic solvent (DES). Asterisk (*) denotes statistically different value (p < 0.05).

3.2. Assessment of the DES Extraction Efficiency

To better illustrate the efficiency of LA-Gly (5:1), an appraisal was carried out by comparing the DES performance with that of two other green solvents, namely 60% (v/v) aqueous ethanol and water. Extractions with a commonly used solvent, 60% (v/v) aqueous methanol, were also performed. For the appraisal, in addition to Y_{TP}, the Y_{TFn}, A_{AR} and P_R were also considered, and the results are analytically displayed in Table 2. LA-Gly (5:1) gave higher Y_{TP}, which was statistically significant (p < 0.05). Regarding Y_{TFn} and P_R, extraction of SPW with LA-Gly (5:1) also afforded higher but statistically non-significant values, whereas A_{AR} of the LA-Gly (5:1) was lower compared to the extracts obtained with the control solvents. Based on these results, it was deemed that LA-Gly (5:1) was indeed the highest-performic system.

Solvent	Y_{TP} (mg GAE g ⁻¹ dm)	Y _{TFn} (mg RtE g ⁻¹ dm)	A _{AR} (μmol DPPH g ⁻¹ dm)	P _R (μmol AAE g ⁻¹ dm)
Water	102.91 ± 2.57	49.77 ± 2.99	284.66 ± 5.69	136.14 ± 2.04
60% EtOH	112.15 ± 2.80	53.98 ± 3.24	290.54 ± 5.81	137.18 ± 2.56
60% MeOH	107.13 ± 2.68	54.86 ± 3.29	300.71 ± 6.01	129.05 ± 2.09
DES	120.50 ± 3.01 *	61.27 ± 3.37	213.05 ± 4.26	144.66 ± 3.07

Table 2. Extraction yields and antioxidant characteristics of the saffron processing waste (SPW) extracts obtained with DES and the control solvents.

* Asterisk indicates statistically different value (p < 0.05).

3.3. Optimisation of Extraction Performance

Response surface methodology was deployed to assess the effect of three basic extraction variables $(C_{\text{DES}}, R_{\text{L/S}}, S_{\text{S}})$ on the performance of LA-Gly (5:1) to recover polyphenolic antioxidants. The objective was the fit of polynomial equations (models) to the experimental data, in order to describe effectively

the behavior of the data set for making statistical previsions. Assessment of the fitted models was based on the ANOVA (Table 3). By neglecting the non-significant terms, the first-degree equation (mathematical model) was

$$Y_{\rm TP} = 115.32 + 3.24X_1 + 8.67X_2 + 5.73X_3 - 5.11X_1X_2 - 4.93X_1X_3.$$
(3)

The square correlations coefficient (\mathbb{R}^2) and the *p*-value are indicators of the total variability around the mean calculated by the model. Measured and predicted Y_{TP} values for each material extracted and for each design point are analytically presented in Table 4. Because total \mathbb{R}^2 of the model was 0.95, and the *p* value (assuming a confidence interval of 95%) was highly significant (0.0080) (*F* value for lack-of-fit = 30.1016), Equation (3) showed excellent fitting to the experimental data.

Table 3. Statistical data related with the model established by implementing response surface methodology.

Term	Standard Error	t Ratio	Probability > t	Sum of Squares	F Ratio
$C_{\rm DES}$	1.237502	2.62	0.0472 *	83.98080	6.8548
R _{L/S}	1.237502	7.01	0.0009 *	601.17781	49.0705
SS	1.237502	4.63	0.0057 *	262.54861	21.4303
$C_{\rm DES} R_{\rm L/S}$	1.750093	-2.92	0.0329 *	104.65290	8.5422
$C_{\rm DES}{\rm S_S}$	1.750093	-2.81	0.0374 *	97.02250	7.9194
$R_{L/S} S_S$	1.750093	-1.90	0.1165	44.02322	3.5934
$C_{\rm DES} C_{\rm DES}$	1.821554	-1.56	0.1793	29.84188	2.4358
R _{L/S} R _{L/S}	1.821554	0.64	0.5475	5.09408	0.4158
S _S S _S	1.821554	0.49	0.6441	2.95488	0.2412

* Asterisk indicates statistically different value (p < 0.05).

Table 4. Measured and predicted values of the response for every point of the experimental design implemented.

Design Point	Independent Variables			Response (Y_{TP} , mg GAE g ⁻¹ dm)	
	$X_1 \left(C_{\text{DES}}, \% \ w/v \right)$	$X_2 (R_{L/S}, mL g^{-1})$	X ₃ (S _S , rpm)	Measured	Predicted
1	-1 (55)	-1 (20)	0 (500)	93.36	96.63
2	-1 (55)	1 (60)	0 (500)	122.14	124.20
3	1 (85)	-1 (20)	0 (500)	115.40	113.34
4	1 (85)	1 (60)	0 (500)	123.72	120.45
5	0 (70)	-1 (20)	-1 (200)	100.43	99.68
6	0 (70)	-1 (20)	1 (800)	118.23	117.77
7	0 (70)	1 (60)	-1 (200)	123.19	123.65
8	0 (70)	1 (60)	1 (800)	127.72	128.47
9	-1 (55)	0 (40)	-1 (200)	102.00	99.48
10	1 (85)	0 (40)	-1 (200)	113.00	115.81
11	-1 (55)	0 (40)	1 (800)	123.60	120.79
12	1 (85)	0 (40)	1 (800)	114.90	117.42
13	0 (70)	0 (40)	0 (500)	116.25	115.32
14	0 (70)	0 (40)	0 (500)	115.00	115.32
15	0 (70)	0 (40)	0 (500)	114.72	115.32

The 3D plots created based on the model are given in Figure 2, to readily portray the effect of the process variables on the response (Y_{TP}). The desirability function enabled the simultaneous optimization of the levels of all three variables in order to attain the best system performance (Figure 3), and the sets of conditions to achieve the highest theoretical yield were estimated to be $C_{DES} = 55\%$ (w/v), $R_{L/S} = 60$ mL g⁻¹ and $S_S = 800$ rpm. Under these conditions, the maximum theoretical Y_{TP} was 132.43 ± 10.63 mg GAE g⁻¹ dm. To confirm the validity of the model, three extractions of each material were carried out under the optimal conditions. The Y_{TP} determined was 128.00 ± 1.94 mg GAE g⁻¹ dm, suggesting that the theoretical optimum settings for C_{DES} , $R_{L/S}$, and S_S may be applied with high reliability.



Figure 2. Three-dimensional plots displaying the effect of process (independent) variables on the total polyphenol yield (YTP). For variable assignment, see Table 1. Plots (**A**), (**B**) and (**C**) show covariation of variables X1 and X2, X1 and X3, and X2 and X3, respectively.



Figure 3. Desirability function showing the maximum predicted response upon setting process (independent) variable values at the predicted optima.

Judging by the model, C_{DES} (X₁) had a direct positive influence on Y_{TP}, and the same was seen for R_{L/S} (X₂). Likewise, S_S (X₃) had a positive impact on SPW polyphenol extraction. On the other hand, cross terms C_{DES} (X₁) and R_{L/S} (X₂), and C_{DES} (X₁) and S_S (X₃) had a negative effect on Y_{TP}. The predicted C_{DES} levels implied the use of a significantly higher water amount compared with previous results from polyphenol extraction with DES, which indicated that 80% (*w/w*) to be the most appropriate C_{DES} for high extraction yield [23–26]. Suitable DES mixing with water is indispensable for regulation of properties crucial to solid-liquid extraction, such as viscosity and polarity [27]. However, C_{DES} cannot be below a certain level because excessive water amount would cause DES decomposition and therefore the intrinsic DES properties would be abolished [28].

Variable $R_{L/S}$ is a strongly influential factor regarding solid–liquid extraction, as it affects concentration gradient between the solid particles and the liquid phase, which is the driving force for the manifestation of diffusion phenomena. Recently, it was demonstrated that raising $R_{L/S}$ from 10 to 50 mL g⁻¹ may significantly increase diffusivity [29]. Conventional solvent extraction may require $R_{L/S}$ as high as 120 mL g⁻¹ [30,31], but for polyphenol extractions with DES, lower $R_{L/S}$ levels ranging from 29–50 mL g⁻¹ are usually effective [32–34]. The optimal $R_{L/S}$ estimated was 60 mL g⁻¹, indicating that higher concentration gradients may be necessary for effective polyphenol leaching into the liquid phase.

In a similar manner, S_S was shown to play an important role in solid–liquid extraction, and appropriate S_S regulation may give significantly higher extraction yields [29,31]. Sufficiently high S_S causes turbulence in the extraction tank, and this in turn may increase mass transfer rate. In this line, S_S has been demonstrated to provide increased polyphenol diffusivity [29]. On the other hand, high S_S may lead to incomplete diffusivity because higher turbulence could shift the equilibrium toward polyphenol adsorption rather than diffusion. At this point, characteristics such as the viscosity of the liquid phase (solvent), which is tightly associated with $R_{L/S}$, should also be considered. Such a hypothesis might explain the combined effect observed between S_S and C_{DES} (cross term X_1X_3) for SPW polyphenol extraction.

3.4. Temperature Effects

Polyphenols are thermosensitive molecules and in several cases temperature increase does not generate a monotonous effect on the extraction yield and antioxidant activity. Such a behavior was demonstrated for the extraction of onion solid waste [35,36], red grape pomace [37], and *Moringa oleifera* leaves [25]. Therefore, the impact of temperature on the production of polyphenol-enriched extracts with improved antioxidant characteristics merits thorough investigation. For this reason, extractions under optimal conditions were carried out at temperatures varying from 23 (ambient temperature) to 80 °C, and the extracts produced were assessed by determining Y_{TP}, Y_{TFn}, A_{AR}, and P_R. The outcome of this assay is analytically presented in Figure 4.



Figure 4. Variation of Y_{TP} (**A**), Y_{TFn} (**B**), A_{AR} (**C**), and P_R (**D**) as a function of *T*. Bars indicate standard deviation. Asterisk (*) denotes statistically different value (p < 0.05).

 Y_{TP} for SPW extraction peaked at 50 °C (128.03 mg GAE g⁻¹ dm), while a decline was recorded thereafter (Figure 4A). Likewise, maximum Y_{TFn} was found at 50 °C (Figure 4B). A_{AR} exhibited fluctuations within a narrow range, the highest A_{AR} being at 23 °C (255.15 µmol DPPH g⁻¹ dm) (Figure 4C). Significant differentiation was seen for the evolution of P_R , which gave maximum levels at

 $60 \degree C$ (388.15 µmol AAE g⁻¹ dm) (Figure 4D) Considering all the above parameters, the data obtained suggested that SPW extraction provided polyphenol-enriched extracts with enhanced antioxidant activity at around 50–60 °C. This finding may be evidence of the thermal stability of SPW constituents.

3.5. Polyphenolic Composition

The extract obtained under optimal conditions ($C_{\text{DES}} = 55\%$ (w/v), $R_{\text{L/S}} = 60$ mL g⁻¹, $S_{\text{S}} = 800$ rpm, T = 50 °C) was analyzed by liquid chromatography-diode array-mass spectrometry, to detect and tentatively identify the major polyphenolic constituents. The compound with retention time (Rt) 15.62 min (peak #5) in the chromatogram monitored at 520 nm (Figure 5), gave a molecular ion at m/z = 627 and a diagnostic fragment at m/z = 465. This peak was identified as delphinidin 3,5-di-*O*-glucoside (Table 5). Likewise, the peak at 18.72 min (peak #6) yielded a molecular ion at m/z = 641 and a characteristic fragment at m/z = 465, and it was assigned to petunidin 3,5-di-*O*-glucoside. Finally, the peak with Rt 20.08 min (peak #7) was identified as delphinidin 3-*O*-glucoside, based on its major peak (m/z = 465) and its fragment at m/z = 303 [38].



Figure 5. High-performance liquid chromatography (HPLC) traces of the SPW extract obtained with the DES, under optimal conditions ($C_{\text{DES}} = 55\%$ (w/v), $R_{\text{L/S}} = 60 \text{ mL g}^{-1}$, $S_{\text{S}} = 800 \text{ rpm}$, T = 50 °C). The upper and lower traces were monitored at 360 and 520 nm, respectively. Peak assignment: 1, kaempferol 3-*O*-sophoroside 7-*O*-glucoside; 2, quercetin 3-*O*-sophoroside; 3, kaempferol 3-*O*-sophoroside; 5, delphinidin 3,5-di-*O*-glucoside; 6, petunidin 3,5-di-*O*-glucoside; 7, delphinidin 3-*O*-glucoside.

The chromatogram at 360 nm revealed the existence of four principal constituents (Figure 5). Peak #1 yielded a pseudo-molecular ion at m/z = 773 and three diagnostic fragments at m/z = 611

(loss of glucose) at m/z = 449 (loss of sophorose) and at m/z = 287 (aglycone). This compound was tentatively identified as kaempferol 3-*O*-sophoroside 7-*O*-glucoside (Table 5). Similarly, peak #2 gave a pseudo-molecular ion at m/z = 627 and the aglycone ion at m/z = 303 and it was assigned to quercetin 3-*O*-sophoroside. Peak #3 displayed a pseudo-molecular ion at m/z = 611 and fragments at m/z = 449 (loss of glucose) and m/z = 287 (aglycone), and its structure was assigned to kaempferol 3,7-di-*O*-glucoside. Peak #4 showed pseudo-molecular and fragment ions at m/z = 449 and 287, respectively, and it was identified as kaempferol 3-*O*-glucoside [39].

On the ground of the quantitative data presented in Table 6, the flavonol composition of the extract was characterized by relatively high amounts of kaempferol 3-O-sophoroside $(36.43 \pm 2.55 \text{ mg g}^{-1} \text{ dm})$, accompanied by much lower proportions of kaempferol 3-O-sophoroside 7-O-glucoside and quercetin 3-O-sophoroside. Regarding anthocyanins, the profile was dominated by delphinidin 3,5-di-O-glucoside ($6.28 \pm 0.44 \text{ mg g}^{-1} \text{ dm}$). This outcome is in accordance with previous studies [40,41], which showed that the predominant flavonol found in aqueous SPW extract was kaempferol 3-O-sophoroside ($30.34 \text{ mg g}^{-1} \text{ dm}$), followed by kaempferol 3-O-sophoroside 7-O-glucoside (5.6 mg g⁻¹ dm) and quercetin 3-O-sophoroside (4.01 mg g⁻¹ dm). However, important amounts of delphinidin 3,5-di-O-glucoside (23.19 mg g^{-1} dm) were determined in ethanolic extract, whereas the aqueous extract was relatively rich in petunidin 3,5-diglucoside (3.97 mg g^{-1} dm). Data from another investigation were in line, giving values of 12.60 and 3.94 mg g^{-1} dm, for kaempferol 3-O-sophoroside and delphinidin 3,5-di-O-glucoside, respectively, in water/methanol extracts [38]. Although the polyphenolic composition of SPW could be influenced by the genetic background (variety), the area of origin and sample processing conditions, comparison of the total polyphenol content determined in this study (Table 6) with the values reported in the literature would indicate that SPW extraction with the DES used, under the optimal conditions estimated, an efficient process to produce polyphenol-enriched extracts with important antioxidant activity.

No	Rt (min)	UV-vis	$[M + H]^+ (m/z)$	Fragment Ions (m/z)	Tentative Identity
Flavor	ıols				
1	21.08	265, 346	773	611, 449, 287	Kaempferol 3-O-sophoroside 7-O-glucoside
2	29.81	254, 351	627	303	Quercetin 3-O-sophoroside
3	32.63	265, 346	611	449, 287	Kaempferol 3-O-sophoroside
4	38.87	265, 352	449	287	Kaempferol 3-O-glucoside
Antho	cyanins				
5	15.62	274, 523	627	465	Delphinidin 3,5-di-O-glucoside
6	18.72	272, 523	641	465	Petunidin 3,5-di-O-glucoside
7	20.08	271, 523	465	303	Delphinidin 3-O-glucoside

Table 5. Ultraviolet-visual and mass spectrometric data of the major polyphenols detected in the DES extracts of SPW, obtained under optimal conditions.

Polyphenol	Content (mg g ^{-1} dm) \pm sd
Flavonols	
Kaempferol 3-O-sophoroside 7-O-glucoside	3.92 ± 0.27
Quercetin 3-O-sophoroside	3.55 ± 0.25
Kaempferol 3-O-sophoroside	36.43 ± 2.55
Kaempferol 3-O-glucoside	1.82 ± 0.13
Total	45.72
Anthocyanins	
Delphinidin 3,5-di-O-glucoside	6.28 ± 0.44
Petunidin 3,5-di-O-glucoside	1.08 ± 0.08
Delphinidin 3-O-glucoside	0.70 ± 0.05
Total	8.06
Sum	53.79

Table 6. Quantitative values of the major polyphenols detected in the SPW, obtained with the DES under optimal conditions.

4. Conclusions

Saffron processing waste was used as raw material for the recovery of antioxidant polyphenols using a natural deep eutectic solvent composed of L-lactic acid and glycine. It was demonstrated that the HBD:HBA molar ratio can significantly affect extraction yield, hence initial screening of the most appropriate HBD:HBA molar ratio should be a key step in the development of similar processes. Furthermore, the response surface optimization of polyphenol extraction from SPW clearly showed that the proportion of solvent/water, as well as the liquid-to-solid ratio and the stirring speed may crucially affect the extraction performance. Therefore, these variables are to be suitably adjusted in order to maximize extraction yield. Likewise, temperatures higher than 50–60 °C were shown to have a negative impact on the extraction yield, and this is another salient process parameter that should be taken into consideration. SPW extraction under the optimally defined conditions gave extracts rich in polyphenols, the predominant flavonol and anthocyanin being kaempferol 3-*O*-sophoroside and delphinidin 3,5-di-*O*-glucoside, respectively. Future work should focus on the stability of SPW extracts in DES, as well as on the bioactivity of the extracts, to fully evaluate their potency as food and cosmetic ingredients and pharmaceutical formulations.

Author Contributions: Conceptualization, S.L. and D.P.M.; formal analysis, A.L., S.G., I.K., O.K., G.B., and E.B.; investigation, A.L., S.G., I.K., O.K., G.B., and E.B.; writing—original draft preparation, S.L. and D.P.M.; writing—review and editing, S.L. and D.P.M.; supervision, S.L. and D.P.M.

Funding: This research was co-financed by the European Union and the Hellenic Ministry of Economy and Development through the Operational Programme Competitiveness, Entrepreneurship and Innovation, under the call RESEARCH—CREATE—INNOVATE (project code: T1EDK-05677).

Acknowledgments: Nektarios Vlahos (Petrana, Kozani) is thanked for providing the saffron processing waste.

Conflicts of Interest: The authors declare no conflict of interest.

Nomenclature

A _{AR}	antiradical activity (μ mol DPPH g ⁻¹)
P _R	reducing power (μ mol AAE g ⁻¹)
R _{L/S}	liquid-to-solid ratio (mL g^{-1})
t	time (min)
Т	temperature (°C)
Y _{TFn}	yield in total flavonoids (mg RtE g^{-1})
Y _{TP}	yield in total polyphenols (mg GAE g^{-1})

Abbreviations

- AAE ascorbic acid equivalents
- DES deep eutectic solvents
- DPPH 2,2-diphenyl-1-picrylhydrazyl radical
- GAE gallic acid equivalents
- HBA hydrogen bond acceptor
- HBD hydrogen bond donor
- TPTZ 2,4,6-tripyridyl-s-triazine

References

- Banerjee, J.; Singh, R.; Vijayaraghavan, R.; MacFarlane, D.; Patti, A.F.; Arora, A. Bioactives from fruit processing wastes: Green approaches to valuable chemicals. *Food Chem.* 2017, 225, 10–22. [CrossRef] [PubMed]
- 2. Makris, D.P.; Boskou, D. Plant-Derived Antioxidants as Food Additives. In *Plants as a Source of Natural Antioxidants*; CABI Publ.: Oxfordshire, UK, 2014; pp. 169–190.
- 3. Shahidi, F.; Varatharajan, V.; Oh, W.Y.; Peng, H. Phenolic compounds in agri-food by-products, their bioavailability and health effects. *J. Food Bioact* **2019**, *5*, 57–119. [CrossRef]
- Chemat, F.; Abert Vian, M.; Ravi, H.K.; Khadhraoui, B.; Hilali, S.; Perino, S.; Tixier, A.S.F. Review of alternative solvents for green extraction of food and natural products: Panorama, principles, applications and prospects. *Molecules* 2019, 24, 3007. [CrossRef] [PubMed]
- 5. Florindo, C.; Lima, F.; Ribeiro, B.D.; Marrucho, I.M. Deep eutectic solvents: Overcoming XXI century challenges. *Cur. Opin. Green Sustain. Chem.* **2018**. [CrossRef]
- 6. Bubalo, M.C.; Vidović, S.; Redovniković, I.R.; Jokić, S. New perspective in extraction of plant biologically active compounds by green solvents. *Food Bioprod. Process.* **2018**, *109*, 52–73. [CrossRef]
- Li, Y.; Kunz, W.; Chemat, F. From Petroleum to Bio-Based Solvents: From Academia to Industry. In *Plant Based "Green Chemistry* 2.0"; Springer: Berlin/Heidelberg, Germany, 2019; pp. 51–87.
- 8. Ghaffari, S.; Roshanravan, N. Saffron; An updated review on biological properties with special focus on cardiovascular effects. *Biomed. Pharmacother.* **2019**, *109*, 21–27. [CrossRef]
- 9. Moratalla-López, N.; Bagur, M.J.; Lorenzo, C.; Salinas, M.; Alonso, G.L. Bioactivity and bioavailability of the major metabolites of *Crocus sativus* L. Flower. *Molecules* **2019**, *24*, 2827. [CrossRef]
- 10. Ahmadian-Kouchaksaraie, Z.; Niazmand, R.; Najafi, M.N. Optimization of the subcritical water extraction of phenolic antioxidants from *Crocus sativus* petals of saffron industry residues: Box-Behnken design and principal component analysis. *Innov. Food Sci. Emerg. Technol.* **2016**, *36*, 234–244. [CrossRef]
- 11. Da Porto, C.; Natolino, A. Extraction kinetic modelling of total polyphenols and total anthocyanins from saffron floral bio-residues: Comparison of extraction methods. *Food Chem.* **2018**, 258, 137–143. [CrossRef]
- 12. Ahmadian-Kouchaksaraie, Z.; Niazmand, R. Supercritical carbon dioxide extraction of antioxidants from *Crocus sativus* petals of saffron industry residues: Optimization using response surface methodology. *J. Supercrit. Fluids* **2017**, *121*, 19–31. [CrossRef]
- Lotfi, L.; Kalbasi-Ashtari, A.; Hamedi, M.; Ghorbani, F. Effects of enzymatic extraction on anthocyanins yield of saffron tepals (*Crocus sativus*) along with its color properties and structural stability. *J. Food Drug Anal.* 2015, 23, 210–218. [CrossRef]
- 14. Mouratoglou, E.; Malliou, V.; Makris, D.P. Novel glycerol-based natural eutectic mixtures and their efficiency in the ultrasound-assisted extraction of antioxidant polyphenols from agri-food waste biomass. *Waste Biomass Valorization* **2016**, *7*, 1377–1387. [CrossRef]
- 15. Lakka, A.; Karageorgou, I.; Kaltsa, O.; Batra, G.; Bozinou, E.; Lalas, S.; Makris, D. Polyphenol extraction from *Humulus lupulus* (hop) using a neoteric glycerol/L-alanine deep eutectic solvent: Optimisation, kinetics and the effect of ultrasound-assisted pretreatment. *AgriEngineering* **2019**, *1*, 403–417. [CrossRef]
- 16. Bezerra, M.A.; Santelli, R.E.; Oliveira, E.P.; Villar, L.S.; Escaleira, L.A. Response surface methodology (RSM) as a tool for optimization in analytical chemistry. *Talanta* **2008**, *76*, 965–977. [CrossRef] [PubMed]
- Cicco, N.; Lanorte, M.T.; Paraggio, M.; Viggiano, M.; Lattanzio, V. A reproducible, rapid and inexpensive Folin–Ciocalteu micro-method in determining phenolics of plant methanol extracts. *Microchem. J.* 2009, *91*, 107–110. [CrossRef]

- 18. Manousaki, A.; Jancheva, M.; Grigorakis, S.; Makris, D. Extraction of antioxidant phenolics from agri-food waste biomass using a newly designed glycerol-based natural low-transition temperature mixture: A comparison with conventional eco-friendly solvents. *Recycling* **2016**, *1*, 194–204. [CrossRef]
- 19. Paleologou, I.; Vasiliou, A.; Grigorakis, S.; Makris, D.P. Optimisation of a green ultrasound-assisted extraction process for potato peel (Solanum tuberosum) polyphenols using bio-solvents and response surface methodology. *Biomass Convers. Biorefin.* **2016**, *6*, 289–299. [CrossRef]
- 20. Sadek, E.S.; Makris, D.P.; Kefalas, P. Polyphenolic composition and antioxidant characteristics of kumquat (*Fortunella margarita*) peel fractions. *Plant Foods Hum. Nutr.* **2009**, *64*, 297. [CrossRef]
- 21. Bakirtzi, C.; Triantafyllidou, K.; Makris, D.P. Novel lactic acid-based natural deep eutectic solvents: Efficiency in the ultrasound-assisted extraction of antioxidant polyphenols from common native Greek medicinal plants. *J. Appl. Res. Med. Aromat. Plants* **2016**, *3*, 120–127. [CrossRef]
- Kottaras, P.; Koulianos, M.; Makris, D. Low-Transition temperature mixtures (LTTMs) made of bioorganic molecules: Enhanced extraction of antioxidant phenolics from industrial cereal solid wastes. *Recycling* 2017, 2, 3. [CrossRef]
- 23. Cui, Q.; Liu, J.Z.; Wang, L.T.; Kang, Y.F.; Meng, Y.; Jiao, J.; Fu, Y.J. Sustainable deep eutectic solvents preparation and their efficiency in extraction and enrichment of main bioactive flavonoids from sea buckthorn leaves. *J. Clean. Prod.* **2018**, *184*, 826–835. [CrossRef]
- 24. Huang, Y.; Feng, F.; Jiang, J.; Qiao, Y.; Wu, T.; Voglmeir, J.; Chen, Z.G. Green and efficient extraction of rutin from tartary buckwheat hull by using natural deep eutectic solvents. *Food Chem.* **2017**, *221*, 1400–1405. [CrossRef]
- Karageorgou, I.; Grigorakis, S.; Lalas, S.; Makris, D.P. Enhanced extraction of antioxidant polyphenols from Moringa oleifera Lam. leaves using a biomolecule-based low-transition temperature mixture. *Eur. Food Res. Technol.* 2017, 243, 1839–1848. [CrossRef]
- 26. Athanasiadis, V.; Grigorakis, S.; Lalas, S.; Makris, D.P. Highly efficient extraction of antioxidant polyphenols from Olea europaea leaves using an eco-friendly glycerol/glycine deep eutectic solvent. *Waste Biomass Valorization* **2018**, *9*, 1985–1992. [CrossRef]
- 27. Liu, Y.; Friesen, J.B.; McAlpine, J.B.; Lankin, D.C.; Chen, S.N.; Pauli, G.F. Natural deep eutectic solvents: Properties, applications, and perspectives. *J. Nat. Prod.* **2018**, *81*, 679–690. [CrossRef] [PubMed]
- 28. Dai, Y.; Witkamp, G.J.; Verpoorte, R.; Choi, Y.H. Tailoring properties of natural deep eutectic solvents with water to facilitate their applications. *Food Chem.* **2015**, *187*, 14–19. [CrossRef] [PubMed]
- 29. Shewale, S.; Rathod, V.K. Extraction of total phenolic content from *Azadirachta indica* or (neem) leaves: Kinetics study. *Prep. Biochem. Biotechnol.* **2018**, *48*, 312–320. [CrossRef]
- 30. Adjé, F.; Lozano, Y.F.; Lozano, P.; Adima, A.; Chemat, F.; Gaydou, E.M. Optimization of anthocyanin, flavonol and phenolic acid extractions from *Delonix regia* tree flowers using ultrasound-assisted water extraction. *Ind. Crop. Prod.* **2010**, *32*, 439–444. [CrossRef]
- 31. Vetal, M.D.; Lade, V.G.; Rathod, V.K. Extraction of ursolic acid from Ocimum sanctum leaves: Kinetics and modeling. *Food Bioprod. Process.* **2012**, *90*, 793–798. [CrossRef]
- 32. Jancheva, M.; Grigorakis, S.; Loupassaki, S.; Makris, D.P. Optimised extraction of antioxidant polyphenols from *Satureja thymbra* using newly designed glycerol-based natural low-transition temperature mixtures (LTTMs). *J. Appl. Res. Med. Aromat. Plants* **2017**, *6*, 31–40. [CrossRef]
- 33. Dedousi, M.; Mamoudaki, V.; Grigorakis, S.; Makris, D. Ultrasound-assisted extraction of polyphenolic antioxidants from olive (*Olea europaea*) leaves using a novel glycerol/sodium-potassium tartrate low-transition temperature mixture (LTTM). *Environments* **2017**, *4*, 31. [CrossRef]
- 34. Slim, Z.; Jancheva, M.; Grigorakis, S.; Makris, D.P. Polyphenol extraction from *Origanum dictamnus* using low-transition temperature mixtures composed of glycerol and organic salts: Effect of organic anion carbon chain length. *Chem. Eng. Commun.* **2018**, 205, 1494–1506. [CrossRef]
- 35. Khiari, Z.; Makris, D.P.; Kefalas, P. An investigation on the recovery of antioxidant phenolics from onion solid wastes employing water/ethanol-based solvent systems. *Food Bioprocess Technol.* **2009**, *2*, 337. [CrossRef]
- 36. Katsampa, P.; Valsamedou, E.; Grigorakis, S.; Makris, D.P. A green ultrasound-assisted extraction process for the recovery of antioxidant polyphenols and pigments from onion solid wastes using Box–Behnken experimental design and kinetics. *Ind. Crop. Prod.* **2015**, *77*, 535–543. [CrossRef]

- 37. Patsea, M.; Stefou, I.; Grigorakis, S.; Makris, D.P. Screening of natural sodium acetate-based low-transition temperature mixtures (LTTMs) for enhanced extraction of antioxidants and pigments from red vinification solid wastes. *Environ. Process.* **2017**, *4*, 123–135. [CrossRef]
- 38. Goupy, P.; Vian, M.A.; Chemat, F.; Caris-Veyrat, C. Identification and quantification of flavonols, anthocyanins and lutein diesters in tepals of *Crocus sativus* by ultra performance liquid chromatography coupled to diode array and ion trap mass spectrometry detections. *Ind. Crop. Prod.* **2013**, *44*, 496–510. [CrossRef]
- 39. Tuberoso, C.I.; Rosa, A.; Montoro, P.; Fenu, M.A.; Pizza, C. Antioxidant activity, cytotoxic activity and metabolic profiling of juices obtained from saffron (Crocus sativus L.) floral by-products. *Food Chem.* **2016**, 199, 18–27. [CrossRef]
- 40. Cusano, E.; Consonni, R.; Petrakis, E.A.; Astraka, K.; Cagliani, L.R.; Polissiou, M.G. Integrated analytical methodology to investigate bioactive compounds in *Crocus sativus* L. flowers. *Phytochem. Anal.* **2018**, *29*, 476–486. [CrossRef]
- 41. Serrano-Díaz, J.; Estevan, C.; Sogorb, M.Á.; Carmona, M.; Alonso, G.L.; Vilanova, E. Cytotoxic effect against 3T3 fibroblasts cells of saffron floral bio-residues extracts. *Food Chem.* **2014**, *147*, 55–59. [CrossRef]



© 2019 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (http://creativecommons.org/licenses/by/4.0/).