



Experimental Investigation of the Physical and Mechanical Properties of Sisal Fiber-Reinforced Concrete

Abass Abayomi Okeola^{1,*}, Silvester Ochieng Abuodha² and John Mwero²

- ¹ Civil Engineering Department, Pan African University Institute for Basic Science, Technology and Innovation Hosted at Jomo Kenyatta University of Agriculture and Technology, Nairobi 62000-00200, Kenya
- ² Department of Civil and Construction Engineering, University of Nairobi, Nairobi 30197-00100, Kenya; sochieng@yahoo.com (S.O.A.); johnmwero1@gmail.com (J.M.)
- * Correspondence: abassokeola@gmail.com; Tel.: +234-7030301820

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Abstract: Concrete is a very popular material in the construction industry—it is, however, susceptible to quasi-brittle failure and restricted energy absorption after yielding. The incorporation of short discrete fibers has shown great promise in addressing these shortfalls. A natural fiber such as sisal is renewable, cheap, and easily available. It has also exhibited good tensile strength and can significantly improve the performance of concrete. In this study, the physical and mechanical properties of sisal fiber-reinforced concrete were reported. Sisal fibers were added in the mix at percentages of 0.5%, 1.0%, 1.5%, and 2.0% by weight of cement. Physical properties measured are workability, water absorption, and density while mechanical properties reported are compression strength, split tensile strength, and static modulus of elasticity. The computed modulus of elasticity of sisal fiber-reinforced concrete was compared with predicted values in some common design codes. From the study, it was concluded that sisal fiber can enhance the split tensile strength and Young's modulus of concrete but cannot improve its workability, water absorption, and compressive strength.

Keywords: sisal fiber; sisal fiber-reinforced concrete (SFRC); compressive strength; split tensile strength; static modulus of elasticity

1. Introduction

The increase in global population is putting rising demand on the construction industry, now more than ever [1]. The industry heavily relies on concrete that happens to be the most widely used construction material because of its unique inherent properties, such as high compressive strength, good durability, fire resistivity, and low permeability [2]. Aside from these positive properties are adverse characteristics, such as low tension strength, brittleness, low resistance to cracking, and low impact resistance [3]. These defects made it necessary to find out ways to improve the properties of concrete; some of these deficiencies, such as low tensile strength, can be improved by using conventional reinforcement steel bars and, to a reasonable extent, by incorporating optimum amount of certain fibers in concrete: Fiber-reinforced concrete (FRC) [4].

Fibers are a small-short discrete reinforcing material produced from various materials, like steel, plastic, glass, carbon, and natural materials in various shapes and sizes [5]. Sisal is one of the numerous natural fibers that have shown great promise over the years; it possesses many advantageous properties, which include sustainability, high tensile modulus, and low cost [6]. It is locally available in Kenya, Tanzania, and Brazil. It can be incorporated into the cementitious matrix to improve its mechanical strength, resulting in concrete known as sisal fiber-reinforced concrete (SFRC). Fiber also improves the post-yield behaviour of concrete as it inhibits crack propagation.



Two important parameters employed in describing fiber are aspect ratio and volume fraction. Aspect ratio is the ratio of fiber length to its diameter (l/d). Typical aspect ratio (A.R) ranges from 30 to 150 [4] and it plays a crucial role in improving the properties of concrete [7]. Low A.R ranging between 2.5 and 7.5 had a significantly positive effect on the compressive strength of concrete in comparison to higher A.R values [8]. Volume fraction, on the other hand, is the volume of fiber in the concrete matrix. Recent research, however, adopts the method of adding fibers by percentage weight of cement. Optimum fiber content by weight of cement has reportedly been 1%, with further addition resulting in a decrease in both compressive and split tensile strength of concrete, especially for low modulus fibers [7,9].

The risk associated with the inclusion of fibers in a concrete matrix is its tendency to reduce the workability and ease of compaction of fresh concrete, which will negatively impact on the compressive strength of concrete [9,10]. Reference [11] reported a small decrease in the compressive strength of FRC at all levels of incorporation by weight of cement. Although most studies showed an improvement in split tensile strength due to the high tensile modulus of the fiber used in comparison to that of concrete [12]. Dadapheer et al. [13] in his recent study reported an increase in the tensile strength of FRC up to 2% by weight of cement with an improvement in flexural strength as well, showing that sisal fiber can tremendously improve the properties of concrete.

2. Materials and Mix Design

2.1. Materials

The materials used in this study were sisal fibers, coarse aggregates, fine aggregates, Ordinary Portland Cement (OPC), silica fume, and water.

2.1.1. Sisal Fiber

Sisal fibers were obtained from Juja, Kenya. They were brushed, dried, and cut into small lengths of 3 cm. The fibers were characterized as summarized in Table 1. The tensile strength of the sisal fiber was obtained using the Hounsfield tensometer. The fibers were treated by immersing in a silica fume slurry before incorporating them into the concrete and allowing them to dry for 13 min to ensure durability [14].

Fiber Property	Result	
Fiber length	30 mm	
Fiber diameter	0.10–0.13 mm	
Aspect ratio	230-300	
Tensile strength	$371\pm28~\mathrm{MPa}$	
Tensile modulus	$12.43\pm2.23~\mathrm{GPa}$	
Shape	Straight	
Color	Creamy white	
Density	0.113 g/cm^3	
Water absorption	43.58%	
Specific gravity	0.73	

Table 1. Properties of sisal fibers.

2.1.2. Cement

Ordinary Portland Cement (grade 42.5 N) conforming to the specifications of ASTM C150 [15] was used in this study. Tables 2 and 3, respectively, show the physical properties and chemical composition of the cement used in the study as compared to the requirements of ASTM C150 [15].

Physical Properties	Duration	Limit of Cement	ASTM C150 Limits
Specific gravity	-	3.12	-
Specific surface (cm^2/g)	-	3197	$\geq 2800 \text{ cm}^2/\text{g}$
Water demand (%)	-	25.65	-
Setting time (min)	Initial	160	\geq 45 min
-	Final	252	\leq 375 min
Soundness (mm)	-	0.3	-
Compressive strength (mortal prism) (N/mm ²)	At 2 days	19.3	$\geq \! 12 N/mm^2$
-	At 28 days	48.94	$\geq 19 \text{ N/mm}^2$
Color	-	Grey	-

Table 2. Physical properties of cement.

Table 3. Chemical composition of cement.

Compounds.	Abbreviation	% Weight	ASTM C150 Limits
Silica	SiO ₂	20.98	-
Alumina	Al_2O_3	5.67	-
Iron oxide	Fe ₂ O ₃	2.37	-
Magnesia	MgO	0.8	$\leq 6.0\%$
Sulphite	SO_3	3.45	\leq 3.5%
-	Loss of ignition	2.85	\leq 3.0%
Phosphorus Pentoxide	P_2O_5	0.41	-
Ŝodium oxide	Na ₂ O	0.4	-
Lime	CaO	65.52	-
Strontium	Sr	0.18	-

2.1.3. Fine Aggregate

River sand, passing a 4.75 mm standard sieve, constitutes the fine aggregate. The sand conforms to ASTM C33 [16] requirements. Its properties are summarized in Table 4 and gradation captured in Figure 1.

Property	Result	ASTM C33 Limit	
Density	Bulk-1580 kg/m ³ Loose-1460 kg/m ³	-	
Specific gravity	2.17	2.4-2.9	
Particle size	9.5–0.15 mm	9.5–0.15 mm	
Water absorption (%)	2.43	0–4%	
Fineness modulus	2.52	2.3-3.1	
Silt content (%)	4.67	\leq 5.0	
Voids in compacted aggregate (rodding %)	37	30-45	
Voids in loose aggregate (%)	42	30-45	

Table 4. Properties of fine aggregates.

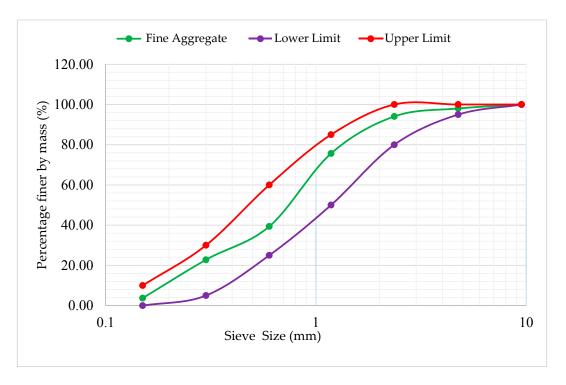


Figure 1. Particle size distribution of fine aggregate.

2.1.4. Coarse Aggregate

Crushed granite of a nominal size of 9.5–25 mm supplied from Ruiru, Kenya was used. The grading limits for coarse aggregate were found to be within the limits of ASTM C33 [16], as shown in Figure 2. Its properties are presented in Table 5.

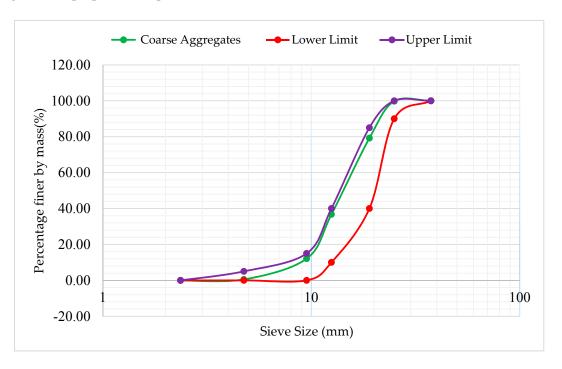


Figure 2. Particle size distribution of coarse aggregate.

Property	Result	ASTM C33 Limit
Density	Bulk-1490 kg/m ³	$1200 \text{ kg/m}^3 - 1750 \text{ kg/m}^3$
	Loose-1420 kg/m ³	$1200 \text{ kg/m}^3 - 1750 \text{ kg/m}^3$
Specific gravity	2.56	2.4–2.9
Particle size	25–9.5 mm	-
Water absorption	3.27%	0–4%
Shape	Angular	-
Surface texture	Rough	-
AIV	8.15	-
ACV	19.89	-
Voids in compacted aggregate (rodding %)	42	30-45
Voids in loose aggregate (%)	45	30–45

Table 5. Physical properties of coarse aggregates.

2.1.5. Water

Ordinary portable water available in the laboratory conforming to ASTM C1602 [17] requirements with a pH of 8.1 was used in the study for the mixing and curing of concrete mixes.

2.2. Mix Proportions

2.2.1. Control Mix

Each mixture consists of 730 kg/m³ sand, 1400 kg/m³ granite, 380 kg/m³ cement, water–cement ratio of 0.47, and 0.5% superplasticiser by weight of cement for a target strength of 30 MPa ACI 211-1, 2002 [18]. These control mixes had 0% sisal fiber (SF0) and were cured for 7 and 28 days.

2.2.2. Sisal Fiber Concrete Mix

Other mixes are SF1, SF2, SF3, and SF4, corresponding to the 0.5%, 1.0%, 1.5%, and 2.0% addition of sisal fiber by weight of cement, respectively. Batching by weight was adopted for all the mixes.

2.3. Specimen

Forty-five concrete cubes of 150 mm \times 150 mm \times 150 mm size were molded for compressive strength, water absorption, and dry density tests. Forty-five cylinders of 100 mm diameter and 200 mm height were cast for the split tensile test and Young's Modulus measurement.

2.3.1. Specimen Preparation

The concrete mix was cast into lubricated cube molds and cylinders and then compacted using a poker vibrator, after which they were left undisturbed for 24 h before being demolded and placed in curing tanks for 7 and 28 days of curing. Casting, compaction, and curing were achieved according to ASTM C192 [19].

2.3.2. Specimen Testing

- 1. Workability: On each fresh mix of concrete, workability was determined using the slump cone in accordance with the requirements of ASTM C143 [20] and compaction factor according to the terms of BS 1881-103:1983 [21]. The reported slump and compaction factor values are an average of 3 measurements.
- 2. Water absorption: Accomplished using ASTM C642 [22]. The water absorption values reported are the average obtained from 3 cubes.
- 3. Density: Measured for the cubes taken from curing water tank in accordance to ASTM C642 [22]. The density represents the mean of 3 cubes after 28 days water curing.

- 4. Compression strength test: Concrete cubes were tested according to BS EN 12390-03 [23] and BS 1881-116 [24] using a load-controlled universal testing machine. The average of the compression strength of 3 cubes was reported for each curing age.
- 5. Split tensile test: Cylinders were tested according to ASTM C496 [25] using a load-controlled universal testing machine. The mean of 3 measurements was recorded as the tensile strength of each mix for each curing age.
- 6. Static modulus of elasticity: The static modulus of elasticity was measured by using 2 bonded strain gage (PL-60-11-3LT series) series circumferentially at diametrically opposite points at the midheight of the cylinder specimen and connected to a data logger. A load cell connected to the same data logger was also placed above the specimen to obtain the stress. The test was carried out in accordance with the requirements of ASTM C469 [26].

3. Results and Discussion

3.1. Physical Properties of SFRC

3.1.1. Effect of Sisal Fiber on the Workability of Concrete

The ease with which fresh concrete can be transported, molded, and compacted without segregation is regarded as its workability. It is a property of freshly mixed concrete that depicts the amount of internal work needed to overcome the internal friction between the individual constituents of the concrete. It is influenced by a number of factors, which include the water/cement ratio, the aggregate/cement ratio, the particle size distribution, and shape of the constituent aggregates, as well as the fineness and consistencies of the binder. High workability is required in congested areas, such as beam–column joins, while low workability is adopted in large sections and concrete pavements [27]. In this study, the design approach undertaken entails keeping all factors constant while the sisal fibers were added in increments of 0.5% by weight of cement. Results of the slump test and compaction factor are presented in Table 6. It shows the average slump and compaction factor values for each mix versus the percentage of sisal fiber added.

SFRC	Slump	Compaction Factor	% Reduction in Slump	% Reduction in Compaction Factor
0.0% fiber	92	0.93	0.00	0.00
0.5% fiber	69	0.88	25.00	5.38
1.0% fiber	52	0.85	43.48	8.60
1.5% fiber	40	0.80	56.52	13.98
2.0% fiber	20	0.73	78.26	21.51

Table 6. Slump and compaction factor value of SFRC.

For a constant w/c of 0.47 that was used in the mix design, there was a general decrease in the workability of fresh SFRC as reported by reduction in the slump and compaction factor values as the percentages of sisal fibers were increased in the mix, as seen in Figure 3. The slump and compaction factor value, respectively, reduced from 92 mm and 0.93 for the control mix without sisal fiber to 20 mm and 0.73 for a 2% addition. The lowest workability recorded falls in the very low range (0–25 mm) and the highest workability observed (92 mm) is classified as medium workability (50–100 mm). The decrease in workability of fresh SFRC can be seen to be linear and proportional to the percentages of sisal fibers added to the mix. Although the mix remained workable in nature, additional efforts will be required for proper compaction, especially when the fiber content exceeds 1%. A similar result was reported by [6,28–30]. Incremental sisal fiber addition of 0.5%, 1.0%, 1.5%, and 2.0% resulted in a slump percentage reduction of 25%, 43.48%, 56.25%, and 78.26% while the compaction factor reduced by 5.38%, 8.60%, 13.98%, and 21.51%, respectively. This reduction in the workability of concrete was ascribed to the presence of fibers in the mix tending to lump on each other, ball, and absorb some of

the free water required for lubrication and paste formation [30]. There is also the occurrence of poor adhesion between fibers and the matrix, resulting in the inhibition of concrete flow as fiber content increases [28,31]. Therefore, the mix required more efforts to compact.

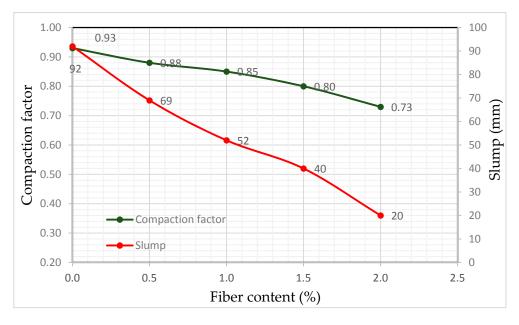


Figure 3. Effect of sisal fibers on the workability of concrete.

3.1.2. Effect of Sisal Fiber on the Water Absorption of Concrete

The water absorption of concrete by immersion is an important property that gives an indirect indication of the pore structure of the concrete and durability performance in a corrosive environment [32]. The water absorption of SFRC in the present study is depicted in Figure 4. The result indicates that reinforcing concrete with sisal fibers causes a significant increase in the water absorption of concrete. As recorded, there was a sudden rise of 28.99% in the absorption of concrete by adding 0.5% sisal fiber at 28 days. Subsequent incremental of 0.5% sisal fiber resulted in little rise until 2% sisal was incorporated in the mix, resulting in a 49.176% increase in water absorption compared to the control concrete. In summary, the water absorption of concrete cubes was observed to increase with a rising percentage of sisal fiber addition in the mix. A similar result was reported by [1,33,34], although Afroughsabet and Ozbakkaloglu [35] reported that including additives like silica fume in concrete can help in reducing the water absorption of FRC.

The direct relationship between water absorption and sisal fiber percentage is a result of reduced workability, which resulted in poor compaction and increased pores. Fibers bridge the concrete pores, serving as a connector for the pores and increasing permeability and porosity causing the concrete to absorb more water [35]. In addition, the incorporation of fibers results in increased capillary action. Fibers can act as a water-conducting channel, increasing the water absorption of concrete [33]. As a result, concrete becomes more susceptible to damage when exposed to a corrosive environment and hence making the concrete less durable. It is to be noted that, according to CEB-FIP [36], water absorption of concrete lower than 3% is classified as good, between 3% and 5% is considered average, and above 5% is poor. Hence, the control mix falls in the average range, while concrete with sisal fiber can be said to be of poor quality.

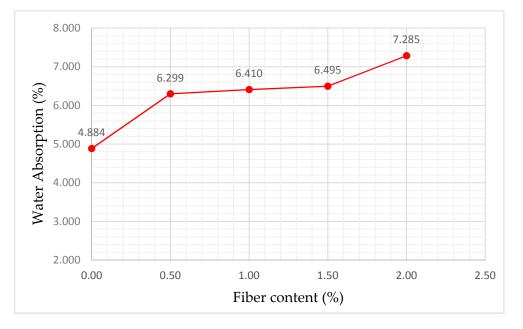


Figure 4. Effect of sisal fibers on the water absorption of concrete.

3.1.3. Effect of Fiber on the Density of Concrete

The density of concrete varies as it depends on its unit weight. It is largely dependent on the properties of its constituent materials, such as the amount, density, and specific gravity of the aggregates, the amount of entrapped air and water, as well as its cement content. Most standards recommend a conservative value of 2400 kg/m³; it is, however, prudent to measure the value experimentally for accurate analysis and design purposes. In this study, it was observed that the density of concrete was less than 2400 kg/m³. For all SFRC, the density increased from 7 days to 28 days due to further hydration, but the densities at each curing age tend to decrease with an increase in sisal fiber, as shown in Figure 5.

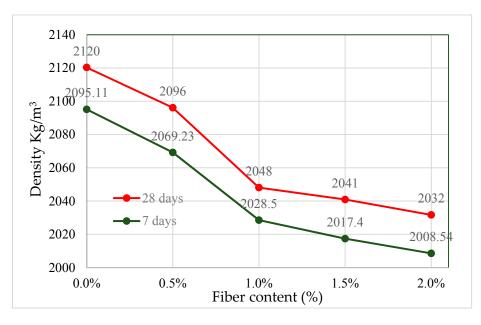


Figure 5. Effect of sisal fibers on the density of concrete.

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The result shows that SF0 has the highest density (2120 kg/m^3) , while SF4 has the lowest density (2032 kg/m^3) , which is outside the range of structural light weight concrete, hence can be classified as normal weight concrete. The density of concrete was reduced at percentages of 1.14%, 3.41%, 3.74%, and 4.18% for SF1, SF2, SF3, and SF4 as compared with SF0 at 7 days of curing. At 28 days of curing, the percentage reductions in the density were 1.24%, 3.18%, 3.71%, and 4.13% at 0.5% 1.0%, 1.5%, and 2.0% sisal fiber addition, respectively. The inverse relationship between the density and percentage of sisal fibers is a result of the lower bulk density of the sisal, which is taking the place of denser constituents, like coarse and fine aggregates [1,27].

3.2. Mechanical Properties of SFRC

3.2.1. Compressive Strength of SFRC

The results of the compressive strength test of SFRC at both 7 and 28 days for concrete cubes are presented in Figure 6. For each curing age and increasing sisal fiber content in the concrete mix, the result shows decreasing compressive strength value below that of the control. The reduction can be attributed to the reduction in adhesive properties between the surface of the fiber and cement paste, resulting in the need for higher compacting energy and the required compressive strength [37]. Furthermore, sisal is classified as a hydrophobic material, implying there is the tendency of it leaving behind freer water–cement, impeding strength gain.



Figure 6. Compressive strength of sisal fiber-reinforced concrete.

From these results, it can be seen that SF1 gave the least percentage reduction in compressive strength. The smallest recorded compressive strength at 28 days (30.42 MPa) was higher than the target design compressive strength (30 MPa), thus meeting the requirement for structural use [38]. These findings are in a good agreement with the findings of [1,27], who showed that once the workability of fiber reinforced concrete is reduced, the compressive strength of the mix tends to decrease when compared with the reference plain concrete. A one-way ANOVA test was carried out at a 0.05 significance level and indicated that varying the percentage content of sisal has a significant impact on the compressive strength of concrete both at 7 days (F = 19.667, F crit = 3.478) and 28 days (F = 5.201, F crit = 3.478).

3.2.2. Split Tensile Strength of SFRC

This is an indirect tension test method on a concrete cylinder to obtain its tensile strength. The results of the split tensile strength are illustrated in Figure 7. The data show that sisal fibers can enhance the splitting tensile strength of concrete, but up to a limit. The split tensile strength of SFRC at each curing age increases up to 1% before declining. The 28-day split tensile strength value was higher than that at 7 days of curing. However, the least tensile strength of SFRC at 7 and 28 days was still higher than that of the control, implying that incorporation of sisal increases the tensile strength of concrete for all percentages of addition.

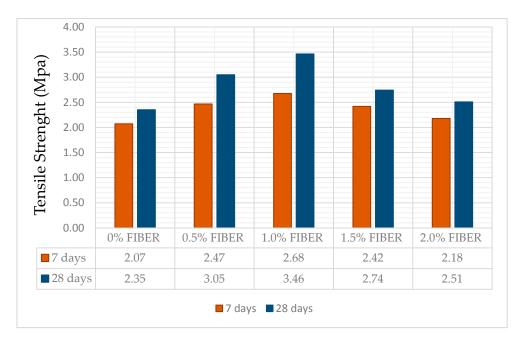


Figure 7. Split tensile strength of sisal fiber reinforced-concrete.

A percentage increment of 19.07% and 29.14% as compared to the control was obtained for SF1 and SF2, respectively, while on further addition of sisal fibers, SF3 and SF4 showed a declining percentage increase of 16.76% and 5.18% at 7 days. Further improvement in the splitting tensile strength at 0.5%, 1.0%, 1.5%, and 2.0% fiber incorporation was noticed at 28 days of curing with a percentage increment of 29.68%, 47.17%, 16.57% and 6.63%, respectively, showing that sisal fibers can improve the split tensile strength of concrete. The observed trend in split tensile strengths of the SFRC compared favorably with those of previous works [9,13,39]. The improvement in splitting tensile strength is the ability of fibers to bridge across possible cracks and impact more ductility in the concrete as the specimens with sisal fibers didn't break into pieces, as seen in normal concrete without fiber specimens. A one-way ANOVA test at a 0.05 significance level portrayed that sisal fibers did have a significant impact on the split tensile strength of concrete at 7 days (F = 42.854, sig = 3.478), while at 28 days the sisal fibers had a lesser impact on the split tensile strength of SFRC (F = 12.872, sig = 3.478).

3.2.3. Axial Strain Ductility of SFRC

The axial strain gives an indication of the ductility properties of SFRC. An axial strain of 0.00120, 0.00112, 0.00106, 0.00105, and 0.00104 was recorded for SF0, SF1, SF2, SF3, SF4, respectively, at 85% of the maximum stress of the concrete samples. The recorded strains represent a percentage decrease of 7.17%, 11.55%, 12.59%, and 13.55% compared to that of plain concrete. This implies that sisal fiber reduces the axial strain of concrete.

3.2.4. Modulus of Elasticity of SFRC

The modulus of elasticity of concrete (E_c) is a material property that describes the deformation parameters and geometric response of a structure when loaded [40]. It is a function of the stress-strain behavior of its constituent material and represents an essential property in the analysis and design of structural elements [41]. Most design standards and studies propose empirical relations relying on compressive strength and concrete density to compute the modulus of elasticity of normal-weight concrete [42]. A typical example is presented in Table 7. However, this is not always accurate for all types of concrete, as it implies that the elastic modulus is a function of curing age, aggregate type, and water–cement ratio, which all influence compressive strength [43]. Furthermore, concrete and FRC are anisotropic materials and thus possess different properties in different directions. Thus, it is imperative to conduct experimental studies on SFRCs to develop more reliable equations for determination of its modulus of elasticity.

Designation	Equation	Validity
Eurocode 2	$22(f_{cm}/10)^{0.3}$	Europe
ACI 318	$0.043 p_c^{1.5} \sqrt{f_{cc}}$	USA
ACI 318-08	$4700\sqrt{f_{cc}}$	USA
CSA A23-3-04	$4500\sqrt{f_{cc}}$	Canada
BS8110-2	$9100f_{c}^{0.3}$	Great Britain
IS456-1979	$5688\sqrt{f_{cc}}$	Indian
TS (500)	$3250\sqrt{f_{cc}+14,000}$	Turkey

Table 7. Some empirical relations for predicting concrete modulus elasticity.

The measured E_c showed significant variation with compressive strength and sisal fiber content. As seen in Table 8, the E_c increases for decreasing compressive strength up to a limit, beyond which it drops. The lowest mean value of E_c was 25,086.77 MPa for SF0, while the maximum was seen in SF2 (31654.19 MPa). A percentage increase in E_c of 16.15% and 26.18% could be seen for SF1 and SF2.

Mix	Modulus of Elasticity (MPa)	Change in <i>E_c</i> (%)	Compressive Strength (MPa)	Yield Strain
SF0	25,086.77	0.00	32.97	0.00187
SF1	29,138.60	16.15	31.14	0.00179
SF2	31,654.19	26.18	30.23	0.00174
SF3	28,926.78	15.31	27.29	0.00172
SF4	25,379.31	1.17	24.27	0.00171

Table 8. Modulus of elasticity concrete.

Furthermore, the addition of sisal fibers resulted in lower strains at ultimate compressive stress in comparison with the control. The longitudinal strain at maximum compressive stress was generally lower than 0.0019 for SFRC, with the maximum strain being observed in the control (0.00187). Figure 8 shows that SFRC had better post-yield behavior, unlike the control that exhibited quasi-brittle failure.

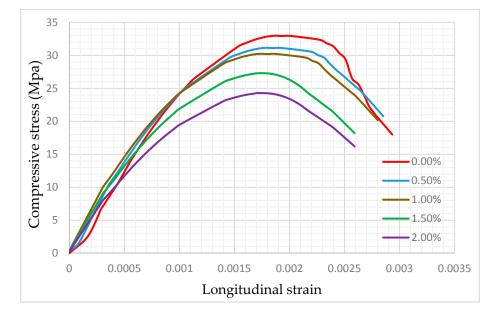


Figure 8. Compressive stress and longitudinal strain of concrete.

3.2.5. Relationship between Modulus of Elasticity and Compressive Strength

In comparing the measured E_c for SFRC with the expressions given in the codes, the measured E_c and the predicted values from the codes are plotted in Figure 9. While BS 8110-2 [44], ACI 318M-08 [45], ACI 318 [46], and CSA 123-3-04 [47] all underestimated the value of E_c for SFRC, IS 456-1989 [48], Eurocode-2 [49] and TS 50 [50] better predict the E_c of SFRC. The ratio of the measured E_c of SFRC to that obtained from the equations in the three aforementioned codes that gave values close to E_c obtained during the test was computed to establish the degree of variation in the codes and computed E_c . The calculated average ratios are 0.986, 0.958, and 0.937 for IS 456-1989 [48], Eurocode-2 [49], and TS 50 [50], respectively. From these ratios, the determination of E_c of SFRC from these equations may give a near realistic value.

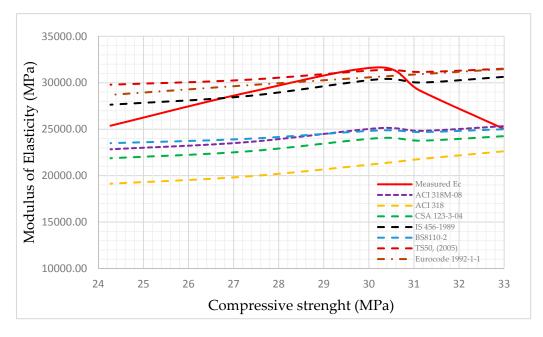


Figure 9. Comparison of the measured and predicted *E_c* values.

For comparing the constants given by Eurocode-2 [49] and IS 465-1989 [48], a simple regression analysis was done on the measured E_c using the equation forms recommended by the codes as shown in Figures 10 and 11. The constants obtained from the regression analysis are (7377.4 and 47.498) respectively which deviates from those given by the codes (5688 and 22). Considering the coefficient of determination obtained, the function, which best represents the measure E_c , is that from Eurocode-2 [49]. A power trend line was fitted for both predicted values to improve the coefficient of determination. The power equations gave a higher coefficient of determination of 0.7349 for both codes.

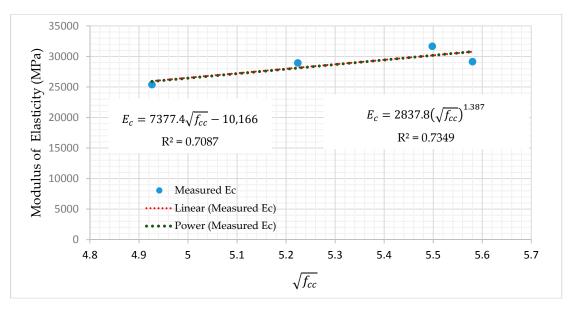


Figure 10. The relationships between E_c and f_{cc} in the form of IS 456-1989 equations.

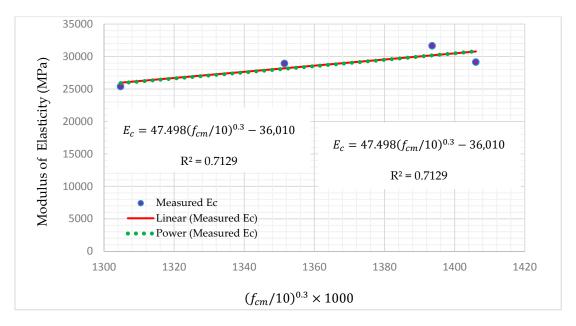


Figure 11. The relationships between E_c and f_{cc} in the form of Eurocode equations.

4. Conclusions

Based on the results of our investigation, the following conclusions can be made on SFRC. The workability of fresh concrete reduces once sisal fiber is added to the mix due to the hygroscopic properties of the sisal, reducing the free-water cement needed for paste formation. This must have resulted in increased pore spaces, which were observed in the higher water absorption of SFRC. The compressive strength of concrete was observed to reduce due to the presence of sisal fiber in the mix, hence sisal fiber cannot improve the compressive strength of concrete, although it significantly improves the split tensile strength of concrete and makes it lighter by reducing its density. However, computing the modulus of elasticity of SFRC is somewhat difficult and cannot be predicted accurately with empirical relations, as its static modulus of elasticity is not linearly related to its compressive strength and density as stated in most design codes. The recommended optimum mix based on the physical and mechanical parameters in this study is 1.0% sisal fiber addition, which gave 33.55 MPa compressive strength and 3.463 MPa split tensile strength at 28 days of curing, therefore 1.0% sisal fibers can be used in production of SFRC. Therefore, the utilization of sisal fibers up to 1.0% can potentially enhance concrete ductility properties.

Author Contributions: A.A.O. and J.M. designed the experiments; A.A.O. performed all the experiments; A.A.O., S.O.A. and J.M. analyzed the experimental results; A.A.O. wrote the Paper; A.A.O., S.O.A. and J.M. reviewed and edited the final paper.

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