



# Article Impacts of Human Robot Proxemics on Human Concentration-Training Games with Humanoid Robots

Li Liu <sup>1</sup><sup>(b)</sup>, Yangguang Liu <sup>2,\*</sup><sup>(b)</sup> and Xiao-Zhi Gao <sup>3</sup><sup>(b)</sup>

- <sup>1</sup> College of Digital Technology and Engineering, Ningbo University of Finance and Economics, Ningbo 315175, China; liuli6883@nbufe.edu.cn
- <sup>2</sup> College of Finance and Information, Ningbo University of Finance and Economics, Ningbo 315175, China
- <sup>3</sup> School of Computing, University of Eastern Finland, 70210 Kuopio, Finland; xiao-zhi.gao@uef.fi
- \* Correspondence: liuyangguang@nbufe.edu.cn

**Abstract**: The use of humanoid robots within a therapeutic role, that is, helping individuals with social disorders, is an emerging field, but it remains unexplored in terms of concentration training. To seamlessly integrate humanoid robots into concentration games, an investigation into the impacts of human robot interactive proxemics on concentration-training games is particularly important. In the case of an epidemic diffusion especially—for example, during the COVID-19 pandemic— HRI games may help in the therapeutic phase, significantly reducing the risk of contagion. In this paper, concentration games were designed by action imitation involving 120 participants to verify the hypothesis. Action-imitation accuracy, the assessment of emotional expression, and a questionnaire were compared with analysis of variance (ANOVA). Experimental results showed that a 2 m distance and left-front orientation for a human and a robot are optimal for human robot interactive concentration games. This work supports some valuable suggestions for the development of HRI concentration-training technology, involving the designs of friendlier and more useful robots, and HRI game scenarios.

check for **updates** 

**Citation:** Liu, L.; Liu, Y.; Gao, X.-Z. Impacts of Human Robot Proxemics on Human Concentration-Training Games with Humanoid Robots. *Healthcare* **2021**, *9*, 894. https:// doi.org/10.3390/healthcare9070894

Academic Editor: Daniele Giansanti

Received: 31 May 2021 Accepted: 10 July 2021 Published: 15 July 2021

**Publisher's Note:** MDPI stays neutral with regard to jurisdictional claims in published maps and institutional affiliations.



**Copyright:** © 2021 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). **Keywords:** human robot proxemics; human robot interaction; concentration training; psychology response; proxemic distance; nonverbal behavior

# 1. Introduction

Thanks to the advances in robotic technology, human robot interaction (HRI) is popularly used for a variety of applications, including in-store sales [1], entertainment [2], education [3], personal healthcare [4], and therapy [5]. As an increasing amount of the human workforce is replaced by robots, HRI should naturally be widely used in education [2,4]. The application of HRI in education faces many challenges [5], such as how people accept robot partners, how human robot interactive proxemics influence the experiences of humans, and how robots work with humans, such as human co-workers, especially in special-education areas. Human concentration training is an important skill in special education [6]. Imitation learning is an important, widely used method in concentration training, by which an agent tries to mimic an action performed by another [7]. There are four crucial indicators for the assessment of concentration—namely, imitation accuracy, short-term memory, attention stability, and persistence [8–10]. This provides a powerful mechanism whereby knowledge may be transferred between agents (both biological and artificial).

# 1.1. Imitation Learning

A significant number of studies have been published on imitation learning in animals and humans that state that imitation should be triggered by mirror neurons that are active both during action execution and during perception of one's learning partner performing the same action [7]. They proposed that familiar environments are conducive to stimuli, and imitating should trigger a familiar or unfamiliar response in how a stimulus changes. Stéphane and co-workers found that many sulcus neurons are excited by the actions of specific body parts of an observed human, which seem to be the perfect candidates for the first processing step of imitation [8-10]. Butler indicated neurons in area F5 (a cortical area that contains neurons endowed with mirror properties) that are sensitive to the performance of goal-related actions, e.g., "pushing", "leg lift", and "handshake", and suggested that action imitation can promote the development of social skills [11]. Maurtua and co-workers indicated that humanoid robots can compellingly and autonomously play with humans in educational games, replacing the human teacher during the process [12]. Therefore, action imitation is an excellent candidate for human concentration training. However, imitation is impacted by whether agents belong to the same social group, and by whether the context is competitive cooperation [13,14]. The aim of these previous investigations in HRI was to investigate how humans and robots interact together in a shared physical space while accomplishing a goal [15]. Thus, a human cognizes a robot partner in HRI imitation depending on the physical interaction, distance, actions, and the environment itself.

## 1.2. HRI Imitation

The crucial consideration for HRI imitation is proxemics, which typically contains the physical (e.g., physical distance and orientation) [16] and psychological (e.g., mutual gaze or willingness) expressions [17] of an interaction. Humans may recognize robots that have no suitable distancing behavior as a threat and obstruction to their social work. Physiological affection is also a crucial factor in HRI games because it directly impacts the willingness of humans to accept robot-executed information, following robot representation [18]. The recognition of emotional expressions and the perception of emotions in general plays a crucial role in social interpersonal communication [19]. Wainer provided a probabilistic framework for psychophysical expression to bridge the gap between these physical and psychological expressions by considering the cognitive experience of each agent in HRI. Robots with appropriately proxemic behaviors might obtain human acceptance well, contributing to their seamless integration into various applications [20]. Jerčić and Lindley suggested that serious games which are carefully designed to take into consideration the elicited physiological arousal might witness better decision-making performance and more positive valence using nonhumanoid-robot partners instead of human ones [21]. Liu showed that embodied nonhumanoid robots are as engaging as humans, eliciting physiological arousal in their human partners [22]. Evidence further indicates that human are sensitive to the environmental cues of cooperative robots, which easily elicits the physiological affection of human partners [23,24]. To the best of our knowledge, there are very few studies on HRI imitation games for human concentration training, and no guidelines exist for the future design of proximity behaviors for robots in concentration training [25,26]. For example, it would be undesirable if human robot proxemics in the HRI games were not suitable, because such behavior comes across as unintelligent and unfriendly [27]. Hence, researchers need to know whether people are likely to assess the distance between the robot and human when they observe them, and which factors can modulate those perceptions [28].

## 2. Materials

## 2.1. Human Robot Interactive Game

Current methods to investigate HRI games fall into two categories: behavioral and psychological approaches. For behavioral research, because games are played covering a variety of activities, no precise definition of gameplay has been presented [29]. Many methods deal with gameplay and research this field differently in terms of their special purposes. Games may exhibit two different representations: active and passive learning. All forms of gameplay need human interest, concentration, and mental activity [30]. Psychological research on HRI games involves many factors, such as preferences, comfort, security, and

happiness. Some research related to HRI games was performed, but the studies mainly focused on the relationships between people and their robot players [31]. There have been some studies on the effects in collaborative HRI games, and the design of a context-aware proxemic planner which aims to improve a robot's social behavior by adapting its distance management [32].

# 2.2. Human Robot Proxemics

Impact factors of HRI concentration-training games usually contain human robot interactive distance, proxemic direction, robot size and appearance, and the environment [27–29,33–35]. The first two factors significantly influence people's experiences with and perceptions of a human-like robot in HRI games [6]. Physical interpersonal distances should conform to societal norms (relative distances between people) that are expressed in four distinct zones, i.e., intimate space, personal space, social space, and public space, as shown in Figure 1 [36]. The space between intimate and personal distance is called personal space (ranging from 0.46 to 1.22 m). The space between social and personal distance is called the social space (ranging from 1.2 to 3.7 m). The space within public distance is called the public space (ranging from 3.7 m to infinite).

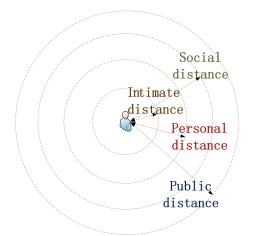


Figure 1. Relationships between interpersonal position and sensory experiences.

Human proxemic behavior contains physical and psychological distance. There are some papers related to interpersonal distances [37] and the fixed distances among human groups [38].

#### 2.3. Human Concentration Training

Concentration is essential for humans. It is giving attention to a task, which is good for performing at one's best while not being affected by irrelevant external and internal stimuli [39–42]. External stimuli involve the external environment, context, and voices. Concentration or attention is very important in sport psychology [43]. It is evidently difficult to study the processes of some people because of the lack of concentration [44]. The use of robots in the concentration-training context offers students new effective learning strategies in HRI spaces through a personalized and unique experience. With suitable interaction schemes, the usage of HRI concentration-training games could improve participant performance [45].

#### 2.4. Hypotheses

Some promising studies in human robot interaction have explored proxemic behavior, as described in the last section. These studies show promising evidence that people express proxemic preferences when they are interacting with robots [2,29,30,44], but comprehensive theoretical models or experimental results of physical and psychological distancing are needed to guide the design of proxemic behaviors for robots. We formed three hypotheses

for human robot proxemics in concentration-training games based on the models that presented findings from human robot interaction studies [27,36,37,46].

**Hypothesis 1.** Following perceptual models of human robot proxemics [44], outcomes are derived from nonverbal behaviors, which explains the impacts of human proxemics on the effectiveness of HRI, assuming that the physical distance between human and robot is face-to-face during HRI imitation play.

**Hypothesis 2.** Following human proxemics [46], to understand how people physically and psychologically relate to robots compared to other humans, direction has little effect on HRI concentrationtraining games. Therefore, direction has little impact on the accuracy rate of action imitation, and the right-front direction has a slightly larger effect for face-to-face HRI games.

**Hypothesis 3.** Following existing studies of human proxemics, the best HRI distance for face-toface, front-on imitation games is thought to be 1–2 m, and the effectiveness of HRI imitation games, e.g., comfortability and fun, is significantly impacted.

In the next section, a controlled laboratory experiment is described in which these hypotheses were evaluated in a human robot interaction scenario.

# 3. Methods

A controlled laboratory experiment was designed to explore how human robot proxemics influence HRI concentration training by action-imitation games in which a tester demonstrates random movements, and participants are to immediately repeating them (approximately). Experimental datasets, the procedure, measurements, results, and participant information are described below.

#### 3.1. Experimental Conditions

The experiments consisted of a game scenario involving a participant, a tester, and an operator. The tester could be either a human or a semiautonomous robot that was manipulated by the operator. The controlled-play scenario was in an enclosed laboratory with controlled light that was free from outside distractions. The width of the experimental site was 11 m, and the length was 13 m. During the game, the participant sat on a chair against the wall facing the tester, who could not stand up or turn. The tester was fixed face to face with the participant, and the directions in front of the participant were set from left to right as  $-45^{\circ}$ ,  $0^{\circ}$ , and  $45^{\circ}$ . The distance between participant and tester was divided into seven different steps (from 0.5 to 3.5 m with a step of 0.5 m) and three different spatial directions. There were 21 position tags set on the floor by distance and direction between participant and tester that were numbered from 1 to 21, as shown in Figure 2.

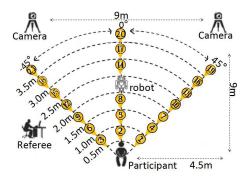


Figure 2. Experimental setup of concentration-training games with a humanoid robot.

The experimental equipment was one laptop, one humanoid robot, two cameras, one chair, and one game positioning tag. The humanoid robot was controlled to move

semiautonomously by an operator, executing nonverbal action like a human. The testers were a human tester and a humanoid-robot tester.

## 3.2. Participation

The participants were 120 students with an age range from 17 to 20 invited by a local university: 60 females and 60 males. All students could perform normal imitation behaviors according to the testers; they had no difficulty in movement and were accepting of the game.

#### 3.3. Experimental Design

In our experiments, every participant would play random action-imitation games with a tester to evaluate concentration. The imitation games comprised two modules for every participant, namely, playing with the human tester and with the humanoid-robot tester. Researchers conducted two modules of imitation games for every participant at every experimental position (from 1 to 21), which alternately started with the human or robot player. Each participant needed to successively perform three random continuous actions mimicking the tester, including left or right-leg lifting, left or right-hand raising, and raising both hands. After the tester finished executing an action, the participant had to mimic the action for no more than 3 s.

A points system was utilized to judge whether the participant would win the game, and the rules of the game were as follows. One point was awarded if the participant accurately mimicked the action within the specified time; otherwise, no point was awarded. The maximal score for one participant was 84 points. If the participant got 76 points or more, they won the game. At the end of the game, each participant was asked to complete a questionnaire containing eight open-ended questions. Each question was graded on a scale of 1 to 5, representing "strongly dislike" to "strongly like." After answering the questionnaire, the game ended, and the next participant played the game [47].

#### 3.4. Experimental Procedure

Only a tester, a participant, and a referee were present for the game. When the experiment started, the participant was asked to sit down and direct their concentration to the operator, who introduced the rules of the human–human interactive (HHI) concentration game [31,36]. When the operator finished the introduction of the game, they confirmed that the participant had clearly understood the rules of the game. Then, the participant began to play the imitation game.

Every participant played with a human tester and a robot tester. In order to achieve the objective and reasonable experimental results, every participant played with the same tester for 2 rounds with a sequence of  $(1, 2, 3, \dots, 21)$  and an opposite sequence of  $(21, 20, 19, \dots, 1)$ . Random actions were determined by the tester regardless of sequence. Random imitation games mainly related to the choice of body posture and not the sequence.

#### 3.5. Measurement

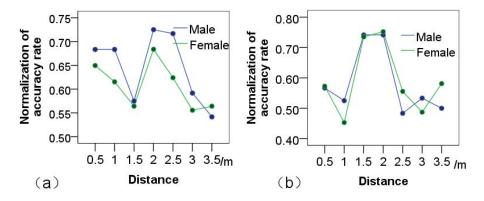
There were three independent manipulated variables in our experiments: (1) humanoidrobot size, (2) humanoid-robot appearance, and (3) random actions of the tester. All independent variables were operated by the tester. The dependent variables involved in the participant measurements related to imitation accuracy, comfortability, and fun were proxemic distance and direction. The imitation games with the human tester were compared to those with the robot tester by using the combination methods of imitation accuracy, assessment of emotional expression, and questionnaires. The impacts of distance and direction on the imitation games were explored, thereby finding the optimal human robot proxemics for HRI imitation games.

# 4. Results

Analysis of the experimental results was related to the physical distance between and orientations of participants and the tester using analysis of variance (ANOVA) [37,39]. All experimental results were processed and analyzed by SPSS software. Analysis of imitation accuracy was mixed-effects repeated measures ANOVA, where physical distance and direction were random effects, but imitation actions and robot appearance conditions were fixed effects. The two other independent variables, participant gender and age, were fixed effects. Psychological distance was analyzed using the questionnaire method.

#### 4.1. Proxemic Distance and Direction

Physical distance: experimental results demonstrated the main effect of physical distance on the imitation-accuracy rate of HHI or HRI games. The proximity distance between participant and tester significantly influenced HHI imitation games, F(1,6) = 3.35, p < 0.01, as shown in Figure 3a.

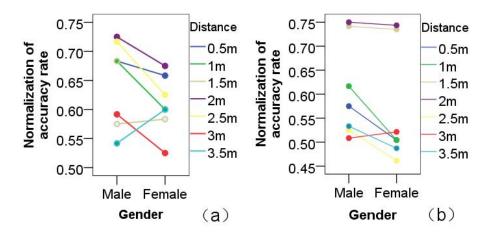


**Figure 3.** Comparison of the normalization of accuracy rate at different distances for action imitation. (a) HHI games; (b) HRI games.

At seven different orientations at 2 m, the highest imitation-accuracy rate was achieved, F(13, 804) = 2.98, p < 0.01. Beyond 3 m, the accuracy rate was linearly decreased. At the same time, the proximity's influence on imitation-accuracy rate was analyzed. Analysis proved that proximity significantly influenced the accuracy rate of the HRI imitation game: F(1, 6) = 12.52, p < 0.001, as shown in Figure 3b.

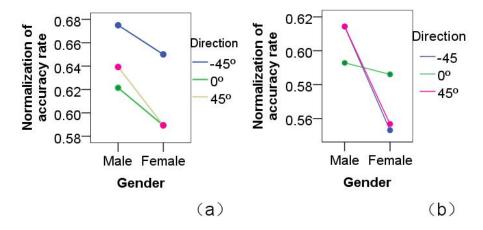
As in the HHI game, the highest accuracy rate of the imitation game was at the physical distance of 2 m, F(13, 804) = 3.484, p < 0.001. The distance between the participant and the human or robot tester therefore had an obviously significant influence on the concentration-training game. Therefore, the experimental results confirmed the hypothesis that, at 2 m, participants have the best imitation accuracy. This was the case for both HHI and HRI imitation games, as shown in Figure 3.

Furthermore, the influence of gender on the concentration-training game was also analyzed. In the HHI game, experimental results demonstrated that male participants had slightly higher accuracy than female participants. The influence of gender on the accuracy of the concentration games was small: F(1,804) = 1.239, p > 0.05, as shown in Figure 4a. In HRI games, results demonstrated no significant difference between males and females: F(1,804) = 0.077, p > 0.05, as shown in Figure 4b. At 2 m distance, male and female participants were almost equally accurate.



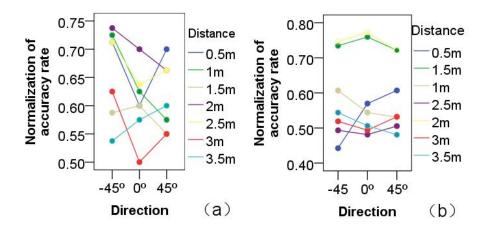
**Figure 4.** Distance analysis: effect of distance on action-imitation games played by participants of different genders in different game scenarios. (**a**) HHI games; (**b**) HRI games.

Proxemics direction: results showed that direction is another significant factor that influences concentration games. In HHI games, direction was the main impact factor. Results showed that there were different accuracy levels when the tester was in different directions: F(2,2457) = 2.899, p < 0.05. The accuracy of the HHI games was higher when the tester was at  $-45^{\circ}$ , rather than at other directions: F(2,360) = 2.589, p < 0.05, as shown in Figure 5a. In HRI games, results showed that direction was an impact factor, but not significantly: F(2,2425) = 1.699, p > 0.05, as shown in Figure 5b. According to analysis, the HRI game's results were similar for  $-45^{\circ}$  and  $45^{\circ}$ . At the same time, males had an obviously better accuracy rate than that of females for any direction, especially in HRI games. Analysis confirmed Hypothesis 1, and the direction of  $-45^{\circ}$  was more conducive to the face-to-face HRI game.



**Figure 5.** Direction analysis: the effects on action-imitation games of gender, different directions, and different game scenarios. (a) HHI games; (b) HRI games.

Additionally, comparative results of the influences of direction on HHI and HRI imitation games are shown in Figure 6a,b, respectively. By comparatively analyzing the experimental results of the two different modules of imitation games, the impact of direction on HRI games was shown to be less than on HHI games. Experimental results showed that Hypothesis 2 was valid.



**Figure 6.** The effects of different proxemic distances and different directions. (**a**) HHI games; (**b**) HRI games.

## 4.2. Perception of Students' Emotional Expression

Researchers discussed students' imitation accuracy in the interaction games with humans, and compared the results with those obtained by students playing with the humanoid robot. During the whole experimental procedure, the participants were videotaped. There were various types of nonverbal social behaviors and emotional responses to winning or losing in a game. In this section, we analyze the emotional responses from selected recordings of the participants that were taken under HHI or HRI conditions by third-party judges. A judge's task was to evaluate via the video clips whether a participant had won or lost the game. By this method, the expressiveness of the participants were more expressive via a more correct estimation.

Forty student observers were invited to judge whether participants won or lost games by observing their emotions in the video clips. The student observers were divided into four groups. Each group was invited into a classroom where the representative frames from video clips were projected onto a wall. Six different frames were shown in order at a time. In 5 s, observers had to make a judgment and write the score on a piece of paper.

The researchers analyzed the data from the two different scenarios to study significant effects for the concentration games by comparing judgment accuracy. For collected data in various experiments, the two main scenarios of interest (human and robot testers) were statistically compared with independent-sample t-tests. The judgmental-accuracy rate of the observers for the HHI game (M = 0.87) was slightly higher than that for the HRI game (M = 0.80), t (553) = 5.01, *p* < 0.001. Therefore, participants were more expressive in HHI concentration games than in HRI games. The expressions of female and male students were compared. Male students (M = 0.90) were more expressive than female students (M = 0.81) in HHI games, as shown in Figure 7. However, in HRI games, the judgment accuracy of the male participants was similar to that of female participants. Results showed that male students playing with humans were more expressive than female students in the HHI imitation games. However, in HRI imitation games, the male students playing with humans were more expressive than female students in the HHI imitation games.

In addition, the effect of proxemic distance on a participant's expressions during the game was studied. The accuracy of judgments for participants' 297 emotional expressions at different distances in HHI and HRI games are summarized in Tables 1 and 2, respectively. Accuracy of judgment at the 2 m distance was higher ((M = 0.35), F (1, 6) =12.87, p > 0.001) than that at other distances in the HHI games. Similarly to HHI games, the percentage of judgmental accuracy rate was higher ((M = 0.39), F(1, 6) = 14.52, p > 0.001) at the 2 m distance than that in other distances in the HRI games. The percentage of judgmental-accuracy rate demonstrates that the participants' expressions at the 2 m distance in the HRI game were more obvious than that at the 2 m distance in the HHI game. Thus, the effect of proxemic distance on the emotion expression in the HRI games was more obvious than

that in the HHI games. The effect of proxemic direction on participant expressions during the game was also studied. The accuracy of judgment showed that different directions had little effect on the expression effect. In the next section, the psychological response is analyzed by questionnaire.



**Figure 7.** Representative stills of undergraduates' reactions after winning or losing a game while playing with a human (**top**) or robot (**bottom**).

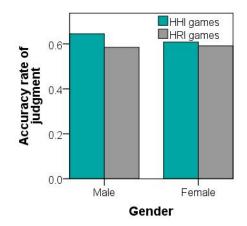
In the questionnaire investigation, our analysis showed that students preferred playing with humans (M = 0.56) over playing with robots (M = 0.48), t(90) = 8.01, p < 0.001, as shown in Figure 8. Female participants disclosed a marginal preference for a human tester over a robot tester, F(1, 129) = 5.21, p < 0.05. Our analysis further confirmed that proxemic distance had a more significant effect on participants' play psychology in HRI games, F(1, 6) = 11.15, p < 0.001 than that in the HHI games, F(1, 6) = 15.23, p < 0.001. The range of 1.5 to 2 m distance was most people's choice, as shown in Figure 9.

Responsive Category	e Emotional Expression	0.5 m	1 m	1.5 m	2 m	2.5 m	3 m	3.5 m
	1	•••	4.48		0.1	10.6		10.1
Win	Smile	200	147	88	94	126	111	134
	Laugh	41	79	116	139	108	86	77
	Winning gesture	2	5	5	9	8	5	0
Loss	Total positive features	243	231	209	242	242	202	211
	Frown	114	86	87	51	63	87	96
	Closing eyes	5	44	62	55	52	66	55
	Head down	0	0	2	1	2	4	2
	Total negative features	119	130	151	107	117	157	153

Table 1. Numbers of occurrences of emotional expressions in HHI games.

Table 2. Numbers of occurrences of emotional expressions in HRI games.

Responsive Category	Emotional Expression	0.5 m	1 m	1.5 m	2 m	2.5 m	3 m	3.5 m
Win	Smile	135	124	150	171	89	99	123
	Laugh	54	72	105	94	83	85	59
	Winning gesture	6	6	8	4	5	0	3
	Total positive features	195	202	263	269	177	184	185
Loss	Frown brown	117	105	36	24	116	114	126
	Closing eyes	39	49	57	63	62	57	45
	Head down	6	2	2	2	4	3	3
	Total negative features	162	156	95	89	182	174	174



**Figure 8.** Accuracy rates of judgments for participants winning or losing by evaluating their emotional expressions in HHI and HRI games.

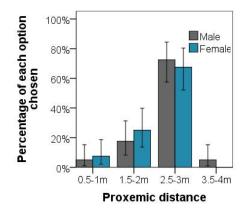


Figure 9. Presentation of selection results for each distance chosen by all student participants.

According to analysis, 2 m was the optimal proxemic distance in both HHI and HRI games. Analysis verified the hypothesis that 2 m distance was the best human robot distance for both HHI and HRI concentration-training games. Direction had little influence on the psychological experience in HRI games F(1,2) = 2.05, p = ns, as in HHI games F(1,2) = 1.12, p = ns. In summary, experimental results show that Hypothesis 3 is valid.

Various methods of analysis showed that the experimental results were continuous. The combined evidence of imitation accuracy, emotional-expression assessments and questionnaire investigation agreed with the hypothesis.

#### 5. Conclusions

This paper provided a new approach to assess human concentration training by using an imitation game with a humanoid robot. The effects of proxemic distance and direction on the concentration-training game were analyzed with HHI and HRI imitation games. In total, 120 participants who were 18-year-old students from the same university were invited to play the imitation games.

On the basis of the findings, this study contributes to HRI research in the following ways.

- Direction for imitation is less important for robot trainers than for human trainers, so in a classroom, a robot may be placed at any angle in front of the learner.
- Suitable distance is good for trusting a robot, which is vital for subjects' willingness to play with the robot.
- The different physiological effects in humans collaborating with a robot partner and a human partner were comparatively analyzed.

- Students of different genders responded to HRI and HHI games differently, which indicated that female students had more interest in playing the imitation game with a humanoid robot than male students did.
- Students felt that playing with people was similar to playing with humanoid robots.

To promote HRI instead of HHI games in human concentration training, future research should explicitly consider individual differences, such as cultural background and age, during the HRI game-design process. Humans are more interested in using HRI games because of an attractive robot implemented with smart objects. Overall, this study could inform the practice of HRI games, and the design of friendly and useful robots.

**Author Contributions:** L.L. conceived the study and care about conceptualization, data curation, analysis, methodology, interpretation of data and writing draft. Y.L., X.-Z.G. took care about data curation, analysis, methodology, interpretation of data and writing review and editing. All authors have read and agreed to the published version of the manuscript.

**Funding:** This work was supported by the Zhejiang Philosophy and Social Science Planning Project (Grant No.19NDJC103YB), the Humanities and Social Science Research Youth Foundation of the Ministry of Education (Grant No.19YJC880053), the Natural Science Foundation of Zhejiang province (Grant No. LQ18F010008).

**Institutional Review Board Statement:** The study was conducted according to the guidelines of the Declaration of Helsinki, and approved by the Research Ethics Board of the Ningbo University of Finace and Economics (20180028, approved 1 December 2018).

Informed Consent Statement: Informed consent was obtained from all subjects involved in the study.

**Data Availability Statement:** The data presented in this study are available on request from the corresponding author. The data are not publicly available due to privacy reasons.

Acknowledgments: All the participants are gratefully acknowledged.

**Conflicts of Interest:** The authors declare no conflict of interest. The funders had no role in the design of the study; in the collection, analyses, or interpretation of data; in the writing of the manuscript, or in the decision to publish the results.

### References

- Gross, H.M.; Boehme, H.; Schroeter, C.; Mueller, S.; Koenig, A.; Einhorn, E.; Martin, C.; Merten, M.; Bley, A. TOOMAS: Interactive Shopping Guide Robots in Everyday Use—Final Implementation and Experiences from Long-Term Field Trials. In Proceedings of the 2009 IEEE/RSJ International Conference on Intelligent Robots and Systems, St. Louis, MO, USA, 10–15 October 2009; pp. 2005–2012.
- 2. Broadbent, E.; Kuo, I.H.; Lee, Y.; Rabindran, J.; Kerse, N.; Stafford, R.; Macdonald, B. Attitudes and Reactions to a Healthcare Robot. *Telemed. J. E-Health Off. J. Am. Telemed. Assoc.* **2010**, *16*, 608–613. [CrossRef] [PubMed]
- Hyun, E.; Yoon, H.; Son, S. Relationships between User Experiences and Children's Perceptions of the Education Robot. In Proceedings of the 5th ACM/IEEE International Conference on Human-Robot Interaction, Osaka, Japan, 2–5 March 2010; pp. 199–200.
- De Jong, M.; Zhang, K.; Roth, A.M.; Rhodes, T.; Schmucker, R.; Zhou, C.; Ferreira, S.; Cartucho, J.; Veloso, M.M. Towards a Robust Interactive and Learning Social Robot. In Proceedings of the 17th International Conference on Autonomous Agents and MultiAgent Systems, AAMAS 2018, Stockholm, Sweden, 10–15 July 2018; André, E., Koenig, S., Dastani, M., Sukthankar, G., Eds.; pp. 883–891.
- Ayerbe, M.; Gonzalez, D.; Jimenez, F.; Guerrero, E.; Correal, A. AIO robot: A EDI modular robotic dramatization platform. In Proceedings of the 2017 18th International Conference on Advanced Robotics (ICAR), Hong Kong, China, 10–12 July 2017; pp. 262–268. [CrossRef]
- 6. Kaptein, F.; Broekens, J.; Hindriks, K.V.; Neerincx, M.A. Personalised self-explanation by robots: The role of goals versus beliefs in robot-action explanation for children and adults. In Proceedings of the 26th IEEE International Symposium on Robot and Human Interactive Communication, RO-MAN 2017, Lisbon, Portugal, 28 August–1 September 2017; pp. 676–682. [CrossRef]
- Pacchierotti, E.; Christensen, H.; Jensfelt, P. Human-robot embodied interaction in hallway settings: A pilot user study. In Proceedings of the IEEE International Workshop on Robot and Human Interactive Communication, Nashville, TN, USA, 13–15 August 2005; Volume 2005, pp. 164–171. [CrossRef]
- Stéphane, R.; Salesse, R.; Ludovic, M.; Del-Monte, J.; Schmidt, R.; Varlet, M.; Bardy, B.; Boulenger, J.P.; Capdevielle, D. Social priming enhances interpersonal synchronization and feeling of connectedness towards schizophrenia patients. *Sci. Rep.* 2015, *5*, 8156. [CrossRef]

- Jensen, W.; Hansen, S.; Knoche, H. Knowing You, Seeing Me: Investigating User Preferences in Drone-Human Acknowledgement. In Proceedings of the 2018 CHI Conference on Human Factors in Computing Systems, Montreal, QC, Canada, 21–26 April 2018; pp. 1–12. [CrossRef]
- 10. Rizzolatti, G.; Craighero, L. The Mirror-Neuron System. Annu. Rev. Neurosci. 2004, 27, 169–192. [CrossRef] [PubMed]
- 11. Butler, J.; Agah, A. Psychological Effects of Behavior Patterns of a Mobile Personal Robot. *Auton. Robot.* **2001**, *10*, 185–202. [CrossRef]
- 12. Maurtua, I.; Fernandez, I.; Kildal, J.; Susperregi, L.; Tellaeche, A.; Ibarguren, A. Enhancing safe human-robot collaboration through natural multimodal communication. In Proceedings of the 2016 IEEE 21st International Conference on Emerging Technologies and Factory Automation (ETFA), Berlin, Germany, 6–9 September 2016; pp. 1–8. [CrossRef]
- Song, B.; Gao, M. A Decentralized Context-aware Cross-domain Authorization Scheme for Pervasive Computing. In Proceedings of the 8th International Conference on Networks, Communication and Computing, ICNCC 2019, Luoyang, China, 13–15 December 2019; pp. 28–31. [CrossRef]
- Bethel, C.; Salomon, K.; Murphy, R.; Burke, J. Survey of Psychophysiology Measurements Applied to Human-Robot Interaction. In Proceedings of the RO-MAN 2007—The 16th IEEE International Symposium on Robot and Human Interactive Communication, Jeju, Korea, 26–29 August 2007; pp. 732–737. [CrossRef]
- Kim, Y.; Mutlu, B. How social distance shapes human–robot interaction. *Int. J. Hum. Comput. Stud.* 2014, *72*, 783–795. [CrossRef]
  van den Brule, R.; Dotsch, R.; Bijlstra, G.; Wigboldus, D.; Haselager, P. Do Robot Performance and Behavioral Style affect Human
- Trust?: A Multi-Method Approach. Int. J. Soc. Robot. 2014, 6, 519–531. [CrossRef]
- 17. De Santis, A.; Siciliano, B.; Luca, A.; Bicchi, A. An atlas of physical human-robot interaction. *Mech. Mach. Theory* **2008**, *43*, 253–270. [CrossRef]
- 18. Desai, M.; Kaniarasu, P.; Medvedev, M.; Steinfeld, A. Impact of robot failures and feedback on real-time trust. In Proceedings of the 2013 8th ACM/IEEE International Conference on Human-Robot Interaction (HRI), Tokyo, Japan, 3–6 March 2013. [CrossRef]
- 19. Burgoon, J.; Bonito, J.; Bengtsson, B.; Cederberg, C.; Lundeberg, M.; Allspach, L. Interactivity in human-computer interaction: A study of credibility, understanding, and influence. *Comput. Hum. Behav.* **2000**, *16*, 553–574. [CrossRef]
- 20. Wainer, J.; Dautenhahn, K.; Robins, B.; Amirabdollahian, F. A Pilot Study with a Novel Setup for Collaborative Play of the Humanoid Robot KASPAR with Children with Autism. *Int. J. Soc. Robot.* **2014**, *6*, 45–65. [CrossRef]
- 21. Jerčić, P.; Wen, W.; Hagelbäck, J.; Sundstedt, V. The Effect of Emotions and Social Behavior on Performance in a Collaborative Serious Game Between Humans and Autonomous Robots. *Int. J. Soc. Robot.* **2017**, *10*, 115–129. [CrossRef]
- 22. Liu, P.; Liu, T.; Shi, J.; Wang, X.; Yin, Z.; Zhao, C. Aspect level sentiment classification with unbiased attention and target enhanced representations. In Proceedings of the 35th Annual ACM Symposium on Applied Computing, Brno, Czech Republic, 30 March–3 April 2020; pp. 843–850. [CrossRef]
- Robinette, P.; Li, W.; Allen, R.; Howard, A.; Wagner, A. Overtrust of Robots in Emergency Evacuation Scenarios. In Proceedings of the 2016 11th ACM/IEEE International Conference on Human-Robot Interaction (HRI), Christchurch, New Zealand, 7–10 March 2016. [CrossRef]
- 24. Lin, Y.; Min, H.; Zhou, H.; Pei, F. A Human-Robot-Environment Interactive Reasoning Mechanism for Object Sorting Robot. *IEEE Trans. Cogn. Dev. Syst.* 2017. [CrossRef]
- 25. Robins, B.; Dautenhahn, K. Tactile Interactions with a Humanoid Robot: Novel Play Scenario Implementations with Children with Autism. *Int. J. Soc. Robot.* **2014**, *6*, 397–415. [CrossRef]
- 26. Chin, K.Y.; Hong, Z.W.; Chen, Y.L. Impact of Using an Educational Robot-Based Learning System on Students' Motivation in Elementary Education. *IEEE Trans. Learn. Technol.* **2014**, *7*, 333–345. [CrossRef]
- 27. Yilmazyildiz, S.; Read, R.; Belpeame, T.; Verhelst, W. Review of Semantic-Free Utterances in Social Human–Robot Interaction. *Int. J. Hum. Comput. Interact.* **2016**, *32*, 63–85. [CrossRef]
- Zaga, C.; Lohse, M.; Truong, K.P.; Evers, V. The Effect of a Robot's Social Character on Children's Task Engagement: Peer Versus Tutor. In *Social Robotics*; Tapus, A., André, E., Martin, J.C., Ferland, F., Ammi, M., Eds.; Springer International Publishing: Cham, Switzerland, 2015; pp. 704–713.
- 29. Williams, T.; Briggs, P.; Scheutz, M. Covert Robot-Robot Communication: Human Perceptions and Implications for Human-Robot Interaction. *J. Hum. Robot Interact.* **2015**, *4*, 24–49. [CrossRef]
- 30. Ross Mead, A.A.; Matarić, M.J. *Representations of Proxemic Behavior for Human-Machine Interaction*; Workshop, NordiCHI: Copenhagen, Denmark, 2012.
- Feil-Seifer, D.; Mataric, M. Automated Detection and Classification of Positive vs. Negative Robot Interactions with Children with Autism Using Distance-Based Features. In Proceedings of the 6th International Conference on Human-Robot Interaction, Lausanne, Switzerland, 8–11 March 2011; Association for Computing Machinery: New York, NY, USA, 2011; pp. 323–330. [CrossRef]
- 32. Van Oosterhout, T.; Visser, A.O.T. A Visual Method for Robot Proxemics Measurements. In *Proceedings of Metrics for Human-Robot Interaction, a Workshop at ACM/IEEE HRI 2008;* University of Hertfordshire: Hatfield, UK, 2008; pp. 61–68.
- 33. Bravo Sanchez, F.; Correal, A.; Guerrero, E. Interactive Drama With Robots for Teaching Non-Technical Subjects. *J. Hum. Robot. Interact.* **2017**, *6*, 48. [CrossRef]
- 34. Brown, L.; Howard, A. Engaging children in math education using a socially interactive humanoid robot. *IEEE-RAS Int. Conf. Humanoid Robot.* 2015, 2015, 183–188. [CrossRef]

- 35. Bouker, J.; Scarlatos, A. Investigating the impact on fluid intelligence by playing N-Back games with a kinesthetic modality. In Proceedings of the 2013 10th International Conference and Expo on Emerging Technologies for a Smarter World (CEWIT), Melville, NY, USA, 21–22 October 2013; pp. 1–3. [CrossRef]
- Silva, M.P.; do Nascimento Silva, V.; Chaimowicz, L. Dynamic Difficulty Adjustment through an Adaptive AI. In Proceedings of the 14th Brazilian Symposium on Computer Games and Digital Entertainment, SBGames 2015, Piauí, Brazil, 11–13 November 2015; Rodrigues, M.A.F., de Carvalho, F.G., de Vasconcellos, M.S., Eds.; IEEE Computer Society: Piscataway, NJ, USA, 2015; pp. 173–182. [CrossRef]
- 37. Araujo, V.; Mendez, D.; Gonzalez, A. A Novel Approach to Working Memory Training Based on Robotics and AI. *Information* **2019**, *10*, 350. [CrossRef]
- 38. Mead, R.; Atrash, A.; Mataric, M.J. Automated Proxemic Feature Extraction and Behavior Recognition: Applications in Human-Robot Interaction. *I. J. Soc. Robot.* **2013**, *5*, 367–378. [CrossRef]
- Wood, L.J.; Robins, B.; Lakatos, G.; Syrdal, D.S.; Zaraki, A.; Dautenhahn, K. Developing a protocol and experimental setup for using a humanoid robot to assist children with autism to develop visual perspective taking skills. *Paladyn* 2019, 10, 167–179. [CrossRef]
- Frank, M.R.; Autor, D.; Bessen, J.E.; Brynjolfsson, E.; Cebrian, M.; Deming, D.J.; Feldman, M.; Groh, M.; Lobo, J.; Moro, E.; et al. Toward understanding the impact of artificial intelligence on labor. *Proc. Natl. Acad. Sci. USA* 2019, *116*, 6531–6539. [CrossRef] [PubMed]
- 41. Vázquez, M.; Carter, E.J.; McDorman, B.; Forlizzi, J.; Steinfeld, A.; Hudson, S.E. Towards Robot Autonomy in Group Conversations: Understanding the Effects of Body Orientation and Gaze. In Proceedings of the 2017 ACM/IEEE International Conference on Human-Robot Interaction, HRI 2017, Vienna, Austria, 6–9 March 2017; Mutlu, B., Tscheligi, M., Weiss, A., Young, J.E., Eds.; ACM: New York, NY, USA, 2017; pp. 42–52. [CrossRef]
- De Graaf, M.M.A.; Malle, B.F. People's Explanations of Robot Behavior Subtly Reveal Mental State Inferences. In Proceedings of the 14th ACM/IEEE International Conference on Human-Robot Interaction, HRI 2019, Daegu, Korea, 11–14 March 2019; pp. 239–248. [CrossRef]
- 43. Torabi, F.; Warnell, G.; Stone, P. Adversarial Imitation Learning from State-Only Demonstrations. In Proceedings of the 18th International Conference on Autonomous Agents and MultiAgent Systems, Montreal, QC, Canada, 13–17 May 2019; International Foundation for Autonomous Agents and Multiagent Systems: Richland, SC, USA, 2019; pp. 2229–2231.
- 44. Berinsky, A.J.; Huber, G.A.; Lenz, G.S. Evaluating Online Labor Markets for Experimental Research: Amazon.com's Mechanical Turk. *Political Anal.* **2012**, *20*, 351–368. [CrossRef]
- 45. Pan, Y.; Steed, A. A Comparison of Avatar-, Video-, and Robot-Mediated Interaction on Users' Trust in Expertise. *Front. Robot. AI* **2016**, *3*, 12. [CrossRef]
- Takayama, L.; Pantofaru, C. Influences on Proxemic Behaviors in Human-Robot Interaction. In Proceedings of the 2009 IEEE/RSJ International Conference on Intelligent Robots and Systems, St. Louis, MO, USA, 10–15 October 2009; pp. 5495–5502.
- Mead, R.; Mataric, M.J. A Probabilistic Framework for Autonomous Proxemic Control in Situated and Mobile Human-Robot Interaction. In *Proceedings of the Seventh Annual ACM/IEEE International Conference on Human-Robot Interaction*; Association for Computing Machinery: New York, NY, USA, 2012; pp. 193–194. [CrossRef]