

# The Feasibility and Acceptability of The Girls Peer Activity (G-PACT) Peer-led Mentoring Intervention

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## Supplementary 1 – Table 1. Example Topic Guides

Group	Topic Area	Example Questions
Peers	Interactions with Leaders	Did you receive any handouts from the Leaders? Did you know who the Leaders were? How did the leaders interact with you? (where and when) Did the Leaders encourage you to do more PA? How did the Leaders communicate with you? (face to face, phone)
	School-based physical activities	If you did attend the afterschool club? What are your experiences of the afterschool club sessions? Did you do any additional PA with your friends or leaders?
	Data collection procedures	How did you find wearing the activity watches (accelerometers) for 7 days?
	Leadership role	How did you find your role as a PA leader? Did you feel supported in your role?

Leaders	Interaction with Peers	How did you interact with your peers? How did your friends / classmates respond to the information you were passing out?
	Leadership training	After the first session, did you understand what your role was as a Year 9 PA leader?
	Interaction with Mentors	What were your experiences of your leadership training sessions? How did you interact with your Mentors who took the leadership training sessions?
	School-based physical activities	Did you attend the new after school club in your school? How did you feel about the type of activity chosen for the after school sessions?
	Data collection procedures	How did you find wearing the activity watches (accelerometers) for 7 days?
Mentors	Mentor Role	Did you understand your role as a Mentor? Did your training prepare you for your role? Did you encounter any barriers?
	Interaction with Leaders	How did you find delivering the leadership sessions to the Leaders? How did you interact and engage with the Leaders? How did the Leaders respond to the training?
	School experiences	What are your experiences of working in the school setting as part of this project? Was the space provided in the school suitable for your planned sessions? Did you interact with the school teachers?
Teachers	Project experience	What is your perspective on how the PA project was implemented within your school over the last 2 months?
	Leadership Selection	How did you find the leadership selection process? Do you think this could have been improved? What impact do you think the project had in your school?

	Leaders and Peers interaction	Do you think that the leaders fully understood their roles and responsibilities? How did the Peers respond to the project? How did the additional after-school clubs work?
	Project practicality	How much work was it for you personally to be involved in organising the project onto of your job demands? What is you experiences of the girls wearing the activity watches (accelerometers)?