



Review Spatial-Frequency Domain Imaging: An Emerging Depth-Varying and Wide-Field Technique for Optical Property Measurement of Biological Tissues

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Abstract: Measurement of optical properties is critical for understanding light-tissue interaction, properly interpreting measurement data, and gaining better knowledge of tissue physicochemical properties. However, conventional optical measuring techniques are limited in point measurement, which partly hinders the applications on characterizing spatial distribution and inhomogeneity of optical properties of biological tissues. Spatial-frequency domain imaging (SFDI), as an emerging non-contact, depth-varying and wide-field optical imaging technique, is capable of measuring the optical properties in a wide field-of-view on a pixel-by-pixel basis. This review first describes the typical SFDI system and the principle for estimating optical properties using the SFDI technique. Then, the applications of SFDI in the fields of biomedicine, as well as food and agriculture, are reviewed, including burn assessment, skin tissue evaluation, tumor tissue detection, brain tissue monitoring, and quality evaluation of agro-products. Finally, a discussion on the challenges and future perspectives of SFDI for optical property estimation is presented.

Keywords: spatial-frequency domain imaging; depth-varying; wide-field; optical property; disease diagnosis

1. Introduction

Biological tissues are complex systems composed of different components with different structural, chemical, and optical characteristics which are commonly treated as turbid media in tissue optics. Diffraction, reflection, transmission, and other physically optical phenomena often occur in light-tissue interaction as light travels through the tissues [1,2]. Radiative transfer equation (RTE) can best describe light propagation in biological tissues. Great efforts have been made to solve the integro-differential form of the RTE analytically [3–5]. For example, Liemert et al. proposed an accurate and efficient solution of the RTE for modeling the propagation of photons in the three-dimensional anisotropically scattering half-space medium [6]. Recently, the same research team derived explicit analytical solutions for single-scattered radiance in a half-space medium under consideration of a reflecting boundary. They considered both a unidirectional beam source as well as an isotropic point source [7]. Diffusion approximation equation (DAE) is a simplified form of RTE and has been widely used for modeling the behavior of light transport in tissues [8]. The particle characteristic is taken into account, while the light fluctuation property and polarization effects are not considered in modeling light propagation through tissues. There are, hence, absorption and multiple scattering events between the incident photon packet and tissue particles. The propagation behavior through tissues can be characterized by the optical properties, such as absorption coefficient (μ_a) and reduced scattering coefficient



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Copyright: © 2021 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). ($\mu_s t$), which quantitatively describe the optical effects of absorption and scattering events in light transport. Optical properties of biological tissues can provide valuable information for clinical inspection and disease monitoring in biomedical optics, thus guiding the doctors to have more accurate diagnoses. For example, tumor tissues can be detected based on the differences of optical properties between the healthy and diseased tissues; so is the monitoring for skin blood flow. The measured optical properties can also be used for assessing quality and safety (e.g., firmness, soluble solids content, pesticide residue, etc.) of agro-products (e.g., apple, tomato, blueberry, etc.) [9–11]. Therefore, accurate measurement of tissue optical properties is of great significance in the field of biomedicine, as well as food and agricultural engineering.

Currently, existing optical methods for measuring optical properties of biological tissues can be divided into direct and indirect measurement methods [12–15]. The direct method is advantageous on independent mathematical model (e.g., Beer-Lambert Law) and simple data processing algorithm. However, this kind of method is limited in specific samples with strict conditions (e.g., thin thickness), and needs to be careful with the influence of stray light outside and reflection from the experimental device, such as the cuvette. In contrast, indirect methods can be performed on intact samples nondestructively, but need sophisticated instrumentation and complex mathematical models derived from the DAE. Recent studies have been mainly focused on indirect methods for estimating optical properties, because they are applicable to a wide range of biological materials without the need for sample preparations. Table 1 briefly summarizes the commonly used optical methods for measuring tissue optical properties, including collimated transmittance, integrating sphere (IS), time-domain (TR), frequency-domain (FD), spatially resolved (SR), and spatial-frequency domain imaging (SFDI). Reflectance and/or transmittance were first measured by these techniques, and then the optical properties (i.e., μ_a , and $\mu_s \prime$) were estimated by using the inverse parameter estimation algorithms based on light transfer model. During the past years, these optical techniques have been widely used for measuring optical properties of different biological materials, such as human skin, brain, and tumor tissues [16–18]. However, most of these techniques (i.e., IS, TR, FD, and SR) employ a point light source for illuminating the target samples, which only enables one estimation of optical properties through single measurement. The estimated optical properties are treated as the average values in most cases, but cannot be used to describe the spatial distribution of tissue optical properties for the non-homogeneous turbid materials.

SFDI, as an emerging optical imaging technique, is capable of measuring the tissue optical properties in a wide-field area on a pixel-by-pixel basis [19]. Compared to other methods listed in Table 1 (i.e., IS, TR, FD, and SR), SFDI employs spatially modulated area lighting, instead of point lighting, for illuminating the turbid materials, and thus 2-D and even 3-D optical property mappings can be achieved through single measurement. In the SFDI technique, special patterns of 2-D illumination, usually sinusoidal patterns, with different spatial frequencies are projected onto the surface of a target sample, and the remitted diffuse reflectance is captured by using an imaging device (e.g., high-performance camera). Demodulation algorithms, such as three-phase demodulation [20], Gram-Schmidt orthonormalization [21], and spiral phase transform [22], are then applied to obtain the direct component (DC) image and alternating component (AC) image. Tissue optical properties can be finally determined by fitting the AC image based on inverse parameter estimations. Biological tissue acts as a low-pass filter, thus low-frequency lighting is more sensitive to absorption, while high-frequency component performs more effects on scattering [23]. Therefore, the SFDI technique provides potential for decoupling the absorption property from scattering property of biological tissues.

Classification	Measuring Method	Light Transfer Model	Optical Property	Ref.
Direct method	Collimated transmittance	Beer-Lambert Law	μ_a, μ_s	[24]
	Integrating sphere	Adding-doubling	μ_a, μ_s'	[25]
	Time-domain	Diffusion approximation	μ_a, μ_s'	[26]
Indirect method	Frequency-domain	equation, Monte Carlo or	μ_a, μ_s'	[27]
	Spatially resolved	analytical solutions of	$\mu_a, \mu_s \prime$	[28,29]
	Spatial-frequency domain imaging	radiative transfer equation	μ_a, μ_s'	[5,20,30]

Table 1.	Commonly	used optica	al methods t	for measuring	optical	properties	s of biological tissues.
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 μ_a : absorption coefficient, μ_s : scattering coefficient, μ_s /: reduced scattering coefficient.

Owing to the capabilities of wide-field imaging, depth- and resolution-varying characterizing for biological tissues, SFDI has witnessed great progress in measuring optical properties [20]. The estimated optical property values and/or mappings provide valuable information for disease diagnosis, evaluation, and monitoring in biomedical domain, as well as quality assessment in the food and agricultural engineering domain. This paper first provides an overview of the principle of SFDI technique for estimating optical properties of biological tissues. Then applications, based on published literature, for burn assessment, skin tissue evaluation, tumor tissue detection, brain tissue monitoring, and quality assessment of agro-products, are reviewed. Finally, challenges and future perspectives of SFDI for measuring optical properties are discussed.

2. Principles and Methods

2.1. Typical SFDI System

As shown in Figure 1a, a typical SFDI system mainly consists of three parts: projection, imaging, and sampling [31-33], which are specifically selected based on experimental or practical requirements. An ordinary commercial projector is commonly used in the projection part due to the low cost and easy-to-use property. The light engine produced by Digital Light Innovations in Austin, TX, USA (e.g., model DLi CEL5500) is a better choice for projecting patterns and has been widely used in the SFDI system, since it can obtain high brightness, high definition, and real color images. When selecting the projecting part, the performance, like frame rate, bit depth, and resolution, should be carefully considered because the specific requirements for experimental research and engineering application are different. Considering varying tissue properties at different wavelengths (e.g., 470, 525, 590, 625, 658, 690, 730, 850, and 970 nm), a wavelength dispersion device, such as liquid crystal tunable filter (LCTF) and band-pass filter, is used for selecting required wavelengths in the case of broadband quartz halogen tungsten lamp. Discrete light source (e.g., LED with single wavelength) is another choice to have the predetermined wavelength based on preliminary experiments. An imaging device (e.g., high-performance camera), coupled with a prime lens, is used to acquire the remitted light intensity images under structured illuminations with different frequencies and phases. Performance of the imaging device needs to be higher than that of the projector. For example, if the frame rate of the projector is 30 fps, the frame rate of the imaging device is better at 60 fps, so that the change of the projection can be collected. It was reported that it took about 10 min to acquire threephase-images for 30 frequencies at four different wavelengths (a total of 360 images), with a field-of-view about 5×5 cm [34]. A computer is connected with the projector and imaging device to control output of the lighting patterns (i.e., frequency and phase), and acquire and preserve the remitted images at different wavelengths. It should be noted that the pattern projection and image acquisition should be triggered simultaneously. A pair of linear polarizers is put in the projection and imaging parts to reduce and even eliminate specular reflection from the sample surface. Target samples are placed on the sampling stage, which has an adjustable height, allowing a consistent distance between the sample surface and imaging device. It is desirable to have the sampling part move along the horizontal axis, so that the SFDI system can be applied to the real-time applications. Note that most of

the SFDI systems used in the published literature are constructed by the researchers, and the SFDI device manufactured and produced by the Modulim Incorporation for research purposes, called Clarifi[®] (https://modulim.com/, accessed on 23 March 2021), has also been used in some studies [35–38].



Figure 1. (a) Schematics of a typical SFDI system. QTH and LCTF denote quartz tungsten halogen and liquid crystal tunable filter, respectively. (b) Schematic of an endoscopic imaging system: a laser source is expanded and collimated by lenses L_1 and L_2 , passes through a mask of a sinusoid printed onto a transparency and is collimated by L_3 into the projection channel of the endoscope. The polarizers P_1 and P_2 ensure specular light removal. The collection channel of the endoscope sends light through L_4 where it is imaged onto a CCD camera (adapted from Ref. [39]).

Figure 1b depicts the optical design of an endoscopic imaging system [39]. The fundamentals of imaging in the spatial-frequency domain are preserved, starting with a light source. Given a source with a fiber output, lenses L_1 and L_2 are used to expand and collimate the beam onto a mask M of a sinusoidal pattern. The image of the illuminated pattern is then collimated by L_3 and polarized by linear polarizer P_1 as it is sent through the projection channel of the endoscope and onto the sample. The reflected light is imaged through the collection channel of the endoscope. The collimated output is cross-polarized with respect to P_1 by linear polarizer P_2 and then imaged by objective lens L_4 onto the CCD. This design combines the endoscope with SFDI, which makes it possible to measure optical properties of endoscope in real-time with a large field-of-view.

2.2. Principle of SFDI for Estimating Optical Properties

The process of optical property estimation of biological tissues using SFDI can be roughly divided into three steps: measurement of light intensity image remitted from the target sample, acquisition of diffuse reflectance image through demodulation algorithm, and inverse parameter estimation of optical properties from the demodulated image (Figure 2). Reflected light intensity images under the incidence of multiple spatially modulated patterns with different spatial frequencies (the number of black and white stripes per unit length) and phases are first captured [40–44]. Then, demodulated diffuse reflectance images at every frequency are obtained by using appropriate image demodulation algorithm, such as three-phase demodulation, Gram–Schmidt orthonormalization, and spiral phase transform. Finally, based on appropriate light transfer models, such as DAE and Monte Carlo [45–48], optical absorption and reduced scattering coefficients of biological tissue can be estimated by using inverse parameter estimation algorithms, like nonlinear fitting algorithm [49] and look-up table [50–52].



Figure 2. Flow chart of data processing for estimating optical properties of biological tissues by using the spatial-frequency domain imaging technique (adapted from Ref. [20]).

Assuming that light intensity function of the incident structured illumination on sample surface is [20]:

$$S = \frac{S_0}{2} [1 + M_0 \cos(2\pi f_x x + \alpha)]$$
(1)

where S_0 , M_0 , f_x , x and α denote the illumination intensity, spatial modulation depth, spatial frequency, spatial coordinate, and spatial phase of the light source, respectively.

Light intensity image is obtained by capturing the remitted light from the sample surface. The intensity of illumination $I(x, f_x)$ can be decomposed into DC part $I_{DC}(x)$ and AC part $I_{AC}(x, f_x)$.

$$I(x, f_x) = I_{DC}(x) + I_{AC}(x, f_x)$$
(2)

 $I_{DC}(x)$ is constant for different spatial frequencies, while $I_{AC}(x, f_x)$ is a function of spatial location and frequency, which can be expressed:

$$I_{AC} = M_{AC}(x, f_x) \cdot \cos(2\pi f_x x + \alpha)$$
(3)

where M_{AC} is the amplitude envelope of reflected photon density, which is related to tissue optical properties. Generally, the three-phase demodulation method is used to get the value of M_{AC} . In this method, three sinusoidal waves with specific spatial-frequency f_x at three initial phases (0, $\frac{2\pi}{3}$ and $\frac{4\pi}{3}$) are used to illuminate the sample, then the M_{AC} can be expressed as:

$$M_{AC}(x, f_x) = \frac{\sqrt{2}}{3} \left\{ \left[I_{AC1}(x, f_x) - I_{AC2}(x, f_x) \right]^2 + \left[I_{AC2}(x, f_x) - I_{AC3}(x, f_x) \right]^2 + \left[I_{AC3}(x, f_x) - I_{AC1}(x, f_x) \right]^2 \right\}^{\frac{1}{2}}$$
(4)

 M_{AC} is related to modulation transfer function MTF_{system} , diffuse reflectance R_d , and light source intensity I₀, as shown in Equation (5).

$$M_{AC} = I_0 \cdot MTF_{system}(x, f_x) \cdot R_d(x, f_x)$$
(5)

Hence, a reference sample with known optical properties, such as optical object or a white plate with calibrated reflectance, is often taken as the reference to calibrate the SFDI system for optical property estimation. The diffuse reflectance R_d of target samples can be thus calibrated and expressed as:

$$R_d(x, f_x) = \frac{M_{AC}(x, f_x)}{M_{AC, ref}(x, f_x)} \cdot R_{d, ref}(x, f_x)$$
(6)

where $R_{d,ref}(x, f_x)$ is diffuse reflectance of the reference sample, and $M_{AC,ref}$ can be obtained using Equation (4). By applying appropriate boundary conditions, the reflectance, spatial frequency, absorption coefficient (μ_a), and reduced scattering coefficient (μ_s /) have the following relationship, which was derived from the DAE by Cuccia [20]:

$$R_d(f_x) = \frac{3A \,\mu_s \prime / \mu_{tr}}{\left(\mu'_{eff} / \mu_{tr} + 1\right) \left(\mu'_{eff} / \mu_{tr} + 3A\right)}$$
(7)

where $\mu_{tr} = \mu_a + \mu_{s'}$ is the transport coefficient, $A = \frac{1 - R_{eff}}{2(1 + R_{eff})}$, $R_{eff} = 0.0636n + 0.668 + \frac{0.71}{n} - \frac{1.44}{n^2}$ is the effective reflection coefficient, and *n* is the refractive index. The μ_{eff} can be expressed as:

$$\mu_{eff} = \left(3\mu_a\mu_{tr} + K^2\right)^{\frac{1}{2}}$$
(8)

where $K = 2\pi f_x$.

Hence, μ_a and μ_s' of the sample can be deduced by using appropriate inverse parameter estimation algorithm by fitting the solution of DAE (Equation (7)). Though the DAE has been widely used as the light transfer model for optical property measurement in SFDI, the accuracy and versatility are partly hindered by its approximation nature with two constraining conditions (i.e., scattering-dominant tissue, and relatively small illuminationfrequency). Thus, there are inaccurate measurements of optical properties for highly absorbed tissues when using the DAE, such as strong absorption tissue caused by water in the near-infrared wavelength. High frequency for the spatially varying illumination would lead to sub-diffusive reflection, which is also not suitable to be solved using Equation (7). Moreover, the scattering phase function, which describes the scattering angle probability of photons in biological tissues, should also be considered when estimating optical properties based on the DAE [4,5]. MC, as a numerical method for modelling light propagation within tissues, launches and tracks a large number of photon packets in the simulation process, and diffuse reflectance can be calculated based on the theory of probability and mathematical statistics. MC is simple in operation and easy to be implemented with any desired accuracy, if the time cost is affordable. Based on MC simulation, another optical property measurement method in SFDI, called look-up table, has been emerging recently, which can perform rapid calculation of optical properties, generated from diffusion model forward predictions [20,52].

As mentioned above, the three-phase demodulation method is usually used for image demodulation, which is the key step in SFDI. This method can provide relatively high accuracy in optical property measurement, at the expense of being time-consuming, which hinders the real-time application of SFDI. To overcome this shortcoming, a novel image demodulation and inverse estimation method was proposed and developed, which allowed researchers to determine the optical properties using a single phase-image, called single snapshot of optical properties (SSOP). Reliant on Fourier transform and data processing in the frequency space, SSOP at least requires two images with one phase-image for each of

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the two spatial frequencies [53–55]. SSOP reduces the number of phase-images from three to one, which improves the efficiency of both image acquisition and data processing by about three times. Compared to the conventional three-phase demodulation and inverse estimation, SSOP loses some image information since it only has one phase-image, resulting in lower accuracy for optical property measurement.

3. Applications

Dognitz et al. [56] first investigated the potential of spatially modulated area lighting by employing a xenon lamp with a band-pass filter to illuminate a patterned glass plate and generate a circular modulation pattern. A CCD camera was used for capturing the reflected image of the sample at three different modulated frequencies (i.e., 0.10, 0.16, and 0.50 mm^{-1}). The results indicated that SFDI was capable of measuring the absorption and reduced scattering coefficients noninvasively. However, the value of their work was not recognized by the scientific community at that time. Thanks to the rapid advances in digital technology and computing technology, great progress has been made in the development of spatially resolved and time-domain techniques for measuring optical properties of biological tissues, which, in turn, can be routinely used for chemical composition prediction and functional analysis [57]. Therefore, the researchers began to renew their interest in spatial-frequency domain imaging after the arrival of the twenty-first century. In 2005, Cuccia et al. applied the SFDI technique for the measurement and analysis of widefield mapping of tissue optical properties [30]. They used a modulation pattern with the frequency of $0-0.6 \text{ mm}^{-1}$ at 640 nm, demonstrating that SFDI was a fast and inexpensive method for tomographic imaging and quantitative optical property mapping in a wide field-of-view. The conceptual framework, hardware composition, and software algorithm proposed in their study have been widely used for optical property estimation by other researchers. The estimated optical properties can be used in the field of biomedical optics for inspecting breast tumors and non-melanoma tumor lesions, as well as in the food and agricultural domain for apple internal browning and early bruise detection. The following sections present more details regarding the practical applications of SFDI.

3.1. Burn Assessment

Burn is a common affliction which usually causes damage to the skin, mucous membrane, subcutaneous and submucosal tissues, and even some complications. Accurate detection of burn location and severity is critical for determining the scheme for the treatment and recovery. Thanks to the advantages of SFDI for depth-varying characterizing of biological tissues, it has been applied for surface and subsurface burn detection.

The potential of SFDI for burn assessment was first explored in a rat model, with a graded control scheme for detecting burn severity [58]. The results showed that SFDI technique was capable of quantitatively and noninvasively assessing the burn wound severity, which could assist clinicians to better identify burn areas. Due to the small skin area of rats, it is difficult to realize the artificial controllable burn models; thus, the pig has appeared as a new model for burn assessment [59-61]. Mazhar et al. measured 48 cases of severe heat burns in a pig model, and monitored functional and structural parameters of each burn type for more than 72 h [37]. Ponticorvo et al. and Burmeister et al. imaged wounds on the back of pigs with different burn degrees and calculated the absorption coefficient based on Monte Carlo simulation [62]. It was proven that SFDI could reflect the changes of skin parameters after the burns. Ponticorvo et al. shifted their focus to burn care in an attempt to help quantify not only burn depth but also the progress of healing [19]. They showed that SFDI coupled with laser speckle imaging was capable of monitoring changes in hemodynamic and scattering properties in burn wounds over a 28-day period. These results highlighted the potential insights that can be gained by using SFDI to study wound healing.

Table 2 lists the recent applications of burn assessment by using the SFDI technique, including the test sample, measured optical property, indicator, frequency, and wavelength

used in the experimental research. It can be observed that frequencies lower than 0.20 mm⁻¹ were frequently used, because low-frequency illumination has larger light penetration depth, which is suitable for detecting the subsurface burns. Visible lighting is still the popular illumination and wavelengths beyond the visible range are lower than 1000 nm. Near-infrared lighting may have abilities in penetrating deeper tissues, but requires more expensive instrumentation, such as imaging and wavelength dispersion devices. Most of the research in Table 2 was conducted on pigs and mice to create artificial burn wounds of different levels. Both μ_a and μ_s' could be used to examine the skin burns by comparing the differences of measured optical property between healthy and burned tissues. Relative changes in oxygenated hemoglobin concentration (HbO₂), deoxygenated hemoglobin concentration (Hb), total hemoglobin concentration (HbT), and blood oxygen saturation (StO_2) could be used to present the skin condition. StO_2 was more frequently used as an index of burn assessment due to its ability in revealing vascular damage and patency. Figure 3 shows typical results of burn assessment for porcine dorsal skin with three levels (i.e., superficial partial, deep partial, and full). It was found that the reduced scattering coefficients of porcine dorsal skin with burns were smaller than those without burns, indicating that the reduced scattering coefficient mappings estimated by the SFDI were capable of burn detection.

Fable 2. Burn assessment by	y using the SFDI	technique.
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Object	Optical Property	Indices	Frequency/mm ⁻¹	Wavelength/nm	Ref.
Rat burn in vivo model	μ_s /	HbO ₂ , Hb, HbT, StO ₂	0, 0.10	650–970 nm with step length of 20 nm	[64]
	μ_a, μ_s'	StO ₂ , Hb	0.20	sixteen wavelengths in 500–700 nm	[58]
	$\mu_s \prime$	HbO ₂ , Hb, H ₂ O, StO ₂	0.20	seventeen equally spaced wavelengths in 650–970 nm	[19]
	μ_a, μ_s'	StO ₂	0.20	658, 730, 850	[62]
Dia huma in viva	μ_a ,	StO ₂	0.20	658, 730, 850	[65]
model	$\mu_s\prime$	-	0, 0.05. 0.10, 0.15, 0.20	nine wavelengths in 470–970 nm	[59]
	$\mu_s\prime$	-	0, 0.05. 0.10, 0.15, 0.20	eight wavelengths in 471–850 nm	[60]
	calibrated reflectance	-	0, 0.05, 0.10, 0.20	471, 526, 591, 621, 659, 731, 851	[61]
Heat burns skin	μ_a, μ_s'	-	Eleven-frequencies in 0–0.44	490, 590, 660, 780	[63]



Figure 3. Typical results for burn assessment of porcine dorsal skin in three levels (i.e., superficial partial, deep partial, and full). The top row is for color digital images, and the bottom row is for maps of the reduced scattering coefficients (adapted from Ref. [62]).

A large number of animal experiments on burn assessment have achieved acceptable results, which gives researchers full confidence in the feasibility of applying the SFDI to human beings for burn assessment. Recently, Poon et al. evaluated the burn severity of human tissues using SFDI [63]. The thermal burn treatment of skin obtained during plastic surgery was used as experimental material. Monte Carlo simulation was adopted to replace the DAE for inversely estimating optical properties. Experimental results showed that SFDI could be used for early evaluation of burns in human beings.

3.2. Skin Tissue Evaluation

Body skin tissue contains melanin, oxyhemoglobin, deoxyhemoglobin, and many other physicochemical constituents. Among them, melanin content and oxygen saturation can reflect the skin health status and provide much valuable information in detecting skin diseases, such as port wine stain (PWS), actinic keratosis (AK), and pressure ulcers. SFDI is advantageous in measuring these indices by extracting and mapping tissue optical properties, which can be used to evaluate the skin tissue.

Cuccia et al. first employed modulated lighting to measure the optical properties of forearm skin tissue, and the extracted optical properties can help detect the accumulation and dissipation of blood volume for the human skin tissue [20]. After that, Chen et al. extended the application of SFDI in skin tissue evaluation by decoupling the absorption of melanin from that of hemoglobin successfully [66]. The measured absorption coefficients were used to predict hemoglobin concentration and oxygen saturation of the skin.

On this basis, Mazhar et al. applied SFDI for recording the biochemical changes of PWS after laser treatment [18]. It was proven that SFDI could present biochemical components of wide-field tissues after laser treatment of PWS lesions. Similarly, the SFDI technique was also employed by Saager et al. for imaging skin cancer lesions [67]. The results demonstrated that SFDI is a new modality which can provide parameter information for photodynamic therapy (PDT), so as to provide more quantitative and controllable dosimetry for lesions.

Furthermore, SFDI has been applied for evaluating other skin diseases, such as AK and pressure ulcers. Travers et al. measured the changes of optical properties and vascular parameters of skin tissue suffering from mild light damage to AK by SFDI [68]. The results showed that SFDI could provide quantitative maps of optical and vascular parameters of precancerous lesions like human actinic keratosis, and also feedback on the process of precancerous lesions transforming into malignant lesions. Figure 4 shows absorption and histogram imaging maps for three patients at 590 nm. It was observed that the value of absorption coefficient of the patient suffering from AK (P3 in Figure 4) was larger than the patient without AK (P1, P2 in Figure 4), which was an early biomarker for evaluating AK. In addition, Yafi et al. used SFDI for detecting pressure ulcers, indicating that SFDI has the potential for risk stratification and healing of pressure ulcers [69]. Recently, Gevaux et al. investigated the potential of combining hyperspectral imaging with SFDI to estimate mappings of absorption and scattering properties of human face skin independently from irradiance drifts [70]. This study showed the feasibility of this method, but additional measurements on calibrated samples are required to fully identify its limitations and sensitivity to errors. Combining SFDI with other optical techniques, such as diffuse reflectance spectroscopy, for imaging a human prostate, demonstrated the ability for distinguishing prostatic tissue (anterior stroma, hyperplasia, and peripheral zone) from extra-prostatic tissue (urethra, ejaculatory ducts, and peri-prostatic tissue) [65].



Figure 4. (\mathbf{a} - \mathbf{c}) are absorption maps for three patients at 590 nm, and the red arrow highlights the visible lesion for P3; (**d**) is histogram of the absorption coefficient for the three patients at 590 nm; P1, P2 (without actinic keratosis), and P3 (with actinic keratosis) in (**e**) are three patients expressing various levels of photodamage, corresponding to (\mathbf{a} - \mathbf{c}), respectively (adapted from Ref. [68]).

3.3. Tumor Tissue Detection

Accurate measurement of tumor size and edge is critical for removing the tumor in clinical surgery. Due to the differences of optical properties between tumor tissue and normal tissue, SFDI provides potential for detecting tumor tissue. Diverse tumor tissues, such as non-melanoma tissues, breast cancer tissues, and skin cancer tissues, have been successfully detected by using the SFDI. Researchers decoupled the absorption of melanin and hemoglobin from scattering, measured the hemoglobin concentration and oxygen saturation of the skin, as well as estimated the scattering characteristics of the skin in real time.

Rohrbach et al. demonstrated that combination of SFDI with ultrasound imaging was capable of inspecting non-melanoma skin cancer, and SFDI could characterize nonmelanoma skin cancer phototherapy independently [16,71]. They concluded that SFDI could monitor the changes of optical and vascular parameters in real time, thus providing references for clinical surgery. Human ovarian tissues, cervical cancer and bladder tumor tissues were also researched by the biomedical engineers using the SFDI [72–74]. It was reported that the information derived from SFDI could provide significant contrast and differentiation between microstructure parameters of different tissue types and disease states, thus enabling tumor detection in these tissues.

SFDI was also used in breast cancer detection. Laughney et al. conducted studies on detecting breast tissue excised during surgery using the SFDI technique [34,75]. The results showed that SFDI could maintain the sensitivity to local scattering contrast in a wide range, which indicated that SFDI is suitable for the edge assessment of breast surgery. Figure 5 shows representative spectral parameter maps for tissue subtypes (i.e., normal, fibroadenoma, ductal carcinoma in situ (DCIS), invasive cancer, and partially treated invasive cancer after neoadjuvant chemotherapy). The extracted parameter maps, such as histology, scattering amplitude, scattering slope, hemoglobin, oxygen, and water maps, were valuable for tumor detection. Furthermore, the detection of breast tumor tissue by SFDI was not limited to the samples excised during surgery, and it was also used in breast tumor in vivo detection. For example, Nguyen et al. applied SFDI to breast reconstruction with perforator flaps [76]. The results suggested that SFDI could provide intraoperative oxygenation images in real time during surgery. With the use of this technique, surgeons can obtain tissue oxygenation and hemoglobin concentration mappings to assist in intraoperative planning. In order to explore the ability of SFDI in detecting different breast tumor tissues, McClatchy et al. studied both freshly homogeneous and heterogeneous resected samples of human breast tissue [77]. The results demonstrated that SFDI provided mappings of microscopic structural biomarkers that cannot be obtained with diffuse imaging (e.g., hyperspectral imaging), as well as characterized spatial variations not resolved by point-based optical sampling (e.g., spatially resolved). In order to further study the imaging ability of SFDI on tumor tissue detection, McClatchy et al., Robbins et al., and Wei et al. conducted SFDI research on different breast tumor tissue samples, and the results confirmed that SFDI could provide a wide-field mapping of scattering parameters for

microscopic evaluation and distinguish different breast tissue morphology [78–80]. Table 3 summarizes some recent studies on detecting breast tumor by using the SFDI technique. It can be observed that, in general, μ_a of tumor tissue is higher than that of normal tissue, while μ_s / is lower than that of normal tissue. However, the cervical tissue and bladder tumor tissue are the exceptions, with the μ_s / values being larger than that of normal tissue.



Figure 5. Representative spectral parameter maps for tissue subtypes. Spectral parameter maps correspond to the pathology subtypes: normal (including fibrocystic disease) (red outline), fibroadenoma (blue outline), DCIS, invasive cancer and partially treated invasive cancer after neoadjuvant chemotherapy (all black outline), and fat (yellow outline or label). Row 1 is the tissue photograph of the cut face of one slice of the specimen with the lesion; row 2 is the corresponding histology; row 3 is the scattering-amplitude maps; row 4 is the scattering slope maps; row 5 is the hemoglobin concentration maps; row 6 is the percentage oxygenated hemoglobin maps; and row 7 is the percentage water maps (adapted from Ref. [75]).

Object	Wavelength/nm	Optical Property of Normal Tissue/mm ⁻¹		Optical Property of Tumor Tissue/mm ⁻¹		Ref.
		μ_a	μ_s'	μ_a	$\mu_s \prime$	_
Breast tissue	658	-	-	-	0.910	[77]
	750	-	-	-	0.750	[78]
	530	0.025	1.850	0.032	0.950	[81]
Mouse tumor	659	-	-	0.024	2.054	[82]
Non-melanoma skin	630	0.021 ± 0.002	1.497 ± 0.097	0.027 ± 0.003	1.177 ± 0.120	[16]
cancer	630	0.025	1.670	0.059	1.070	[71]
Human ovarian tissue	730	0.015	3.370	0.049	1.050	[72]
Cervical tissue	623	0.018 ± 0.001	0.900 ± 0.062	0.040 ± 0.004	1.412 ± 0.245	[73]
Bladder tumor tissue	623	0.018	0.550	0.045	1.050	[74]

Table 5. Recent studies on detecting funior by using the 51 bit tech	Innique
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Great efforts have been made to combine the SFDI with other mature techniques to detect tumor on small animals. For instance, Zhao et al. [83] applied the correction of modified sensor to SFDI and conducted a longitudinal drug response study on subcutaneous tumor models of small animals. They suggested that SFDI could transform optical biomarkers of therapeutic response and drug resistance into imaging in vivo. Nandy et al. combined SFDI with rigid endoscopy for imaging a tumor model of a living mouse, which expanded the universality of SFDI application [81]. In the study of Burns et al., mouse tumor models were imaged by SFDI for tumor visualization [84]. They demonstrated that nanovesicles derived from erythrocytes and doped with an NIR chromophore (indocyanine green) could be used in conjunction with SFDI to visualize simulated tumors with different depths and concentration of NIR erythrocyte mimicking transducers within tissue mimicking objects. Moreover, Tabassu et al. employed SFDI for detecting tumor tissue in mice, and a two-layered look-up table model was proposed to improve the identification ability [82]. The two-layered look-up table model was shown to substantially improve the ability of SFDI in the extraction of bottom (tumor) layer's optical properties, which revealed larger treatment changes in the tumor's optical properties and a more hypoxic tumor environment.

3.4. Brain Tissue Monitoring

Brain is the main part of the central nervous system and main regulator of vital function. Quantitative measurements of absorption and reduced scattering coefficients of brain tissue can help to describe changes in brain function.

In 2011, Lin et al. used SFDI to conduct optical imaging of brain tissue in mice with Alzheimer's disease (AD) [17]. The results showed that SFDI could measure quantitative absorption and reduced scattering coefficients of AD model, which can be used to investigate the structural and physiological changes of AD nerve tissue. In a follow-up experimental study, they focused on 3-month-old male CaM/Tet-DTA mice harboring transgenes for the doxycyline-regulated neuronal expression of diphtheria toxin [85]. When doxycycline was removed from the diet, CaM/Tet-DTA mice developed progressive neuronal loss in forebrain neurons. The results demonstrated that neuronal death and brain inflammation were associated with increased values of μ_s and this optical biomarker may be useful in pre-clinical AD therapy evaluation or monitoring of disease progression in AD patients. Singh-Moon et al. employed SFDI for evaluating the transport of cationic lipids in the arteries of rats with transient cerebral hypoperfusion to brain tissue, which was the first study to use SFDI for measuring drug uptake in postmortem tissue samples [86]. In the study, they obtained a spatial mapping of drug or tracer deposition for further generation of a dataset. Wilson et al. imaged the brain tissue of mice using square wave image and verified that multispectral SFDI (i.e., 655, 730, and 850 nm) could detect oxygen extraction in the brain as the brain resumed metabolism and electrical activity [87]. Their work enabled concurrent characterization of dynamic changes in tissue hemoglobin concentration, oxygenation, and scattering in an animal model of cardiac arrest and resuscitation. Sibai et al. indicated that implementing SFDI with a fluorescent-light transport model enabled recovery of 2-D images of PpIX, alleviating the need for time-consuming point sampling of the brain surface [88]. Despite the moderate errors in retrieving the absorption and reduced scattering coefficients in the sub-diffusive regime with the values of 14% and 19%, respectively, the recovered PpIX maps were within 10% of the point PpIX values measured by the fiber-optic probe, validating its potential as an extension or an alternative to point sampling during glioma resection. Recently, a method based on SFDI platform and different back-processing algorithms for measuring the refractive index (RI) of mouse brain tissue in the NIR spectral range was proposed by Abookasis et al. [89]. The changes in RI reflected the pathophysiology of the brain during heat stress and presented an additional advantage of SFDI for characterizing brain function. Figure 6 shows a series of 2-D false-color spatial maps of the RI at different wavelengths for two extreme temperatures of 28 °C and 43 °C, indicating that change in temperature leads to localized changes in RI within the brain surface and SFDI was capable of describing the characteristics and functions of the brain tissue.



Figure 6. A series of 2-D false-color spatial maps of the refractive index (RI) at different wavelengths for two extreme temperatures of 28 °C and 43 °C (adapted from Ref. [89]).

3.5. Quality Evaluation of Agro-Products

In the field of food and agricultural engineering, SFDI is also involved in the quality evaluation of agricultural products. As early as 2007, Anderson et al. measured the optical properties of normal and damaged apple tissues using the SFDI technique [10]. The results showed that the reduced scattering coefficient of damaged apple tissues was larger than those of normal tissues, demonstrating that SFDI can differentiate the damaged apple from normal fruit. This is the first exploration and application of SFDI in the field of agricultural engineering. However, there was no research reported in the next few years. Until the year 2015, when the researchers in the food and agricultural engineering domain turned their attention back to the SFDI technique for optical property estimation. There are now two leading research groups working on the topic of SFDI technique in the field of agriculture. One is the Intelligent Bio-industrial Equipment Innovation Team (IBE) in Zhejiang University, which has established and developed the SFDI system for measuring optical properties of pear and apple fruit [90–93]. The measured optical properties are then used for quality evaluation, such as apple internal browning inspection and pear bruise detection. Recently, Hu et al. combined SFDI with frequency optimization to estimate the optical properties of two-layered tissues [94], indicating that the estimation accuracy of the absorption coefficient and reduced scattering coefficient of the second layer was 63.0% and 62.1% improvement, compared to that estimated with fixed frequency. These results are valuable for decoupling the effect of peel tissue of agro-products (e.g., apple, tomato, and peach) from flesh tissue on optical property estimation, as well as on quality assessment. The other group is the postharvest engineering laboratory at Michigan

State University. A multispectral SFDI system was established and developed for optical property estimation and food quality evaluation, especially for early apple bruise and defect detection. Inverse algorithms for optical property estimation are optimized for accuracy improvement [10,95,96]. In addition, early apple bruise and surface imperfections are detected [21,22,97–99], and the 3-D structure of agro-products are reconstructed [100]. Overall, the study of SFDI in the food and agricultural engineering domain started relatively late and mainly focused on quality evaluation (e.g., early bruise, internal browning, chilling injury, etc.) of agro-products, including apple, pear, peach, tomato, and cucumber. The SFDI technique can be extended to measure optical properties of more agro-products in the future, which can be used to correlate with more quality attributes, such as firmness, soluble solids content, and defects.

4. Challenges and Future Perspectives

Over the past two decades, we have seen significant research efforts in the development and application of SFDI technique for measuring optical properties of biological tissues. While this emerging technique offers new opportunities for disease diagnosis, evaluation and monitoring in biomedical domain, as well as quality assessment of agroproducts in food and agricultural domain, there are still considerable issues and challenges in using the technique. First, current modulation illumination patterns used in SFDI are mostly sinusoidal patterns, while some are square waves or ring patterns. However, the irregularity of tissue shape and structure always causes difficulties in the projection of modulation patterns, since the tissue surface condition (e.g., uneven, heterogeneous) can affect the accuracy of optical property estimations. Hence, parameter estimation algorithm for correcting tissue irregularity was studied and proposed. Nguyen et al. [101] studied curvature correction for reducing the incorrect measurement of optical properties due to surface profile, while Nothelfer et al. proposed a new method for correcting surface scattering in SFDI for an accurate determination of volume scattering [102]. There are also some other correction methods, such as phase-measuring profilometry, developed for improving optical property measurement with SFDI [92,103], but the performance of these different correction methods was not quantitatively compared and determined. Therefore, how to determine the most appropriate correction method for different target samples (e.g., skin tissue, tumor tissue, apple fruit, etc.) should be studied in the future.

Second, fast estimations of optical properties by using the SFDI technique are always hindered by relatively slow speed of projection, signal acquisition, and data processing, due to the fact that multiple frequencies, phases, and wavelengths are commonly used, which partly limits the real-time applications, such as surgical imaging and operation. A general SFDI experiment under the condition of two frequencies (e.g., 0 and 0.2 mm^{-1}), three phases (e.g., $0, \frac{2\pi}{3}$ and $\frac{4\pi}{3}$), and one wavelength takes about five to twenty seconds or even longer, which cannot meet the requirements of high real-time applications. Many efforts have thus been made to accelerate the speed, such as SSOP, which reduces the number of phase-images from three to one, improving the efficiency by approximately three times [89,104–111]. Development of hardware configurations, like the use of single-pixel camera, instead of industrial CCD camera, could further speed up the optical property measurement using the SFDI [54]. Now, the SFDI has been applied for real-time applications in the field of biomedicine optics, such as visualization of lateral spatial distribution of tissue chromophores over a contoured surface [112], and detection of early plantar ulcer of the patients [113]. However, in the field of food and agricultural engineering, the real-time application of SFDI is still challenging, because the speed requirement is higher than that in biomedical detection. For example, a real-time inspecting and sorting production line of apple quality works at a speed of 5–10 apples/second, which is rather fast and difficult to meet with the current development of SFDI. Therefore, the efficiency of SFDI needs further research in the future, especially for the food and agricultural application.

Third, the handheld SFDI equipment has been designed and manufactured based on the increasing requirements for real-time applications. For example, Nadeau et al. analyzed several compact, low-cost hardware components, and presented data which were related to component evaluation realized by handheld SFDI devices [114]. They designed a small LED lamp with the size of $115 \times 65 \times 20$ mm³. Due to the single wavelength of LED, the frequency choice is relatively narrow. It carries processors without higher power and better performance, so that the data processing is time consuming. Sager et al. designed and manufactured a handheld SFDI device, which could conduct imaging with 1-D spatial resolution [67]. Since they changed the plane imaging to line imaging, the scanning and data processing speed was greatly improved. The instrument is compact, easy to use, and can collect data from in vivo skin at relatively fast speed. At present, there are two ways to optimize and improve the handheld SFDI device. One is to replace all components with compact parts and compress the space between components to achieve a smaller volume of the whole system. However, due to the smaller component size, there may be some loss in the imaging size, wavelength, and frequency selection of the modulated images. Another idea is to separate the detection part from the light source and camera, and connect them with a light guide. This method can make each part be directly connected to each other, i.e., relatively small detection part, while the light source and the camera part are relatively large, so as to avoid the loss of wavelength and frequency of the modulation patterns. The disadvantage is that the two still need to be connected together, and the reliability and flexibility of the connection are potential issues. Since the handheld SFDI device has no sample table for placing samples, the distance between the camera and the measured object cannot be controlled, which provides more challenges for accurate optical property estimation with SFDI.

Fourth and finally, SFDI has been combined with other advanced techniques, such as endoscope and fluorescence imaging, to extend the detection capability. For example, Nandy et al. combined SFDI with endoscope for live mouse tumor imaging and absorption, scattering, hemoglobin, and SO_2 were measured in vivo [81], while Gioux et al. applied the combination of these two techniques for real-time acquisition of optical properties of a hand in motion [39]. SFDI was also combined with the technique of fluorescence imaging to acquire maps co-registered in space and time of tissue optical properties and raw fluorescence emissions followed by a model-based correction to estimate the quantitative fluorescence. They provided a means to correct the emitted fluorescence with a quantitative fluorescence model [115]. These combinations integrating the advantages of two or multiple techniques can certainly expand the applications of the SFDI, but it should be mentioned that the system complexity was also increased with more components, which is a new challenge for real-time application. Moreover, multiple cameras were used to acquire images at different wavelengths simultaneously, which can accelerate the speed of image acquisition, at the expense of increasing system cost and calculation amount of image processing. Very recently, deep learning algorithms (e.g., generative adversarial networks, random forest, etc.) have evolved rapidly, which provide new means for image recognition, defect detection, and object classification [116–119]. What makes such methods attractive is their capacity to perform particularly well in learning nonlinear properties. In the future, deep learning algorithms are expected to be combined with SFDI for rapid and accurate optical property estimations of biological tissues.

5. Conclusions

Rapid advances in SFDI have been taking place over the past two decades, since SFDI serves as an emerging depth-varying and wide-field technique for estimating optical absorption and reduced scattering coefficients, which, in turn, can be used for disease diagnosis, evaluation, and monitoring, as well as food quality assessment. In this review, typical system and principle of SFDI technique for optical property measurement were first described. The applications of SFDI technique in biomedical and agricultural engineering domain were then reviewed and discussed, in terms of burn assessment, skin tissue evaluation, tumor tissue detection, brain tissue monitoring, and quality evaluation of agro-products. Finally, challenges and future perspectives of SFDI technique for measuring optical properties were discussed. This paper presents a comprehensive review of SFDI for optical property measurement, which provides references for the interested researchers to gain more insight into this emerging imaging technique, as well as develop this technique for more extensive applications.

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