

**Table S1.** Differential polyphenol metabolites down-regulated in the comparison of day 0 and day 10 jam samples.

NO.	Metabolite	Formula	Class I	CAS ID
1	Epigallocatechin gallate	C <sub>22</sub> H <sub>18</sub> O <sub>11</sub>	Flavonoids	989-51-5