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# Carbon Nanotubes Transform Soft Gellan Gum Hydrogels into Hybrid Organic–Inorganic Coatings with Excellent Cell Growth Capability

Anatolii Abalymov <sup>1,2,3</sup>, Louis Van der Meeren <sup>1</sup> , Dmitry Volodkin <sup>4</sup> , Bogdan Parakhonskiy <sup>1,\*</sup> and Andre G. Skirtach <sup>1,\*</sup>

- <sup>1</sup> Department of Biotechnology, Ghent University, 9000 Ghent, Belgium; anatolii.abalymov@ugent.be (A.A.); louis.vandermereen@ugent.be (L.V.d.M.)
- <sup>2</sup> Remote Controlled Theranostic Systems Lab, Educational Research Institute of Nanostructures and Biosystems, Saratov State University, 410012 Saratov, Russia
- <sup>3</sup> Center for Photonics and Quantum Materials, Skolkovo Institute of Science and Technology, 121205 Moscow, Russia
- <sup>4</sup> School of Science and Technology, Nottingham Trent University, Clifton Lane, Nottingham NG11 8NS, UK; dmitry.volodkin@ntu.ac.uk
- \* Correspondence: Bogdan.Parakhonskiy@UGent.be (B.P.); Andre.Skirtach@UGent.be (A.G.S.)

**Abstract:** Carbon nanotubes (CNTs) possess distinct properties, for example, hardness, which is very complementary to biologically relevant soft polymeric and protein materials. Combining CNTs with bio-interfaces leads to obtaining new materials with advanced properties. In this work, we have designed novel organic-inorganic hybrid coatings by combining CNTs with gellan gum (GG) hydrogels. The surface topography of the samples is investigated using scanning electron microscopy and atomic force microscopy. Mechanical properties of synthesized hybrid materials are both assessed at the macro-scale and mapped at the nanoscale. A clear correlation between the CNT concentration and the hardness of the coatings is revealed. Cell culture studies show that effective cell growth is achieved at the CNT concentration of 15 mg/mL. The presented materials can open new perspectives for hybrid bio-interfaces and can serve as a platform for advanced cell culture.

**Keywords:** carbon nanotubes; hydrogels; gellan gum; AFM; mechanical properties; cells



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## 1. Introduction

Hydrogels are very attractive materials for biomedical applications—they can be composed of biologically relevant and biocompatible polymers. Their physico-chemical properties can be controlled and hydrogels have large amounts of water that can work as space to host molecules of interest. Hydrogels can be used for encapsulation of biologically-relevant materials, to form injectable forms [1,2], as bone defect fillers, for surface functionalization via coating and formation of 3D gel matrices which can support tissue and organ engineering, i.e., bioprinting [3].

The injectable materials approach means that outside of the body, the material is liquid but solidifies in situ. Thereby, the defect is filled since the injected material can adopt the shape and size of a defect. This way, introduction is minimally invasive causing lesser discomfort for a patient [4]. Such injectable hydrogels can be built based on proteins and polysaccharides [5]. In addition, bone filling materials often include bone cement consisting of calcium phosphates [6]. Hydrogel surface functionalization or bioprinting provides a special biocoating that could serve as a 2D or 3D template for cell adhesion [7], align cells [8], or encapsulate and release functional biomolecules like alkaline phosphatase [9]. Various polymers can be used to construct hydrogels for tissue engineering [10]. However, a more interesting approach is using polymers with ionic cross-linkage mechanisms, like alginate

and gellan gum, due to easy control of gelation and a chemically “mild” method of gel preparation.

Various approaches have been developed to overcome the mechanical weakness of hydrogels, for example, crosslinking. However, this includes the use of chemical agents. Hybrid materials and interfaces [11] represent an attractive alternative to chemical crosslinking and have been applied in various nanomedicine [12,13] applications. For example, nanoparticles [14] have been identified as key enabling components for the construction of robust polymeric coatings with advanced functionalities including, for example, laser activation [15]. Carbon nanotubes (CNTs) represent a special class of carbon-based materials; they have been used for different applications including supercapacitors, photovoltaics, photodiodes, sensors [16]. Indeed, adding carbon-based structures offers advantages because unique properties of carbon materials such as high conductivity, robustness, possibilities of biochip functionalization can be used [17]. Earlier, it was reported that CNTs enhance the mechanical properties of freely suspended polymeric microcapsules [18].

A wide range of applications in biomedicine has also been identified for materials based on CNTs and hydrogels including tissue engineering, drug delivery, theranostics, sensing, and biosensing [19–21]. However, dispersing carbon-based structures represents a particular challenge. With regard to this, oxidation plays an important role [22]. The following acid solutions have been often used for oxidation of CNTs:  $\text{HNO}_3$  [23],  $\text{KMnO}_4/\text{H}_2\text{SO}_4$  [24]. In the oxidation, thermal processes were identified as an essential constituent [25]. However, the possibility of using particularly loose and stand-alone nanotube for bioapplication may be hazardous, which requires additional research [26].

The low tensile strength of many hydrogels limits their use for effective cell growth. Several strategies are available to increase the mechanical strength of the hydrogel. For example, it is possible to design hybrid materials [11] by incorporating various particles or networks [27], for example, microcapsules [28], bioglass particles [29], hydroxyapatite particles [30,31] calcium, and magnesium carbonate particles [32–35]. In this case, it is identified that the cell senses the environment and literally “grabs” hard particles at surfaces [33]. An overview of various interfaces allows us to conclude that many particles incorporated into polymeric coatings can promote cell adhesion [36–38]. Carbon-based structures represent interesting alternatives for the functionalization of polymeric surfaces, but their full potential remains to be explored in more detail.

In this work, we demonstrate that adding CNTs to rather soft gellan gum (GG) hydrogels transforms these cell “unfriendly” (repelling) coatings into a very effective cell culture platform. Analysis of the mesh sizes and structure of such hybrid coatings is performed using scanning electron microscopy (SEM) and atomic force microscopy (AFM). Also, mechanical properties of CNT-GG hydrogels are investigated at both macro- and nano-scales revealing that the addition of CNTs results in the formation of very robust and mechanically stiff coatings. Implications for cell culture growth is also discussed here. The most essential parameter enabling effective cell growth on soft hydrogel structures—the minimum CNT concentration—have been identified.

## 2. Materials and Methods

### 2.1. Hydrogel Synthesis

GG hydrogels with loaded CNTs (GG-CNTs) were formed by mixing various concentrations 0.5, 1 and 1.5% w/v (5, 10, and 15 mg/mL) of CNTs (Sigma-Aldrich, can. No. 677248-5G) with 1% w/v (10 mg/mL) Gelzan (GG CM, product no. G1910, “Low-Acyl”, 200–300 kDa) [39]. Solutions were mixed by vortex for 5 min and US bath (Digital 10 P, Bandelin SONOREX, Germany) at HF-Frequency 35 kHz for 15 min at room temperature. After that GG-CNTs solution was crosslinked by  $\text{CaCl}_2$  (0.3 M) for 20 min. After this step, hydrogels are washed twice with water to remove unreacted ions.

## 2.2. Scanning Electron Microscopy

GG-CNTs hydrogels were characterized by scanning electron microscopy (SEM). Hydrogel cylinders with 5 mm diameter were cut by biopsy and transferred to an aluminum stage covered with double-sided carbon tape. Before SEM, the hydrogels were dried by a lyophilizer and coated with a 15 nm thick gold layer (Bal-tec SCD050 Sputter Coater, MA, USA). The measurement was performed with JSM-T330A from JEOL at the operating voltage of 25 kV with secondary electrons.

## 2.3. Mechanical Tests Using a Universal Testing Machine

Mechanical stiffness of gels has been performed using a Universal Test Machine, LS1 (1 kN) Material Tester from Lloyd Instruments, Inc. (Ametek, PA, USA). A 50 N load cell was used for making a 2 mm indentation in samples with the diameter of the tip of 10 mm (the preload was set to 0.05 N).

## 2.4. Atomic Force Microscopy

The AFM data were acquired using a Nanowizard 4 Atomic Force Microscope (Bruker/JPK Instruments, Berlin, Germany) operated in the quantitative imaging (QI) mode (in liquid). All maps were obtained with QP-BioAC—CI probes (Nanosensors, Neuchatel, Switzerland), using the cantilever which had a nominal frequency of 50 kHz and a force constant of 0.1 N/m (calibrated in contact-free mode). Force maps were collected using a set point of 3 nN at 1.6 ms per pixel, with a Z length of 0.2  $\mu\text{m}$  and a tip speed of 125  $\mu\text{m/s}$ . The force and height maps were 25  $\mu\text{m} \times 25 \mu\text{m}$ . To measure mechanical and topographical properties, AFM was utilized with the DNP-s10 cantilever (Bruker, MA, USA).

## 2.5. Microrheology

To gain information on the viscoelastic properties of hydrogels, microrheological measurements were performed using DNP-S10 chips (nominal frequency of 50 kHz and a force constant of 0.1 N/m). In these measurements, the force reaction toward small amplitude oscillating forces (at low frequencies) that are applied at the surface are analyzed. The oscillations in the experiments were performed with an amplitude of 50 nm at frequencies ranging between 10 and 200 Hz (in the following steps: 10, 20, 50, 75, 100, 150, 200 Hz). Calculations of the storage and the loss moduli were performed in JPK data processing software, based on calculations adapted from a previous paper on microrheological measurements on live cells [40]. To accommodate for influences originating from the cantilever's geometry, first, the deviation from 90° phase shift in the liquid environment and the hydrodynamic drag coefficient was calculated and incorporated into the measurements. Fitting the microrheological data to the soft glassy rheology model was performed by non-linear fitting in OriginPRO 2020 [41].

## 2.6. Osteoblasts Cultivation

Osteoblastic MC3T3-E1 cells were cultured in MEM-alpha glutaMAX-1 (cat. no. 32561-029) supplemented with 10% FBS, and 100  $\mu\text{g/mL}$  penicillin/streptomycin. The media were replaced every three days, and the cells were maintained in a humidified incubator at 5%  $\text{CO}_2$  and 37 °C (Innova CO-170, New Brunswick Scientific, NJ, USA).

## 2.7. Fluorescence Microscopy

To estimate cell adhesion and proliferation on the surface of the prepared samples, viable cells were visualized by a fluorescence microscope using a microscope Nikon TI (Nikon, Japan) with Objective 10 $\times$  and appropriate filters. MC3T3-E1 cells were seeded on the sample surfaces with an area of 0.31  $\text{cm}^2$  at a cell density of  $10 \times 10^3$  /sample and incubated for 1 and 3 days. Afterward, cells were stained with Calcein AM. Samples were washed two times in PBS to remove the non-adhered cells. The number of cells was calculated from snapshots of three random zones for three replicates of the samples.

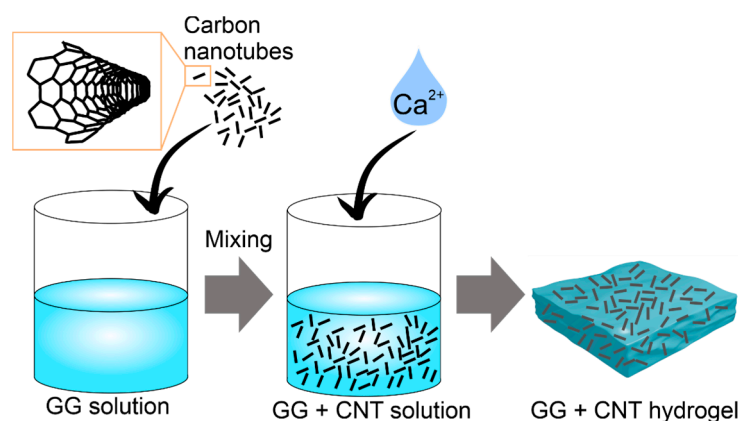
## 2.8. Cell Viability Test

The effects of samples on MC3T3-E1 cells were determined by AlamarBlue (ThermoFisher Scientific; Cat. No DAL1025). Samples were lowered to the bottom of a 96-well plate. MC3T3-E1 cells were seeded into 96-well on hydrogel samples at a cell density of  $10 \times 10^3$ /well in the culture medium and incubated 1 and 3 days at 37 °C under 5% CO<sub>2</sub>. In the last step, 10 µL of fluorescence dye (AlamarBlue) was added to each well, and the fluorescent (540/610 nm) intensity was measured by a spectrophotometer (Infinite F200 PRO, Tecan, Switzerland).

## 3. Results

### 3.1. Fabrication of GG-CNTs Hydrogels

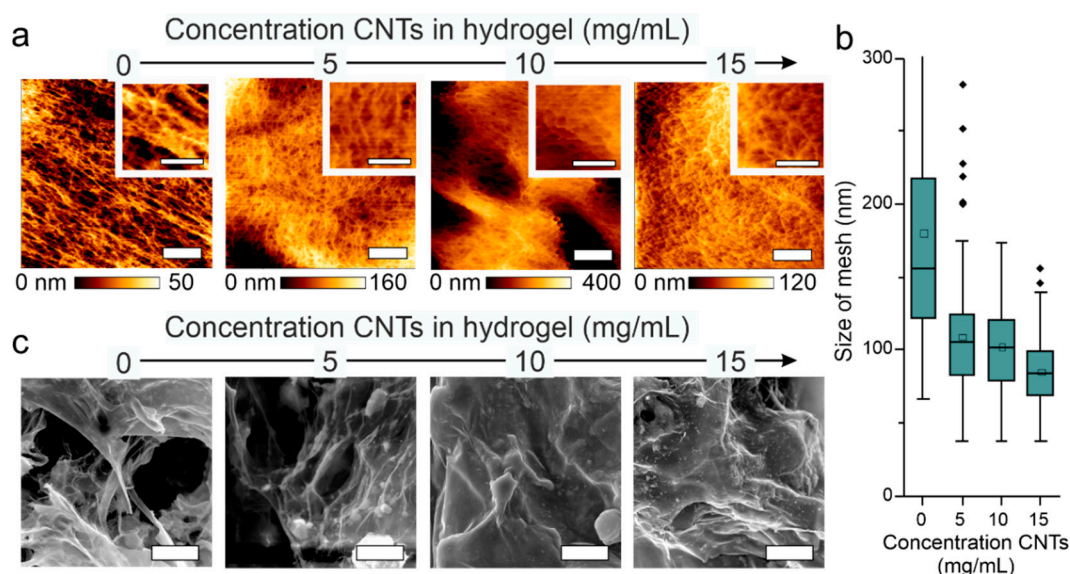
The GG-CNTs hydrogels were produced by the following method: the GG solution (10 mg/mL) was deposited into the 15 mL falcon tube, then CNTs (SEM image of CNTs present on Figure S1) were added in the falcon tube in concentration 5, 10, and 15 mg/mL (Figure 1). To obtain a better distribution of CNTs in GG solution vortex and US-bath were used; afterward, the GG-CNTs solutions were cross-linked in the presence of calcium ions (supplied by a 0.33 M solution of CaCl<sub>2</sub>).



**Figure 1.** Schematic of the synthesis of gellan gum (GG)-carbon nanotubes (CNTs) hydrogel hybrid surfaces. The added carbon nanotubes are depicted as dark rods, while the GG solution is light blue at the beginning (left) but turns into harder hydrogel (right).

### 3.2. Hydrogels Morphology and Structure Characterization

Macro image of all types of hydrogels can be seen in Figure S2b. The morphology of GG-CNTs hydrogels was studied using AFM and SEM (Figure 2a–c). CNTs concentration has a significant influence on hydrogel architecture. Particularly the mesh size decreased with increasing the concentration of CNTs in hydrogels (Figure 2b) from  $180 \pm 8$  (SE) nm for pure GG to  $85 \pm 2$  nm for gels prepared using 15 mg/mL CNT solution. As shown in a box chart, the dispersity of the mesh size decreases as well, which proves that the hydrogel with a higher concentration of CNT has a more regular structure. SEM images of the hydrogels revealed comparable high roughness on the GG-CNTs surface for samples prepared using CNTs of 5, 10, and 15 mg/mL, which is higher than that for control GG. This can be associated with the presence of CNTs conglomerates on the gel-mesh surface. To prove the presence of the CNTs inside hydrogels, we have conducted experiments with light absorbance by spectroscopy (Figure S2a), where a clear increase in adsorption is seen depending on the amount of CNTs in the hydrogels.



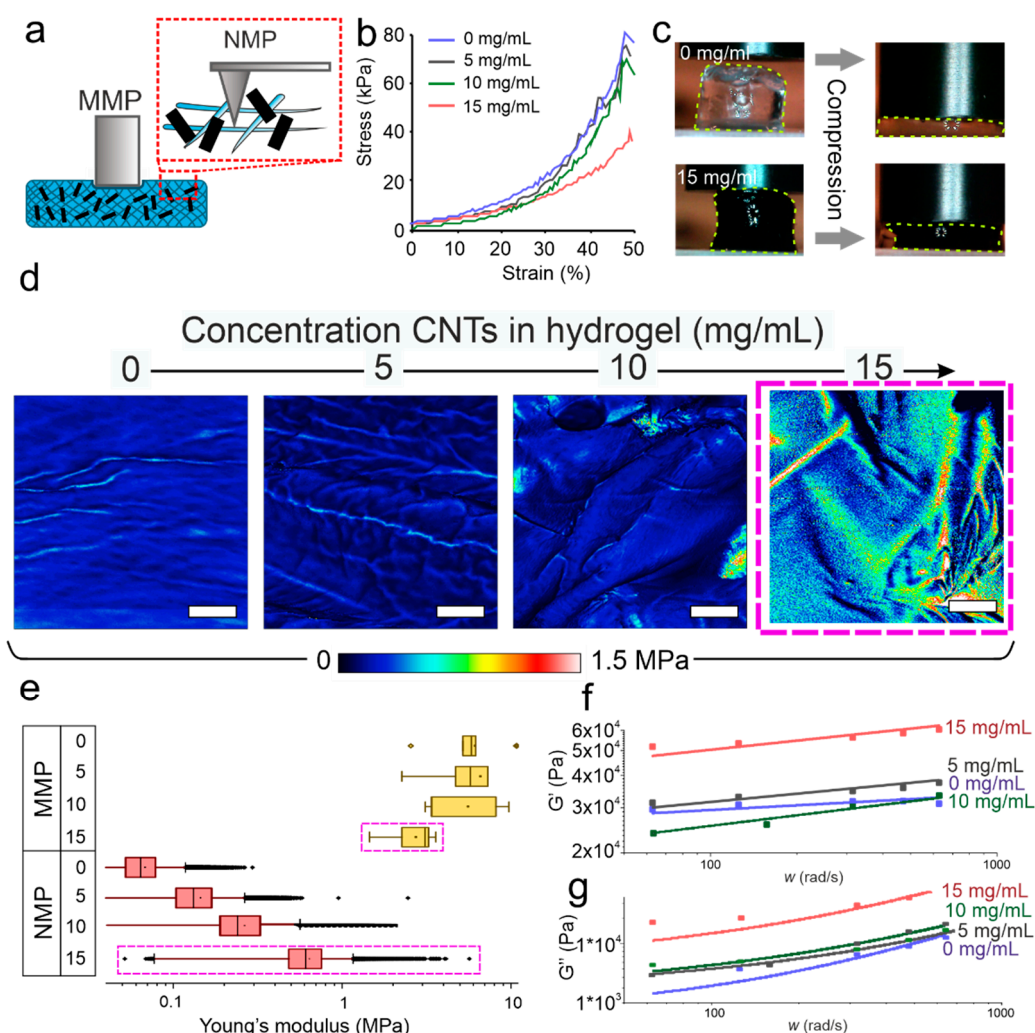
**Figure 2.** (a) Topography (height) mapping of the surface of GG-CNTs hydrogels obtained by atomic force microscopy (AFM). The scale bars are 1 µm; scale bars in insertion are 0.5 µm. (b) Size of the mesh of GG-CNTs hydrogels. (c) SEM images of the surface of GG-CNTs hydrogels. The scale bar is 50 µm.

The degree of swelling of hydrogels was also investigated (Figure S3). A statistical difference between the degree of swelling of the hydrogels is observed between the 0 and 15 mg/mL samples. This shows that high concentrations of CNTs reduce the degree of swelling of hydrogels.

### 3.3. Macro- and Nano-Mechanical Properties of the Hydrogels

The influence of the mesh size and concentration of CNTs in hydrogels on Macro Mechanical Properties (MMP) and Nano Mechanical Properties (NMP) was investigated by compression tests using an Universal Testing Machine (UTM) (Figure 3a). As it can be seen from this schematic, using a UTM, we have measured the rigidity of the entire hydrogel completely, which gives us an idea of the behavior of the material in tissues under various loads. Using AFM, we evaluated the surface and stiffness of the hydrogel at the nanoscale, where we can distinguish between individual fibrils and hydrogel particles, thanks to this, we can assume the interaction of cells with the sample surface. Stress/strain curves were obtained by the UTM for 50% of the deformation of hydrogels. Although one would expect an altered mechanical behavior of the hydrogel after the addition of a low concentration of CNTs (5 and 10 mg/mL), the stress-strain curves for GG-CNTs composite materials were similar and their compressive moduli were not significantly different (Figure 3b). In contrast, the compressive modulus of the sample prepared with 15 mg/mL CNTs was significantly lower than that for hydrogels with lower CNT concentrations. Such mechanical behavior can be explained by the incorporation of CNTs into the hydrogel mesh that violates the integrity of polymer compounds. Figure 3c demonstrates the process of hydrogels compressing during the test.





**Figure 3.** (a) Schematic representation of Macro Mechanical Properties (MMP) and Nano Mechanical Properties (NMP) measurements. (b) Stress/strain curves obtained by an Universal Testing Machine (UTM). (c) Images of the compression process of GG-CNTs hydrogels. (d) Force mapping of the surface of GG-CNTs hydrogels obtained by AFM. The scale bar is 5  $\mu\text{m}$  (the scale bar is 4  $\mu\text{m}$ ). (e) The Young's modulus values for GG-CNTs obtained using UTM (10 mm tip) and AFM. The relative standard error for AFM measurements is less than 1%. (f) The storage modulus of GG-CNTs hydrogels as a function of frequency. (g) The loss modulus of GG-CNTs hydrogels as a function of frequency.

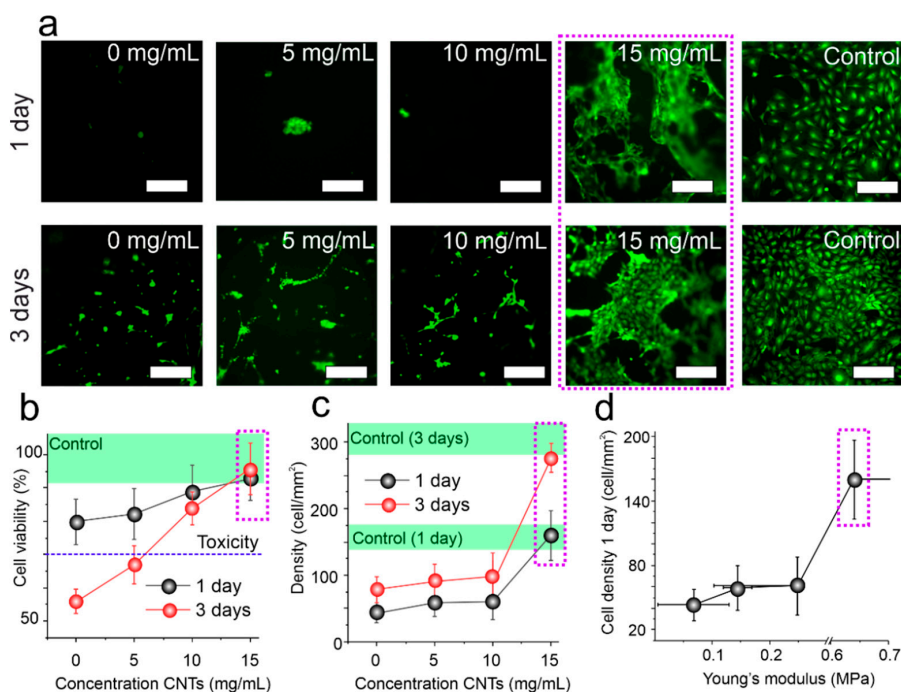
As a result of NMP characterization, the mapping of mechanical properties of the surface of hydrogels was carried out by AFM (Figure 3d). However, NMP of hydrogel with 15 mg/mL CNTs showed the best results, which can be seen from the figure, there all maps have the same force scale (0–1.5 MPa) (Figure 3d, purple frame). Force maps look dark blue, which indicates a low Young's modulus compared to the sample prepared using 15 mg/mL CNTs solution. This result indicates the obvious presence on the hydrogel surface of rigid CNTs on the hydrogel with the concentration of 15 mg/mL. Concentrations below this value are not sufficient to obtain similar mechanical properties of hydrogel surfaces. For a better understanding of the difference between the MMP and the NMP, a graph was constructed comparing the MMP and the NMP (Figure 3e). It can be seen from Figure 3e that the mean Young's modulus value of MMP decreases from  $6.11 \pm 2.98$  MPa to  $2.72 \pm 0.86$  MPa for CNT concentrations of 0 and 15 mg/mL, respectively. The Young's modulus of NMP, on the contrary, increases from  $0.06 \pm 0.02$  MPa to  $0.64 \pm 0.26$  MPa for CNT concentrations of 0 and 15 mg/mL, respectively. The presence of a large number of drop-out points for NMP indicates that when scanning a surface, the cantilever often comes into contact with objects that significantly exceed the average Young's modulus of

the surface. The number of drop-out points increases upon increasing the concentration of CNTs. This behavior of mechanical properties can be explained by the peculiarities of the measurement. The UTM compresses the sample, therefore, the particles are then embedded in the structure of the hydrogel creating additional disturbances in the integrity of the lattice. At the same time, AFM senses the rigidity of the particles on the surface of the hydrogel, thereby increasing the average Young's modulus. In addition to mechanical mapping, rheology study has been conducted.

Rheology is the study of the flow behavior of a material, under conditions in which they flow rather than elastic or plastic deformation. It is also concerned with establishing predictions for mechanical behavior (on the continuum mechanical scale) based on the micro- or nano-structure of the materials. Both storage and loss moduli are typically measured in rheology studies. Figure 3f shows the storage modulus and Figure 3g presents the loss modulus of GG-CNTs hydrogels as a function of different CNT concentrations. It can be noticed from the storage modulus of nanocomposites gradually increases with an increasing frequency and CNT concentration, indicating a transition from the viscous (liquid) to solid-like behavior.

### 3.4. Cells Morphology and Adhesion on the GG-CNTs Hydrogels

Fluorescence images of samples prepared with 15 mg/mL CNTs show cells with a lack of the disturbance of the membrane; analysis here has been performed for 1 and 3 days of cell incubation (Figure 4a). It can be seen from Figure 4a that osteoblasts are exhibit sufficient cell adhesion and homogeneous distribution, similar to that of the control sample. On the other hand, hydrogels prepared using 0, 5 and 10 mg/mL of CNTs hosted cells with morphologies atypical for osteoblasts, mostly round. These cells are poorly attached to the gel mesh and exhibit insufficient adhesion to gels while lacking a homogeneous distribution.



**Figure 4.** (a) Fluorescence microscopy images of MC3T3-E1 cells on GG-CNTs hydrogels surface. Cells on the the surface of a plastic cell culture dish are present as a control. Scale bars correspond to 250  $\mu\text{m}$ . (b) Cell viability on GG-CNTs hydrogels as a function of the concentration of CNTs. (c) The number of cells adhered to the surface of the samples after 1 and 3 days of incubation as a function of the concentration of CNTs. (d) Cell density after 1 day of incubation versus Young's modulus of GG-CNTs.

Tests with Alamar Blue showed the same viability of cells for 1 day of incubation and compared with control (Figure 4b). However, results dramatically changed after three days of incubation. It occurred, because of a good adhesion of cells on the 15 mg/mL hydrogel which is better than that on other hydrogels. This is essential, because cell survival is highly dependent on cell adhesion. With poor adhesion, a cascade of genes is triggered in osteoblast cells, which leads to cell death [42,43]. In this regard, samples are considered toxic if they inhibit more than 30 percent of cell growth relative to control [44].

A study of cell adhesion on the surface of the modified and unmodified hydrogels was also conducted (Figure 4d and Figure S4). This experiment has enabled determination of the number of cells that can be attach after 1 day of incubation on the surface of the tested samples. The largest number of cells (162 cell/mm<sup>2</sup>) was found to adhere to the surface of 15 mg/mL GG-GNTs- hydrogel. For 1 day after the incubation, this number of cells does not have a statistical difference compared with the control plastic surface (157 cell/mm<sup>2</sup>), but it is very different from those of other hydrogels: 43, 59, and 61 cell/mm<sup>2</sup> for 0, 5, 10 mg/mL GG-CNTs hydrogels, respectively. After three days of incubation, the number of cells increased further. Specifically, the number of cells on the 15 mg/mL sample increased in 1.82 times ( $277 \pm 23$  cell/mm<sup>2</sup>) and had no statistical differences with the control sample. The number of cells on 0, 5, and 10 mg/mL GG-CNTs hydrogels ranged from 55 to 96 cell/mm<sup>2</sup>. We assume that this is due to the difference in the mechanical properties of the hydrogel and the inorganic CNTs particles. Cells use the rigid CNTs (similarly to the situation with particles) as sites to bind to the substrate. However, the concentration of CNTs must be high enough to provide the cells with the required number of inorganic content (equivalent to particles) to form stable integrin clusters [36]. It is found here that, in this case, this concentration corresponds to 15 mg/mL.

It can be noticed that the cell density at the surface correlates with the surface Young's modulus (Figure 4c). In this case, the low number of cells on GG hydrogels is explained by the lack of bindings sites [45]. At the hydrogel prepared using 15 mg/mL CNT, a large number of CNTs appear on the surface of the hydrogel, which is sensed by both AFM and cells. CNTs are excellent binding sites for cells, which is in agreement with previously reported data [19].

#### 4. Conclusions

In conclusion, a simple method of fabricating composite GG-CNTs hydrogels is developed. The increase of the used concentration of CNTs strengthens hydrogels, at the same time this improves cellular adhesion. Macro- and nano-mechanical properties of the GG-CNTs hydrogels are received by a universal mechanical universal testing machine and AFM. The Young's modulus of NMP increases from  $0.06 \pm 0.02$  MPa to  $0.64 \pm 0.26$  MPa for hydrogels made using 0 and 15 mg/mL CNT, respectively; this is supported by the presence of CNTs on the hydrogel surface. Cells are found to effectively adhere and proliferate on GG-CNTs hydrogels prepared with a minimal concentration of CNT of 15 mg/mL. This study demonstrates a way to turn soft cell repellent GG hydrogels from an unsuitable into an effective cell proliferation platform to cell-adhesive coatings with high potential to be employed in a broad range of applications in cell biology and tissue engineering. The proposed approach of using CNT together with hydrogel is envisioned to enable a myriad of applications, where the hardness of nanotubes would be a desirable feature. Some of them are shown here in the area of biomedical applications, but the full potential of such coatings is expected to be realized in other areas and applications as well.

**Supplementary Materials:** The following are available online at <https://www.mdpi.com/2311-5629/7/1/18/s1>, Figure S1: (a) SEM image of CNTs; Figure S2: (a) Absorbance of the GG-CNTs hydrogels. (b) Photo of the GG-CNTs hydrogels; Figure S3: Swelling coefficient of the GG-CNTs hydrogels; Figure S4: Counted cells. Scalebar is 125  $\mu$ m.



**Author Contributions:** Synthesis of samples, testing of mechanical properties, experiments with cells, writing—original draft preparation, A.A.; AFM characterization of samples by AFM, L.V.d.M.; characterization of samples by SEM, writing, B.P.; review and editing, D.V. and A.G.S. All authors have read and agreed to the published version of the manuscript.

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**Conflicts of Interest:** The authors declare no conflict of interest.

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