

**Supplementary Table S1.** Pearson correlation coefficients between weight, body mass index, ALM/ht<sup>2</sup> and percent body fat in older men.

	% fatALM/ht <sup>2</sup> Weight		
BMI	0.68	0.74	0.87
Weight	0.60	0.67	
ALM/ht <sup>2</sup>	0.11		