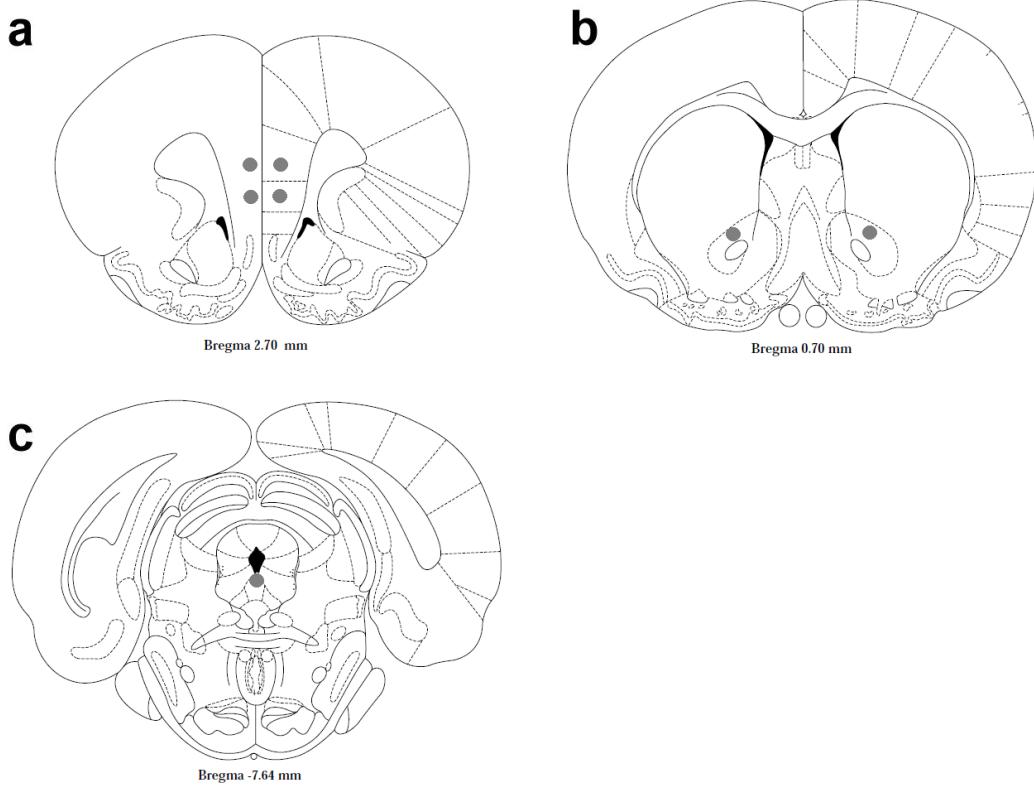


## Supplementary information

**Table S1: UCMS schedule**

	S	M	T	W	T	F	S
Week 1	Food deprivation	13 ► 9		13 ► 9			
	Water deprivation		16 ► 10		16 ► 10		
	Empty water bottle			10-11			
	Cage tilt 45°	16 ► 9			16 ► 9		
	Overnight illumination	18 ► 7			18 ► 7		
	Soiled cage			12 ► 9			
	Physical restraint	10-12			10-12		
Week 2	Pair-housing			10 ► 10		10 ►	
		S	M	T	W	T	F
	Food deprivation	13 ► 9			13 ► 9		
	Water deprivation		16 ► 10		16 ► 10		
	Empty water bottle		10-11				
	Cage tilt 45°	16 ► 9		16 ► 9			
	Overnight illumination	18 ► 7		18 ► 7			
Week 3	Soiled cage		12 ► 9				
	Physical restraint	10-12		10-12			
	Pair-housing	► 10		10 ► 10			
		S	M	T	W	T	F
	Food deprivation		13 ► 9			13 ► 9	
	Water deprivation	16 ► 10		16 ► 10		16 ► 10	
	Empty water bottle			10-11			
Week 4	Cage tilt 45°	16 ► 9			16 ► 9		
	Overnight illumination	18 ► 7		18 ► 7		18 ► 7	
	Soiled cage		12 ► 9		12 ► 9		
	Physical restraint	10-12		10-12		10-12	
	Pair-housing			10 ► 10		10 ► 10	
		S	M	T	W	T	F
	Food deprivation	13 ► 9		13 ► 9		13 ► 9	
Week 5	Water deprivation		16 ► 10		16 ► 10		16 ► 10
	Empty water bottle			10-11			
	Cage tilt 45°	16 ► 9		16 ► 9		16 ► 9	
	Overnight illumination	18 ► 7		18 ► 7		18 ► 7	
	Soiled cage		12 ► 9		12 ► 9		
	Physical restraint	10-12		10-12		10-12	
	Pair-housing	► 10		10 ► 10		10 ► 10	
Week 6		S	M	T	W	T	F
	Food deprivation	13 ► 9			13 ► 9		
	Water deprivation	16 ► 10		16 ► 10		16 ► 10	
	Empty water bottle			10-11			
	Cage tilt 45°	16 ► 9			16 ► 9		
	Overnight illumination	18 ► 7		18 ► 7		18 ► 7	
	Soiled cage		12 ► 9		12 ► 9		
	Physical restraint	10-12		10-12		10-12	
	Pair-housing					10 ► 10	

The arrow indicates the duration of the stressor



**Figure S1:** Rat brain atlas illustrations indicating punch locations. The numbers refer to the distance from Bregma. Bilateral punches (1mm diameter) were obtained from the (a) vmPFC (b) NAc and (c) raphe nucleus.