

AMSTAR 2: a critical appraisal tool for systematic reviews that include randomised or non-randomised studies of healthcare interventions, or both

<b>1. Did the research questions and inclusion criteria for the review include the components of PICO?</b>		
For Yes: <input checked="" type="checkbox"/> Population <input checked="" type="checkbox"/> Intervention <input checked="" type="checkbox"/> Comparator group <input checked="" type="checkbox"/> Outcome	Optional (recommended) <input type="checkbox"/> Timeframe for follow-up	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
<b>2. Did the report of the review contain an explicit statement that the review methods were established prior to the conduct of the review and did the report justify any significant deviations from the protocol?</b>		
For Partial Yes: The authors state that they had a written protocol or guide that included ALL the following:	For Yes: As for partial yes, plus the protocol should be registered and should also have specified:	
<input checked="" type="checkbox"/> review question(s) <input checked="" type="checkbox"/> a search strategy <input checked="" type="checkbox"/> inclusion/exclusion criteria <input checked="" type="checkbox"/> a risk of bias assessment	<input type="checkbox"/> a meta-analysis/synthesis plan, if appropriate, <i>and</i> <input type="checkbox"/> a plan for investigating causes of heterogeneity <input checked="" type="checkbox"/> justification for any deviations from the protocol	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> Partial Yes <input type="checkbox"/> No
<b>3. Did the review authors explain their selection of the study designs for inclusion in the review?</b>		
For Yes, the review should satisfy ONE of the following:		
<input type="checkbox"/> <i>Explanation for</i> including only RCTs <input type="checkbox"/> <i>OR Explanation for</i> including only NRSI <input checked="" type="checkbox"/> <i>OR Explanation for</i> including both RCTs and NRSI		<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
<b>4. Did the review authors use a comprehensive literature search strategy?</b>		
For Partial Yes (all the following):	For Yes, should also have (all the following):	
<input checked="" type="checkbox"/> searched at least 2 databases (relevant to research question) <input checked="" type="checkbox"/> provided key word and/or search strategy <input checked="" type="checkbox"/> justified publication restrictions (e.g. language)	<input checked="" type="checkbox"/> searched the reference lists / bibliographies of included studies <input checked="" type="checkbox"/> searched trial/study registries <input checked="" type="checkbox"/> included/consulted content experts in the field <input checked="" type="checkbox"/> where relevant, searched for grey literature <input checked="" type="checkbox"/> conducted search within 24 months of completion of the review	
<b>5. Did the review authors perform study selection in duplicate?</b>		
For Yes, either ONE of the following:		
<input checked="" type="checkbox"/> at least two reviewers independently agreed on selection of eligible studies and achieved consensus on which studies to include <input type="checkbox"/> <i>OR</i> two reviewers selected a sample of eligible studies <u>and</u> achieved good agreement (at least 80 percent), with the remainder selected by one reviewer.		<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No

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**6. Did the review authors perform data extraction in duplicate?**

For Yes, either ONE of the following:

- |  |   |
|--|---|
| <input checked="" type="checkbox"/> at least two reviewers achieved consensus on which data to extract from included studies   | <input checked="" type="checkbox"/> Yes |
| <input type="checkbox"/> OR two reviewers extracted data from a sample of eligible studies <u>and</u> achieved good agreement (at least 80 percent), with the remainder extracted by one reviewer. | <input type="checkbox"/> No             |

**7. Did the review authors provide a list of excluded studies and justify the exclusions?**

For Partial Yes:

- ☐ provided a list of all potentially relevant studies that were read in full-text form but excluded from the review

For Yes, must also have:

- |  |   |
|--|---|
| <input checked="" type="checkbox"/> Justified the exclusion from the review of each potentially relevant study | <input type="checkbox"/> Yes                    |
|  | <input checked="" type="checkbox"/> Partial Yes |
|  | <input type="checkbox"/> No                     |

**8. Did the review authors describe the included studies in adequate detail?**

For Partial Yes (ALL the following):

- ☒ described populations  
☒ described interventions  
☒ described comparators  
☒ described outcomes  
☒ described research designs

For Yes, should also have ALL the following:

- |   |   |
|---|---|
| <input checked="" type="checkbox"/> described population in detail                                    | <input checked="" type="checkbox"/> Yes |
| <input checked="" type="checkbox"/> described intervention in detail (including doses where relevant) | <input type="checkbox"/> Partial Yes    |
| <input checked="" type="checkbox"/> described comparator in detail (including doses where relevant)   | <input type="checkbox"/> No             |
| <input checked="" type="checkbox"/> described study's setting   |   |
| <input checked="" type="checkbox"/> timeframe for follow-up   |   |

**9. Did the review authors use a satisfactory technique for assessing the risk of bias (RoB) in individual studies that were included in the review?**

**RCTs**

For Partial Yes, must have assessed RoB from

- ☐ unconcealed allocation, *and*  
☐ lack of blinding of patients and assessors when assessing outcomes (unnecessary for objective outcomes such as all-cause mortality)

For Yes, must also have assessed RoB from:

- |   |   |
|---|---|
| <input type="checkbox"/> allocation sequence that was not truly random, <i>and</i>  | <input type="checkbox"/> Yes                |
| <input type="checkbox"/> selection of the reported result from among multiple measurements or analyses of a specified outcome | <input type="checkbox"/> Partial Yes        |
|   | <input checked="" type="checkbox"/> No      |
|   | <input type="checkbox"/> Includes only NRSI |

**NRSI**

For Partial Yes, must have assessed RoB:

- ☐ from confounding, *and*  
☐ from selection bias

For Yes, must also have assessed RoB:

- |   |   |
|---|---|
| <input type="checkbox"/> methods used to ascertain exposures and outcomes, <i>and</i>   | <input type="checkbox"/> Yes                |
| <input type="checkbox"/> selection of the reported result from among multiple measurements or analyses of a specified outcome | <input type="checkbox"/> Partial Yes        |
|   | <input checked="" type="checkbox"/> No      |
|   | <input type="checkbox"/> Includes only RCTs |

**10. Did the review authors report on the sources of funding for the studies included in the review?**

For Yes

- |   |  |
|---|--|
| <input type="checkbox"/> Must have reported on the sources of funding for individual studies included in the review. Note: Reporting that the reviewers looked for this information but it was not reported by study authors also qualifies | <input type="checkbox"/> Yes           |
|   | <input checked="" type="checkbox"/> No |

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**11. If meta-analysis was performed did the review authors use appropriate methods for statistical combination of results?**

**RCTs**

For Yes:

- |  |  |
|--|--|
| <input type="checkbox"/> The authors justified combining the data in a meta-analysis   | <input type="checkbox"/> Yes                                   |
| <input type="checkbox"/> AND they used an appropriate weighted technique to combine study results and adjusted for heterogeneity if present. | <input type="checkbox"/> No                                    |
| <input type="checkbox"/> AND investigated the causes of any heterogeneity  | <input checked="" type="checkbox"/> No meta-analysis conducted |

**For NRSI**

For Yes:

- |   |  |
|---|--|
| <input type="checkbox"/> The authors justified combining the data in a meta-analysis  | <input type="checkbox"/> Yes                                   |
| <input type="checkbox"/> AND they used an appropriate weighted technique to combine study results, adjusting for heterogeneity if present   | <input type="checkbox"/> No                                    |
| <input type="checkbox"/> AND they statistically combined effect estimates from NRSI that were adjusted for confounding, rather than combining raw data, or justified combining raw data when adjusted effect estimates were not available | <input checked="" type="checkbox"/> No meta-analysis conducted |
| <input type="checkbox"/> AND they reported separate summary estimates for RCTs and NRSI separately when both were included in the review  |  |

**12. If meta-analysis was performed, did the review authors assess the potential impact of RoB in individual studies on the results of the meta-analysis or other evidence synthesis?**

For Yes:

- |   |  |
|---|--|
| <input type="checkbox"/> included only low risk of bias RCTs  | <input type="checkbox"/> Yes                                   |
| <input type="checkbox"/> OR, if the pooled estimate was based on RCTs and/or NRSI at variable RoB, the authors performed analyses to investigate possible impact of RoB on summary estimates of effect. | <input type="checkbox"/> No                                    |
|   | <input checked="" type="checkbox"/> No meta-analysis conducted |

**13. Did the review authors account for RoB in individual studies when interpreting/ discussing the results of the review?**

For Yes:

- |   |  |
|---|--|
| <input type="checkbox"/> included only low risk of bias RCTs  | <input type="checkbox"/> Yes           |
| <input type="checkbox"/> OR, if RCTs with moderate or high RoB, or NRSI were included the review provided a discussion of the likely impact of RoB on the results | <input checked="" type="checkbox"/> No |

**14. Did the review authors provide a satisfactory explanation for, and discussion of, any heterogeneity observed in the results of the review?**

For Yes:

- |  |   |
|--|---|
| <input checked="" type="checkbox"/> There was no significant heterogeneity in the results  |   |
| <input type="checkbox"/> OR if heterogeneity was present the authors performed an investigation of sources of any heterogeneity in the results and discussed the impact of this on the results of the review | <input checked="" type="checkbox"/> Yes |
|  | <input type="checkbox"/> No             |

**15. If they performed quantitative synthesis did the review authors carry out an adequate investigation of publication bias (small study bias) and discuss its likely impact on the results of the review?**

For Yes:

- |   |  |
|---|--|
| <input type="checkbox"/> performed graphical or statistical tests for publication bias and discussed the likelihood and magnitude of impact of publication bias | <input type="checkbox"/> Yes                                   |
|   | <input type="checkbox"/> No                                    |
|   | <input checked="" type="checkbox"/> No meta-analysis conducted |

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**16. Did the review authors report any potential sources of conflict of interest, including any funding they received for conducting the review?**

For Yes:

- ☒ The authors reported no competing interests OR  
☐ The authors described their funding sources and how they managed potential conflicts of interest

- ☒ Yes  
☐ No

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