

Tables S1 & S2 – Limiting and promoting factors

Table S1 - Discussed promoting factors during interviews with patients, ICGs or healthcare providers.

<i>Promoting factor</i>	<i>Patients</i>	<i>Informal caregivers</i>	<i>Healthcare professionals</i>
Information and opportunities to ask question during consultations	X	X	X
Multidisciplinary consultations	X	X	X
Being accompanied by an informal caregiver to consultations	X	X	
Management of expectations	X		X
Good communication and guidance during hospitalisation	X	X	X
Mobilization with support of a physical therapist subsequent to surgery	X		X
Post-operative X-ray for later comparison	X		X
Check-up appointments	X	X	X
No unnecessary check-ups after one or two years	X		X
General satisfaction during the process	X	X	X

X = Statement(s) made in compliance with mentioned factor.

Table S2 - Discussed limiting factors during interviews with patients, ICGs or healthcare providers.

Limiting factor	Patients	Informal caregivers	Healthcare professionals
Lack of educational material	X	X	X
Long history of complaints and failed conservative treatments	X		X
Long waiting times	X		X
Lack of use of pre-operative PROMs			X
Lack of guidance and communication prior to, during and after hospitalisation	X	X	X
Lack of dedicated spine-surgery team on the operation room			X
Lack of standardised pain protocols			X
Limited or delayed involvement of the general practitioner after hospital discharge	X	X	
Lack of information on tapering off opioids	X	X	

X = Statement(s) made in compliance with mentioned factor.