



## COVID-19: Internal and External Impact on Athletes

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### Message from the Guest Editors

Dear Colleagues,

It has been nearly a year since COVID-19 changed everyday life as we know it. People have committed to slowing down the virus through staying home, socially distancing, and vaccinations. However, the COVID 19 pandemic has clearly influenced all worldwide sporting events and training in amateur and professional sport leagues. Moreover, this global pandemic has greatly damaged the world of professional sports. During confinement periods, it is problematic for athletes to perform their practice with teammates under the direction of their coaches and scientific experts. In addition, the majority of these athletes will remain under confinement if COVID-19 regulations are further extended into 2021. Many athletes are forced to be away from proper training opportunities and organized practice conditions with restricted communication with respected coaches.





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## Message from the Editor-in-Chief

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