



Narrative Approaches and Practice in Health Psychology

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Message from the Guest Editor

It is a pure delight to develop this Special Issue about narrative approaches and practices in health psychology. Narrative research often refers to a written or spoken account of events and contains specific elements as a story would. This can include characters and plots, but also a focus on language and meaning, for instance metaphor or discourse analysis. Narrative research provides an excellent way to explore personal experiences beyond the boundaries of other methodologies; it can provide fascinating insights to treatment, health practices, attitudes and behaviors. For instance, narrative and storytelling interventions have recently demonstrated great psycho-emotional value for people with chronic illness as part of behavior change approaches. [This Special Issue](#) is interested in receiving articles from scholars that focus and illuminate specific narrative approaches and methodologies. I welcome examples of specific approaches to narrative analysis and articles that review and consider specific narrative methodologies.

