



*children*



an Open Access Journal by MDPI

## Advances in Mental Health and Well-Being in Children

Guest Editor:

**Prof. Dr. Cristina Nunes**

1. Psychology Research Centre  
(CIP-UAL), 8005-139 Faro,  
Portugal

2. Department of Psychology and  
Education Sciences, University of  
Algarve, 8005-139 Faro, Portugal

Deadline for manuscript  
submissions:

**30 August 2024**

### Message from the Guest Editor

Dear Colleagues,

Mental disorders are the largest cause of the burden of disease in the world. Evidence is accumulating on the broad impact that the well-being one has during childhood and adolescence has on physical and mental health across the course of a lifetime. In fact, most of the disease burden affecting adults has its onset during childhood and adolescence.

There is a growing concern about the mental health and well-being of children, with increasing demand for counselling services and referrals to mental health services. It has been well established in the existing literature that children and young people who experience positive support from parents and teachers may develop psychological resilience.

We are now set to release a Special Issue that aims to address this topic by inviting scholars to share their findings, perspectives, and approaches, with the aim of promoting child mental health and well-being. Qualitative or quantitative contributions from basic or applied research that will improve the knowledge on key topics within this field are welcomed.



[mdpi.com/si/187448](https://mdpi.com/si/187448)

# Special Issue