



children



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Research Progress in Breastfeeding

Guest Editor:

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Deadline for manuscript
submissions:

closed (31 December 2020)

Message from the Guest Editor

According to WHO, “breastfeeding is one of the most effective ways to ensure child health and survival”. It provides health benefits for both mothers and children.

There are, however, questions about the impact of specific components in human milk like human milk oligosaccharides (HMOs), choline, and many more on health outcomes later in life. Moreover, the effects of nutrition interventions to strengthen the health literacy of women of childbearing age and the impact of measures to support breastfeeding and to increase its rate, exclusivity, and duration are important fields of research.

Breastfeeding promotion is important to support health from the early beginning. Therefore, the goal of this Special Issue in *Breastfeeding* is to highlight short- and long-term benefits for mothers and infants. We welcome reviews and original research considering novel approaches, as well as identifying gaps in knowledge.



mdpi.com/si/53772

Special Issue