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Non-pharmacological Approaches and Their Impact on Noncommunicable Diseases

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Message from the Guest Editor

The special issue “Non-pharmacological approaches and their impact on noncommunicable diseases” is open a place to submit original works, systematic reviews and meta-analysis that may provide relevant evidence about (but not exclusively): (i) effects of combined or isolated educational programmes in children, youth, adults, older and clinical populations and the effects on health; and (ii) combined or isolated effects of physical activity and exercise, diet and supplementation, physiological interventions on health of children, youth adults, older and clinical populations.



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Special Issue