Burnout and Mental Health among Health Professionals

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Message from the Guest Editors

Dear Colleagues,

Burnout syndrome refers to a state of physical and emotional exhaustion that can be caused by stressful and prolonged work factors. Health professionals (e.g., physicians, nurses, psychologists, social workers, etc.) frequently experience high levels of stress in their daily work, which, together with the characteristics of work in the healthcare context (e.g., continuous relationships with patients and family members, strong emotional demands, dealing with illness and death, etc.), lead to situations of high burnout.

The Special issue aims to show the relationship between burnout and mental health in health professionals (i.e. general physicians, nurses, social workers, etc.). We invite authors to submit articles (original studies and reviews) as well as interventions focused on burnout prevention and reduction. We would like to discuss individual, psychosocial, and organizational elements present in this syndrome and its effects on the mental health of these professionals, highlighting the possible interventions (primary, secondary, and tertiary) for its treatment.

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Special Issue

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Message from the Editor-in-Chief

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