



Behavior Change in Health Promotion and Prevention of Chronic Diseases

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Message from the Guest Editors

Dear Colleagues,

Health promotion programs have been shown to hold great potential for limiting the incidence of chronic conditions, especially those related to lifestyle factors. In many cases however, prevention is not possible, and health promotion does not in any way address those already living with one or more chronic conditions. This is where the importance of (self-) care comes into play.

Individual health behaviors play a central role in both health promotion and (self-) care, and it is therefore crucial to find ways to design effective behavior change interventions. For this Special Issue, we invite qualitative, quantitative, and review papers addressing behavior change in health promotion, as well as (self-) care behaviors, in the context of chronic conditions. Studies addressing determinants of behavior change in a socio-ecological perspective (at an individual, interpersonal, and societal level) and combining a high academic standard, coupled with concrete implications for the improvement of public health and clinical practice, will be prioritized.

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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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