



Body-Focused Repetitive Behaviours (BFRBs). Risk Factors, Prevention, Treatment

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Deadline for manuscript
submissions:

closed (22 March 2023)

Message from the Guest Editors

Dear Colleagues,

The term body-focused repetitive behaviors (BFRBs) refers to a group of recurrent and problematic behaviors directed toward the body. Although studies on BFRBs had been limited in comparison to research on other psychiatric conditions, the number of studies in this field is recently growing systematically. This current interest in BFRBs is related to the new approach to BFRB classification as obsessive-compulsive and related disorders, as well as to the introduction of excoriation (skin picking) disorder into the new edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM 5) as a separate diagnostic category.

These recent changes in classification not only organize the so far poorly systematized knowledge about BFRB disorders, but also open up new research directions within the contexts of obsessive-compulsive and related disorders.

We invite all specialists in the fields of medicine, psychology, pedagogy, public health and epidemiology to submit high quality empirical papers or systematic reviews related to the issues in this research area.





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Message from the Editor-in-Chief

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