



Exercise for Brain Health in Autism: A Promising Direction

Guest Editor:

Dr. Adam Kawczynski

Department of Paralympics
Sports, University School of
Physical Education, Wrocław,
Poland

kawczynski.a@gmail.com

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Message from the Guest Editor

Dear Colleagues,

This research topic, “**Exercise for Brain Health in Autism: A Promising Direction**”, determines the link between recreational activity, rehabilitation, brain activity, and cognitive training in the population with autism spectrum disorders.

Potential topics include, but are not limited to, the following:

Recreational activity as a benefit for brain health in the population with autism spectrum disorders;

Optimization of rehabilitation process by:

- Investigating cognitive functions and brain activity;
- Investigating muscle and tendon mechanical (viscoelastic), morphological, and architectonic properties.

Dr. Adam Kawczynski

Guest Editor





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Editor-in-Chief

Prof. Dr. Paul B. Tchounwou

Department of Biology, College of Science, Engineering and Technology, Jackson State University, 1400 Lynch Street, Box 18750, Jackson, MS 39217, USA

Message from the Editor-in-Chief

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MDPI, St. Alban-Anlage 66
4052 Basel, Switzerland

Tel: +41 61 683 77 34
Fax: +41 61 302 89 18
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