



## Adherence to Physical Exercise in Patients with Chronic Diseases

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### Message from the Guest Editors

In recent years, numerous experimental studies have shown that physical exercise programs developed specifically for patients with chronic pathologies have been very effective in increasing the functions and quality of life for those who suffer from them. However, ensuring adherence to physical exercise practice beyond the completion of these experiments remains a challenge.

In this situation, the Network of Adherence to Physical Exercise in Patients with Chronic Diseases has been established, with the aim of disseminating relevant knowledge in three ways, namely teaching, research, and transfer. This Special Issue is presented as part of this network and serves as a research space for solving problems that affect all sectors—educational, economic, health, political, etc.—and creating responses from the scientific field that can be applied in society.





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## Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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